

Swim England Essex Winter Short Course Championships 2026

17th & 18th October 2025 License 2ER260875

Relay information

1. The swimmer's age will be determined as of December 31, 2026.
2. These are 14 years and under and 15 years plus age grouping for the teams for both the freestyle and the medley per gender. Entries are made via the link on the SE Essex County website
3. A master list of relay swimmers must be submitted to the Event Manager Lyndsay Motin essexswimming@btopenworld.com before the closing date for the meet, 30th September 2026.
4. All relays are HDW.
5. Teams that are disqualified will not be eligible for an award.
6. Entry fee per relay team is £20.00.
7. There are no QTs for these events although teams must be entered with a time and names of the swimmers to the Event Manager, Lyndsey Motin at: essexswimming@btopenworld.com by the beginning of the warm-up for the session.
8. If a team is not going to swim in a heat that it has previously entered, a club coach or Team Manager must submit a withdrawal form, using the withdrawal form on the SE Essex County website to the Event Manager no later than the start of warm-up. A failure to meet this condition will result in a £10 fine per team. If a relay team swimmer is taken ill and the team is no longer able to compete, the Team Manager must inform the Event Manager in the AOE room to prevent a fine being issued.
9. Clubs may enter a maximum of **3 teams per age grouping, Female** 14 years and under and 15 years + and **2 Male/Open** 14 years and under and 15 years +, per relay event.
10. The relays are unlicensed but the General Conditions for the meet apply to these events. All relay members must be Swim England category 2 swimmers.
11. There will be a 15-minute warmup for those relay swimmers who have not competed in other events in that same session, after the event heats and before the finals.
12. Any queries please contact the Promoter, Helen Stephens at: swimmingmanager@essexswimming.org