



ESSEX AGE GROUP CHAMPIONSHIPS 2020

FULL RESULTS 1ER200178

SESSIONS 10,11,12,13,14

EVENT 147 Boys/Girls 12 Yrs/Over 800m Free.

BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	EBT
1.	David NEACSU	12	Bark & Dagen	9:33.27	490	EBT
	50m -	100m 1:04.51	150m -	200m 2:17.24	250m -	300m 3:30.94
	450m -	500m 5:56.71	550m -	600m 7:10.06	650m -	700m 8:23.25
						750m -
						800m 4:43.50
2.	Massimo GIROLAMI	12	Colchester	10:13.62	400	
	50m -	100m 1:12.36	150m -	200m 2:29.64	250m -	300m 3:47.94
	450m -	500m 6:25.34	550m -	600m 7:43.68	650m -	700m 9:00.94
						750m -
						800m 10:13.62
3.	Robert FENNER	12	Basildon Ph	10:25.92	376	
	50m -	100m 1:14.20	150m -	200m 2:33.55	250m -	300m 3:53.32
	450m -	500m 6:32.05	550m -	600m 7:51.99	650m -	700m 9:10.97
						750m -
						800m 10:25.92
4.	William EAST	12	Basildon Ph	10:56.29	326	
	50m -	100m 1:15.91	150m -	200m 2:37.69	250m -	300m 4:00.66
	450m -	500m 6:47.76	550m -	600m 8:11.95	650m -	700m 9:35.91
						750m -
						800m 10:56.29
5.	Louis ALLEN	12	Basildon Ph	10:59.54	322	
	50m -	100m 1:18.54	150m -	200m 2:42.63	250m -	300m 4:07.25
	450m -	500m 6:57.17	550m -	600m 8:21.65	650m -	700m 9:44.25
						750m -
						800m 10:59.54
6.	Zach JOHNSON	12	Basildon Ph	11:07.75	310	
	50m -	100m 1:16.21	150m -	200m 2:39.72	250m -	300m 4:03.54
	450m -	500m 6:54.38	550m -	600m 8:19.96	650m -	700m 9:46.39
						750m -
						800m 11:07.75
7.	Joshua ULYATT	12	Chelmsford	11:33.91	276	
	50m -	100m 1:18.11	150m -	200m 2:43.28	250m -	300m 4:09.47
	450m -	500m 7:07.11	550m -	600m 8:37.51	650m -	700m 10:07.07
						750m -
						800m 11:33.91
8.	Remi-Maysen KEANE	12	Bo Southend	11:49.95	258	
	50m -	100m 1:16.58	150m -	200m 2:40.44	250m -	300m 4:05.78
	450m -	500m 7:11.70	550m -	600m 8:45.98	650m -	700m 10:20.71
						750m -
						800m 11:49.95

BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	EBT
1.	Zak TROMAN	13	Colchester	9:55.54	437	
	50m -	100m 1:08.29	150m -	200m 2:23.09	250m -	300m 3:38.34
	450m -	500m 6:10.41	550m -	600m 7:26.56	650m -	700m 8:42.32
						750m -
						800m 9:55.54
2.	Raheel MAHMOOD	13	Romford Town	9:58.61	430	
	50m -	100m 1:08.07	150m -	200m 2:23.34	250m -	300m 3:39.46
	450m -	500m 6:12.17	550m -	600m 7:29.43	650m -	700m 8:45.64
						750m -
						800m 9:58.61
3.	James GOURPINAR	13	Harlow Pen	10:13.50	400	
	50m -	100m 1:12.06	150m -	200m 2:30.96	250m -	300m 3:50.06
	450m -	500m 6:25.93	550m -	600m 7:45.33	650m -	700m 9:00.86
						750m -
						800m 10:13.50
4.	Dion FANA	13	Basildon Ph	10:13.55	400	
	50m -	100m 1:09.85	150m -	200m 2:26.29	250m -	300m 3:43.76
	450m -	500m 6:20.32	550m -	600m 7:39.52	650m -	700m 8:58.08
						750m -
						800m 10:13.55
5.	Sami BENIDIR	13	Bo Newham	10:33.15	364	
	50m -	100m 1:14.30	150m -	200m 2:33.87	250m -	300m 3:53.97
	450m -	500m 6:34.80	550m -	600m 7:55.35	650m -	700m 9:15.45
						750m -
						800m 10:33.15

BOYS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	EBT
1.	Nikita CHARYKIN	14	Thurrock	9:28.70	502	
	50m -	100m 1:06.65	150m -	200m 2:17.49	250m -	300m 3:30.64
	450m -	500m 5:55.45	550m -	600m 7:08.05	650m -	700m 8:20.08
						750m -
						800m 4:42.89
2.	Jamieson MCLAREN	14	Romford Town	9:30.02	498	
	50m -	100m 1:06.21	150m -	200m 2:18.59	250m -	300m 3:31.72
	450m -	500m 5:57.27	550m -	600m 7:09.90	650m -	700m 8:21.67
						750m -
						800m 4:44.92
3.	Daniel MCGUINNESS	14	Basildon Ph	9:30.74	497	
	50m -	100m 1:06.58	150m -	200m 2:18.72	250m -	300m 3:31.87
	450m -	500m 5:57.56	550m -	600m 7:10.10	650m -	700m 8:22.52
						750m -
						800m 4:44.88
4.	Thomas FORD	14	Basildon Ph	9:48.73	452	
	50m -	100m 1:10.15	150m -	200m 2:24.99	250m -	300m 3:40.21
	450m -	500m 6:09.30	550m -	600m 7:23.95	650m -	700m 8:37.68
						750m -
						800m 9:48.73
5.	Ben MINISTER	14	Thurrock	9:51.57	446	
	50m -	100m 1:08.89	150m -	200m 2:23.24	250m -	300m 3:37.92
	450m -	500m 6:08.28	550m -	600m 7:23.41	650m -	700m 8:38.59
						750m -
						800m 9:51.57
6.	Baran ODEN	14	Bark & Dagen	10:00.20	427	
	50m -	100m 1:08.10	150m -	200m 2:22.54	250m -	300m 3:38.68
	450m -	500m 6:10.45	550m -	600m 7:29.08	650m -	700m 8:44.84
						750m -
						800m 10:00.20
7.	Max ARNOLD	14	Harlow Pen	10:03.70	420	
	50m -	100m 1:08.03	150m -	200m 2:24.18	250m -	300m 3:38.92
	450m -	500m 6:10.20	550m -	600m 7:26.98	650m -	700m 8:45.17
						750m -
						800m 10:03.70
8.	Kian QUINLAN	14	Bo Southend	10:11.19	404	
	50m -	100m 1:09.93	150m -	200m 2:26.40	250m -	300m 3:43.87
	450m -	500m 6:20.56	550m -	600m 7:38.62	650m -	700m 8:56.94
						750m -
						800m 10:11.19
9.	Steven SALAZAR	14	Bo Newham	10:19.35	389	
	50m -	100m 1:10.26	150m -	200m 2:26.67	250m -	300m 3:44.52
	450m -	500m 6:23.85	550m -	600m 7:43.17	650m -	700m 9:02.60
						750m -
						800m 10:19.35

BOYS 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	EBT
1.	Mark MILBURN	15	Colchester	9:14.80	541	
	50m -	100m -	150m -	200m -	250m -	300m 4:34.32
	450m -	500m 5:45.39	550m -	600m 6:56.22	650m -	700m 8:07.10
						750m -
						800m 9:14.80
2.	Alfie FRANCIS	15	Colchester	9:30.13	498	
	50m -	100m -	150m -	200m -	250m -	300m 4:40.26
	450m -	500m 7:06.80	550m -	600m -	650m -	700m 8:20.44
						750m -
						800m 9:30.13
3.	Connor MCCARTHY	15	Romford Town	9:31.69	494	
	50m -	100m 1:04.38	150m -	200m 2:15.59	250m -	300m 3:27.44
	450m -	500m 5:53.58	550m -	600m 7:07.95	650m -	700m 8:21.51
						750m -
						800m 9:31.69
4.	Jenson HURRELL	15	Thurrock	9:36.03	483	
	50m -	100m 1:04.58	150m -	200m 2:17.38	250m -	300m 3:30.91
						350m -
						400m 4:45.31



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FULL RESULTS 1ER200178

450m -	500m 5:58.82	550m -	600m 7:12.19	650m -	700m 8:25.33	750m -	800m 9:36.03
5. Joseph GARFIELD	15 Bo Waltham F	150m -	9:37.47	479			
50m -	100m 1:05.38	150m -	200m 2:18.40	250m -	300m 3:31.79	350m -	400m 4:45.39
450m -	500m 5:59.39	550m -	600m 7:13.22	650m -	700m 8:27.30	750m -	800m 9:37.47
6. Jacob KITCHING	15 Chelmsford		9:44.67	462			
50m -	100m 1:03.50	150m -	200m 2:14.61	250m -	300m 3:27.77	350m -	400m 4:42.29
450m -	500m 5:57.89	550m -	600m 7:14.92	650m -	700m 8:30.87	750m -	800m 9:44.67
7. Dylan REEVE	15 Chelmsford		9:47.18	456			
50m -	100m 1:05.54	150m -	200m 2:18.76	250m -	300m 3:33.13	350m -	400m 4:48.44
450m -	500m 6:03.41	550m -	600m 7:19.50	650m -	700m 8:35.29	750m -	800m 9:47.18
8. Ethan MARTIN	15 Thurrock		9:47.71	455			
50m -	100m 1:06.26	150m -	200m 2:19.53	250m -	300m 3:34.36	350m -	400m 4:49.41
450m -	500m 6:05.17	550m -	600m 7:21.43	650m -	700m 8:35.91	750m -	800m 9:47.71
9. Matthew RIDDLE	15 Thurrock		9:47.74	455			
50m -	100m 1:07.39	150m -	200m 2:20.64	250m -	300m 3:35.06	350m -	400m 4:50.24
450m -	500m 6:05.84	550m -	600m 7:22.18	650m -	700m 8:36.86	750m -	800m 9:47.74
10. Henry MORGAN	15 Killerwhales		10:11.53	404			
50m -	100m 1:09.25	150m -	200m 2:25.52	250m -	300m 3:42.57	350m -	400m 5:00.10
450m -	500m 6:18.94	550m -	600m 7:37.64	650m -	700m 8:56.39	750m -	800m 10:11.53

BOYS 16 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt				
1.	Noah JAMESON NEAL	16 Basildon Ph	8:41.03	653				
	50m -	100m 1:00.13	150m -	200m 2:05.42	250m -	300m 3:10.82	350m -	400m 4:16.85
	450m -	500m 5:23.98	550m -	600m 6:31.35	650m -	700m 7:38.11	750m -	800m 8:41.03
2.	Jack SKERRY	16 Chelmsford	9:09.35	557				
	50m -	100m 1:01.34	150m -	200m 2:08.76	250m -	300m 3:17.62	350m -	400m 4:27.61
	450m -	500m 5:38.41	550m -	600m 6:49.67	650m -	700m 8:00.59	750m -	800m 9:09.35
3.	Jimmy TAYLOR	16 Thurrock	9:19.51	527				
	50m -	100m 1:04.93	150m -	200m 2:15.18	250m -	300m 3:26.71	350m -	400m 4:37.61
	450m -	500m 5:48.41	550m -	600m 6:59.31	650m -	700m 8:10.50	750m -	800m 9:19.51
4.	Harley WEST	16 Basildon Ph	9:21.60	521				
	50m -	100m 1:07.00	150m -	200m 2:17.93	250m -	300m 3:27.88	350m -	400m 4:38.27
	450m -	500m 5:49.01	550m -	600m 7:00.15	650m -	700m 8:11.45	750m -	800m 9:21.60
5.	Angus ROBERTSON	16 Brentwood	9:33.86	489				
	50m -	100m 1:05.76	150m -	200m 2:16.30	250m -	300m 3:28.95	350m -	400m 4:41.65
	450m -	500m 5:54.85	550m -	600m 7:09.94	650m -	700m 8:24.13	750m -	800m 9:33.86
6.	Tyler JACKSON	16 Harlow Pen	9:34.47	487				
	50m -	100m 1:04.81	150m -	200m 2:15.73	250m -	300m 3:27.92	350m -	400m 4:41.09
	450m -	500m 5:55.43	550m -	600m 7:10.55	650m -	700m 8:24.42	750m -	800m 9:34.47
7.	Keelan GOSNEY	16 Chelmsford	9:38.22	478				
	50m -	100m 1:04.19	150m -	200m 2:17.83	250m -	300m 3:31.95	350m -	400m 4:46.24
	450m -	500m 6:01.20	550m -	600m 7:15.05	650m -	700m 8:28.96	750m -	800m 9:38.22
8.	Euan HIGGS	16 Chelmsford	9:43.69	464				
	50m -	100m 1:05.31	150m -	200m 2:18.16	250m -	300m 3:32.16	350m -	400m 4:46.22
	450m -	500m 6:00.56	550m -	600m 7:15.64	650m -	700m 8:31.08	750m -	800m 9:43.69

BOYS 17 Yrs/Over Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt				
1.	Lewis BINNING	17 Basildon Ph	8:39.43	659	EBT			
	50m -	100m -	150m -	200m 2:05.49	250m -	300m 3:10.29	350m -	400m 4:16.02
	450m -	500m 5:22.20	550m -	600m 6:29.32	650m -	700m 7:36.47	750m -	800m 8:39.43
2.	Joshua FOWLES	21 Witham Dolph	8:46.38	633				
	50m -	100m 1:00.56	150m -	200m 2:06.20	250m -	300m 3:11.84	350m -	400m 4:18.79
	450m -	500m 5:25.39	550m -	600m 6:32.34	650m -	700m 7:39.95	750m -	800m 8:46.38
3.	Nathan BANGA	17 Romford Town	9:23.01	517				
	50m -	100m 1:01.12	150m -	200m 2:10.31	250m -	300m 3:22.30	350m -	400m 4:34.81
	450m -	500m 5:47.79	550m -	600m 7:00.95	650m -	700m 8:14.10	750m -	800m 9:23.01

GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt				
1.	Daisy MANNING	12 Basildon Ph	10:08.37	506				
	50m -	100m 1:12.19	150m -	200m 2:30.17	250m -	300m 3:48.54	350m -	400m 5:06.10
	450m -	500m 6:22.44	550m -	600m 7:39.14	650m -	700m 8:55.24	750m -	800m 10:08.37
2.	Gracie PARKER	12 Basildon Ph	10:39.40	435				
	50m -	100m 1:14.44	150m -	200m 2:35.88	250m -	300m 3:57.88	350m -	400m 5:20.15
	450m -	500m 6:42.57	550m -	600m 8:03.96	650m -	700m 9:24.28	750m -	800m 10:39.40
3.	Ella DAWSON	12 Chelmsford	10:41.26	432				
	50m -	100m 1:14.89	150m -	200m 2:38.29	250m -	300m 4:00.05	350m -	400m 5:22.61
	450m -	500m 6:43.89	550m -	600m 8:05.17	650m -	700m 9:24.62	750m -	800m 10:41.26
4.	Rebecca COOGAN	12 Romford Town	10:41.86	430				
	50m -	100m 1:12.81	150m -	200m 2:32.49	250m -	300m 3:53.64	350m -	400m 5:14.84
	450m -	500m 6:36.91	550m -	600m 7:59.72	650m -	700m 9:22.48	750m -	800m 10:41.86
5.	Poppy JEFFERY	12 Killerwhales	10:57.57	400				
	50m -	100m 1:17.10	150m -	200m 2:40.63	250m -	300m 4:04.37	350m -	400m 5:27.42
	450m -	500m 6:51.70	550m -	600m -	650m -	700m -	750m -	800m 10:57.57
6.	Oluwapelumi SALU	12 Epping For't	10:58.08	399				
	50m -	100m 1:15.72	150m -	200m 2:38.74	250m -	300m 4:02.84	350m -	400m 5:26.45
	450m -	500m 6:51.37	550m -	600m 8:16.57	650m -	700m 9:39.34	750m -	800m 10:58.08

GIRLS 13 Yrs Age Group - Full Results

Place	Name	AaD Club	Time	FINA Pt				
1.	Gracie COMMITTI	13 Basildon Ph	10:06.81	509				
	50m -	100m 1:11.61	150m -	200m 2:30.06	250m -	300m 3:47.92	350m -	400m 5:04.60
	450m -	500m 6:22.23	550m -	600m 7:39.79	650m -	700m 8:55.74	750m -	800m 10:06.81
2.	Evangeline PIERCE	13 Basildon Ph	10:06.86	509				
	50m -	100m 1:12.05	150m -	200m 2:30.29	250m -	300m 3:48.16	350m -	400m 5:05.40
	450m -	500m 6:22.39	550m -	600m 7:39.93	650m -	700m 8:56.03	750m -	800m 10:06.86
3.	Cait COTTER	13 Chelmsford	10:15.83	487				
	50m -	100m 1:12.09	150m -	200m 2:30.16	250m -	300m 3:47.98	350m -	400m 5:06.39
	450m -	500m 6:24.96	550m -	600m 7:43.15	650m -	700m 9:01.02	750m -	800m 10:15.83
4.	Skye CARTER	13 Basildon Ph	10:19.56	479				
	50m -	100m 1:13.28	150m -	200m 2:31.68	250m -	300m 3:49.98	350m -	400m 5:09.26
	450m -	500m 6:28.00	550m -	600m 7:46.35	650m -	700m 9:04.26	750m -	800m 10:19.56
5.	Lexie O'CONNOR	13 Romford Town	10:27.00	462				



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FULL RESULTS 1ER200178

50m -	100m 1:12.67	150m -	200m 2:30.57	250m -	300m 3:50.21	350m -	400m 5:10.90
450m -	500m 6:31.23	550m -	600m 7:51.46	650m -	700m 9:10.69	750m -	800m 10:27.00

GIRLS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt		
1.	Ruby WHEELER	14	Basildon Ph	9:16.77	660	EBT	
	50m -	100m 1:04.20	150m -	200m 2:14.90	250m -	300m 3:26.08	350m -
	450m -	500m 5:47.87	550m -	600m 6:58.71	650m -	700m 8:09.47	750m -
2.	Alexa MANN	14	Basildon Ph	10:09.97	502		
	50m -	100m 1:08.60	150m -	200m 2:27.30	250m -	300m 3:43.52	350m -
	450m -	500m 6:19.07	550m -	600m 7:37.24	650m -	700m 8:54.65	750m -
3.	Elise DELAPPERALL	14	Thurrock	10:11.66	497		
	50m -	100m 1:11.86	150m -	200m 2:29.43	250m -	300m 3:47.16	350m -
	450m -	500m 6:21.86	550m -	600m 7:40.01	650m -	700m 8:57.31	750m -
4.	Anna-Lucia FENNER	14	Basildon Ph	10:20.07	477		
	50m -	100m 1:12.06	150m -	200m 2:29.65	250m -	300m 3:46.05	350m -
	450m -	500m 6:21.48	550m -	600m 7:42.16	650m -	700m 9:01.31	750m -
5.	Olivia COOPER	14	Basildon Ph	10:20.66	476		
	50m -	100m 1:11.92	150m -	200m 2:30.01	250m -	300m 3:48.28	350m -
	450m -	500m 6:25.12	550m -	600m 7:43.92	650m -	700m 9:02.87	750m -
	Mia MAGNUS	14	BorRedbridge	DNC			

GIRLS 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt		
1.	Holly LAMB	15	Basildon Ph	9:29.02	618		
	50m -	100m 1:06.93	150m -	200m 2:18.41	250m -	300m 3:30.78	350m -
	450m -	500m 5:56.08	550m -	600m 7:08.41	650m -	700m 8:20.26	750m -
2.	Phoebe WHITE	15	Harlow Pen	9:46.67	564		
	50m -	100m 1:07.50	150m -	200m 2:21.56	250m -	300m 3:35.48	350m -
	450m -	500m 6:04.22	550m -	600m 7:18.57	650m -	700m 8:34.28	750m -
3.	Kiera BLUNDEN	15	Chelmsford	9:49.22	556		
	50m -	100m 1:06.84	150m -	200m 2:20.18	250m -	300m 3:34.13	350m -
	450m -	500m 6:03.66	550m -	600m 7:19.85	650m -	700m 8:36.00	750m -
4.	Victoria DRELEVA	15	Romford Town	9:50.64	552		
	50m -	100m 1:08.70	150m -	200m 2:22.89	250m -	300m 3:37.69	350m -
	450m -	500m 6:07.57	550m -	600m 7:23.10	650m -	700m 8:38.55	750m -
5.	Erin WILKINSON	15	Basildon Ph	9:54.38	542		
	50m -	100m 1:10.34	150m -	200m 3:41.61	250m -	300m 4:57.48	350m -
	450m -	500m -	550m -	600m 7:27.50	650m -	700m 8:42.01	750m -
6.	Bryony EDGINGS	15	Thurrock	9:55.46	539		
	50m -	100m 1:07.41	150m -	200m 2:21.68	250m -	300m 3:36.98	350m -
	450m -	500m 6:08.24	550m -	600m 7:25.25	650m -	700m 8:41.53	750m -
7.	Stephanie PAGAN	15	Bo Waltham F	9:55.50	539		
	50m -	100m 1:07.32	150m -	200m 2:21.82	250m -	300m 3:36.90	350m -
	450m -	500m 6:08.69	550m -	600m 7:25.12	650m -	700m 8:41.50	750m -
8.	Amy ALLISON	15	Bo Waltham F	9:57.98	532		
	50m -	100m 1:08.82	150m -	200m 2:24.05	250m -	300m 3:39.33	350m -
	450m -	500m 6:10.98	550m -	600m 7:27.09	650m -	700m 8:43.61	750m -
9.	Francesca KEY	15	Canvey Isl	10:04.89	514		
	50m -	100m 1:09.19	150m -	200m 2:24.72	250m -	300m 3:41.36	350m -
	450m -	500m 6:16.91	550m -	600m 7:34.10	650m -	700m 8:51.61	750m -

GIRLS 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt		
1.	May BRADBURN	16	Chelmsford	9:18.64	653		
	50m -	100m 1:05.93	150m -	200m 2:16.55	250m -	300m 3:27.88	350m -
	450m -	500m 5:49.17	550m -	600m 6:59.60	650m -	700m 8:09.87	750m -
2.	Holly HAGAN	16	Romford Town	9:48.08	560		
	50m -	100m 1:07.46	150m -	200m 2:21.18	250m -	300m 3:35.74	350m -
	450m -	500m 6:05.94	550m -	600m 7:21.23	650m -	700m 8:35.83	750m -
3.	Charlotte TREE	16	Colchester	10:07.56	508		
	50m -	100m 1:08.62	150m -	200m 2:24.85	250m -	300m 3:41.66	350m -
	450m -	500m 6:16.25	550m -	600m 7:34.10	650m -	700m 8:51.75	750m -
	Emily ILEY	16	Bo Waltham F	DNC			

GIRLS 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt		
1.	Amelia MOULE	17	Romford Town	9:24.70	632		
	50m -	100m 1:04.88	150m -	200m 2:15.55	250m -	300m 3:26.44	350m -
	450m -	500m 5:49.76	550m -	600m 7:02.08	650m -	700m 8:14.20	750m -
2.	Rebecca HOWELL	17	Basildon Ph	9:31.88	609		
	50m -	100m 1:05.28	150m -	200m 2:16.35	250m -	300m 3:28.56	350m -
	450m -	500m 5:54.19	550m -	600m 7:07.57	650m -	700m 8:21.01	750m -
3.	Isabelle JOPSON	17	Romford Town	9:37.56	591		
	50m -	100m 1:05.90	150m -	200m 2:17.16	250m -	300m 3:29.24	350m -
	450m -	500m 5:55.26	550m -	600m 7:09.59	650m -	700m 8:24.14	750m -
4.	Tia GARDINER	18	Chelmsford	9:56.98	535		
	50m -	100m 1:06.98	150m -	200m 2:18.64	250m -	300m 3:33.09	350m -
	450m -	500m 6:06.80	550m -	600m 7:24.75	650m -	700m 8:41.24	750m -
5.	Junayna AHMED	17	Romford Town	10:10.41	500		
	50m -	100m 1:07.96	150m -	200m 2:22.96	250m -	300m 3:40.13	350m -
	450m -	500m 6:16.59	550m -	600m 7:35.30	650m -	700m 8:53.51	750m -



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EVENT 148 Girls 10/14 Yrs 100m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Elizabeth SWABY	11	Basildon Ph		1:20.08	379	-
2.	Chloe BARNARD	11	Basildon Ph		1:20.42	375	38.55
3.	Nicole MAYNARD	11	Basildon Ph		1:20.69	371	40.21
4.	Margarita STOIMENOVA	11	Bo Newham		1:21.28	363	39.34
5.	Sophie PALMER	11	Basildon Ph		1:21.47	360	40.05
6.	Saffire CHAN	11	Bark & Dagen		1:22.19	351	40.32
7.	Daisy BARTLETT	11	Killerwhales		1:24.73	320	40.91
8.	Ella EDWARDS	11	Basildon Ph		1:25.45	312	41.54
9.	Emilia RAYNER	11	Halstead		1:25.50	312	40.96
10.	Tumininu MAKINDE	10	Romford Town		1:26.74	298	40.94
11.	Lucy CLARKE	10	Chelmsford		1:26.84	297	41.51
12.	Ruth EGUAKHIDE	11	Romford Town		1:27.25	293	41.98
13.	Jasmine HALL	10	Harlow Pen		1:27.72	289	42.72
14.	Lois SMITH	10	Romford Town		1:27.78	288	41.90
15.	Gabriella MEYER	11	Witham Dolph		1:27.84	287	-
16.	Jasmine CARTER	11	Basildon Ph		1:28.41	282	42.98
17.	Gabriella TROMAN	11	Colchester		1:28.77	278	43.59
18.	I STRATTON-THOMSETT	11	Colchester		1:29.75	269	42.17
19.	Megan PARKS	11	Bo Southend		1:29.98	267	-
20.	Hannah SEDGWICK	11	Chelmsford		1:30.96	259	44.66
21.	Charlotte LOW	11	Chelmsford		1:30.98	259	44.68
22.	Holly UNDERDOWN	11	Braintree		1:32.06	250	45.10
23.	Lily MILLS	11	Harlow Pen		1:32.57	245	44.47
24.	Katriel CHUKWUEDO	11	Bark & Dagen		1:32.59	245	45.96
25.	Alicia MORTON	11	Basildon Ph		1:32.91	243	46.54
26.	Abigail ROGERS	11	Killerwhales		1:33.15	241	45.05

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Daisy MANNING	12	Basildon Ph		1:12.57	510	35.06
2.	Gracie PARKER	12	Basildon Ph		1:16.55	434	37.05
3.	Zara CLARKSON	12	DunmowAtlant		1:18.04	410	37.88
4.	Ella COOMBES	12	Basildon Ph		1:18.44	404	39.12
5.	Saule BRANKEVICIUTE	12	Bark & Dagen		1:18.83	398	38.13
6.	Ava WILSON	12	Chelmsford		1:18.89	397	39.02
7.	Abrielle VELASQUEZ	12	Havering Dol		1:19.80	383	37.99
8.	Rebecca COOGAN	12	Romford Town		1:19.82	383	38.76
9.	Ella DAWSON	12	Chelmsford		1:20.35	376	38.51
10.	Oluwapelumi SALU	12	Epping For't		1:20.65	371	39.16
11.	Maria STANCIU	12	Chelmsford		1:20.67	371	38.26
12.	Francesca HOWELL	12	Chelmsford		1:20.84	369	39.28
13.	Ella GREATBATCH	12	Braintree		1:21.45	361	39.40
14.	Hollie HEIGHES	12	Braintree		1:22.10	352	39.51
15.	Mia TANANEEVA	12	Bark & Dagen		1:22.37	349	39.74
16.	Gabrielle CORNISH	12	Colchester		1:22.38	348	40.80
17.	Daisy RUSSELL	12	DunmowAtlant		1:22.67	345	40.65
18.	Eliza SWANEPOEL	12	Epping For't		1:22.97	341	40.17
19.	Isabelle YOUNG	12	Clacton SC		1:23.24	338	41.54
20.	Amy WRIGHT	12	Bo Waltham F		1:23.82	331	40.88
21.	Ella HILLS	12	Chelmsford		1:24.63	321	41.77
22.	Siena BISHOP	12	Braintree		1:24.96	318	42.04
23.	Gwenette BURGOS	12	Bark & Dagen		1:25.21	315	39.85
24.	Elena STENT	12	Basildon Ph		1:25.55	311	42.53
25.	Alana FINN	12	Rochford		1:25.75	309	43.07
26.	Elise BRYANT	12	Canvey Isl		1:25.87	308	40.17
27.	Chloe GALILEE	12	Clacton SC		1:27.25	293	43.37
	Tia EVERITT	12	Chelmsford		DNC		

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Evangeline PIERCE	13	Basildon Ph		1:10.62	553	34.16
2.	Mia LOWE	13	Basildon Ph		1:13.05	500	35.50
3.	Brianna HANSEN-HOARE	13	Harlow Pen		1:14.56	470	34.72
4.	Cait COTTER	13	Chelmsford		1:15.29	457	36.80
5.	Gracie COMITTI	13	Basildon Ph		1:16.15	441	37.00
6.	Macey WATKINS	13	Colchester		1:16.34	438	38.50
7.	Sophie O'RORKE	13	Braintree		1:16.59	434	37.72
8.	Lexie O'CONNOR	13	Romford Town		1:16.63	433	37.32
9.	Isabelle TALBOT	13	Braintree		1:16.66	433	37.72
10.	Lilly-Mae KILBEY	13	Epping For't		1:16.69	432	37.38
11.	Skye CARTER	13	Basildon Ph		1:17.60	417	37.24
12.	Sophia MOULE	13	Romford Town		1:17.87	413	36.99
13.	Lexie GOODMAN	13	Basildon Ph		1:17.97	411	37.68
14.	Hollie HAWKINS	13	Basildon Ph		1:18.02	410	37.84
15.	Olivia CARTWRIGHT	13	Colchester		1:18.28	406	37.63
16.	Rachel SALE	13	Stanway		1:18.31	406	37.61
17.	Lucy RAKER	13	Southend		1:19.53	387	37.02
18.	Rebecca WRIGHT	13	Epping For't		1:19.77	384	38.64
19.	Z JARAMILLO OBCOWSKA	13	Epping For't		1:19.84	383	38.88
20.	Ella KILBY	13	Romford Town		1:20.11	379	39.62
21.	Sophie CONROY	13	Thurrock		1:20.12	379	38.28
22.	Sophie BALL	13	Braintree		1:20.14	379	39.50



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23.	Aislin FOLEY-WRIGHT	13	Basildon Ph	1:20.57	373	39.12
24.	Kallie JACKSON	13	Harlow Pen	1:20.68	371	39.50
25.	Edie NEWELL	13	Brentwood	1:20.89	368	38.93
26.	Ella TURNER	13	Epping For't	1:21.25	363	39.76
27.	Paige LAYBOURN-MORRIS	13	Thurrock	1:21.28	363	39.04
28.	Gabriella TAIWO	13	Thurrock	1:21.31	362	39.04
29.	Amelia MURPHY	13	Chelmsford	1:21.62	358	39.20
30.	B MACMILLAN GRIFFITHS	13	Bo Waltham F	1:21.74	357	38.76
31.	Arriane LEA	13	Bo Southend	1:22.56	346	41.00
32.	Chloe KEEGAN	13	Killerwhales	1:22.93	342	40.39
33.	Sadie ROWE	13	Colchester	1:23.15	339	40.80
34.	Kathryn EDWARDS	13	Braintree	1:23.25	338	41.01
35.	Amy MILBURN	13	Colchester	1:23.47	335	40.13
36.	Michelle VASSILEVA	13	Romford Town	1:23.63	333	39.87
37.	Jasmine SHAW	13	Witham Dolph	1:23.91	330	40.65
	Luella GILMOUR	13	Chelmsford	DNC		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Ruby WHEELER	14	Basildon Ph		1:10.32	561	34.04
2.	Alexa MANN	14	Basildon Ph		1:12.69	507	34.98
3.	Greta GODDARD	14	Colchester		1:12.91	503	35.69
4.	Jasmine VERLANDER	14	Thurrock		1:13.23	496	35.25
5.	Elise DELAPPERALL	14	Thurrock		1:14.45	472	35.16
6.	Keziah CORNISH	14	Colchester		1:15.06	461	36.20
7.	Olivia CHURCH	14	Basildon Ph		1:15.53	452	35.97
8.	Priya DHILLON	14	Thurrock		1:15.54	452	36.51
9.	Olivia COOPER	14	Basildon Ph		1:15.90	446	37.21
10.	Daisy PATTERSON	14	Thurrock		1:16.50	435	36.10
11.	Anna-Lucia FENNER	14	Basildon Ph		1:16.52	435	37.32
12.	Olivia CLARKE	14	Chelmsford		1:16.92	428	37.79
13.	Holly PARKS	14	Bo Southend		1:18.14	408	37.60
14.	Misty EREN	14	Harlow Pen		1:18.52	403	37.87
15.	Sydney DRAKE	14	Rochford		1:18.53	402	38.21
16.	Mia MAGNUS	14	BorRedbridge		1:18.57	402	37.66
17.	Constance KENNEDY	14	Romford Town		1:20.09	379	38.80
18.	Chloe STAINES	14	Chelmsford		1:20.11	379	-
19.	Marcie ALEY	14	Braintree		1:20.15	378	-
20.	Eva MURRAY	14	Bo Waltham F		1:20.30	376	38.11
21.	Sophie EVANS	14	Runnymede		1:20.32	376	38.40
22.	Isabel COLLINS	14	Bo Southend		1:20.42	375	38.93
23.	Shalom MBABAZI	14	Bo Newham		1:20.55	373	39.15
24.	Tierney ROONEY	14	Romford Town		1:20.72	370	38.71
25.	Libby MARMOLEJO	14	Bo Newham		1:20.81	369	37.88
26.	Isabel GALILEE	14	Clacton SC		1:21.02	366	38.20
27.	Amy JOHNSON	14	Colchester		1:21.28	363	39.13
28.	Emily GRIMWOOD	14	Clacton SC		1:21.50	360	39.35
29.	Francesca RIODA	14	Harlow Pen		1:22.12	352	39.48
30.	Sophie NORTON	14	Bo Southend		1:23.52	334	39.84
31.	Claudia STASZEWSKA	14	Leyton		1:26.33	303	39.78
32.	Rachel AGAR	14	Bark & Dagen	9	1:45.44	166	50.82
	Sophie CLERKIN	14	Braintree		DNC		

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Rachel AGAR	14	Bark & Dagen	9	1:45.44	264	50.82

EVENT 149 Girls 15 Yrs/Over 100m Backstroke

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Ella TURNER	15	Basildon Ph		1:07.21	642	32.97
2.	Emily COOPER	15	Basildon Ph		1:07.52	633	33.14
3.	Kiera BLUNDEN	15	Chelmsford		1:09.58	579	33.80
4.	Francesca LOW	15	Chelmsford		1:11.12	542	34.71
5.	Victoria DRELEVA	15	Romford Town		1:11.23	539	34.76
6.	Stephanie PAGAN	15	Bo Waltham F		1:11.30	538	34.69
7.	Ella LAUDER	15	Southend		1:11.40	536	34.87
8.	Rebecca JOHNSON	15	DunmowAtlant		1:12.17	519	34.42
9.	Emily FALKUS	15	Canvey Isl		1:12.99	501	35.73
10.	Phoebe WHITE	15	Harlow Pen		1:13.05	500	34.50
11.	Mia WARD	15	Thurrock		1:13.07	500	35.94
12.	Bryony EDGINGS	15	Thurrock		1:13.12	499	34.85
13.	Hannah ZYSS	15	Basildon Ph		1:13.16	498	34.96
14.	Amy ALLISON	15	Bo Waltham F		1:13.82	485	35.44
15.	Charlotte GILL	15	Basildon Ph		1:14.14	478	36.00
16.	Erin WILKINSON	15	Basildon Ph		1:14.43	473	36.28
17.	Maisie LAWN	15	Killerwhales		1:15.18	459	35.95
17.	Sophie JENKINSON	15	Basildon Ph		1:15.18	459	36.17
19.	Dina BENIDIR	15	Bo Newham		1:15.35	456	35.81
20.	Francesca KEY	15	Canvey Isl		1:15.38	455	36.31
21.	Ella PEMBERTON	15	Bo Waltham F		1:15.90	446	36.80
22.	Jaida LUDLOW	15	Basildon Ph		1:15.91	446	-
23.	Ellie CAKEBREAD	15	Braintree		1:16.18	441	37.07
24.	Magdalena YORDANOVA	15	Romford Town		1:16.79	430	37.46
25.	Michaela TAIWO	15	Thurrock		1:17.08	426	37.47
26.	Temilola AWOLESI	15	Chelmsford		1:17.25	423	37.49
26.	Hannah FLEMING	15	Chelmsford		1:17.25	423	37.40
28.	Holly MCCARTHY	15	Colchester		1:17.44	420	37.21
29.	Grace LAMPRELL	15	Harlow Pen		1:18.15	408	37.09



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30.	Caitlin MURRAY	15	Thurrock	1:18.91	397	38.43
31.	Rosie O'BOYLE	15	Epping For't	1:18.98	396	37.92
32.	Olivia HUMPHREY	15	Killerwhales	1:18.99	395	38.09
32.	Lily BOTT	15	Braintree	1:18.99	395	38.35
34.	Lacey BUSS	15	Harlow Pen	1:19.02	395	39.79
35.	Maisie MUFFETT	15	Epping For't	1:19.18	393	38.27
36.	Ruby LE MAY	15	Killerwhales	1:19.30	391	38.63
37.	Connie FOSTER	15	Stanway	1:19.37	390	38.65
38.	Jenna LOGIE	15	Basildon Ph	1:19.50	388	38.86
39.	Emma PAGE	15	Rochford	1:19.53	387	38.36
40.	Eloise SMART	15	Colchester	1:19.54	387	38.80
41.	Elizabeth CRUDGINGTON	15	Southend	1:19.65	386	38.31
42.	Lily THREADGOLD	15	Braintree	1:19.68	385	38.98
43.	Julia SWANEPOEL	15	Epping For't	1:19.69	385	39.24
44.	Milly ELLIOTT-YOUNG	15	Brentwood	1:21.45	361	39.46
45.	Georgia BLECK	15	Colchester	1:22.20	351	40.00

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Emily ILEY	16	Bo Waltham F		1:06.06	676	32.28
2.	May BRADBURN	16	Chelmsford		1:08.69	602	33.14
3.	Carys BREALEY	16	Harlow Pen		1:10.14	565	33.53
4.	Brooke JENKINS	16	Basildon Ph		1:12.67	508	35.05
5.	Amy GREEN	16	Chelmsford		1:13.24	496	35.65
6.	Molly REDGRAVE	16	Colchester		1:13.42	492	35.54
7.	Ciara WOOKEY	16	Colchester		1:14.06	480	35.65
8.	Rosie BROOKS	16	Chelmsford		1:14.57	470	36.06
9.	Ella REMYN	16	Bo Waltham F		1:14.60	469	35.97
10.	Oluwatumise SALU	16	Bo Newham		1:15.15	459	36.15
11.	Kya ANDREOU	16	Harlow Pen		1:15.45	454	36.31
12.	Robyn QUINCE	16	Runnymede		1:15.56	452	36.42
13.	Emma STAINES	16	Chelmsford		1:16.13	442	36.93
14.	Elizabeth WILKINSON	16	Chelmsford		1:16.32	438	37.07
15.	Lucy MORGAN	16	Colchester		1:16.84	430	36.87
16.	Emma TAPPENDEN	16	Basildon Ph		1:17.00	427	37.05
17.	Sophie TYRIE	16	Halstead		1:17.01	427	37.59
18.	Clara EVANS	16	BorRedbridge		1:18.31	406	38.08
19.	Olivia REILLY	16	Chelmsford		1:18.55	402	37.06
20.	Anola JORDAN	16	Colchester		1:18.83	398	38.14
21.	Claudia KING	16	Harlow Pen		1:19.34	390	37.11
22.	Hannah RAKER	16	Southend		1:19.46	388	37.88
23.	Freya MEIN	16	Southend		1:20.11	379	38.20
24.	Francesca VANN	16	Harlow Pen		1:20.55	373	39.54
25.	Rachel GREEN	16	Brentwood		1:20.60	372	38.70

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Asma PARKER	17	Colchester		1:08.48	607	32.29
2.	Amelia MOULE	17	Romford Town		1:09.57	579	33.31
3.	Emily GREEN	19	Brentwood		1:10.53	556	34.24
4.	Charlotte HARRIS	17	Maldon Shark		1:10.54	555	34.63
5.	Tia GARDINER	18	Chelmsford		1:10.85	548	33.89
6.	Bronte O'DEA	17	Runnymede		1:11.15	541	33.21
7.	Radost MILKOVA	17	Thurrock		1:11.19	540	34.21
8.	Rebecca WEST	18	Thurrock		1:11.26	539	33.83
9.	Millie TURNER	17	Basildon Ph		1:12.60	509	35.09
10.	Rebecca STROUD	18	Brentwood		1:13.69	487	35.48
11.	Mia FURSEDONNE	18	Basildon Ph		1:14.49	472	36.23
12.	Madison SMITH	17	Stanway		1:14.93	463	36.45
13.	Danielle HARTIN	18	Basildon Ph	14	1:14.94	463	37.77
14.	Niamh WAINWRIGHT	17	Chelmsford		1:15.28	457	36.45
15.	Kameliya STOIMENOVA	17	Bo Newham		1:15.31	456	37.37
16.	Rebecca GIROLAMI	17	Colchester		1:15.68	450	37.03
17.	Eloise CONWAY	20	Halstead		1:16.02	444	36.76
18.	Amelia HEARNE	17	Clacton SC		1:16.18	441	35.71
19.	Ruth WILKINSON	17	Saffron Wald		1:16.68	432	37.30
20.	Emily TATAM	17	Basildon Ph		1:17.04	426	36.92
21.	Danielle RULTON	22	Halstead		1:17.21	423	37.54
22.	Ellie CRONIN	17	Harlow Pen		1:17.86	413	37.70
23.	Emile GALKUTE	17	Bo Newham		1:18.16	408	37.90
24.	Olivia FLETCHER	17	Basildon Ph		1:18.27	406	38.07
25.	Valeria MARCU	17	Bark & Dagen		1:18.95	396	37.99
26.	Zara MILLS	19	Southend		1:19.14	393	38.00
27.	Emily COMBER	18	Runnymede		1:19.34	390	38.23
	Francesca COLLINS	18	Chelmsford	DNC			

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Danielle HARTIN	18	Basildon Ph	14	1:14.94	624	37.77

EVENT 150 Boys 12/14 Yrs 400m IM

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt											
1.	David NEACSU	12	Bark & Dagen	5:19.94	442	EBT										
	50m	34.24	100m	1:12.86	150m	1:56.57	200m	2:38.80	250m	3:25.70	300m	4:09.33	350m	4:45.56	400m	5:19.94
2.	Massimo GIROLAMI	12	Colchester	5:41.37	364											
	50m	38.04	100m	1:20.39	150m	2:05.80	200m	2:49.48	250m	3:39.94	300m	4:28.43	350m	5:05.27	400m	5:41.37
3.	Louis ALLEN	12	Basildon Ph	5:48.10	343											
	50m	36.64	100m	1:19.66	150m	2:02.26	200m	2:44.42	250m	3:36.71	300m	4:30.00	350m	5:11.44	400m	5:48.10



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4.	Daniel TAHMISYAN	12	Bark & Dagen	6:01.23	307				
	50m 37.71	100m 1:19.69	150m -	200m 2:53.41	250m 3:47.99	300m 4:43.22	350m -	400m 6:01.23	
5.	Mohammed HOSSAIN	12	Bark & Dagen	6:05.15	297				
	50m 36.98	100m 1:21.20	150m 2:05.06	200m 2:49.32	250m 3:44.50	300m 4:39.92	350m 5:23.60	400m 6:05.15	
6.	Saxon MINTO	12	Basildon Ph	6:09.39	287				
	50m 39.80	100m 1:25.77	150m 2:15.20	200m 3:02.20	250m 3:54.69	300m 4:46.18	350m 5:29.84	400m 6:09.39	
7.	Remi-Maysen KEANE	12	Bo Southend	6:09.41	287				
	50m 40.14	100m 1:28.55	150m 2:17.12	200m 3:04.89	250m 3:57.25	300m 4:50.43	350m 5:31.28	400m 6:09.41	
8.	Ayobami AKINDELE	12	Thurrock	6:17.62	269				
	50m 37.24	100m 1:19.81	150m 2:10.26	200m 3:00.90	250m 3:55.56	300m 4:50.02	350m 5:35.31	400m 6:17.62	
	William EAST	12	Basildon Ph	DQ SL					
	Harrison BROOK	12	Colchester	DQ T					
	Robert FENNER	12	Basildon Ph	DQ T					

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Raheel MAHMOOD	13	Romford Town	5:20.41	440				
	50m 31.73	100m -	150m 1:50.50	200m 2:29.87	250m 3:17.91	300m -	350m 4:45.02	400m 5:20.41	
2.	Zak TROMAN	13	Colchester	5:20.56	440				
	50m 32.27	100m 1:09.35	150m 1:51.25	200m 2:32.35	250m 3:19.62	300m 4:07.17	350m 4:45.14	400m 5:20.56	
3.	James GOURPINAR	13	Harlow Pen	5:34.06	388				
	50m 34.81	100m 1:13.86	150m 1:59.53	200m 2:42.99	250m 3:32.53	300m 4:20.97	350m 4:59.31	400m 5:34.06	
4.	William WHITE	13	Harlow Pen	5:37.85	375				
	50m 35.07	100m -	150m 1:57.83	200m 2:39.80	250m 3:30.73	300m 4:20.93	350m 5:00.06	400m 5:37.85	
5.	Dion FANA	13	Basildon Ph	5:43.37	358				
	50m 35.98	100m 1:14.67	150m 1:59.08	200m 2:42.21	250m 3:35.62	300m 4:28.47	350m 5:06.78	400m 5:43.37	
6.	Marco YUEN	13	Brentwood	5:48.86	341				
	50m 34.97	100m 1:15.71	150m 2:01.96	200m 2:46.99	250m 3:35.97	300m 4:25.88	350m 5:08.17	400m 5:48.86	
7.	Isaac FARRUGIA	13	Basildon Ph	5:50.94	335				
	50m -	100m -	150m 36.22	200m 1:17.45	250m 3:41.74	300m 4:32.83	350m 5:14.33	400m 5:50.94	
8.	Sami BENIDIR	13	Bo Newham	5:51.57	333				
	50m 36.81	100m 1:23.57	150m 2:07.92	200m 2:49.59	250m 3:43.38	300m 4:35.51	350m 5:14.39	400m 5:51.57	
9.	Kevin MOLDOVAN	13	Harlow Pen	5:51.74	333				
	50m 37.24	100m 1:19.70	150m 2:04.40	200m 2:47.50	250m 3:43.89	300m 4:36.54	350m 5:15.28	400m 5:51.74	

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Nikita CHARYKIN	14	Thurrock	5:00.43	534				
	50m 31.97	100m 1:07.09	150m 1:45.11	200m 2:22.92	250m 3:08.55	300m 3:51.72	350m 4:27.19	400m 5:00.43	
2.	Ben MINISTER	14	Thurrock	5:21.68	435				
	50m 33.77	100m 1:13.52	150m 1:52.97	200m 2:31.94	250m -	300m 4:07.56	350m 4:45.51	400m 5:21.68	
3.	Justinas KAZLAUSKAS	14	Bark & Dagen	5:27.64	412				
	50m 31.42	100m 1:08.93	150m 1:51.86	200m 2:34.83	250m 3:23.68	300m 4:13.46	350m 4:50.43	400m 5:27.64	
4.	Harry STAGG	14	Basildon Ph	5:30.74	400				
	50m 33.88	100m 1:11.33	150m 1:55.50	200m 2:37.95	250m 3:26.04	300m 4:12.91	350m 4:52.55	400m 5:30.74	
5.	Steven SALAZAR	14	Bo Newham	5:32.64	393				
	50m 34.47	100m 1:11.57	150m 1:54.22	200m 2:36.89	250m 3:25.64	300m 4:14.32	350m 4:54.28	400m 5:32.64	
6.	Maddox ROBERTS	14	Witham Dolph	5:36.17	381				
	50m 33.35	100m 1:12.74	150m 1:57.75	200m 2:42.59	250m 3:30.87	300m 4:21.65	350m 5:00.99	400m 5:36.17	
7.	Baran ODEN	14	Bark & Dagen	5:43.07	359				
	50m 34.39	100m 1:13.84	150m 1:56.83	200m 2:40.58	250m 3:34.88	300m 4:28.89	350m 5:06.57	400m 5:43.07	
8.	Corey HARE	14	Colchester	5:43.80	356				
	50m 36.18	100m 1:18.90	150m 2:03.38	200m 2:46.24	250m 3:35.59	300m 4:26.29	350m 5:05.96	400m 5:43.80	
9.	Lewis JARRETT	14	Romford Town	5:48.78	341				
	50m -	100m 1:18.20	150m 2:03.36	200m 2:47.21	250m 3:37.62	300m 4:28.37	350m 5:09.62	400m 5:48.78	
10.	Jack CACI	14	Epping Fort	5:49.39	339				
	50m 36.14	100m 1:19.58	150m 2:06.25	200m 2:50.44	250m 3:44.89	300m 4:36.95	350m 5:15.50	400m 5:49.39	
11.	Joshua ATOTILETO	14	Bo Newham	5:53.04	329				
	50m 32.99	100m 1:10.60	150m 1:54.87	200m 2:38.95	250m 3:33.31	300m 4:25.63	350m 5:09.83	400m 5:53.04	
	Daniel LEWIS	14	Chelmsford	DQ T					

EVENT 151 Boys 15 Yrs/Over 400m IM

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Mark MILBURN	15	Colchester	4:58.03	547				
	50m 31.82	100m 1:07.78	150m 1:45.92	200m 2:23.70	250m 3:06.82	300m 3:48.83	350m 4:24.57	400m 4:58.03	
2.	Aaron GABRIEL	15	Bark & Dagen	5:09.13	490				
	50m 32.62	100m 1:07.27	150m 1:45.87	200m 2:23.94	250m 3:10.17	300m 3:55.80	350m 4:32.24	400m 5:09.13	
3.	Jenson HURRELL	15	Thurrock	5:12.77	473				
	50m 31.59	100m 1:07.69	150m 1:46.90	200m 2:25.95	250m 3:13.80	300m 4:01.12	350m 4:37.58	400m 5:12.77	
4.	Joseph GARFIELD	15	Bo Waltham F	5:17.86	451				
	50m 30.15	100m 1:06.32	150m 1:49.38	200m 2:31.09	250m 3:19.70	300m 4:08.30	350m 4:45.37	400m 5:17.86	
5.	Alfie FRANCIS	15	Colchester	5:18.01	450				
	50m 31.52	100m 1:07.33	150m 1:53.55	200m 2:39.58	250m 3:23.20	300m -	350m 4:45.37	400m 5:18.01	
6.	Connor MCCARTHY	15	Romford Town	5:23.98	426				
	50m 31.36	100m 1:09.10	150m 1:50.62	200m 2:31.44	250m 3:18.91	300m 4:08.04	350m 4:46.71	400m 5:23.98	
7.	Antonio GIROLAMI	15	Colchester	5:26.61	416				
	50m 33.20	100m 1:11.30	150m 1:53.60	200m 2:35.71	250m 3:22.31	300m 4:09.31	350m 4:48.90	400m 5:26.61	
8.	Jacob STEPHEN	15	Brentwood	5:30.48	401				
	50m 30.67	100m 1:07.23	150m 1:49.66	200m 2:32.23	250m 3:18.91	300m 4:08.50	350m 4:51.68	400m 5:30.48	
9.	Josh WHITE	15	Bark & Dagen	5:31.59	397				
	50m 33.45	100m 1:11.85	150m 1:54.97	200m 2:36.55	250m 3:25.81	300m 4:14.59	350m 4:53.88	400m 5:31.59	

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Noah JAMESON NEAL	16	Basildon Ph	5:00.35	535				
	50m 29.97	100m 1:04.82	150m 1:44.36	200m 2:23.48	250m 3:10.79	300m 3:57.00	350m 4:29.04	400m 5:00.35	
2.	Euan HIGGS	16	Chelmsford	5:08.61	493				
	50m 30.64	100m 1:06.58	150m 1:48.11	200m 2:27.63	250m 3:16.45	300m 4:03.10	350m 4:37.46	400m 5:08.61	
3.	Tyler JACKSON	16	Harlow Pen	5:12.08	476				
	50m 31.15	100m 1:09.41	150m 1:50.15	200m 2:30.52	250m 3:16.56	300m 4:03.21	350m 4:38.04	400m 5:12.08	
4.	Jimmy TAYLOR	16	Thurrock	5:17.48	453				



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50m	31.17	100m	1:07.82	150m	1:48.01	200m	2:27.59	250m	3:16.63	300m	4:06.93	350m	4:42.81	400m	5:17.48
5.	Daniel MONK	16	Harlow Pen			5:31.32		398							
50m	32.52	100m	1:11.25	150m	1:54.56	200m	2:38.41	250m -		300m	4:19.22	350m	4:56.83	400m	5:31.32
6.	Kalaum CORANI	16	Colchester			5:32.25		395							
50m	31.12	100m	1:09.03	150m	1:54.18	200m	2:38.16	250m	3:24.60	300m	4:13.29	350m	4:55.41	400m	5:32.25

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt										
1.	Lewis BINNING	17	Basildon Ph	4:42.82	640	EBT									
50m	29.84	100m	1:02.12	150m	1:41.21	200m	2:18.79	250m	2:58.63	300m	3:38.26	350m	4:11.61	400m	4:42.82
2.	Daniel GENCAS	17	Romford Town	4:52.32	580										
50m	28.35	100m	1:01.39	150m	1:40.54	200m	2:17.54	250m -		300m	3:45.53	350m	4:19.98	400m	4:52.32
3.	Jack TURRELL	17	Basildon Ph	5:02.43	524										
50m	30.60	100m	1:06.17	150m	1:45.72	200m	2:25.40	250m	3:10.11	300m	3:55.47	350m	4:30.28	400m	5:02.43
4.	James SPEERS	17	Basildon Ph	5:05.37	509										
50m	31.17	100m -		150m	1:45.36	200m -		250m	3:11.49	300m -		350m	4:29.88	400m	5:05.37
5.	Nathan BANGA	17	Romford Town	5:08.46	493										
50m	31.19	100m	1:08.38	150m	1:48.83	200m	2:27.41	250m	3:14.20	300m	3:59.99	350m	4:35.06	400m	5:08.46

EVENT 152 FINAL OF EVENT 148 Girls 10/11 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Elizabeth SWABY	11	Basildon Ph	1:18.71	400	39.73
2.	Nicole MAYNARD	11	Basildon Ph	1:19.64	386	39.35
3.	Sophie PALMER	11	Basildon Ph	1:20.79	370	39.16
4.	Margarita STOIMENOVA	11	Bo Newham	1:20.80	369	39.38
5.	Chloe BARNARD	11	Basildon Ph	1:22.06	353	40.08
6.	Saffire CHAN	11	Bark & Dagen	1:22.84	343	40.56
7.	Ella EDWARDS	11	Basildon Ph	1:25.70	309	42.07
8.	Daisy BARTLETT	11	Killerwhales	1:26.42	302	42.15

EVENT 153 FINAL OF EVENT 148 Girls 12 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daisy MANNING	12	Basildon Ph	1:12.35	515	34.99
2.	Gracie PARKER	12	Basildon Ph	1:15.84	447	36.76
3.	Zara CLARKSON	12	DunmowAtlant	1:16.38	437	36.95
4.	Saule BRANKEVICIUTE	12	Bark & Dagen	1:17.41	420	37.57
5.	Ella COOMBES	12	Basildon Ph	1:18.57	402	38.80
6.	Ava WILSON	12	Chelmsford	1:19.31	391	39.07
7.	Rebecca COOGAN	12	Romford Town	1:19.89	382	39.03
8.	Abrielle VELASQUEZ	12	Havering Dol	1:20.22	377	38.74

EVENT 154 FINAL OF EVENT 148 Girls 13 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Evangeline PIERCE	13	Basildon Ph	1:09.79	573	33.94
2.	Brianna HANSEN-HOARE	13	Harlow Pen	1:12.60	509	34.54
3.	Cait COTTER	13	Chelmsford	1:13.15	498	36.27
4.	Mia LOWE	13	Basildon Ph	1:13.25	496	35.41
5.	Gracie COMMITTI	13	Basildon Ph	1:14.11	479	36.62
6.	Macey WATKINS	13	Colchester	1:15.30	456	36.86
7.	Sophie O'RORKE	13	Braintree	1:16.26	439	37.29
8.	Lexie O'CONNOR	13	Romford Town	1:16.45	436	37.51

EVENT 155 FINAL OF EVENT 148 Girls 14 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ruby WHEELER	14	Basildon Ph	1:08.62	603	33.90
2.	Alexa MANN	14	Basildon Ph	1:11.53	533	34.67
3.	Jasmine VERLANDER	14	Thurrock	1:12.36	514	34.98
4.	Greta GODDARD	14	Colchester	1:12.71	507	35.30
5.	Elise DELAPPERALL	14	Thurrock	1:13.52	490	35.24
6.	Olivia COOPER	14	Basildon Ph	1:15.59	451	37.13
6.	Olivia CHURCH	14	Basildon Ph	1:15.59	451	36.94
8.	Priya DHILLON	14	Thurrock	1:15.70	449	36.54

EVENT 156 FINAL OF EVENT 149 Girls 15 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ella TURNER	15	Basildon Ph	1:06.42	665	EBT 32.80
2.	Emily COOPER	15	Basildon Ph	1:07.20	642	33.37
3.	Kiera BLUNDEN	15	Chelmsford	1:08.77	599	33.67
4.	Stephanie PAGAN	15	Bo Waltham F	1:10.62	553	34.53
5.	Victoria DRELEVA	15	Romford Town	1:10.87	548	34.02
6.	Francesca LOW	15	Chelmsford	1:10.99	545	34.41
7.	Rebecca JOHNSON	15	DunmowAtlant	1:12.11	520	35.02
8.	Ella LAUDER	15	Southend	1:13.43	492	35.45

EVENT 157 FINAL OF EVENT 149 Girls 16 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Emily ILEY	16	Bo Waltham F	1:04.46	728	EBT 31.35
2.	May BRADBURN	16	Chelmsford	1:08.13	616	33.42



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3.	Carys BREALEY	16	Harlow Pen	1:09.63	577	33.50
4.	Brooke JENKINS	16	Basildon Ph	1:12.63	509	34.87
5.	Molly REDGRAVE	16	Colchester	1:12.69	507	35.62
6.	Amy GREEN	16	Chelmsford	1:13.52	490	36.03
7.	Rosie BROOKS	16	Chelmsford	1:13.61	489	35.64
8.	Ciara WOOKEY	16	Colchester	1:13.87	484	36.20

EVENT 158 FINAL OF EVENT 149 Girls 17 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Amelia MOULE	17	Romford Town	1:07.52	633	32.81
2.	Asma PARKER	17	Colchester	1:07.83	625	32.71
3.	Emily GREEN	19	Brentwood	1:10.32	561	34.33
4.	Charlotte HARRIS	17	Maldon Shark	1:10.46	557	34.75
5.	Radost MILKOVA	17	Thurrock	1:11.15	541	34.10
6.	Tia GARDINER	18	Chelmsford	1:11.42	535	34.76
7.	Bronte O'DEA	17	Runnymede	1:11.85	526	33.76
8.	Rebecca WEST	18	Thurrock	1:11.92	524	34.59

EVENT 159 Boys 10/14 Yrs 100m Breaststroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Cooper SMITH	11	Harlow Pen	1:34.65	219	46.31
2.	Jeremy GODWIN	11	Thurrock	1:34.94	217	45.33
3.	Obalolu BANKOLE	11	Thurrock	1:37.26	202	45.11
4.	Dmitrijs GRACOVS	11	Harlow Pen	1:38.57	194	47.84
5.	Baris MURATOGLU	11	Romford Town	1:38.62	194	47.50
6.	Ethan THORPE	11	Chelmsford	1:38.78	193	47.54
7.	George PORTLOCK	11	Chelmsford	1:39.18	190	47.80
8.	Szymon PIERZECKI	11	Witham Dolph	1:40.45	183	49.81
9.	Jamie COMITTI	11	Basildon Ph	1:41.02	180	48.79
10.	Finlay ROBERTS	11	Witham Dolph	1:41.27	179	49.69
11.	Toby LASHMAR	11	Basildon Ph	1:41.94	175	49.65
12.	Jesse HOWARD	10	Harlow Pen	1:42.10	174	49.65
13.	George JONES	11	Harlow Pen	1:43.91	165	49.96
14.	Rikhil PATEL	11	Rochford	1:44.32	163	50.63
15.	Nikitas BALTSEZAK	10	Colchester	1:44.42	163	-
16.	Anthony GANCHEV	11	Chelmsford	1:44.86	161	50.15
17.	Charles GADSDON	11	Killerwhales	1:44.96	161	50.45
18.	Charlie PLUME	11	Harlow Pen	1:45.72	157	-
19.	Alexander NEVGOD	11	Basildon Ph	1:45.97	156	-
20.	Evan LARTHE	11	Southend	1:46.99	152	51.08
21.	Stanley PIGOTT	11	Killerwhales	1:48.04	147	51.14
22.	Vincent COOMBES	10	Braintree	1:50.14	139	53.36
23.	Luca BAUMSLAG-GRISI	10	Killerwhales	1:50.47	138	53.11
24.	Jesse OSAYANDE	10	Colchester	1:51.03	136	52.38

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	David NEACSU	12	Bark & Dagen	1:21.25	347	38.43
2.	Ayobami AKINDELE	12	Thurrock	1:30.99	247	44.43
3.	Louis ALLEN	12	Basildon Ph	1:31.35	244	-
4.	Kevin MOGHINA	12	Thurrock	1:32.22	237	43.95
5.	Massimo GIROLAMI	12	Colchester	1:32.57	234	43.82
6.	Daniel TONU	12	Bark & Dagen	1:33.30	229	43.85
7.	Tom GUTRIDGE	12	Killerwhales	1:33.59	227	44.61
8.	David TSHUMA	12	Bo Newham	1:34.22	222	45.79
9.	Nathaniel COBURN	12	Braintree	1:34.30	222	45.13
10.	Remi-Maysen KEANE	12	Bo Southend	1:34.69	219	-
11.	Zach JOHNSON	12	Basildon Ph	1:34.81	218	-
12.	Joshua SHEPHERD	12	Thurrock	1:34.82	218	44.82
13.	Thomas MOODY	12	Harlow Pen	1:34.85	218	45.77
14.	Harrison BROOK	12	Colchester	1:34.97	217	-
15.	Saxon MINTO	12	Basildon Ph	1:35.45	214	46.60
16.	Robert FENNER	12	Basildon Ph	1:36.92	204	-
17.	Jason VAN DER MERWE	12	Bark & Dagen	1:39.13	191	49.24
18.	William EAST	12	Basildon Ph	1:39.36	189	48.96
19.	Benjamin HUMPHRIES	12	Maldon Shark	1:40.82	181	48.78
20.	Jack WEBB	12	Witham Dolph	1:41.16	179	48.93
21.	Mohammed HOSSAIN	12	Bark & Dagen	1:43.17	169	48.07
22.	William FROST	12	Basildon Ph	1:44.43	163	49.48

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Archie PIGOTT	13	Killerwhales	1:19.45	371	37.31
2.	Daniel BOBOYE	13	Thurrock	1:20.49	357	37.66
3.	Zak TROMAN	13	Colchester	1:23.53	319	40.38
4.	Raheel MAHMOOD	13	Romford Town	1:24.61	307	40.96
5.	James GOURPINAR	13	Harlow Pen	1:25.14	301	41.59
6.	Marco YUEN	13	Brentwood	1:25.29	300	41.29
7.	Sandjjs CECINS	13	Colchester	1:26.69	285	41.14
8.	Romao CONDE	13	Bo Newham	1:27.12	281	41.86
9.	Freddie WESTON	13	Brentwood	1:28.38	269	41.77
10.	Isaac FARRUGIA	13	Basildon Ph	1:28.65	267	43.07
11.	Samuel HOWARD	13	Harlow Pen	1:28.99	264	42.68
12.	Rory WILDE	13	Chelmsford	1:29.35	260	43.24
13.	Cem FOO-TURK	13	Epping For't	1:29.39	260	41.13
14.	Thomas UNDERDOWN	13	Braintree	1:29.52	259	-



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15.	Thomas CHITTOCK	13	Bo Waltham F	1:30.18	253	43.43
16.	Finley PETTS	13	Braintree	1:30.19	253	43.56
17.	Collin OKUSAGA	13	Braintree	1:30.68	249	42.96
18.	Kieran STERRY	13	Basildon Ph	1:30.97	247	44.04
19.	Tarelle LANIYAN	13	Bo Newham	1:31.11	246	44.04
20.	Forest FARROW	13	Basildon Ph	1:31.35	244	44.13
21.	Charlie ROGERS	13	Romford Town	1:32.29	236	44.74
22.	William WHITE	13	Harlow Pen	1:33.31	229	44.33
23.	Toshan PATEL	13	Rochford	1:34.70	219	45.29
24.	Arash ZARE	13	Bark & Dagen	1:35.28	215	45.78
25.	Joe POWER	13	Basildon Ph	1:35.41	214	43.84

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Glennon LEE	14	Harlow Pen	1:18.72	381	36.12
2.	Nikita CHARYKIN	14	Thurrock	1:18.91	378	37.54
3.	Richard VANSTONE	14	Chelmsford	1:18.96	378	36.89
4.	Maddox ROBERTS	14	Witham Dolph	1:21.61	342	38.82
5.	Joshua ATOTILETO	14	Bo Newham	1:21.73	341	39.43
6.	Harry STAGG	14	Basildon Ph	1:21.81	340	39.15
7.	Danny SCANNELL	14	Bark & Dagen	1:21.86	339	37.96
8.	Daniel BELTEKI	14	Saffron Wald	1:22.40	332	38.28
9.	Danny MOODY	14	Romford Town	1:23.47	320	38.94
10.	Luke READ	14	Basildon Ph	1:23.56	319	40.48
11.	Atikan TO	14	Harlow Pen	1:23.75	316	40.73
12.	Steven SALAZAR	14	Bo Newham	1:24.25	311	40.90
13.	Kledian CUFAJ	14	Bark & Dagen	1:25.85	294	41.38
14.	Ben MINISTER	14	Thurrock	1:26.04	292	-
15.	Justinas KAZLAUSKAS	14	Bark & Dagen	1:26.12	291	41.09
16.	Lewis JARRETT	14	Romford Town	1:26.43	288	41.13
17.	Jack CACI	14	Epping For't	1:26.90	283	42.14
18.	Joseph BURNS	14	Witham Dolph	1:26.97	283	41.32
19.	William COLLOWEY	14	Epping For't	1:27.38	279	40.69
20.	Max ARNOLD	14	Harlow Pen	1:28.31	270	42.93
21.	Corey HARE	14	Colchester	1:29.30	261	43.95
22.	Samuel WALSH	14	Witham Dolph	1:29.43	260	42.86
23.	Jack READ	14	Runnymede	1:30.98	247	43.32

EVENT 160 Boys 15 Yrs/Over 100m Breaststroke

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Tyler TOMBS	15	Chelmsford		1:12.52	488	34.50
2.	Alfie FRANCIS	15	Colchester		1:15.93	425	35.95
3.	Mark MILBURN	15	Colchester		1:16.41	417	36.51
4.	Ben STRINGER	15	Harlow Pen		1:16.81	410	35.85
5.	Colin MOGHINA	15	Thurrock		1:17.86	394	36.31
6.	Oscar HOWELL	15	Brentwood		1:18.15	390	36.76
7.	Jacob STEPHEN	15	Brentwood		1:18.40	386	36.00
8.	Ronald GAVRIS	15	Colchester		1:18.55	384	-
9.	Sami MATLOUB	15	Romford Town		1:21.71	341	-
10.	Joseph GARFIELD	15	Bo Waltham F		1:21.72	341	37.91
11.	Antonio GIROLAMI	15	Colchester		1:22.17	335	38.68
12.	Kurt SALAZAR	15	Bo Newham		1:22.20	335	39.23
13.	Jenson HURRELL	15	Thurrock		1:22.41	332	38.42
14.	Lucas FARRANT	15	Chelmsford		1:22.73	328	39.21
15.	Oliver SHEAD	15	Witham Dolph		1:23.16	323	38.95
16.	Dylan REEVE	15	Chelmsford		1:23.76	316	38.60
17.	Ethan MARTIN	15	Thurrock		1:24.03	313	39.78
18.	Alex KNIGHT	15	Harlow Pen		1:24.60	307	39.42
19.	Ethan MAY	15	Harlow Pen		1:25.29	300	40.90
20.	Clark CHEN	15	Chelmsford		1:25.38	299	41.37
21.	George WALLACE	15	Colchester		1:25.49	297	39.96
22.	Josh WHITE	15	Bark & Dagen		1:25.80	294	39.52
23.	Ethan RYAN	15	Harlow Pen		1:25.91	293	-
24.	Rufus JONES	15	Epping For't		1:26.01	292	39.78
25.	Alistar CHAN	15	Bo Newham		1:26.55	287	-
26.	Harold EDWARDS	15	Braintree		1:27.23	280	41.27
27.	Matthew RIDDLE	15	Thurrock		1:27.94	273	41.22
28.	Thomas BALE	15	Halstead		1:28.12	272	39.94

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Alessandro RIODA	16	Harlow Pen		1:12.59	486	33.90
2.	Damon ELLIOTT	16	DunmowAtlant		1:12.84	481	33.19
3.	Samuel RENNIE	16	Braintree		1:13.77	463	34.98
4.	Naythan AUNG	16	Colchester		1:14.11	457	34.22
5.	Alexander JESSOP	16	Brentwood		1:16.32	418	35.54
6.	Ethan PEIRCE	16	Harlow Pen		1:16.33	418	35.80
7.	Kalaum CORANI	16	Colchester		1:17.26	403	36.61
8.	Tyler JACKSON	16	Harlow Pen		1:17.65	397	36.25
9.	Mihnea TOTU	16	Bo Newham		1:18.15	390	36.96
10.	Angus ROBERTSON	16	Brentwood		1:18.87	379	37.25
11.	Harry MARSHALL-CHILDS	16	Bark & Dagen		1:19.08	376	37.93
12.	Euan HIGGS	16	Chelmsford		1:19.49	370	35.93
13.	Kaya AHMET	16	Bo Waltham F		1:19.86	365	37.89
14.	Thomas DUDMAN	16	Killerwhales		1:19.91	364	38.25
15.	Jake HARE	16	BorRedbridge		1:20.32	359	37.60
16.	Oliver MURRAY	16	Braintree		1:20.59	355	38.84
17.	Eliot HAYHOW	16	Bo Waltham F		1:21.12	348	38.78



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18.	Sam LOADER	16	Clacton SC	1:22.59	330	38.07
19.	Apollo WILKINS	16	Chelmsford	1:24.00	314	39.90
20.	Jonathan CHEUNG	16	Rochford	1:24.39	309	39.80
21.	Malcolm ESPENILLA	16	Bark & Dagen	1:26.28	289	40.28
22.	Connor SMITHERS	16	Basildon Ph	8 1:55.45	120	52.12

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Hayden THOMAS	25	Epping For't		1:09.14	563	32.54
2.	Lewis BINNING	17	Basildon Ph		1:10.22	537	33.33
3.	Jack MANSFIELD	18	Harlow Pen		1:11.46	510	32.82
4.	Lee PETERSON	46	Braintree		1:11.62	506	32.99
5.	Ali CANGIR	19	Bark & Dagen		1:13.23	474	-
6.	Lewis MARSTON	18	Runnymede		1:13.37	471	34.42
7.	Guglielmo CIVARDI	30	Bo Newham		1:14.19	455	33.07
8.	Matthew MCLAUGHLIN	27	DunmowAtlant		1:14.24	454	34.47
9.	Owen VAUGHAN	17	Chelmsford		1:14.50	450	34.05
10.	Adam MATLOUB	17	Romford Town		1:14.92	442	34.22
11.	Samuel DACK	18	DunmowAtlant		1:15.31	435	35.34
12.	Ryan KELLY	21	Chelmsford		1:15.49	432	36.03
13.	Morgan FOSTER	17	Braintree		1:15.62	430	35.51
14.	Jack TURRELL	17	Basildon Ph		1:15.91	425	35.38
15.	Daryl RANDS	23	Colchester		1:16.07	422	34.57
16.	Cole SHEPARD	17	Basildon Ph		1:17.11	406	36.05
17.	Elliot CHINNICK	18	Epping For't		1:18.44	385	35.18
18.	Louis STEPHEN	17	Brentwood		1:18.49	385	36.25
19.	Lewis BAYLEY	19	Southend		1:19.74	367	36.51
20.	Antony PANCHUK-YAVNY	17	Bo Newham		1:19.75	367	37.28
21.	Harvey LAST	17	Southend		1:20.32	359	36.75
22.	Nathan BANGA	17	Romford Town		1:21.16	348	37.22
23.	Christopher THOMPSON	17	Colchester		1:22.47	331	39.20
24.	Ben READ	17	Runnymede		1:24.19	311	39.25
25.	Gabriel ANNIS	17	Brentwood		1:24.67	306	38.21
26.	Cole SCOTT	17	Colchester		1:25.11	301	39.57
27.	Joseph GUILD	17	Colchester		1:26.59	286	39.16
	Mark HOLMES	37	Colchester P	14	DNC		

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Connor SMITHERS	16	Basildon Ph	8	1:55.45	195	52.12
	Mark HOLMES	37	Colchester P	14	DNC		

EVENT 161 Girls 10/14 Yrs 200m Freestyle

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Elizabeth SWABY	11	Basildon Ph	2:32.66	405	36.38	1:15.78	1:56.70
2.	Ella EDWARDS	11	Basildon Ph	2:32.83	403	35.71	1:14.65	1:54.80
3.	Chloe BARNARD	11	Basildon Ph	2:33.82	396	36.23	1:15.96	-
4.	Sophie PALMER	11	Basildon Ph	2:33.92	395	35.54	1:15.83	1:56.99
5.	Nicole MAYNARD	11	Basildon Ph	2:35.91	380	35.92	1:15.92	1:57.36
6.	Margarita STOIMENOVA	11	Bo Newham	2:39.52	355	36.01	1:16.42	1:58.81
7.	Daisy BARTLETT	11	Killerwhales	2:40.32	349	35.90	1:16.93	1:59.79
8.	Jasmine HALL	10	Harlow Pen	2:40.87	346	-	1:17.50	2:00.84
9.	Jasmine CARTER	11	Basildon Ph	2:43.04	332	37.55	1:19.86	2:02.94
10.	Lucy CLARKE	10	Chelmsford	2:49.60	295	38.41	1:21.37	-
11.	Keira TARPLETT	11	Chelmsford	2:50.07	293	38.39	1:21.51	2:05.87

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Daisy MANNING	12	Basildon Ph	2:22.59	497	32.75	1:08.62	1:45.85
2.	Ella DAWSON	12	Chelmsford	2:26.29	460	33.34	1:11.24	1:49.71
3.	Oluwapelumi SALU	12	Epping For't	2:26.72	456	33.77	1:11.95	1:50.43
4.	Gracie PARKER	12	Basildon Ph	2:28.04	444	34.06	1:12.15	1:51.29
5.	Bella STEADMAN	12	Killerwhales	2:28.70	438	34.53	1:11.79	-
6.	Rebecca COOGAN	12	Romford Town	2:28.75	438	34.26	1:12.15	1:51.17
7.	Kesia CREES	12	Basildon Ph	2:31.71	413	35.09	1:13.82	1:54.96
8.	Isabelle YOUNG	12	Clacton SC	2:32.51	406	35.25	1:14.69	1:55.75
9.	Maria STANCIU	12	Chelmsford	2:32.87	403	34.50	1:12.75	1:52.50
10.	Ava WILSON	12	Chelmsford	2:33.93	395	34.84	1:15.72	1:57.23
11.	Poppy JEFFERY	12	Killerwhales	2:34.18	393	36.27	1:15.57	1:56.38
12.	Emily FERREIRA	12	Killerwhales	2:35.15	386	35.58	1:14.46	1:55.63
13.	Saule BRANKEVICIUTE	12	Bark & Dagen	2:35.26	385	35.53	1:15.98	1:56.83
14.	Amy WRIGHT	12	Bo Waltham F	2:36.42	376	35.65	1:15.18	1:56.79
15.	Ella GREATBATCH	12	Braintree	2:37.50	369	36.02	1:16.55	1:58.07
16.	Gabrielle CORNISH	12	Colchester	2:38.08	365	36.70	1:17.05	1:59.21
17.	Mia MACKLIN	12	Braintree	2:38.23	364	-	1:16.65	-
18.	Leah MASON	12	Witham Dolph	2:39.25	357	35.76	1:16.08	1:58.34
19.	Charlotte SPEDDING	12	Witham Dolph	2:40.26	350	36.00	1:16.59	1:59.20
20.	Mia TANANEEVA	12	Bark & Dagen	2:40.49	348	36.06	1:17.55	1:59.74
21.	Alana FINN	12	Rochford	2:41.52	342	37.58	1:19.11	2:01.81
22.	Isabelle TYE	12	Harwich DP	2:42.27	337	38.24	1:19.43	2:02.84
23.	Tia EVERITT	12	Chelmsford	2:42.77	334	-	1:19.51	2:02.43
24.	Luisa CAREY	12	DunmowAtlant	2:44.66	323	36.98	1:18.95	2:03.18
25.	Aurelia JANUS	12	Bo Southend	2:44.71	322	37.30	1:19.01	2:02.20

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Skye CARTER	13	Basildon Ph	2:18.09	547	31.57	1:07.56	1:43.76
2.	Evangelina PIERCE	13	Basildon Ph	2:19.21	534	31.53	1:07.26	1:44.09
3.	Gracie COMMITTI	13	Basildon Ph	2:21.09	513	32.26	1:08.65	1:45.88



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Rank	Name	Age	Club	Time	FINA Pt	50	100	150
4.	Monika MURINE	13	Bark & Dagen	2:23.14	491	33.43	1:10.14	1:47.25
5.	Mia LOWE	13	Basildon Ph	2:23.36	489	33.61	1:10.70	1:48.83
6.	Eloise BRUCE	13	Thurrock	2:24.59	477	33.28	1:10.61	1:48.91
7.	Paige LAYBOURN-MORRIS	13	Thurrock	2:24.71	475	32.65	1:09.88	1:48.47
8.	Cait COTTER	13	Chelmsford	2:25.13	471	33.39	1:11.17	1:49.79
9.	Lexie GOODMAN	13	Basildon Ph	2:26.96	454	34.35	1:13.06	1:52.21
10.	Rachel SALE	13	Stanway	2:27.06	453	33.62	1:11.31	1:50.44
11.	Lexie O'CONNOR	13	Romford Town	2:27.22	451	34.19	1:11.28	1:50.37
12.	Hollie HAWKINS	13	Basildon Ph	2:28.61	439	34.01	1:12.06	-
13.	Sophia MOULE	13	Romford Town	2:29.20	434	34.15	1:13.37	1:53.26
14.	Aislin FOLEY-WRIGHT	13	Basildon Ph	2:29.42	432	34.59	1:12.42	1:51.26
15.	Ella TURNER	13	Epping For't	2:30.08	426	35.00	1:13.88	1:52.49
16.	Sophia HALL	13	Killerwhales	2:32.22	408	34.09	1:13.02	1:53.31
17.	Ifeoma NWABUEZE	13	Bo Southend	2:32.70	405	34.08	1:13.68	1:54.50
18.	Sophie CONROY	13	Thurrock	2:33.18	401	35.07	1:14.25	1:54.28
19.	Jasmine SHAW	13	Witham Dolph	2:34.15	393	35.15	1:15.41	-
20.	Hope POWELL	13	Killerwhales	2:35.80	381	34.92	1:14.36	1:55.23
21.	Z JARAMILLO OBCOWSKA	13	Epping For't	2:37.18	371	35.64	1:14.63	1:56.76
22.	Lilly-Mae KILBEY	13	Epping For't	2:42.86	333	37.06	1:18.84	-

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150	
1.	Ruby WHEELER	14	Basildon Ph	2:07.47	696	EBT	29.94	1:02.10	1:35.21
2.	Alexa MANN	14	Basildon Ph	2:20.35	521		31.70	1:07.58	1:44.73
3.	Anna-Lucia FENNER	14	Basildon Ph	2:21.30	511		32.54	1:08.98	1:45.76
4.	Olivia COOPER	14	Basildon Ph	2:22.03	503		32.83	1:08.89	1:46.39
5.	Jasmine VERLANDER	14	Thurrock	2:22.66	496		32.49	1:09.17	1:46.25
6.	Olivia CHURCH	14	Basildon Ph	2:22.79	495		32.87	1:09.63	1:47.22
7.	Eva MURRAY	14	Bo Waltham F	2:23.52	487		32.85	1:10.41	1:47.48
8.	Elise DELAPPERALL	14	Thurrock	2:24.30	479		32.73	1:09.69	1:48.01
9.	Keziah PLUMB	14	Bark & Dagen	2:25.52	467		33.93	1:10.81	1:48.96
10.	Greta GODDARD	14	Colchester	2:28.91	436		33.72	1:12.10	1:51.65
11.	Marcie ALEY	14	Braintree	2:32.09	409		34.24	1:12.08	1:52.65
12.	Priya DHILLON	14	Thurrock	2:32.51	406		32.87	1:11.09	1:51.99
13.	Misty EREN	14	Harlow Pen	2:32.70	405		34.48	1:13.12	1:53.30
14.	Daisy PATTERSON	14	Thurrock	2:37.18	371		35.03	1:15.72	1:56.71

EVENT 162 Girls 15 Yrs/Over 200m Backstroke

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ella TURNER	15	Basildon Ph	2:22.28	662	33.30	1:09.54	1:46.20
2.	Kiera BLUNDEN	15	Chelmsford	2:27.66	593	34.27	1:11.84	1:50.50
3.	Victoria DRELEVA	15	Romford Town	2:29.03	576	35.25	1:12.74	1:51.05
4.	Emily COOPER	15	Basildon Ph	2:31.09	553	34.62	1:12.16	1:51.89
5.	Francesca LOW	15	Chelmsford	2:33.94	523	35.35	1:14.37	1:54.60
6.	Mia WARD	15	Thurrock	2:34.19	520	36.33	1:15.09	1:55.08
7.	Erin WILKINSON	15	Basildon Ph	2:35.20	510	36.44	1:16.20	1:56.06
8.	Emily FALKUS	15	Canvey Isl	2:35.40	508	36.59	1:16.44	-
9.	Bryony EDGINGS	15	Thurrock	2:37.63	487	-	1:15.23	1:56.56
10.	Rebecca JOHNSON	15	DunmowAtlant	2:37.68	487	35.44	1:15.99	1:57.99
11.	Ella LAUDER	15	Southend	2:38.27	481	36.68	1:17.23	1:58.91
12.	Amy ALLISON	15	Bo Waltham F	2:38.53	479	35.84	1:16.19	1:57.77
13.	Francesca KEY	15	Canvey Isl	2:40.03	465	37.24	1:17.84	1:59.85
14.	Stephanie PAGAN	15	Bo Waltham F	2:40.33	463	36.98	1:17.56	1:59.09
15.	Hannah FLEMING	15	Chelmsford	2:43.21	439	38.61	1:19.64	2:02.34
16.	Ella PEMBERTON	15	Bo Waltham F	2:43.95	433	37.86	1:19.36	2:02.08
17.	Ruby LE MAY	15	Killerwhales	2:45.69	419	39.30	1:20.92	2:03.71
18.	Caitlin MURRAY	15	Thurrock	2:46.90	410	39.68	1:23.00	2:06.22
19.	Magdalena YORDANOVA	15	Romford Town	2:49.66	390	38.89	1:22.48	2:07.61
20.	Eloise SMART	15	Colchester	2:50.96	382	39.46	1:23.12	2:07.92
21.	Grace LAMPRELL	15	Harlow Pen	2:51.84	376	39.68	1:23.65	2:07.96
22.	Milly ELLIOTT-YOUNG	15	Brentwood	2:52.55	371	40.32	1:24.47	2:08.85

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Emily ILEY	16	Bo Waltham F	2:25.61	618	32.40	1:09.67	1:48.02
2.	May BRADBURN	16	Chelmsford	2:29.81	567	35.01	1:13.10	1:51.95
3.	Molly REDGRAVE	16	Colchester	2:31.74	546	35.46	1:13.71	1:53.43
4.	Amy GREEN	16	Chelmsford	2:34.20	520	36.71	1:15.44	1:55.29
5.	Brooke JENKINS	16	Basildon Ph	2:37.16	491	36.00	1:15.32	1:56.00
6.	Ciara WOOKEY	16	Colchester	2:38.95	475	37.52	1:18.35	1:59.41
7.	Ella REMYN	16	Bo Waltham F	2:39.41	471	37.26	1:17.90	1:59.46
8.	Emma STAINES	16	Chelmsford	2:41.24	455	38.30	1:18.73	2:00.95
9.	Rosie BROOKS	16	Chelmsford	2:41.89	450	38.09	1:20.35	2:02.35
10.	Kya ANDREOU	16	Harlow Pen	2:43.93	433	37.34	1:19.27	2:02.27
11.	Oluwatunmise SALU	16	Bo Newham	2:44.94	425	38.41	1:20.16	2:02.87
12.	Robyn QUINCE	16	Runnymede	2:45.64	420	38.97	1:21.44	2:04.97
13.	Lucy MORGAN	16	Colchester	2:47.67	405	38.33	1:21.16	2:04.29
14.	Anola JORDAN	16	Colchester	2:53.59	365	41.58	1:26.45	2:11.76

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Amelia MOULE	17	Romford Town	2:28.43	583	35.17	1:12.81	1:51.55
2.	Charlotte HARRIS	17	Maldon Shark	2:29.01	577	35.55	1:13.62	1:52.26
3.	Asma PARKER	17	Colchester	2:30.14	564	34.62	1:12.36	1:51.48
4.	Rebecca HOWELL	17	Basildon Ph	2:30.77	557	35.18	1:13.38	1:52.77
5.	Emily GREEN	19	Brentwood	2:31.51	548	35.23	1:13.81	1:52.83
6.	Millie TURNER	17	Basildon Ph	2:33.99	522	35.97	1:14.83	1:55.13
7.	Radost MILKOVA	17	Thurrock	2:36.09	502	35.67	1:14.75	1:55.53



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8.	Mia FURSEDONNE	18	Basildon Ph	2:40.24	464	37.24	1:18.24	2:00.42
9.	Rebecca STROUD	18	Brentwood	2:40.38	462	36.26	1:16.86	1:58.52
10.	Madison SMITH	17	Stanway	2:42.01	449	38.10	1:19.71	2:01.10
11.	Olivia FLETCHER	17	Basildon Ph	2:47.18	408	40.15	1:22.35	2:05.66
12.	Rebecca GIROLAMI	17	Colchester	2:47.40	407	39.35	1:21.42	2:04.29
13.	Amelia HEARNE	17	Clacton SC	2:49.71	390	37.77	1:21.28	2:07.16

EVENT 163 FINAL OF EVENT 159 Boys 10/11 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jeremy GODWIN	11	Thurrock	1:32.77	233	44.94
2.	Cooper SMITH	11	Harlow Pen	1:32.80	232	-
3.	Obalolu BANKOLE	11	Thurrock	1:33.33	229	-
4.	Baris MURATOGLU	11	Romford Town	1:36.14	209	46.46
5.	Dmitrijs GRACOVS	11	Harlow Pen	1:36.74	205	47.30
6.	Szymon PIERZECKI	11	Witham Dolph	1:39.64	188	-
7.	Ethan THORPE	11	Chelmsford	1:40.12	185	48.65
8.	George PORTLOCK	11	Chelmsford	1:40.75	182	49.13

EVENT 164 FINAL OF EVENT 159 Boys 12 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	David NEACSU	12	Bark & Dagen	1:21.02	350	EBT 38.58
2.	Ayobami AKINDELE	12	Thurrock	1:27.43	278	40.64
3.	Massimo GIROLAMI	12	Colchester	1:29.59	258	43.98
4.	Louis ALLEN	12	Basildon Ph	1:29.89	256	42.84
5.	Daniel TONU	12	Bark & Dagen	1:32.17	237	44.02
6.	David TSHUMA	12	Bo Newham	1:32.43	235	44.42
7.	Kevin MOGHINA	12	Thurrock	1:33.75	225	45.34
8.	Tom GUTRIDGE	12	Killerwhales	1:36.35	208	44.91

EVENT 165 FINAL OF EVENT 159 Boys 13 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Archie PIGOTT	13	Killerwhales	1:19.96	364	37.60
2.	Daniel BOBOYE	13	Thurrock	1:20.59	355	37.37
3.	Zak TROMAN	13	Colchester	1:21.42	344	38.78
4.	Raheel MAHMOOD	13	Romford Town	1:21.79	340	38.44
5.	Marco YUEN	13	Brentwood	1:24.33	310	40.74
6.	James GOURPINAR	13	Harlow Pen	1:24.96	303	40.09
7.	Sandjjs CECINS	13	Colchester	1:26.37	288	41.24
8.	Romao CONDE	13	Bo Newham	1:26.49	287	41.02

EVENT 166 FINAL OF EVENT 159 Boys 14 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Nikita CHARYKIN	14	Thurrock	1:16.99	407	37.61
2.	Glennon LEE	14	Harlow Pen	1:18.46	385	36.99
3.	Richard VANSTONE	14	Chelmsford	1:19.73	367	37.75
4.	Joshua ATOTILETO	14	Bo Newham	1:20.57	355	38.75
5.	Maddox ROBERTS	14	Witham Dolph	1:21.16	348	39.54
6.	Danny SCANNELL	14	Bark & Dagen	1:21.62	342	38.59
7.	Harry STAGG	14	Basildon Ph	1:22.48	331	38.99
8.	Daniel BELTEKI	14	Saffron Wald	1:22.93	326	38.33

EVENT 167 FINAL OF EVENT 160 Boys 15 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Tyler TOMBS	15	Chelmsford	1:10.18	538	EBT 33.67
2.	Mark MILBURN	15	Colchester	1:15.55	431	36.07
3.	Alfie FRANCIS	15	Colchester	1:15.62	430	36.01
4.	Ben STRINGER	15	Harlow Pen	1:16.30	419	36.55
5.	Colin MOGHINA	15	Thurrock	1:16.78	411	35.98
6.	Ronald GAVRIS	15	Colchester	1:18.72	381	36.32
7.	Oscar HOWELL	15	Brentwood	1:18.83	380	37.60
8.	Sami MATLOUB	15	Romford Town	1:21.28	346	37.59

EVENT 168 FINAL OF EVENT 160 Boys 16 Yrs 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Alessandro RIODA	16	Harlow Pen	1:10.86	523	EBT 34.52
2.	Samuel RENNIE	16	Braintree	1:11.86	501	33.83
3.	Damon ELLIOTT	16	DunmowAtlant	1:12.48	488	33.18
4.	Naythan AUNG	16	Colchester	1:12.78	482	34.15
5.	Alexander JESSOP	16	Brentwood	1:15.79	427	35.24
6.	Tyler JACKSON	16	Harlow Pen	1:17.86	394	36.95
7.	Kalaum CORANI	16	Colchester	1:18.46	385	38.38
8.	Ethan PEIRCE	16	Harlow Pen	1:18.50	384	-



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EVENT 169 FINAL OF EVENT 160 Boys 17 Yrs/Over 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Hayden THOMAS	25	Epping For't	1:09.14	563	32.01
2.	Lewis BINNING	17	Basildon Ph	1:09.90	545	EBT 33.36
3.	Lee PETERSON	46	Braintree	1:11.03	519	33.06
4.	Jack MANSFIELD	18	Harlow Pen	1:11.92	500	32.97
5.	Lewis MARSTON	18	Runnymede	1:13.76	463	34.66
6.	Matthew MCLAUGHLIN	27	DunmowAtlant	1:13.90	461	34.19
7.	Owen VAUGHAN	17	Chelmsford	1:15.31	435	35.60
8.	Guglielmo CIVARDI	30	Bo Newham	1:15.62	430	34.15

EVENT 170 Girls 10/14 Yrs 100m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Saffire CHAN	11	Bark & Dagen	1:18.34	355	37.07
2.	Chloe BARNARD	11	Basildon Ph	1:21.83	311	38.50
3.	Jasmine CARTER	11	Basildon Ph	1:22.21	307	39.07
4.	Ella EDWARDS	11	Basildon Ph	1:25.29	275	40.39
5.	Margarita STOIMENOVA	11	Bo Newham	1:26.16	266	38.63
6.	Nicole MAYNARD	11	Basildon Ph	1:33.23	210	43.52

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daisy MANNING	12	Basildon Ph	1:15.41	398	36.13
2.	Abrielle VELASQUEZ	12	Havering Dol	1:18.11	358	35.81
3.	Gracie PARKER	12	Basildon Ph	1:18.50	353	37.74
4.	Kesia CREES	12	Basildon Ph	1:19.07	345	38.07
5.	Ella DAWSON	12	Chelmsford	1:20.58	326	37.13
6.	Maria STANCIU	12	Chelmsford	1:22.57	303	-
7.	Zara CLARKSON	12	DunmowAtlant	1:23.27	295	37.95
8.	Amy WRIGHT	12	Bo Waltham F	1:25.57	272	37.79
9.	Mia TANANEEVA	12	Bark & Dagen	1:27.02	259	40.20
10.	Oluwapelumi SALU	12	Epping For't	1:28.12	249	41.27
11.	Mia MACKLIN	12	Braintree	1:28.64	245	39.63

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Skye CARTER	13	Basildon Ph	1:10.64	484	32.52
2.	Cait COTTER	13	Chelmsford	1:13.19	435	33.88
3.	Eloise BRUCE	13	Thurrock	1:14.73	409	-
4.	Sophie CONROY	13	Thurrock	1:15.33	399	34.68
5.	Mia LOWE	13	Basildon Ph	1:15.37	398	36.21
5.	Paige LAYBOURN-MORRIS	13	Thurrock	1:15.37	398	36.06
7.	Evangelina PIERCE	13	Basildon Ph	1:15.60	395	34.83
8.	Lexie GOODMAN	13	Basildon Ph	1:16.06	388	36.95
9.	Hollie HAWKINS	13	Basildon Ph	1:16.17	386	36.17
10.	Chloe KEEGAN	13	Killerwhales	1:17.26	370	37.13
10.	Gracie COMMITTI	13	Basildon Ph	1:17.26	370	36.46
12.	Louise WEBSTER	13	Thurrock	1:17.46	367	36.39
13.	Macey WATKINS	13	Colchester	1:17.94	360	-
14.	Sophia MOULE	13	Romford Town	1:18.25	356	35.10
15.	Monika MURINE	13	Bark & Dagen	1:18.32	355	38.11
16.	Lexie O'CONNOR	13	Romford Town	1:19.37	341	-
17.	Lucy RAKER	13	Southend	1:19.51	339	37.54
18.	Ella TURNER	13	Epping For't	1:19.62	338	37.03
19.	Oluwatamilore BANKOLE	13	Thurrock	1:20.01	333	36.08
20.	Edie NEWELL	13	Brentwood	1:20.11	332	-
21.	Sophie BALL	13	Braintree	1:20.30	329	37.01
22.	Z JARAMILLO OBCOWSKA	13	Epping For't	1:21.22	318	36.79
23.	Lilly-Mae KILBEY	13	Epping For't	1:22.39	305	-
24.	Kathryn EDWARDS	13	Braintree	1:22.49	304	38.63
25.	Rebecca WRIGHT	13	Epping For't	1:22.71	301	37.27
26.	Aislin FOLEY-WRIGHT	13	Basildon Ph	1:24.43	283	37.98
27.	Ella KILBY	13	Romford Town	1:24.71	280	40.33
28.	Isabel GILL	13	Maldon Shark	1:24.95	278	38.35
29.	Codie MCSHEFFREY	13	Romford Town	1:26.02	268	37.58
30.	Grace TURNER	13	Clacton SC	1:26.37	265	38.49
31.	Aida MORTER	13	Romford Town	1:26.40	264	40.81
32.	Gabriella TAIWO	13	Thurrock	1:27.57	254	38.44



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Girls 14 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	Pl./Ht.
1.	Erika PASAKINSKAITE	14	Bark & Dagen	1:06.26	587	
2.	Ruby WHEELER	14	Basildon Ph	1:07.97	543	
3.	Olivia COOPER	14	Basildon Ph	1:13.45	430	
4.	Elise DELAPPERALL	14	Thurrock	1:13.58	428	
5.	Tierney ROONEY	14	Romford Town	1:16.76	377	
6.	Isabel COLLINS	14	Bo Southend	1:17.67	364	
7.	Mia MAGNUS	14	BorRedbridge	1:18.11	358	
8.	Priya DHILLON	14	Thurrock	1:19.10	345	
9.	Holly PARKS	14	Bo Southend	1:21.06	320	
10.	Libby MARMOLEJO	14	Bo Newham	1:21.77	312	
11.	Olivia CLARKE	14	Chelmsford	1:21.81	311	
12.	Misty EREN	14	Harlow Pen		1:24.60	282

EVENT 171 Boys 10/14 Yrs 200m Breaststroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Baris MURATOGLU	11	Romford Town	3:22.49	244	47.37	1:38.65	-
2.	Cooper SMITH	11	Harlow Pen	3:24.01	239	47.66	1:39.71	2:33.67
3.	Dmitrijs GRACOVS	11	Harlow Pen	3:24.61	237	47.31	1:39.47	2:32.73
4.	Jeremy GODWIN	11	Thurrock	3:24.75	236	-	1:39.85	2:34.51
5.	Finlay ROBERTS	11	Witham Dolph	3:32.05	213	48.43	1:42.30	2:39.13
6.	Jesse HOWARD	10	Harlow Pen	3:37.03	198	-	1:45.28	2:43.39
7.	George PORTLOCK	11	Chelmsford	3:38.30	195	48.91	1:45.92	2:44.29
8.	Evan LARTHE	11	Southend	3:42.17	185	48.71	1:46.06	-
9.	George JONES	11	Harlow Pen	3:43.95	180	51.06	1:49.77	-
10.	Rikhil PATEL	11	Rochford	3:44.03	180	50.78	1:47.68	-
11.	Toby LASHMAR	11	Basildon Ph	3:44.19	180	-	1:48.74	2:47.93
12.	Nojus LABINAS	11	Bark & Dagen	3:45.33	177	-	1:49.90	2:49.85
13.	Alexander NEVGOD	11	Basildon Ph	3:45.82	176	-	1:49.53	2:48.49
14.	Charlie PLUME	11	Harlow Pen	3:49.28	168	54.09	1:51.27	2:52.00

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	David NEACSU	12	Bark & Dagen	2:51.69	401	EBT	1:21.50	2:07.18
2.	Massimo GIROLAMI	12	Colchester	3:09.19	300	44.57	1:33.56	2:23.88
3.	Ayobami AKINDELE	12	Thurrock	3:11.90	287	42.94	1:33.55	2:24.01
4.	Louis ALLEN	12	Basildon Ph	3:12.09	286	44.26	1:32.23	2:23.67
5.	Saxon MINTO	12	Basildon Ph	3:18.25	260	47.29	1:37.94	-
6.	Remi-Maysen KEANE	12	Bo Southend	3:20.93	250	46.37	1:37.98	2:30.62
7.	Daniel TONU	12	Bark & Dagen	3:21.18	249	45.40	1:37.11	2:29.67
8.	Joshua SHEPHERD	12	Thurrock	3:23.06	242	-	1:36.46	2:31.84
9.	Robert FENNER	12	Basildon Ph	3:23.35	241	47.06	1:40.06	-
10.	Harrison BROOK	12	Colchester	3:24.23	238	46.59	1:38.10	2:33.55
11.	Thomas MOODY	12	Harlow Pen	3:24.69	236	46.20	1:38.25	2:32.72
12.	David TSHUMA	12	Bo Newham	3:24.98	235	46.76	1:39.06	2:33.90
13.	Tom GUTRIDGE	12	Killerwhales	3:26.66	230	47.33	1:39.68	2:34.92
14.	Zach JOHNSON	12	Basildon Ph	3:27.26	228	-	-	-
15.	Nathaniel COBURN	12	Braintree	3:30.75	217	45.97	1:38.79	2:35.04
16.	William EAST	12	Basildon Ph	3:32.04	213	49.72	1:44.60	2:40.94
17.	Jason VAN DER MERWE	12	Bark & Dagen	3:32.33	212	-	1:43.73	2:39.21
	Mohammed HOSSAIN	12	Bark & Dagen	DQ ST				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Archie PIGOTT	13	Killerwhales	2:52.49	396	39.91	1:22.73	-
2.	James GOURPINAR	13	Harlow Pen	2:55.42	376	39.70	1:25.45	2:12.20
3.	Zak TROMAN	13	Colchester	2:56.59	369	40.13	1:24.97	2:11.25
4.	Raheel MAHMOOD	13	Romford Town	2:58.59	356	38.67	1:23.74	2:12.13
5.	Marco YUEN	13	Brentwood	3:02.27	335	40.65	1:27.72	2:16.00
6.	Daniel BOBOYE	13	Thurrock	3:06.73	312	-	1:27.82	2:18.13
7.	Samuel HOWARD	13	Harlow Pen	3:07.73	307	44.05	1:31.70	2:21.51
8.	Sebastian COTOROBAL	13	Bo Newham	3:08.31	304	39.89	1:27.88	2:19.80
9.	Romao CONDE	13	Bo Newham	3:08.33	304	42.33	1:30.25	-
10.	Freddie WESTON	13	Brentwood	3:09.18	300	44.12	1:31.43	2:22.04
11.	Simon FEISE	13	Basildon Ph	3:10.26	295	42.46	1:30.02	2:21.86
12.	Isaac FARRUGIA	13	Basildon Ph	3:11.61	288	-	1:31.26	2:23.04
13.	Forest FARROW	13	Basildon Ph	3:15.03	273	45.43	1:33.85	2:26.38
14.	Thomas UNDERDOWN	13	Braintree	3:15.08	273	44.74	1:34.36	-
15.	Charlie ROGERS	13	Romford Town	3:15.24	273	44.46	1:34.42	-
16.	Sami BENIDIR	13	Bo Newham	3:15.52	271	45.11	1:34.80	2:26.55
17.	Collin OKUSAGA	13	Braintree	3:15.64	271	43.41	1:32.18	2:25.16
18.	William WHITE	13	Harlow Pen	3:16.17	269	44.50	1:35.10	2:26.66
19.	Kieran STERRY	13	Basildon Ph	3:17.56	263	45.51	1:33.70	2:27.12
20.	Rory WILDE	13	Chelmsford	3:19.59	255	44.85	1:35.72	2:29.46
21.	Toshan PATEL	13	Rochford	3:21.22	249	-	1:37.18	-
22.	Jaiden DRUMOND	13	Bo Newham	3:24.58	237	46.03	1:36.32	-
23.	Cem FOO-TURK	13	Epping Fort	3:25.32	234	45.10	1:36.12	2:29.91



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24. Tarelle LANIYAN	13	Bo Newham	3:27.50	227	45.23	1:38.30	2:33.75
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14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nikita CHARYKIN	14	Thurrock	2:46.91	437	-	-	2:05.67
2.	Glennon LEE	14	Harlow Pen	2:53.37	390	37.21	1:20.25	2:06.76
3.	Danny SCANNELL	14	Bark & Dagen	2:57.32	364	39.49	1:23.60	2:10.91
4.	Maddox ROBERTS	14	Witham Dolph	2:57.41	363	39.36	1:24.30	2:13.11
5.	Harry STAGG	14	Basildon Ph	2:58.34	358	-	1:25.67	-
6.	Richard VANSTONE	14	Chelmsford	2:59.89	349	-	1:26.77	2:14.59
7.	Ben MINISTER	14	Thurrock	3:03.33	329	40.82	1:27.20	2:14.83
8.	Luke READ	14	Basildon Ph	3:04.10	325	42.85	1:29.52	2:16.76
9.	Joshua ATOTILETO	14	Bo Newham	3:04.71	322	40.32	1:27.12	2:15.74
10.	Kledian CUFAJ	14	Bark & Dagen	3:05.95	316	42.81	1:29.11	2:19.48
11.	Danny MOODY	14	Romford Town	3:06.01	315	41.86	1:29.15	2:19.53
12.	William COLLOWEY	14	Epping For't	3:07.37	308	42.50	1:30.41	2:21.40
13.	Corey HARE	14	Colchester	3:07.46	308	42.72	1:30.61	2:18.95
14.	Atikan TO	14	Harlow Pen	3:07.60	307	41.96	1:30.32	2:21.73
15.	Lewis JARRETT	14	Romford Town	3:09.47	298	42.70	1:30.06	2:20.38
16.	Joseph BURNS	14	Witham Dolph	3:11.53	289	42.51	1:30.65	2:23.12
17.	Jack CACI	14	Epping For't	3:11.56	289	43.03	1:33.56	2:24.02
	Alan ALEKSEJEVS	14	Bo Newham	DQ SL				
	Max ARNOLD	14	Harlow Pen	DQ T				

EVENT 172 Girls 15 Yrs/Over 200m Butterfly

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Victoria DRELEVA	15	Romford Town	2:30.87	526	32.28	1:08.76	1:49.83
2.	Kiera BLUNDEN	15	Chelmsford	2:32.09	513	34.28	1:12.46	1:53.88
3.	Holly LAMB	15	Basildon Ph	2:33.50	499	32.83	1:11.71	1:53.33
4.	Stephanie PAGAN	15	Bo Waltham F	2:41.84	426	34.94	1:14.91	1:58.48
5.	Bryony EDGINGS	15	Thurrock	2:42.51	421	33.65	1:13.35	1:58.97
6.	Francesca KEY	15	Canvey Isl	2:44.00	409	34.76	1:15.37	1:59.69
7.	Molly GRIEVE	15	Colchester	2:46.73	389	35.59	1:16.17	2:02.50
8.	Maisie LAWN	15	Killerwhales	2:51.91	355	35.24	1:15.74	-
9.	Amy ALLISON	15	Bo Waltham F	2:55.72	333	34.27	1:17.53	2:07.03

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150	
1.	May BRADBURN	16	Chelmsford	2:25.16	590	EBT	32.26	1:07.66	1:47.15
2.	Rachel HA	16	Epping For't	2:35.50	480	34.66	1:12.79	1:54.45	
3.	Brooke JENKINS	16	Basildon Ph	2:35.80	477	33.06	1:11.17	-	
4.	Oluwatumise SALU	16	Bo Newham	2:46.73	389	-	1:15.45	2:01.59	
5.	Ella REMYIN	16	Bo Waltham F	2:47.65	383	35.78	1:16.98	2:02.79	

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Rebecca HOWELL	17	Basildon Ph	2:26.02	580	33.22	1:08.31	1:47.64
2.	Tia GARDINER	18	Chelmsford	2:28.95	546	33.41	1:09.27	1:48.35
3.	Emily GREEN	19	Brentwood	2:34.40	491	34.21	1:11.65	1:52.46
4.	Millie WARD	18	Brentwood	2:36.26	473	33.83	1:11.33	1:53.49
5.	Junayna AHMED	17	Romford Town	2:42.64	420	34.19	1:12.92	1:56.39
6.	Olivia ROBERTS	17	Bo Waltham F	2:46.13	394	-	1:14.90	-
7.	Madison SMITH	17	Stanway	2:49.90	368	34.86	1:16.59	2:02.96

EVENT 173 Girls 10/14 Yrs 200m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Chloe BARNARD	11	Basildon Ph	2:52.15	374	41.61	1:26.23	2:10.72
2.	Nicole MAYNARD	11	Basildon Ph	2:52.87	369	41.26	1:25.96	2:10.86
3.	Sophie PALMER	11	Basildon Ph	2:53.92	362	40.73	1:25.19	2:11.61
4.	Jasmine HALL	10	Harlow Pen	2:59.96	327	41.87	1:28.29	2:15.58
5.	Ella EDWARDS	11	Basildon Ph	3:00.62	324	43.30	1:29.41	2:16.30
6.	Lucy CLARKE	10	Chelmsford	3:00.69	323	42.19	1:28.73	-
7.	Emilia RAYNER	11	Halstead	3:01.32	320	-	1:30.17	2:16.87
8.	Lois SMITH	10	Romford Town	3:02.78	312	43.01	1:29.34	2:16.87
9.	Gabriella TROMAN	11	Colchester	3:04.09	306	-	1:30.69	-
10.	Megan PARKS	11	Bo Southend	3:06.59	293	45.03	1:33.28	2:21.06
11.	Keira TARPLETT	11	Chelmsford	3:10.65	275	47.14	1:36.14	2:25.53
12.	Charlotte LOW	11	Chelmsford	3:12.27	268	-	1:35.34	2:24.32
13.	Jasmine CARTER	11	Basildon Ph	3:14.34	260	45.49	1:35.22	2:25.34
14.	Lily MILLS	11	Harlow Pen	3:14.56	259	46.01	1:35.95	2:26.90
15.	Indie LANGSTON	11	Epping For't	3:15.54	255	45.05	1:34.97	2:26.38
16.	Hannah SEDGWICK	11	Chelmsford	3:18.38	244	46.32	1:36.49	2:28.28

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150	
1.	Daisy MANNING	12	Basildon Ph	2:33.83	524	EBT	36.14	1:14.71	1:54.90
2.	Gracie PARKER	12	Basildon Ph	2:46.58	413	-	1:22.53	-	
3.	Rebecca COOGAN	12	Romford Town	2:49.33	393	39.99	1:23.15	2:07.10	
4.	Saule BRANKEVICIUTE	12	Bark & Dagen	2:49.40	392	39.16	1:22.90	2:06.58	
5.	Ella DAWSON	12	Chelmsford	2:51.16	380	39.73	1:23.55	2:08.46	
6.	Maria STANCIU	12	Chelmsford	2:51.78	376	40.03	1:23.68	2:08.38	
7.	Zara CLARKSON	12	DunmowAtlant	2:52.53	371	40.06	1:24.19	2:09.18	
8.	Gabrielle CORNISH	12	Colchester	2:53.23	367	40.92	1:25.36	2:11.15	
9.	Isabelle YOUNG	12	Clacton SC	2:53.50	365	41.92	1:26.73	2:12.75	
10.	Ella GREATBATCH	12	Braintree	2:54.10	361	41.25	1:25.73	2:10.76	
11.	Francesca HOWELL	12	Chelmsford	2:55.09	355	40.62	1:25.81	2:11.97	



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12. Hollie HEIGHES	12	Braintree	2:55.86	351	40.65	1:25.02	2:11.25
13. Mia TANANEEVA	12	Bark & Dagen	2:56.48	347	41.09	1:26.66	-
14. Amy WRIGHT	12	Bo Waltham F	2:57.26	342	42.34	1:27.20	2:14.55
15. Oluwapelumi SALU	12	Epping For't	2:57.55	341	42.16	1:27.70	2:13.37
16. Eliza SWANEPOEL	12	Epping For't	3:01.59	318	-	1:30.47	2:16.85
Ella COOMBES	12	Basildon Ph	DQ ST				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Evangelina PIERCE	13	Basildon Ph	2:33.35	529	35.16	1:14.64	1:54.87
2.	Cait COTTER	13	Chelmsford	2:37.58	487	37.02	1:16.92	1:57.90
3.	Mia LOWE	13	Basildon Ph	2:39.67	469	37.59	1:19.01	2:00.98
4.	Gracie COMITTI	13	Basildon Ph	2:40.78	459	38.35	1:19.23	2:01.63
5.	Lilly-Mae KILBEY	13	Epping For't	2:42.08	448	37.82	1:19.57	2:01.66
6.	Monika MURINE	13	Bark & Dagen	2:42.13	448	39.13	1:20.96	2:01.69
7.	Lexie O'CONNOR	13	Romford Town	2:42.78	442	38.38	1:19.17	2:01.65
8.	Isabelle TALBOT	13	Braintree	2:45.20	423	38.49	1:20.11	2:03.28
9.	Olivia CARTWRIGHT	13	Colchester	2:46.96	410	37.85	1:20.98	2:04.45
10.	Skye CARTER	13	Basildon Ph	2:47.81	404	39.46	1:23.41	2:06.31
11.	Paige LAYBOURN-MORRIS	13	Thurrock	2:48.05	402	40.01	1:22.44	2:06.82
12.	Lexie GOODMAN	13	Basildon Ph	2:48.44	399	39.50	1:22.12	2:06.06
13.	Z JARAMILLO OBCOWSKA	13	Epping For't	2:48.79	397	41.05	1:23.68	2:07.95
14.	Brianna HANSEN-HOARE	13	Harlow Pen	2:49.27	393	36.40	1:20.42	2:06.35
15.	Sophie CONROY	13	Thurrock	2:50.13	387	40.39	1:23.38	2:07.77
16.	Ella KILBY	13	Romford Town	2:51.69	377	39.63	1:22.93	2:08.09
17.	Kallie JACKSON	13	Harlow Pen	2:51.76	376	38.80	1:22.63	2:07.35
18.	Rachel SALE	13	Stanway	2:51.83	376	39.84	1:24.35	2:09.52
19.	Lucy RAKER	13	Southend	2:51.85	376	40.79	1:26.70	2:11.95
20.	Aislin FOLEY-WRIGHT	13	Basildon Ph	2:53.21	367	40.15	1:24.09	2:09.49
21.	Michelle VASSILEVA	13	Romford Town	2:55.44	353	41.02	1:25.27	2:11.40
22.	Arriane LEA	13	Bo Southend	2:56.01	350	41.85	1:27.83	2:14.15
23.	B MACMILLAN GRIFFITHS	13	Bo Waltham F	2:56.34	348	40.84	1:27.31	2:13.69
24.	Chloe KEEGAN	13	Killerwhales	2:57.10	343	42.64	1:27.61	2:13.67
25.	Hope POWELL	13	Killerwhales	2:57.11	343	40.60	1:26.61	2:12.68
26.	Sophie BALL	13	Braintree	2:57.30	342	-	-	2:13.39
27.	Amy MILBURN	13	Colchester	2:59.27	331	41.71	1:26.40	2:13.80
28.	Olivia PERRIN	13	Harlow Pen	3:02.09	316	42.49	1:29.45	2:16.98
	Luella GILMOUR	13	Chelmsford	DNC				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ruby WHEELER	14	Basildon Ph	2:30.02	565	35.21	1:13.79	1:52.99
2.	Alexa MANN	14	Basildon Ph	2:34.69	515	35.64	1:15.75	1:56.20
3.	Jasmine VERLANDER	14	Thurrock	2:36.53	497	36.24	1:15.41	1:56.57
4.	Elise DELAPPERALL	14	Thurrock	2:38.01	483	35.96	1:16.31	1:57.94
5.	Olivia CLARKE	14	Chelmsford	2:39.52	470	38.45	1:18.63	1:59.36
6.	Daisy PATTERSON	14	Thurrock	2:41.16	456	37.61	1:18.61	2:00.40
7.	Greta GODDARD	14	Colchester	2:41.28	455	36.54	1:17.17	1:59.20
8.	Anna-Lucia FENNER	14	Basildon Ph	2:42.27	446	38.94	1:19.67	2:01.25
9.	Keziah CORNISH	14	Colchester	2:45.35	422	38.01	1:19.53	2:02.85
10.	Holly PARKS	14	Bo Southend	2:45.74	419	38.31	1:21.85	2:04.99
11.	Priya DHILLON	14	Thurrock	2:47.05	409	38.04	1:19.50	2:03.55
12.	Mia MAGNUS	14	BorRedbridge	2:47.16	408	39.25	1:21.13	2:04.81
13.	Olivia COOPER	14	Basildon Ph	2:48.57	398	40.05	1:22.18	-
14.	Amy JOHNSON	14	Colchester	2:48.96	395	40.40	1:24.74	2:08.39
15.	Chloe STAINES	14	Chelmsford	2:49.01	395	40.57	1:24.14	2:08.72
16.	Misty EREN	14	Harlow Pen	2:49.36	393	40.07	1:23.75	2:07.35
17.	Constance KENNEDY	14	Romford Town	2:50.03	388	40.18	1:23.69	2:08.12
18.	Tierney ROONEY	14	Romford Town	2:53.72	364	40.28	1:24.77	2:10.86
19.	Evie JAMIESON	14	Harlow Pen	2:54.94	356	39.68	1:24.35	2:10.82
20.	Libby MARMOLEJO	14	Bo Newham	2:57.95	338	40.45	1:25.97	2:11.99

EVENT 174 Boys 15 Yrs/Over 200m IM

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Mark MILBURN	15	Colchester		2:22.34	513	31.70	1:06.99	1:49.86
2.	Tyler TOMBS	15	Chelmsford		2:25.21	483	32.17	1:11.52	1:52.84
3.	Aaron GABRIEL	15	Bark & Dagen		2:26.23	473	31.62	1:07.21	1:51.93
4.	Jenson HURRELL	15	Thurrock		2:27.19	464	32.14	1:08.17	1:54.64
5.	Connor MCCARTHY	15	Romford Town		2:27.68	459	31.93	1:09.99	-
6.	Joseph GARFIELD	15	Bo Waltham F		2:28.18	455	29.93	1:07.96	1:54.88
7.	Alfie FRANCIS	15	Colchester		2:29.48	443	29.99	1:11.86	1:54.56
8.	Colin MOGHINA	15	Thurrock		2:29.55	442	33.26	1:13.34	1:53.92
9.	Ronald GAVRIS	15	Colchester		2:31.68	424	31.80	1:11.00	1:56.22
10.	Ethan MARTIN	15	Thurrock		2:32.18	420	31.32	1:08.63	1:59.65
11.	Daniel DIXON	15	Basildon Ph		2:33.21	411	32.54	1:08.77	1:59.76
12.	Oliver SHEAD	15	Witham Dolph		2:33.29	411	31.62	1:10.56	1:58.60
13.	Antonio GIROLAMI	15	Colchester		2:35.47	394	33.74	1:13.64	1:58.45
14.	Jacob KITCHING	15	Chelmsford		2:35.75	392	33.29	1:10.37	2:02.11
15.	Ben STRINGER	15	Harlow Pen		2:36.83	384	32.30	1:16.78	-
16.	Henry MORGAN	15	Killerwhales		2:37.77	377	34.21	1:12.01	1:59.83
17.	George WALLACE	15	Colchester		2:39.97	361	31.95	1:13.22	-
18.	Thomas BALE	15	Halstead		2:40.74	356	34.37	1:15.60	2:05.50
	Lewis DIXON	15	Bark & Dagen		DNC				
	Jacob STEPHEN	15	Brentwood		DNC				
	Oscar HOWELL	15	Brentwood		DQ T				





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16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Alessandro RIODA	16	Harlow Pen		2:18.62	556	EBT 28.18	1:03.48	1:45.13
2.	Jack SKERRY	16	Chelmsford		2:19.70	543	-	1:02.08	1:46.20
3.	Noah JAMESON NEAL	16	Basildon Ph		2:22.26	514	29.98	1:06.42	1:51.45
4.	Naythan AUNG	16	Colchester		2:24.68	489	29.37	1:05.02	1:49.96
5.	Tyler JACKSON	16	Harlow Pen		2:24.75	488	30.19	1:08.03	1:53.29
6.	Damon ELLIOTT	16	DunmowAtlant		2:24.80	487	28.36	1:08.92	1:51.45
7.	Euan HIGGS	16	Chelmsford		2:27.16	464	30.47	1:08.48	1:55.00
8.	Kalaum CORANI	16	Colchester		2:28.95	448	30.75	1:10.30	-
9.	Angus ROBERTSON	16	Brentwood		2:29.50	443	31.17	1:09.01	1:56.97
10.	Jimmy TAYLOR	16	Thurrock		2:29.99	439	30.45	1:06.81	1:55.78
11.	Alexander JESSOP	16	Brentwood		2:31.33	427	29.97	1:08.59	-
12.	Samuel RENNIE	16	Braintree		2:31.70	424	37.20	1:14.55	1:55.80
13.	Mihnea TOTU	16	Bo Newham		2:40.83	356	32.91	1:16.96	2:02.88
14.	Connor SMITHERS	16	Basildon Ph	8	3:38.39	142	45.79	1:39.08	2:50.07

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Daniel GENCAS	17	Romford Town		2:12.94	630	EBT 27.37	1:00.88	1:43.44
2.	Lewis BINNING	17	Basildon Ph		2:13.50	622	29.33	1:04.84	1:44.61
3.	Kai ADAMS	24	Halstead		2:17.77	566	29.29	1:04.89	1:46.40
4.	Jack TURRELL	17	Basildon Ph		2:20.39	535	29.08	1:05.67	1:49.04
5.	James SPEERS	17	Basildon Ph		2:20.73	531	30.96	1:06.24	1:50.35
6.	Ryan KELLY	21	Chelmsford		2:21.39	524	29.60	1:03.59	1:46.16
7.	Morgan FOSTER	17	Braintree		2:21.68	520	31.01	1:09.01	1:51.29
8.	William PESTELL	17	Colchester		2:23.36	502	29.53	1:06.76	1:50.34
9.	Lewis MARSTON	18	Runnymede		2:25.86	477	31.04	1:09.35	1:50.56
10.	Samuel DACK	18	DunmowAtlant		2:26.51	471	31.19	1:09.25	1:53.15
11.	Nathan BANGA	17	Romford Town		2:26.79	468	30.92	1:08.41	1:55.93
12.	Owen VAUGHAN	17	Chelmsford		2:27.07	465	-	1:07.80	1:52.43
13.	Jack MANSFIELD	18	Harlow Pen		2:29.74	441	33.27	1:15.41	-
14.	Daryl RANDS	23	Colchester		2:31.53	425	30.66	1:12.39	1:56.27
15.	Samuel OWEN	17	Runnymede		2:35.15	396	32.08	1:10.44	2:02.30

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Connor SMITHERS	16	Basildon Ph	8	3:38.39	263	45.79	1:39.08	2:50.07

EVENT 175 FINAL OF EVENT 170 Girls 10/11 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Saffire CHAN	11	Bark & Dagen	1:16.57	380	36.64
2.	Jasmine CARTER	11	Basildon Ph	1:19.52	339	36.75
3.	Chloe BARNARD	11	Basildon Ph	1:23.59	292	-
4.	Margarita STOIMENOVA	11	Bo Newham	1:25.57	272	38.18
5.	Ella EDWARDS	11	Basildon Ph	1:26.42	264	40.75
6.	Nicole MAYNARD	11	Basildon Ph	1:33.31	210	43.63

EVENT 176 FINAL OF EVENT 170 Girls 12 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daisy MANNING	12	Basildon Ph	1:14.38	414	35.27
2.	Abrielle VELASQUEZ	12	Havering Dol	1:15.72	393	34.95
3.	Kesia CREES	12	Basildon Ph	1:16.58	380	37.03
4.	Gracie PARKER	12	Basildon Ph	1:18.56	352	36.80
5.	Ella DAWSON	12	Chelmsford	1:19.73	336	37.30
6.	Maria STANCIU	12	Chelmsford	1:23.19	296	39.01
7.	Amy WRIGHT	12	Bo Waltham F	1:26.02	268	39.14
8.	Zara CLARKSON	12	DunmowAtlant	1:26.54	263	40.05

EVENT 177 FINAL OF EVENT 170 Girls 13 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Skye CARTER	13	Basildon Ph	1:09.55	507	33.91
2.	Cait COTTER	13	Chelmsford	1:11.63	464	33.38
3.	Eloise BRUCE	13	Thurrock	1:14.57	411	35.68
4.	Sophie CONROY	13	Thurrock	1:15.05	403	35.21
5.	Mia LOWE	13	Basildon Ph	1:15.07	403	36.87
6.	Paige LAYBOURN-MORRIS	13	Thurrock	1:15.33	399	36.32
7.	Evangelina PIERCE	13	Basildon Ph	1:15.67	394	35.65
8.	Lexie GOODMAN	13	Basildon Ph	1:18.60	351	-

EVENT 178 FINAL OF EVENT 170 Girls 14 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	Pl./Ht.
1.	Erika PASAKINSKAITE	14	Bark & Dagen	1:05.43	609	
2.	Ruby WHEELER	14	Basildon Ph	1:07.65	551	
3.	Olivia COOPER	14	Basildon Ph	1:13.18	435	
4.	Elise DELAPPERALL	14	Thurrock	1:13.72	426	
5.	Isabel COLLINS	14	Bo Southend	1:16.01	388	
6.	Tierney ROONEY	14	Romford Town	1:17.94	360	
7.	Mia MAGNUS	14	BorRedbridge	1:19.65	337	
8.	Priya DHILLON	14	Thurrock	1:21.41	316	



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EVENT 178 Mens 11/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Thurrock	11/12		2:16.69		-	1:16.28	-
2.	Bark & Dagen	11/12		2:16.74		-	1:11.58	1:46.52
3.	Basildon Ph	11/12		2:21.17		38.29	1:16.69	1:50.20
4.	Chelmsford	11/12		2:24.35		35.96	1:20.80	1:53.86
5.	Braintree	11/12		2:25.71		42.59	1:17.54	1:54.55
6.	Colchester	11/12		2:28.35		39.63	1:20.37	1:55.57
7.	Bo Southend	11/12		2:33.83		39.21	1:25.38	2:02.27
8.	Harlow Pen	11/12		2:35.81		40.16	1:24.19	2:01.36
9.	Witham Dolph	11/12		2:40.37		-	1:25.53	-
10.	Southend	11/12		2:41.67		38.34	1:26.24	-
11.	DunmowAtlant	11/12		2:41.86		43.27	1:30.69	2:04.87
12.	Epping For't	11/12		2:46.77		36.12	1:26.09	-
13.	Bo Newham	11/12		2:47.65		45.72	1:35.33	2:09.30
14.	Brentwood	11/12		2:52.28		41.87	1:30.78	-
15.	Rochford	11/12		2:53.36		46.92	-	55.54
	Halstead	11/12		DQ O				

EVENT 179 Mens 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Thurrock	13/14		2:05.53		33.75	1:09.49	1:38.98
2.	Bo Newham	13/14		2:06.19		32.64	1:08.87	1:52.42
3.	Basildon Ph	13/14		2:06.22		33.30	1:08.00	1:38.99
4.	Harlow Pen	13/14		2:07.97		-	1:10.18	1:39.64
5.	Chelmsford	13/14		2:11.19		32.05	1:09.08	1:40.98
6.	Epping For't	13/14		2:11.43		32.17	-	1:43.27
7.	Bark & Dagen	13/14		2:12.04		-	1:12.89	-
8.	Braintree	13/14		2:15.57		35.11	1:15.16	1:46.02
9.	Witham Dolph	13/14		2:17.76		-	1:20.35	1:49.32
10.	Killerwhales	13/14		2:17.84		-	1:15.45	-
11.	Brentwood	13/14		2:18.12		34.15	1:13.81	1:51.30
12.	DunmowAtlant	13/14		2:21.66		-	1:19.33	-
13.	Southend	13/14		2:21.87		33.51	1:14.35	1:48.75
14.	Colchester	13/14		2:22.97		34.90	1:16.13	-
15.	Runnymede	13/14		2:29.25		38.68	1:18.02	1:56.09
16.	Halstead	13/14		2:33.83		41.67	1:22.80	2:00.76
17.	Bo Waltham F	13/14		2:46.34		-	1:32.61	2:12.53
	Bo Southend	13/14		DNC				

EVENT 180 Girls 15 Yrs/Over 100m Butterfly

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	Victoria DRELEVA	15	Romford Town		1:06.69	575	30.98
2.	Holly LAMB	15	Basildon Ph		1:08.80	524	33.11
3.	Kiera BLUNDEN	15	Chelmsford		1:09.46	509	33.47
4.	Phoebe WHITE	15	Harlow Pen		1:10.40	489	32.35
5.	Charlotte GILL	15	Basildon Ph		1:10.58	485	-
6.	Emily COOPER	15	Basildon Ph		1:10.72	482	33.78
7.	Bryony EDGINGS	15	Thurrock		1:11.65	464	33.83
8.	Stephanie PAGAN	15	Bo Waltham F		1:11.77	461	33.46
9.	Hannah ZYSS	15	Basildon Ph		1:12.15	454	34.32
10.	Maisie LAWN	15	Killerwhales		1:12.64	445	34.01
11.	Francesca KEY	15	Canvey Isl		1:14.09	419	34.89
12.	Ciara MCAULEY	15	Saffron Wald		1:14.16	418	34.22
13.	Amy ALLISON	15	Bo Waltham F		1:14.19	418	34.89
14.	Molly GRIEVE	15	Colchester		1:14.29	416	34.72
15.	Dina BENIDIR	15	Bo Newham		1:14.79	408	33.90
16.	Michaela TAIWO	15	Thurrock		1:15.31	399	35.81
17.	Darcy COBURN	15	Braintree		1:19.71	337	35.77
18.	Lily BOTT	15	Braintree		1:19.81	335	-

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
1.	May BRADBURN	16	Chelmsford	EBT	1:03.88	655	29.61
2.	Ciara WOOKEY	16	Colchester		1:07.98	543	31.36
3.	Brooke JENKINS	16	Basildon Ph		1:07.99	543	32.83
4.	Rachel HA	16	Epping For't		1:09.90	500	32.66
5.	Emily ILEY	16	Bo Waltham F		1:11.50	467	-
6.	Ella REMYN	16	Bo Waltham F		1:12.37	450	34.05
7.	Rosie BROOKS	16	Chelmsford		1:12.78	442	33.47
8.	Elizabeth WILKINSON	16	Chelmsford		1:13.14	436	35.62
9.	Oluwatumise SALU	16	Bo Newham		1:13.86	423	35.61
10.	Ella SMALLCOMBE	16	Maldon Shark		1:14.56	411	33.83
11.	Molly REDGRAVE	16	Colchester		1:15.18	401	34.80
12.	Nancy NEAVE	16	Braintree		1:15.68	393	33.46
13.	Charlotte TREE	16	Colchester		1:16.55	380	34.38
14.	Isabelle MCPHERSON	16	Witham Dolph		1:18.42	354	35.36

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50
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1.	Rebecca HOWELL	17	Basildon Ph	1:07.44	556	32.91
2.	Kameliya STOIMENOVA	17	Bo Newham	1:07.52	554	31.60
3.	Asma PARKER	17	Colchester	1:07.77	548	31.91
4.	Tia GARDINER	18	Chelmsford	1:08.52	530	-
5.	Georgia PEASE	18	Basildon Ph	1:08.76	525	32.42
6.	Emily GREEN	19	Brentwood	1:09.20	515	33.65
7.	Millie WARD	18	Brentwood	1:10.19	493	34.25
8.	Ellie GRANT	19	Brentwood	1:10.46	488	33.27
9.	Radost MILKOVA	17	Thurrock	1:11.14	474	32.73
10.	Tilly MAYES	17	Thurrock	1:11.31	470	32.87
11.	Aoife MARLEY	18	Witham Dolph	1:11.36	469	34.32
12.	Junayna AHMED	17	Romford Town	1:12.68	444	33.53
13.	Eloise CONWAY	20	Halstead	1:13.22	435	33.55
14.	Madison SMITH	17	Stanway	1:13.58	428	33.75
15.	Rebecca STROUD	18	Brentwood	1:14.58	411	33.71
16.	Olivia ROBERTS	17	Bo Waltham F	1:14.62	411	34.41
17.	Zara MILLS	19	Southend	1:14.70	409	35.90
18.	Niamh WAINWRIGHT	17	Chelmsford	1:14.98	405	34.63
19.	Emily COMBER	18	Runnymede	1:16.47	381	-
20.	Ana ANDERSON MARTINEZ	18	Colchester	1:17.05	373	34.92
21.	Memphis FLEMING	18	Canvey Isl	1:19.07	345	36.19
22.	Amelia HEARNE	17	Clacton SC	1:20.25	330	35.46
23.	Helen THOMPSON	17	Colchester	14 1:48.45	133	51.37

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50
1.	Helen THOMPSON	17	Colchester	14	1:48.45	209	51.37

EVENT 181 Boys 15 Yrs/Over 200m Breaststroke

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Tyler TOMBS	15	Chelmsford	2:36.60	529	36.26	1:17.22	1:59.67
2.	Mark MILBURN	15	Colchester	2:38.49	510	36.30	1:17.31	1:58.07
3.	Alfie FRANCIS	15	Colchester	2:45.47	448	37.92	1:19.91	2:04.46
4.	Colin MOGHINA	15	Thurrock	2:49.25	419	37.21	1:19.13	-
5.	Ben STRINGER	15	Harlow Pen	2:49.63	416	37.99	1:20.15	-
6.	Aaron GABRIEL	15	Bark & Dagen	2:50.58	409	39.75	1:22.85	2:07.41
7.	Ronald GAVRIS	15	Colchester	2:50.97	406	38.24	1:22.23	2:08.10
8.	Antonio GIROLAMI	15	Colchester	2:54.25	384	38.49	1:22.05	2:09.02
9.	Joseph GARFIELD	15	Bo Waltham F	2:56.76	368	39.42	1:25.01	2:12.60
10.	Ethan MAY	15	Harlow Pen	3:00.02	348	42.81	1:28.65	2:17.36
11.	Connor MCCARTHY	15	Romford Town	3:01.21	341	39.28	1:25.21	2:12.86
12.	Sami MATLOUB	15	Romford Town	3:05.11	320	40.49	1:27.72	2:17.07
13.	Harold EDWARDS	15	Braintree	3:06.70	312	43.07	1:30.24	2:20.03
14.	Matthew RIDDLE	15	Thurrock	3:09.03	300	41.79	1:28.34	2:18.61
15.	Ethan RYAN	15	Harlow Pen	3:10.01	296	-	1:28.95	-

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Samuel RENNIE	16	Braintree	2:39.58	500	36.88	1:17.56	2:00.10
2.	Tyler JACKSON	16	Harlow Pen	2:46.26	442	37.62	1:19.91	2:03.10
3.	Harry MARSHALL-CHILDS	16	Bark & Dagen	2:47.83	429	38.70	1:21.26	-
4.	Thomas DUDMAN	16	Killerwhales	2:50.76	408	38.42	1:21.19	2:07.48
5.	Kaya AHMET	16	Bo Waltham F	2:51.75	401	38.11	1:22.76	2:08.36
6.	Kalaum CORANI	16	Colchester	2:53.86	386	38.95	1:21.68	2:08.85
7.	Ethan PEIRCE	16	Harlow Pen	2:54.58	381	38.29	1:22.33	2:09.30
8.	Mihnea TOTU	16	Bo Newham	2:59.42	351	39.75	1:25.03	-
9.	Sam LOADER	16	Clacton SC	3:01.25	341	41.20	1:26.49	2:15.49
10.	Jake HARE	16	BorRedbridge	3:03.66	328	40.43	1:27.04	2:16.15

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Jack MANSFIELD	18	Harlow Pen	2:30.79	592	33.81	1:12.16	1:52.38
2.	William PESTELL	17	Colchester	2:41.56	481	37.49	1:19.94	-
3.	Daniel GENCAS	17	Romford Town	2:42.68	472	37.32	1:18.27	-
4.	Adam MATLOUB	17	Romford Town	2:43.27	466	36.60	1:18.96	2:01.91
5.	Jack TURRELL	17	Basildon Ph	2:44.16	459	37.25	1:19.26	-
6.	Samuel DACK	18	DunmowAtlant	2:44.98	452	36.23	1:17.95	2:03.03
7.	Ryan KELLY	21	Chelmsford	2:49.99	413	36.93	1:19.13	2:02.57
8.	Daryl RANDS	23	Colchester	2:50.06	413	36.61	1:19.72	-
9.	Matthew MCLAUGHLIN	27	DunmowAtlant	2:50.31	411	36.71	1:20.29	-
10.	Nathan BANGA	17	Romford Town	2:52.01	399	-	1:23.74	2:09.05
11.	Elliot CHINNICK	18	Epping Fort	2:52.25	397	-	1:21.55	2:07.40
12.	Harvey LAST	17	Southend	2:55.82	373	37.83	1:22.91	2:09.95
13.	Christopher THOMPSON	17	Colchester	3:00.76	344	39.82	1:26.14	2:14.82
14.	Cole SCOTT	17	Colchester	3:01.59	339	42.61	1:28.51	2:15.75
15.	Ben READ	17	Runnymede	3:04.78	322	42.73	1:28.58	2:17.15

EVENT 182 Boys 10/14 Yrs 200m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Tobi OLAJIDE	11	Thurrock	3:08.35	207	38.54	1:25.04	2:15.43
2.	Toby LASHMAR	11	Basildon Ph	3:08.45	207	-	1:30.27	-
3.	Cooper SMITH	11	Harlow Pen	3:10.78	199	-	1:29.45	-
4.	Evan LARTHE	11	Southend	3:15.55	185	39.78	1:28.69	-
5.	Harrison WALLER	11	Southend	3:20.08	173	44.77	1:37.64	2:32.81
6.	Anthony GANCHEV	11	Chelmsford	3:23.86	163	40.08	1:31.22	2:28.85
7.	Osehon OJIEKHUDDU	11	Thurrock	3:24.78	161	41.60	1:31.74	2:30.66



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8. Jayden MUKISA	11	Bark & Dagen	3:38.36	133	45.39	1:40.64	2:39.92
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12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150	
1.	Joshua SHEPHERD	12	Thurrock	2:34.40	376	EBT	32.72	1:12.18	1:54.75
2.	David NEACSU	12	Bark & Dagen	2:42.23	324		34.06	1:14.19	1:59.68
3.	Robert FENNER	12	Basildon Ph	2:46.18	302		-	1:20.43	2:04.40
4.	Daniel TAHMISYAN	12	Bark & Dagen	2:48.42	290		38.04	1:19.62	2:05.68
5.	Mohammed HOSSAIN	12	Bark & Dagen	2:49.03	287		38.24	1:22.67	2:07.29
6.	Louis ALLEN	12	Basildon Ph	2:50.02	282		37.65	1:22.21	2:10.42
7.	Jason VAN DER MERWE	12	Bark & Dagen	2:52.82	268		-	1:22.27	2:09.02
8.	Kevin MOGHINA	12	Thurrock	2:53.57	265		38.26	1:19.88	2:07.88
9.	Ayobami AKINDELE	12	Thurrock	2:54.04	263		37.99	1:22.41	2:09.34
10.	Saxon MINTO	12	Basildon Ph	3:02.65	227		-	1:24.69	-
11.	Sean CONNOLLY	12	Epping For't	3:08.12	208		40.08	1:26.15	2:16.68
12.	David TSHUMA	12	Bo Newham	3:09.66	203		41.15	1:28.53	2:18.67
13.	Remi-Maysen KEANE	12	Bo Southend	3:13.04	192		41.41	1:31.97	2:25.24
14.	Harry COOPER	12	Bo Southend	3:13.94	190		38.85	1:27.88	2:21.59

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150	
1.	Raheel MAHMOOD	13	Romford Town	2:29.93	411		32.81	1:10.81	1:51.60
2.	Zak TROMAN	13	Colchester	2:36.26	363		35.15	1:14.05	-
3.	James GOURPINAR	13	Harlow Pen	2:39.48	341		37.03	1:15.98	2:00.03
4.	Dion FANA	13	Basildon Ph	2:41.19	331		-	1:14.25	-
5.	William WHITE	13	Harlow Pen	2:42.81	321		35.73	1:16.18	2:00.46
6.	Marco YUEN	13	Brentwood	2:44.49	311		35.35	1:17.28	2:03.50
7.	Kevin MOLDOVAN	13	Harlow Pen	2:45.24	307		35.67	1:16.90	2:03.65
8.	Isaac FARRUGIA	13	Basildon Ph	2:45.74	304		37.04	1:17.09	-
9.	Rory WILDE	13	Chelmsford	2:50.22	281		36.56	1:20.58	-
10.	Tarelle LANIYAN	13	Bo Newham	2:53.36	266		37.13	1:20.04	2:09.48
11.	Daniel THOMPSON	13	Thurrock	2:54.67	260		37.48	1:19.43	2:08.53
12.	George CHURCH	13	Basildon Ph	3:03.04	226		38.36	1:23.45	-
13.	Christopher CHARNICK	13	Killerwhales	3:03.97	222		39.78	1:26.31	2:17.70
14.	Sami BENIDIR	13	Bo Newham	3:04.27	221		-	1:26.35	2:16.22

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150	
1.	Nikita CHARYKIN	14	Thurrock	2:24.12	463		32.40	1:07.68	1:47.08
2.	Daniel MCGUINNESS	14	Basildon Ph	2:29.53	414		-	1:09.79	1:49.99
3.	Justinas KAZLAUSKAS	14	Bark & Dagen	2:31.46	399		33.15	1:09.48	1:51.33
4.	Henry DEAN	14	Thurrock	2:32.47	391		31.26	-	1:51.08
5.	Steven SALAZAR	14	Bo Newham	2:32.55	390		34.10	1:11.32	1:52.25
6.	Ben MINISTER	14	Thurrock	2:38.07	351		35.38	1:14.17	1:57.19
7.	Harry STAGG	14	Basildon Ph	2:38.28	349		35.65	1:16.27	1:57.98
8.	Joshua ATOTILETO	14	Bo Newham	2:39.19	343		33.69	1:11.67	1:56.45
9.	Ellis MCQUADE	14	DunmowAtlant	2:40.71	334		34.47	1:12.70	1:56.09
10.	Ahmad DAWOOD	14	Bo Newham	2:41.27	330		-	1:14.53	-
11.	Baran ODEN	14	Bark & Dagen	2:43.52	317		-	1:14.75	1:59.04
12.	Arthur BERNANS	14	Basildon Ph	2:44.81	309		34.70	-	2:01.25
13.	Presley FLEMING	14	Canvey Isl	2:54.91	259		-	1:20.86	-

EVENT 183 Girls 15 Yrs/Over 200m Freestyle

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	Holly LAMB	15	Basildon Ph		2:10.76	645	30.73	1:03.87	1:37.36
2.	Victoria DRELEVA	15	Romford Town		2:12.44	620	30.62	1:03.96	1:38.80
3.	Erin WILKINSON	15	Basildon Ph		2:13.10	611	31.48	1:05.37	1:40.18
4.	Phoebe WHITE	15	Harlow Pen		2:13.24	609	30.89	1:04.47	1:39.64
5.	Kiera BLUNDEN	15	Chelmsford		2:15.82	575	30.95	1:05.29	1:40.66
6.	Ella TURNER	15	Basildon Ph		2:18.35	544	31.91	1:06.42	1:42.53
7.	Bryony EDGINGS	15	Thurrock		2:19.85	527	31.62	1:06.97	1:43.53
8.	Stephanie PAGAN	15	Bo Waltham F		2:20.48	520	32.46	1:08.57	1:45.90
9.	Teegan RAYNER	15	Witham Dolph		2:20.78	516	32.23	1:08.42	1:45.74
10.	Ella LAUDER	15	Southend		2:21.36	510	31.84	1:08.28	1:46.04
11.	Rebecca JOHNSON	15	DunmowAtlant		2:21.59	508	31.57	1:07.21	1:45.09
12.	Amy ALLISON	15	Bo Waltham F		2:21.76	506	33.18	1:09.47	1:46.28
13.	Ruby LE MAY	15	Killerwhales		2:21.92	504	32.56	1:08.37	1:45.42
14.	Francesca KEY	15	Canvey Isl		2:22.57	497	33.35	1:09.72	1:46.94
15.	Charlotte GILL	15	Basildon Ph		2:22.82	495	33.14	1:10.16	1:48.03
16.	Ella PEMBERTON	15	Bo Waltham F		2:23.10	492	32.92	1:09.53	1:46.84
17.	Temilola AWOLESI	15	Chelmsford		2:23.67	486	31.64	1:07.66	1:46.34
18.	Hannah ZYSS	15	Basildon Ph		2:24.35	479	32.45	1:09.18	1:47.57
19.	Michaela TAIWO	15	Thurrock		2:25.18	471	32.96	1:09.54	1:47.78
20.	Rosie O'BOYLE	15	Epping For't		2:25.90	464	33.09	1:10.06	-
21.	Emma PAGE	15	Rochford		2:27.00	453	33.29	1:10.51	1:49.26
22.	Hannah FLEMING	15	Chelmsford		2:27.03	453	33.63	1:10.73	1:49.27
23.	Olivia HUMPHREY	15	Killerwhales		2:27.28	451	33.44	1:11.22	1:50.07
24.	Emily FALKUS	15	Canvey Isl		2:27.53	449	33.57	1:09.89	1:49.41
25.	Darcy COBURN	15	Braintree		2:28.00	444	34.24	1:11.59	1:49.69
26.	Dina BENIDIR	15	Bo Newham		2:30.25	425	33.81	1:11.88	1:52.78
27.	Harriet CARROLL	15	Runnymede		2:31.34	416	33.34	1:11.25	1:51.79

16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150
1.	May BRADBURN	16	Chelmsford		2:10.38	650	30.08	1:03.49	1:37.15
2.	Carys BREALEY	16	Harlow Pen		2:13.57	605	31.12	1:05.41	1:40.35
3.	Holly HAGAN	16	Romford Town		2:15.17	583	30.88	1:05.03	1:40.48
4.	Emma TAPPENDEN	16	Basildon Ph		2:17.54	554	31.94	1:07.06	1:43.12
5.	Rosie BROOKS	16	Chelmsford		2:17.70	552	31.33	1:06.83	1:43.61



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6.	Charlotte TREE	16	Colchester	2:18.20	546	31.60	1:06.49	1:42.43
7.	Holly TIMMIS	16	Epping Fort	2:19.82	527	32.63	1:07.76	1:44.51
8.	Maddie LEES	16	DunmowAtlant	2:20.08	524	32.01	1:07.28	1:44.53
9.	Ella REMYN	16	Bo Waltham F	2:20.45	520	33.19	1:09.51	1:45.77
10.	Elizabeth WILKINSON	16	Chelmsford	2:21.27	511	-	1:08.67	1:45.87
11.	Emma STAINES	16	Chelmsford	2:21.66	507	32.63	1:08.49	1:45.86
12.	Molly REDGRAVE	16	Colchester	2:23.68	486	32.94	1:09.76	1:47.44
13.	Freya SEYMOUR	16	Runnymede	2:25.87	464	32.77	1:09.45	1:47.65
14.	Isabelle MCPHERSON	16	Witham Dolph	2:27.31	451	34.30	1:11.64	1:50.31
15.	Oluwatunmise SALU	16	Bo Newham	2:27.53	449	34.54	1:12.79	1:50.64
16.	Rachel HA	16	Epping Fort	2:28.06	444	34.03	1:11.90	1:50.45
17.	Kirsty FLOWERS	16	Epping Fort	2:28.77	437	34.01	1:11.31	1:50.51
18.	Lucy MORGAN	16	Colchester	2:29.28	433	33.38	1:11.60	1:50.48

17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Cat	Time	FINA Pt	50	100	150	
1.	Rebecca HOWELL	17	Basildon Ph		2:09.44	664	EBT	30.45	1:02.77	1:36.35
2.	Amelia MOULE	17	Romford Town		2:11.11	639		29.65	1:02.89	1:37.63
3.	Tia GARDINER	18	Chelmsford		2:12.01	626		30.96	1:04.46	1:38.58
4.	Asma PARKER	17	Colchester		2:16.28	569		31.28	1:06.31	1:41.20
5.	Emile GALKUTE	17	Bo Newham		2:18.00	548		32.52	1:07.78	1:43.69
6.	Junayna AHMED	17	Romford Town		2:19.35	532		31.15	1:05.53	1:41.92
7.	Olivia FLETCHER	17	Basildon Ph		2:20.52	519		32.38	1:07.95	1:44.45
8.	Charlotte HARRIS	17	Maldon Shark		2:20.59	518		32.58	1:09.26	1:46.07
9.	Kameliya STOIMENOVA	17	Bo Newham		2:21.10	513		33.49	1:10.36	1:46.46
10.	Rebecca STROUD	18	Brentwood		2:21.47	509		32.31	1:08.28	1:45.28
11.	Eloise CONWAY	20	Halstead		2:21.59	508		32.72	1:08.60	1:46.09
12.	Radost MILKOVA	17	Thurrock		2:21.85	505		32.52	1:08.45	1:46.00
13.	Rebecca GIROLAMI	17	Colchester		2:22.28	500		33.79	1:10.88	1:48.82
14.	Millie TURNER	17	Basildon Ph		2:23.13	491		32.65	1:09.46	1:46.85
15.	Siobhan FOLEY-WRIGHT	18	Runnymede		2:23.84	484		33.18	1:09.67	1:47.03
16.	Madison SMITH	17	Stanway		2:24.52	477		33.80	1:11.24	1:48.91
17.	Olivia ROBERTS	17	Bo Waltham F		2:25.95	463		32.75	1:09.33	1:47.70
18.	Ciara TAPPENDEN	19	Basildon Ph		2:25.97	463		33.71	1:10.69	1:48.39
19.	Hannah GILLESPIE	22	Epping Fort		2:26.24	461		34.07	1:11.05	1:48.61
20.	Ana ANDERSON MARTINEZ	18	Colchester		2:28.15	443		34.59	1:12.62	1:51.54
21.	Zara MILLS	19	Southend		2:28.30	442		34.11	1:12.92	1:52.85
22.	Emily TATAM	17	Basildon Ph		2:31.64	413		34.37	1:13.46	1:52.90
23.	Amelia HEARNE	17	Clacton SC		2:31.87	411		33.99	1:12.70	1:53.71
24.	Valeria MARCU	17	Bark & Dagen		2:32.73	404		33.37	1:11.95	1:52.85
25.	Helen THOMPSON	17	Colchester	14	3:16.58	189		42.80	1:33.23	2:25.51

Combined Result - Multi-Disability by British Disability Points

Place	Name	AaD	Club	Cat	Time	BDPoints	50	100	150
1.	Helen THOMPSON	17	Colchester	14	3:16.58	239	42.80	1:33.23	2:25.51

EVENT 184 Girls 10/14 Yrs 200m IM

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ella EDWARDS	11	Basildon Ph	2:51.67	396	39.95	1:24.52	2:12.51
2.	Elizabeth SWABY	11	Basildon Ph	2:52.14	393	39.26	1:22.94	2:16.86
3.	Sophie PALMER	11	Basildon Ph	2:52.88	388	39.30	1:21.71	2:16.79
4.	Chloe BARNARD	11	Basildon Ph	2:54.16	379	39.18	1:22.26	2:17.17
5.	Margarita STOIMENOVA	11	Bo Newham	2:54.57	377	-	1:22.05	2:15.12
6.	Jasmine CARTER	11	Basildon Ph	2:54.61	376	36.77	1:22.69	-
7.	Nicole MAYNARD	11	Basildon Ph	2:58.03	355	42.18	1:23.27	2:19.13
8.	Jasmine HALL	10	Harlow Pen	3:05.44	314	44.29	1:31.51	2:26.09
9.	Ruth EGUAKHIDE	11	Romford Town	3:11.37	286	40.16	1:27.04	2:23.74
10.	Emilia RAYNER	11	Halstead	3:12.66	280	-	1:30.64	2:33.21
11.	Keira TARPLETT	11	Chelmsford	3:13.67	276	44.93	1:33.74	2:35.24
12.	Lucy CLARKE	10	Chelmsford	3:14.58	272	41.25	1:28.35	-
13.	Katriel CHUKWUEDO	11	Bark & Dagen	3:19.71	251	45.01	1:35.23	2:33.83

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Daisy MANNING	12	Basildon Ph	2:38.88	500	35.54	1:14.23	2:03.33
2.	Abrielle VELASQUEZ	12	Havering Dol	2:47.75	424	36.71	1:20.20	2:10.02
3.	Saule BRANKEVICIUTE	12	Bark & Dagen	2:50.69	403	39.70	1:24.19	2:13.70
4.	Maria STANCIU	12	Chelmsford	2:52.11	393	39.16	1:21.94	2:16.21
5.	Ella GREATBATCH	12	Braintree	2:52.13	393	39.69	1:23.22	2:13.70
6.	Ella DAWSON	12	Chelmsford	2:53.69	382	37.83	1:21.02	2:15.55
7.	Kesia CREES	12	Basildon Ph	2:54.52	377	39.52	1:25.93	-
8.	Mia TANANEEVA	12	Bark & Dagen	2:54.58	377	39.58	1:24.86	2:14.07
9.	Rebecca COOGAN	12	Romford Town	2:55.24	372	41.25	1:23.02	2:17.42
10.	Oluwapelumi SALU	12	Epping Fort	2:56.68	363	40.01	1:23.36	2:20.38
11.	Gabrielle CORNISH	12	Colchester	2:58.74	351	-	1:26.23	-
12.	Zara CLARKSON	12	DunmowAtlant	3:02.90	327	40.94	1:25.13	2:24.93
	Gracie PARKER	12	Basildon Ph	DQ T				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Cait COTTER	13	Chelmsford	2:34.23	546	34.25	1:11.63	1:58.50
2.	Skye CARTER	13	Basildon Ph	2:35.80	530	32.78	1:13.68	2:01.53
3.	Mia LOWE	13	Basildon Ph	2:36.98	518	35.41	1:15.64	-
4.	Gracie COMITTI	13	Basildon Ph	2:38.00	508	36.05	1:16.27	2:02.20
5.	Evangeline PIERCE	13	Basildon Ph	2:42.51	467	34.94	1:15.65	2:07.36
6.	Lexie O'CONNOR	13	Romford Town	2:43.02	463	37.24	1:18.65	2:06.61
7.	Hollie HAWKINS	13	Basildon Ph	2:44.08	454	35.80	1:19.07	-
8.	Lexie GOODMAN	13	Basildon Ph	2:44.16	453	36.81	1:18.96	2:08.39
9.	Lilly-Mae KILBEY	13	Epping Fort	2:44.56	450	36.81	1:17.42	-



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10.	Sadie ROWE	13	Colchester	2:45.38	443	37.53	1:20.52	-
11.	Sophie O'RORKE	13	Braintree	2:46.72	432	36.43	1:17.88	-
12.	Eloise BRUCE	13	Thurrock	2:47.71	425	34.71	1:16.89	2:10.17
13.	Ella TURNER	13	Epping For't	2:48.78	417	36.55	1:18.73	2:09.54
14.	Rachel SALE	13	Stanway	2:49.66	410	39.52	1:22.98	2:13.25
15.	Paige LAYBOURN-MORRIS	13	Thurrock	2:50.60	404	36.06	1:20.63	2:15.06
16.	Sophie BALL	13	Braintree	2:50.81	402	37.00	1:20.90	2:12.98
17.	Chloe KEEGAN	13	Killerwhales	2:50.98	401	35.75	1:21.89	-
18.	Lucy RAKER	13	Southend	2:51.14	400	35.31	1:18.22	2:11.89
19.	Amelia MURPHY	13	Chelmsford	2:51.96	394	36.54	1:22.52	2:15.08
20.	Sophie CONROY	13	Thurrock	2:53.00	387	35.42	1:18.90	2:13.06
21.	Z JARAMILLO OBCOWSKA	13	Epping For't	2:55.49	371	37.51	1:22.85	2:17.18
22.	Aislin FOLEY-WRIGHT	13	Basildon Ph	2:57.27	360	-	1:23.78	2:18.81
23.	Kallie JACKSON	13	Harlow Pen	2:57.71	357	36.58	1:22.42	2:16.35
24.	Codie MCSHEFFREY	13	Romford Town	2:57.84	356	37.52	1:25.25	2:17.33
25.	Sophia MOULE	13	Romford Town	2:59.21	348	36.19	1:22.49	2:19.18
26.	Olivia CARTWRIGHT	13	Colchester	2:59.55	346	40.61	1:23.38	2:19.65
27.	Kathryn EDWARDS	13	Braintree	3:01.39	336	-	1:24.98	2:20.18
	Monika MURINE	13	Bark & Dagen	DQ T				

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ruby WHEELER	14	Basildon Ph	2:25.38	652	EBT	31.65	1:09.71
2.	Erika PASAKINSKAITE	14	Bark & Dagen	2:31.97	571	-	1:12.34	-
3.	Olivia COOPER	14	Basildon Ph	2:35.23	536	34.80	1:15.11	2:01.01
4.	Elise DELAPPERALL	14	Thurrock	2:39.24	496	33.42	1:14.38	2:03.64
5.	Anna-Lucia FENNER	14	Basildon Ph	2:39.32	496	35.40	1:16.31	2:03.09
6.	Alexa MANN	14	Basildon Ph	2:44.40	451	36.42	1:16.77	2:07.25
7.	Mia MAGNUS	14	BorRedbridge	2:46.48	434	-	1:19.22	2:10.58
8.	Lily ULYATT	14	Chelmsford	2:48.37	420	35.45	1:17.50	2:08.84
9.	Keziah CORNISH	14	Colchester	2:48.41	419	37.35	1:17.81	2:10.55
10.	Misty EREN	14	Harlow Pen	2:48.48	419	-	1:20.41	2:09.98

EVENT 185 FINAL OF EVENT 180 Girls 15 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Victoria DRELEVA	15	Romford Town	1:05.75	600	30.30
2.	Holly LAMB	15	Basildon Ph	1:07.49	555	32.31
3.	Kiera BLUNDEN	15	Chelmsford	1:09.10	517	33.49
4.	Charlotte GILL	15	Basildon Ph	1:09.71	504	33.02
5.	Phoebe WHITE	15	Harlow Pen	1:10.39	489	-
6.	Bryony EDGINGS	15	Thurrock	1:10.96	477	33.11
7.	Stephanie PAGAN	15	Bo Waltham F	1:11.50	467	33.50
8.	Emily COOPER	15	Basildon Ph	1:12.36	450	-

EVENT 186 FINAL OF EVENT 180 Girls 16 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	May BRADBURN	16	Chelmsford	1:04.21	645	30.83
2.	Brooke JENKINS	16	Basildon Ph	1:06.88	570	30.93
3.	Ciara WOOKEY	16	Colchester	1:08.10	540	31.61
4.	Emily ILEY	16	Bo Waltham F	1:09.46	509	32.14
5.	Rachel HA	16	Epping For't	1:09.78	502	33.40
6.	Ella REMYN	16	Bo Waltham F	1:13.19	435	33.87
7.	Rosie BROOKS	16	Chelmsford	1:13.63	427	33.50
8.	Elizabeth WILKINSON	16	Chelmsford	1:13.68	426	35.72

EVENT 187 FINAL OF EVENT 180 Girls 17 Yrs/Over 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Rebecca HOWELL	17	Basildon Ph	1:07.30	560	32.97
2.	Kameliya STOIMENOVA	17	Bo Newham	1:07.69	550	32.58
3.	Asma PARKER	17	Colchester	1:08.13	540	31.82
4.	Georgia PEASE	18	Basildon Ph	1:08.46	532	31.62
5.	Tia GARDINER	18	Chelmsford	1:08.95	520	33.24
6.	Emily GREEN	19	Brentwood	1:09.07	518	32.74
7.	Millie WARD	18	Brentwood	1:11.05	476	32.93
8.	Ellie GRANT	19	Brentwood	1:11.23	472	33.75

EVENT 188 Mens 11/12 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Thurrock	11/12		2:01.78		-	59.85	1:30.79
2.	Basildon Ph	11/12		2:05.48		-	1:03.90	1:38.84
3.	Bark & Dagen	11/12		2:06.16		-	1:01.35	1:33.47
4.	Chelmsford	11/12		2:06.53		-	1:04.90	1:36.65
5.	Braintree	11/12		2:09.15		32.47	1:06.27	1:37.98
6.	Colchester	11/12		2:12.15		-	1:05.34	1:39.77
7.	Bo Southend	11/12		2:12.97		36.06	1:08.56	1:39.65
8.	Halstead	11/12		2:18.94		34.84	1:11.35	-
9.	DunmowAtlant	11/12		2:19.94		30.79	1:07.58	-
10.	Southend	11/12		2:19.99		34.87	1:10.47	1:46.95
11.	Witham Dolph	11/12		2:20.41		-	1:10.93	-
12.	Harlow Pen	11/12		2:22.01		34.71	1:12.91	1:47.01
13.	Killerwhales	11/12		2:22.67		33.05	1:09.77	1:45.24
14.	Epping For't	11/12		2:25.49		32.12	1:10.84	-



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15. Rochford	11/12	2:28.09	37.82	1:15.63	1:52.96
16. Bo Newham	11/12	2:32.12	-	1:21.77	1:59.10
Brentwood	11/12	DQ ST			

EVENT 189 Womens 15 Yrs/Over 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	FINA Pt	50	100	150
1.	Romford Town	15/OV		2:04.20		31.97	1:05.81	1:35.40
2.	Colchester	15/OV		2:05.00		31.46	1:05.86	1:35.49
3.	Chelmsford	15/OV		2:05.15		32.81	1:07.68	-
4.	Basildon Ph	15/OV		2:06.01		-	1:07.44	1:37.95
5.	Thurrock	15/OV		2:07.79		32.91	1:07.96	1:38.61
6.	Bo Waltham F	15/OV		2:08.64		-	1:07.30	1:38.82
7.	Brentwood	15/OV		2:09.37		-	1:08.41	1:41.15
8.	Runnymede	15/OV		2:11.74		32.30	1:08.36	1:41.11
9.	DunmowAtlant	15/OV		2:14.19		33.72	1:11.20	1:45.01
10.	Halstead	15/OV		2:14.70		35.10	1:11.32	-
11.	Witham Dolph	15/OV		2:14.99		37.79	1:12.22	-
12.	Braintree	15/OV		2:16.27		35.01	1:14.59	1:45.95
13.	Rochford	15/OV		2:16.92		35.59	1:15.56	1:48.13
14.	Killerwhales	15/OV		2:17.34		33.87	1:15.55	1:50.38
15.	Epping For't	15/OV		2:17.47		-	1:14.65	1:47.02
16.	Southend	15/OV		2:17.86		34.46	-	-
	Bo Newham	15/OV		DQ O				