

EVENT 101 Mixed 18 Yrs/Over 400m Freestyle

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Taylor BERNARD	22	Hornchurch	5:39.57	244
	50m 34.82	100m 1:14.23	150m 1:56.64	200m 2:40.05	250m 3:24.35
				300m 4:09.46	350m 4:54.87
				400m 5:39.57	

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew SAWKINS	27	Bo Newham	4:15.02	576
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 4:15.02	
2.	James WINTER	29	Rochford	4:49.98	392
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 4:49.98	
3.	Daniel ECCLES	27	Hornchurch	4:54.22	375
	50m 30.44	100m 1:04.65	150m -	200m -	250m -
				300m -	350m -
				400m 4:54.22	
4.	Daniel LEE	29	Rochford	4:56.87	365
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 4:56.87	
5.	Benjamin BROOKS	25	Rochford	5:26.50	274
	50m 35.74	100m 1:15.27	150m 1:56.88	200m 3:19.69	250m -
				300m -	350m 4:44.75
				400m 5:26.50	
6.	Oscar EASTMAN	25	Hornchurch	5:29.41	267
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 5:29.41	
7.	James PAGE	25	Hornchurch	5:41.66	239
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 5:41.66	

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	James SIMMONS	36	Bo Newham	4:35.78	455
	50m 30.06	100m 1:03.05	150m 1:36.65	200m 2:11.47	250m 2:47.12
				300m 3:23.22	350m 3:59.40
				400m 4:35.78	
2.	Christopher WATSON	37	Hornchurch	6:06.52	194
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 6:06.52	
3.	Diogo CASTRO	37	Out To Swim	8:00.34	86
	50m 49.15	100m 1:46.02	150m 2:46.87	200m 3:48.47	250m 4:51.23
				300m 5:53.70	350m 6:55.47
				400m 8:00.34	

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Craig CAMPION	42	Witham Dolph	4:44.88	413
	50m 30.74	100m 1:04.59	150m 1:39.58	200m 2:15.85	250m 2:52.71
				300m 3:30.12	350m 4:08.05
				400m 4:44.88	
2.	Jonathan HART	44	Hornchurch	8:12.78	79
	50m 47.18	100m 1:40.91	150m 2:38.03	200m 3:39.51	250m 4:42.10
				300m 5:52.08	350m 7:02.32
				400m 8:12.78	

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	James HALL	54	Hornchurch	7:00.01	129
	50m 45.04	100m 2:27.44	150m 3:21.33	200m 4:15.78	250m 5:10.39
				300m 6:06.28	350m -
				400m 7:00.01	

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter DIXON	57	Bo Newham	4:37.78	446
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 4:37.78	
2.	Kevin TRAYLER	59	Hornchurch	5:17.91	297
	50m 35.96	100m 1:14.73	150m 1:54.15	200m 2:33.76	250m 3:14.28
				300m 3:55.31	350m 4:36.70
				400m 5:17.91	
3.	Dave PETHERS	55	Basildon Ph	5:19.69	292
	50m 34.62	100m 1:13.23	150m -	200m -	250m -
				300m -	350m -
				400m 5:19.69	
4.	Danny BUNN	55	Hornchurch	5:29.78	266
	50m 38.69	100m 1:20.13	150m 2:02.29	200m 2:43.78	250m 3:25.09
				300m 4:06.68	350m 4:48.23
				400m 5:29.78	
5.	PALMER DEAN	56	Hornchurch	5:30.13	265
	50m 36.45	100m 1:16.08	150m 2:39.70	200m -	250m -
				300m -	350m -
				400m 5:30.13	

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Robert EASTMAN	60	Hornchurch	5:10.97	317
	50m 34.20	100m 1:11.47	150m -	200m -	250m -
				300m -	350m -
				400m 5:10.97	
2.	ANDREW HARRINGTON	61	Hornchurch	5:29.71	266
	50m 36.50	100m 1:17.37	150m 1:59.45	200m 2:42.15	250m 3:24.53
				300m 4:06.44	350m 4:48.51
				400m 5:29.71	
3.	Keith ODDY	62	Basildon Ph	5:44.68	233
	50m 37.20	100m 1:18.73	150m 2:01.44	200m 2:45.66	250m 3:30.39
				300m 4:15.17	350m 5:00.14
				400m 5:44.68	

OPEN/MALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter RAE	72	Otter	6:22.54	170
	50m 41.54	100m 1:27.93	150m 2:16.57	200m 3:06.02	250m 3:56.12
				300m 4:45.78	350m 5:35.37
				400m 6:22.54	

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Gabrielle WILLIAMS	23	Harwich DP	5:36.74	324
	50m 37.52	100m 1:19.87	150m 2:02.65	200m 2:45.90	250m 3:28.62
				300m 4:11.01	350m 4:54.12
				400m 5:36.74	
2.	CHARIS PALMER	23	Hornchurch	6:12.21	239
	50m 41.26	100m 1:27.17	150m 2:13.95	200m 3:02.13	250m 3:50.45
				300m 4:39.04	350m 5:27.22
				400m 6:12.21	

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Kaitlyn HALL	25	Hornchurch	6:07.66	248
	50m 39.32	100m 1:23.29	150m 2:09.42	200m 2:56.74	250m 3:44.78
				300m 4:32.46	350m 5:19.75
				400m 6:07.66	

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jane LAMB	35	Rochford	5:59.89	265
	50m -	100m -	150m -	200m -	250m -
				300m -	350m -
				400m 5:59.89	

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Kira NEAL	41	Basildon Ph	5:05.07	435
	50m 34.37	100m 1:10.84	150m 1:49.26	200m 2:28.19	250m 3:07.26
				300m 3:46.73	350m 4:26.30
				400m 5:05.07	
2.	Katie HOLMES	41	Harwich DP	5:11.21	410
	50m -	100m -	150m -	200m 2:12.69	250m -
				300m -	350m 3:58.94
				400m 5:11.21	
3.	Beverley JARMAN-HALL	44	Rochford	5:32.66	336

FULL RESULTS

50m 37.47 100m 1:18.06 150m 2:00.03 200m 2:42.83 250m 3:25.44 300m 4:08.39 350m 4:51.15 400m 5:32.66

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Tanya BRIGHTWELL	52	Bexley Mast	6:03.62	257
2.	Keely CHALKER	54	Hornchurch	6:27.70	212

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Liz WOOLNER	58	Flitwick	5:15.29	394

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Pauline TESTER	61	Bo Newham	7:22.75	142
2.	Joanne WILTSHIRE	64	Basildon Ph	8:00.90	111

FEMALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Patricia OTOOLE	65	Harwich DP	7:10.03	155
2.	Jo HIGGON	66	Harwich DP	8:03.47	109
3.	Donna PINEL	68	Bo Newham	10:45.55	45

EVENT 102 Mixed 18 Yrs/Over 50m Butterfly

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ellis MCQUADE	19	DunmowAtlant	27.13	515
2.	Sam BRYAN	24	Basildon Ph	27.44	497
3.	Samuel MILLER	22	Rochford	27.65	486
4.	Rio ROGERS	21	Basildon Ph	27.97	470
5.	Jack PARKER	18	Hornchurch	28.91	425
6.	Pouya AGHAEI	22	Bo Newham	29.35	406
7.	Thomas FORD	19	Basildon Ph	29.75	390
8.	Nathan JONES	24	Hornchurch	29.82	388
9.	Antony PANCHUK-YAVNY	22	Hornchurch	30.26	371
10.	Lenny DABBS	18	Hornchurch	31.56	327
11.	Taylor BERNARD	22	Hornchurch	32.30	305
12.	Daniel HALL	21	Hornchurch	32.87	289

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Dylan CONWAY	25	Basildon Ph	26.90	528
2.	Ed WILLIAMS	29	Hackney	27.02	521
3.	Jack HOWLETT	29	Harwich DP	27.76	480
4.	Daniel ECCLES	27	Hornchurch	28.24	456
5.	Ian Eli VILLA TERRAZAS	25	Tower Hamlet	29.49	401
6.	Mark GREENBAUM	29	DunmowAtlant	29.77	389
7.	Olly ATKINSON	29	Bo Newham	29.94	383
8.	Myles HANLON	29	Out To Swim	30.66	356
9.	Joshua HAMPSON	29	Hackney	30.93	347
10.	Edmund BEATON	26	Braintree	30.98	346
11.	Kalaam MOTIN	28	Rochford	32.82	291
12.	James PAGE	25	Hornchurch	33.28	279
13.	Anujan METHEUS	28	Bo Newham	34.09	259
14.	Oscar EASTMAN	25	Hornchurch	34.61	248
	Daniel COLLISON	27	Rochford	DNC	

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Can BOZKURT	30	Hackney	25.75	602
2.	Andrew KEMP	33	Bo Newham	27.54	492
3.	Reece MAVERICKS	30	Bo Newham	28.36	451
4.	Danny BAKER	31	Rochford	28.67	436
5.	Jonathan BENTHAM	32	Hackney	29.06	419
6.	Ryan CROUCH	31	Deben	30.27	370
7.	Jon KIRK	30	Out To Swim	31.53	328
8.	Matthew WALCHER	32	Out To Swim	36.11	218

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Joe NORTHOVER	35	Bo Newham	25.25	639
2.	Gonzalo BARRIENTOS	35	Hackney	29.75	390
3.	Christopher BULL	38	Hackney	35.50	229
4.	Dian NIKOLOV	35	Bo Newham	36.79	206
5.	Martin COOPER	38	Harwich DP	38.58	179
6.	Marcus De Quan PECK	36	Bo Newham	39.25	170
7.	Diogo CASTRO	37	Out To Swim	58.92	50

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	DAVID ABBOTT	42	Hornchurch	28.65	437
2.	Matthew RICKETT	43	Chelmsford	30.30	369
3.	Aaron HOGSBJERG	40	Halstead	31.93	316
4.	Alex SMITH	43	Harlow Pen	33.29	278
5.	Ben CHISNALL	40	DunmowAtlant	34.12	259
6.	Del JACKSON	43	Out To Swim	36.81	206
7.	Giorgio SPIEGELFELD	44	Hackney	39.03	173

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Richard VINTER	46	Witham Dolph	29.46	402
2.	Mark BECKWITH	45	Black Lion	34.03	261
3.	Alex TIMCKE	49	Hornchurch	35.72	225
4.	Paul HIGGON-WILLIAMS	45	Harwich DP	38.85	175
5.	Sam BERNARD	47	Hornchurch	45.49	109

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Scot BRADLEY	51	Hornchurch	31.10	342
2.	Craig BANNING	52	Harlow Pen	31.71	322
3.	Ed HORROCKS	52	DunmowAtlant	31.85	318
4.	Iain BULLOCH	51	Harlow Pen	33.53	272
5.	Nikolaos TSOGKAS	50	Hackney	35.74	225

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Dave PETHERS	55	Basildon Ph	32.51	299
2.	PALMER DEAN	56	Hornchurch	34.48	251
3.	Danny BUNN	55	Hornchurch	37.12	201
4.	Peter CHITTOCK	55	Basildon Ph	37.26	198
5.	Jason COLE	58	Colchester	37.92	188
6.	Richard LIVINGS	55	Braintree	41.42	144

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	ANDREW HARRINGTON	61	Hornchurch	32.36	303
2.	Robert EASTMAN	60	Hornchurch	32.81	291
3.	Christopher BEECHING	60	Hornchurch	35.25	234

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ashley MEERLOO	65	Hackney	33.01	286
2.	Colin CORBY	66	Chelmsford	42.77	131
3.	Andrew WIGHT	68	Stowmarket	52.71	70

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Becca HOWELL	22	Basildon Ph	30.06	533
2.	Jaida LUDLOW	20	Basildon Ph	31.65	457
3.	Celly ANDREW	24	Harlow Pen	32.50	422
4.	Eve JOHNSON	23	Rochford	33.56	383
5.	Rebecca DACK	23	DunmowAtlant	33.94	370
6.	Jayne GIMBIRD	22	Hornchurch	34.76	345
7.	Rebecca STROUD	23	Brentwood	35.04	336
8.	Gabrielle WILLIAMS	23	Harwich DP	37.44	276

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Cathy YE	28	Bo Newham	30.76	497
2.	Riley FLICK	26	Hackney	31.09	482
3.	Ella STONBE	28	Rochford	31.87	447
4.	JACQUELYN YANG	29	Hackney	31.97	443
5.	Hazel TRAYLER	26	Hornchurch	32.48	422
6.	Megan BENSON	27	Bo Newham	32.90	406
7.	Rebecca CRIBB	25	Bo Newham	32.92	406
8.	Olivia SMITH-LAL	27	DunmowAtlant	33.95	370
9.	Nicole STANTON	28	Hackney	35.23	331
10.	Olivia MOORE	25	East Anglian	36.65	294
11.	Jessica ROBIN	29	Rochford	37.14	282
12.	Kaitlyn HALL	25	Hornchurch	38.25	258
13.	Stephanie RICE	25	Harwich DP	40.72	214
	Amy HAARBURGER	28	Rochford	DNC	
	Lauren GREENBAUM	27	DunmowAtlant	DQ T	

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Megan MCDONAGH	32	Otter	32.57	419
2.	Megan HOLDER	30	Bo Newham	32.69	414
3.	Hannah KNIGHTLY	31	Basildon Ph	33.34	391
4.	Amy BARTON	30	Cally Mast	35.22	331

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jenifer ORDONEZ	38	Bexley Mast	35.82	315

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	HAYLEY BROWN	42	Witham Dolph	31.74	453
2.	Christine JAEGGI	44	Bo Newham	33.10	399
3.	Katie HOLMES	41	Harwich DP	33.18	396

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Shelley DAY	45	Witham Dolph	32.88	407
2.	Louise PARSONS	45	Rochford	33.49	385
3.	Lizzie LONG	45	Rochford	34.81	343
4.	Nicola RUSSELL	48	DunmowAtlant	35.96	311

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sarah BERRY	52	Out To Swim	38.17	260
2.	Alex GORE	52	Rochford	41.45	203
3.	Clare RICHARDSON	50	Harwich DP	44.64	162

FEMALE 55/59 Yrs Age Group - Full Results

FULL RESULTS

Place	Name	AaD	Club	Time	WA Pts
1.	Katrina FARRALL	55	Basildon Ph	35.09	335
2.	Jane ROTHMAN	55	Hornchurch	50.64	111

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Joanne WILTSHIRE	64	Basildon Ph	1:07.47	47

FEMALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jane MCIVOR	69	Rochford	1:05.91	50

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Vivien WILLIS	72	Rochford	45.63	152

EVENT 103 Mixed 18 Yrs/Over 100m Breaststroke

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Charles RENNIE	24	Braintree	1:07.42	551	31.56
2.	Sam BRYAN	24	Basildon Ph	1:13.64	423	33.88
3.	Pouya AGHAEI	22	Bo Newham	1:15.11	398	34.31
4.	Antony PANCHUK-YAVNYY	22	Hornchurch	1:15.94	385	34.71
5.	Ewan BULLOCH	22	Harlow Pen	1:18.06	355	36.74
6.	Lenny DABBS	18	Hornchurch	1:20.08	328	37.12
7.	Daniel HALL	21	Hornchurch	1:29.91	232	42.14

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Ben READ	29	Dorking	1:10.07	491	32.81
2.	Jack HOWLETT	29	Harwich DP	1:10.57	480	32.70
3.	Ian Eli VILLA TERRAZAS	25	Tower Hamlet	1:17.70	460	36.29
4.	Daniel ECCLES	27	Hornchurch	1:20.24	326	38.22
5.	James PAGE	25	Hornchurch	1:21.82	308	38.81
6.	Oscar EASTMAN	25	Hornchurch	1:26.53	260	41.46

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Matthew SHONE	32	Bo Newham	1:08.32	529	31.74
2.	Kim LIU	32	Otter	1:10.50	482	33.65
3.	Jamie HARRINGTON	34	Hornchurch	1:19.72	333	37.42
4.	Matthew WALCHER	32	Out To Swim	1:24.31	281	40.42
5.	Danny MARVAN	33	Harwich DP	1:25.12	273	39.17

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Sean LEAHY	35	Bo Newham	1:05.89	590	29.68
2.	Christopher WATSON	37	Hornchurch	1:34.99	197	-
	Guglielmo CIVARDI	35	Bo Newham	DNC		
	Tom HARGREAVES	39	Hackney	DNF		

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	David EBANKS	43	Basildon Ph	1:07.27	554	31.21
2.	James BARNACLE	44	Braintree	1:18.48	349	36.95
3.	Giorgio SPIEGELFELD	44	Hackney	1:27.08	255	41.68
	Jared GOLDEN	40	Gwich Royals	DNC		

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Peter WILLIAMS	45	Kidlington	1:10.71	477	32.74
2.	David ORDERS	47	Witham Dolph	1:18.12	354	37.26
3.	Paul HIGGON-WILLIAMS	45	Harwich DP	1:30.44	228	42.41
	Alex TIMCKE	49	Hornchurch	DQ T		

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Christopher MORGAN	53	Bo Newham	1:23.19	293	-
2.	Iain BULLOCH	51	Harlow Pen	1:26.35	262	41.16

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Danny BUNN	55	Hornchurch	1:26.70	259	41.58
2.	PALMER DEAN	56	Hornchurch	1:30.68	226	44.14

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Robert EASTMAN	60	Hornchurch	1:22.36	302	38.57
2.	Martyn FRESHER	63	Co Ely	1:22.95	295	38.31
3.	Keith ODDY	62	Basildon Ph	1:26.26	263	40.09
4.	ANDREW HARRINGTON	61	Hornchurch	1:27.07	255	41.56
5.	Christopher BEECHING	60	Hornchurch	1:28.42	244	41.30
6.	Adam LELEAN	63	Diss Otters	1:30.18	230	42.50

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Andrew WIGHT	68	Stowmarket	1:42.74	155	49.16
2.	Rob STRANDERS	69	DunmowAtlant	1:45.59	143	47.99
3.	Simon GOULTER	69	Loughton Mas	1:48.16	133	51.10

OPEN/MALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Gary SANFORD	70	St Albans Ma	1:32.45	213	-
2.	Chris KAETHNER	70	Hackney	1:33.12	209	42.65

OPEN/MALE 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
						50

FULL RESULTS

1. Jeffrey HILLIER 76 Bo Waltham F 2:02.34 92 58.40

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Amber HEAD	23	Rochford	1:20.94	457	37.37

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Federica NOERA	29	Bo Newham	1:24.70	399	38.96
2.	Ana-Maria MOLNAR	27	Hackney	1:31.37	317	43.21
3.	Kaitlyn HALL	25	Hornchurch	1:46.14	202	50.37
	Anna DOUGHTY	26	Gwich Royals	DNC		

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Megan HOLDER	30	Bo Newham	1:22.42	433	39.18
2.	Lei PING	33	Otter	1:23.45	417	39.54
3.	Jaye WESTERN	30	Flitwick	1:25.73	384	40.87
4.	Amy BARTON	30	Cally Mast	1:33.44	297	43.07
5.	Bethany GODFREY	30	Harwich DP	1:44.84	210	49.37

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Katie HOLMES	41	Harwich DP	1:23.39	418	38.37
2.	HAYLEY BROWN	42	Witham Dolph	1:24.63	400	41.27
3.	Alaine TSANG	44	Bo Newham	1:30.91	322	42.42

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Sally DEVERILL	45	Basildon Ph	1:26.75	371	40.17
2.	Katie BRETMAN	45	DunmowAtlant	1:38.69	252	45.00

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Amanda GOODMAN	55	Basildon Ph	1:27.71	359	40.33
2.	Heidi NEVIN	57	Rochford	1:32.65	304	44.31
3.	Emma JEFFERY	55	Witham Dolph	1:45.02	209	51.84

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	
1.	Sally LELEAN	74	Diss Otters	2:03.56	128	58.87

EVENT 104 Mixed 18 Yrs/Over 50m Backstroke

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Samuel MILLER	22	Rochford	29.10	438
2.	Taylor BERNARD	22	Hornchurch	33.18	295
3.	Daniel HALL	21	Hornchurch	39.29	178
4.	Nathan HART	18	Hornchurch	40.90	157

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew SAWKINS	27	Bo Newham	26.67	569
2.	James TOWNER	28	Hackney	27.17	538
3.	Ed WILLIAMS	29	Hackney	29.21	433
4.	Daniel ECCLES	27	Hornchurch	31.14	357
5.	Lewis ARCHER	28	Halstead	31.50	345
6.	Mark GREENBAUM	29	DunmowAtlant	31.88	333
7.	Dominic BAXTER	28	Harwich DP	32.05	326
8.	Olly ATKINSON	29	Bo Newham	32.17	324
9.	James PAGE	25	Hornchurch	34.23	269
10.	Oliver SHERGOLD	27	Colchester P	35.09	250
11.	Kalaam MOTIN	28	Rochford	35.26	246

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew KEMP	33	Bo Newham	30.05	398
2.	Jonathan BENTHAM	32	Hackney	30.33	387

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Joe NORTHOVER	35	Bo Newham	27.52	518
2.	Yigit GUVEN	38	Bo Newham	32.85	304
3.	Lloyd Anthony ARANDIA	38	Out To Swim	35.63	238
4.	Marcus De Quan PECK	36	Bo Newham	39.78	171
5.	Christopher WATSON	37	Hornchurch	47.27	102

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	DAVID ABBOTT	42	Hornchurch	34.07	273
2.	Daniel TURNER	42	Harwich DP	34.91	254
3.	Christos TYMPANARIS	40	Leyton	38.14	194
4.	Del JACKSON	43	Out To Swim	38.90	183

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter WILLIAMS	45	Kidlington	31.19	356
2.	Alex TIMCKE	49	Hornchurch	40.47	163
3.	Lewis WHITELOCK	45	Basildon Ph	43.41	132

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Scot BRADLEY	51	Hornchurch	33.23	294
2.	Craig BANNING	52	Harlow Pen	34.49	263

OPEN/MALE 55/59 Yrs Age Group - Full Results

FULL RESULTS

Place	Name	AaD	Club	Time	WA Pts
1.	PALMER DEAN	56	Hornchurch	37.87	199
2.	Danny BUNN	55	Hornchurch	43.03	135

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Dale BARKER	63	Felixstowe	35.65	238
2.	Robert EASTMAN	60	Hornchurch	35.86	234
3.	ANDREW HARRINGTON	61	Hornchurch	40.75	159
4.	Christopher BEECHING	60	Hornchurch	44.51	122
5.	Paul TRAYLER	62	Hornchurch	46.98	104

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Colin CORBY	66	Chelmsford	45.53	114

OPEN/MALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Walter GERRARD	73	Rochford	43.26	133
2.	Christopher PRESTON	74	Out To Swim	48.31	95

OPEN/MALE 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jeffrey HILLIER	76	Bo Waltham F	52.39	75

OPEN/MALE 80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Derek GORE	85	Chelmsford	1:01.20	47

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jaida LUDLOW	20	Basildon Ph	31.13	533
2.	Millie TURNER	22	Basildon Ph	34.78	382
3.	Jayne GIMBIRD	22	Hornchurch	35.42	362
4.	Celly ANDREW	24	Harlow Pen	35.53	358
5.	Rebecca STROUD	23	Brentwood	35.88	348

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ella STONBE	28	Rochford	33.21	439
2.	Nicole STANTON	28	Hackney	34.24	401
3.	Kaitlyn HALL	25	Hornchurch	36.76	324
4.	Jessica ROBIN	29	Rochford	39.15	268

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Megan MCDONAGH	32	Otter	33.74	419
2.	Lei PING	33	Otter	35.09	372
3.	Hannah KNIGHTLY	31	Basildon Ph	35.36	364

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sarah EDWARDS	39	DunmowAtlant	35.63	355
2.	Jane LAMB	35	Rochford	36.36	334

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Katie HOLMES	41	Harwich DP	37.19	312
2.	Christine JAEGGI	44	Bo Newham	38.42	283
3.	Alaine TSANG	44	Bo Newham	39.39	263
	Sarah GIBSON	44	Rochford	DNC	

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Lizzie LONG	45	Rochford	38.02	292

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Tanya BRIGHTWELL	52	Bexley Mast	37.76	299
2.	Sarah BERRY	52	Out To Swim	39.19	267
3.	Stephanie PAIN	52	East Anglian	39.67	257
4.	Lucy ROBINSON	54	Witham Dolph	41.45	226

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Liz WOOLNER	58	Flitwick	34.71	384
2.	Katrina FARRALL	55	Basildon Ph	36.84	321
3.	Heidi NEVIN	57	Rochford	39.05	270
4.	Jane ROTHMAN	55	Hornchurch	46.10	164

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ann HART	61	Basildon Ph	47.85	146

FEMALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Patricia OTOOLE	65	Harwich DP	50.46	125
2.	Donna PINEL	68	Bo Newham	1:22.66	28

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Vivien WILLIS	72	Rochford	51.47	118
2.	Sally LELEAN	74	Diss Otters	57.02	86

EVENT 105 Mixed 18 Yrs/Over 100m Freestyle

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Rio ROGERS	21	Basildon Ph	56.98	487
2.	Thomas FORD	19	Basildon Ph	58.92	440
3.	Nathan JONES	24	Hornchurch	1:00.36	409
4.	Antony PANCHUK-YAVNYY	22	Hornchurch	1:01.45	388
5.	Pouya AGHAEI	22	Bo Newham	1:01.67	384
6.	Nathan HART	18	Hornchurch	1:01.93	379
7.	James HURSEY	21	Harlow Pen	1:03.01	360
8.	Daniel HALL	21	Hornchurch	1:03.90	345
9.	Lenny DABBS	18	Hornchurch	1:04.58	334

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew SAWKINS	27	Bo Newham	53.76	580
2.	Jack HOWLETT	29	Harwich DP	54.82	547
3.	James WINTER	29	Rochford	58.26	455
4.	Daniel ECCLES	27	Hornchurch	59.22	434
5.	Lewis ARCHER	28	Halstead	1:00.27	411
6.	Ian Eli VILLA TERRAZAS	25	Tower Hamlet	1:01.33	390
7.	Edmund BEATON	26	Braintree	1:01.75	382
8.	Daniel COLLISON	27	Rochford	1:02.50	369
9.	Dominic BAXTER	28	Harwich DP	1:02.52	368
10.	Daniel LEE	29	Rochford	1:02.93	361
11.	Oliver SHERGOLD	27	Colchester P	1:08.05	286
12.	James PAGE	25	Hornchurch	1:08.63	278
13.	Oscar EASTMAN	25	Hornchurch	1:10.72	254
14.	Benjamin BROOKS	25	Rochford	1:10.81	253

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	David MOORES	30	Otter	55.64	523
2.	Danny BAKER	31	Rochford	57.20	481
3.	Andrew KEMP	33	Bo Newham	57.31	478
4.	Ryan CROUCH	31	Deben	59.73	423
5.	Danny MARVAN	33	Harwich DP	1:08.26	283
	Jon KIRK	30	Out To Swim	DNC	

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Nicholas OAKES	39	Hackney	57.17	482
2.	James SIMMONS	36	Bo Newham	1:00.28	411
3.	Adam LAMB	36	Rochford	1:05.35	323
4.	Sean BUNKER	38	Rochford	1:07.86	288
5.	Christopher BULL	38	Hackney	1:08.64	278
6.	Marcus De Quan PECK	36	Bo Newham	1:12.80	233
7.	Martin COOPER	38	Harwich DP	1:13.39	228
8.	Dian NIKOLOV	35	Bo Newham	1:16.18	203
9.	Christopher WATSON	37	Hornchurch	1:16.81	198
10.	Diogo CASTRO	37	Out To Swim	1:41.99	84
	Tom HARGREAVES	39	Hackney	DNC	

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	John DILLEY	42	Chelmsford	57.23	480
2.	DAVID ABBOTT	42	Hornchurch	59.59	426
3.	Craig CAMPION	42	Witham Dolph	1:00.94	398
4.	Michael STURGESS	41	Black Lion	1:01.70	383
5.	Ryan LAM	44	BorRedbridge	1:02.15	375
6.	Aaron HOGSBJERG	40	Halstead	1:02.71	365
7.	Daniel TURNER	42	Harwich DP	1:05.81	316
8.	Ben CHISNALL	40	DunmowAtlant	1:07.40	294
9.	Jonathan HART	44	Hornchurch	1:27.45	134

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Richard VINTER	46	Witham Dolph	58.63	447
2.	Peter WILLIAMS	45	Kidlington	58.67	446
3.	Jason MELLORS	46	Co St Albans	1:04.40	337
4.	Alex TIMCKE	49	Hornchurch	1:11.95	242
5.	Lewis WHITELOCK	45	Basildon Ph	1:22.96	157
6.	Sam BERNARD	47	Hornchurch	1:26.98	137

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ed HORROCKS	52	DunmowAtlant	1:05.37	322
2.	Scot BRADLEY	51	Hornchurch	1:06.30	309
3.	Iain BULLOCH	51	Harlow Pen	1:08.24	283
4.	Andrew KITSON	51	Harlow Pen	1:09.76	265
5.	Simon LASHMAR	51	Basildon Ph	1:11.58	245
6.	James HALL	54	Hornchurch	1:25.77	142

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter DIXON	57	Bo Newham	59.51	427
2.	Kevin TRAYLER	59	Hornchurch	1:07.12	298
3.	PALMER DEAN	56	Hornchurch	1:10.40	258
4.	Danny BUNN	55	Hornchurch	1:11.57	245
5.	Peter CHITTOCK	55	Basildon Ph	1:14.71	216
6.	Jason COLE	58	Colchester	1:15.84	206

FULL RESULTS

7.	Richard LIVINGS	55	Braintree	1:24.80	147
OPEN/MALE 60/64 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Ralph PINEL	63	Bo Newham	1:04.30	339
2.	Robert EASTMAN	60	Hornchurch	1:06.74	303
3.	ANDREW HARRINGTON	61	Hornchurch	1:06.96	300
4.	Christopher BEECHING	60	Hornchurch	1:10.54	256
5.	Adam LELEAN	63	Diss Otters	1:12.50	236
6.	Jonathan GREENE	61	East Anglian	1:24.84	147
OPEN/MALE 65/69 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Colin CORBY	66	Chelmsford	1:21.25	168
2.	Andrew WIGHT	68	Stowmarket	1:23.54	154
3.	Rob STRANDERS	69	DunmowAtlant	1:25.95	141
OPEN/MALE 70/74 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Chris KAETHNER	70	Hackney	1:19.38	180
2.	Peter RAE	72	Otter	1:19.55	179
3.	Walter GERRARD	73	Rochford	1:21.85	164
OPEN/MALE 80 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Derek GORE	85	Chelmsford	2:02.60	48
FEMALE 18/24 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Becca HOWELL	22	Basildon Ph	1:00.13	583
2.	Eve JOHNSON	23	Rochford	1:05.90	443
3.	Rebecca DACK	23	DunmowAtlant	1:06.30	435
4.	Amber HEAD	23	Rochford	1:06.63	428
5.	Celly ANDREW	24	Harlow Pen	1:12.05	339
6.	CHARIS PALMER	23	Hornchurch	1:12.64	331
FEMALE 25/29 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	JACQUELYN YANG	29	Hackney	1:03.52	495
2.	Cathy YE	28	Bo Newham	1:03.59	493
3.	Ella STONBE	28	Rochford	1:05.39	453
4.	Federica NOERA	29	Bo Newham	1:05.58	449
5.	Beth HOLDER	28	Bo Newham	1:07.05	420
6.	Nicole STANTON	28	Hackney	1:09.02	385
7.	Kaitlyn HALL	25	Hornchurch	1:15.94	289
8.	Olivia MOORE	25	East Anglian	1:16.74	280
	Amy HAARBURGER	28	Rochford	DNC	
FEMALE 30/34 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Amy BARTON	30	Cally Mast	1:06.31	435
FEMALE 40/44 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Kira NEAL	41	Basildon Ph	1:06.95	422
2.	Sarah GIBSON	44	Rochford	1:08.16	400
3.	Katie HOLMES	41	Harwich DP	1:09.61	376
4.	Alaine TSANG	44	Bo Newham	1:14.57	305
5.	Louise KEDGE	40	Harlow Pen	1:16.24	286
FEMALE 45/49 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Dawn PALMER	49	Basildon Ph	1:04.70	468
2.	Shelley DAY	45	Witham Dolph	1:06.52	431
3.	Louise PARSONS	45	Rochford	1:08.74	390
4.	Lizzie LONG	45	Rochford	1:13.31	322
5.	Katie BRETMAN	45	DunmowAtlant	1:17.68	270
FEMALE 50/54 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Tanya BRIGHTWELL	52	Bexley Mast	1:15.93	289
2.	Alex GORE	52	Rochford	1:16.76	280
3.	Clare RICHARDSON	50	Harwich DP	1:20.67	241
4.	Keely CHALKER	54	Hornchurch	1:22.28	227
FEMALE 55/59 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Heidi NEVIN	57	Rochford	1:15.22	298
FEMALE 60/64 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Joanne WILTSHIRE	64	Basildon Ph	1:39.92	127
FEMALE 65/69 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Donna PINEL	68	Bo Newham	2:26.40	40
FEMALE 70/74 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Barbara BOXALL	70	Hornchurch	1:19.52	252

EVENT 106 Mixed 18 Yrs/Over 100m IM

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Charles RENNIE	24	Braintree	1:04.33	449
2.	Sam BRYAN	24	Basildon Ph	1:05.23	431
3.	Pouya AGHAEI	22	Bo Newham	1:10.40	342
4.	Daniel HALL	21	Hornchurch	1:19.77	235
5.	Nathan HART	18	Hornchurch	1:19.95	234
	Ellis MCQUADE	19	DunmowAtlant	DNC	

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew SAWKINS	27	Bo Newham	1:01.09	524
2.	Dylan CONWAY	25	Basildon Ph	1:01.13	523
3.	James TOWNER	28	Hackney	1:01.47	515
4.	Ben READ	29	Dorking	1:01.52	513
5.	Lewis ARCHER	28	Halstead	1:07.13	395
6.	Daniel ECCLES	27	Hornchurch	1:07.78	384
7.	Ian Eli VILLA TERRAZAS	25	Tower Hamlet	1:10.41	342
8.	Myles HANLON	29	Out To Swim	1:10.58	340
9.	O'ly ATKINSON	29	Bo Newham	1:12.04	320
10.	Edmund BEATON	26	Braintree	1:12.73	311
11.	James PAGE	25	Hornchurch	1:14.35	291
12.	Daniel LEE	29	Rochford	1:14.46	289
13.	Kalaam MOTIN	28	Rochford	1:16.87	263
14.	Oscar EASTMAN	25	Hornchurch	1:19.31	239
15.	Benjamin BROOKS	25	Rochford	1:24.08	201

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Kim LIU	32	Otter	1:04.79	440
2.	Matthew SHONE	32	Bo Newham	1:06.41	408
3.	Reece MAVERICKS	30	Bo Newham	1:06.48	407
4.	Jamie HARRINGTON	34	Hornchurch	1:10.40	342
5.	Jon KIRK	30	Out To Swim	1:12.37	315
6.	Matthew WALCHER	32	Out To Swim	1:22.99	209

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Fraser PEH	35	Otter	1:01.48	515
2.	Sean LEAHY	35	Bo Newham	1:02.88	481
3.	James SIMMONS	36	Bo Newham	1:08.31	375
4.	Marcus De Quan PECK	36	Bo Newham	1:27.61	177
5.	Diogo CASTRO	37	Out To Swim	2:01.83	66

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	David EBANKS	43	Basildon Ph	1:03.89	458
2.	DAVID ABBOTT	42	Hornchurch	1:12.23	317
3.	Aaron HOGSBJERG	40	Halstead	1:14.36	291
4.	Alex SMITH	43	Harlow Pen	1:16.20	270
5.	Ben CHISNALL	40	DunmowAtlant	1:19.40	239
6.	Giorgio SPIEGELFELD	44	Hackney	1:31.35	156

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Richard VINTER	46	Witham Dolph	1:07.42	390
2.	David ORDERS	47	Witham Dolph	1:10.47	341
3.	Alex TIMCKE	49	Hornchurch	1:23.50	205
4.	Paul HIGGON-WILLIAMS	45	Harwich DP	1:24.77	196
	Lewis WHITELOCK	45	Basildon Ph	DNC	

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Scot BRADLEY	51	Hornchurch	1:14.44	290
2.	Ed HORROCKS	52	DunmowAtlant	1:15.20	281
3.	Christopher MORGAN	53	Bo Newham	1:17.98	252
4.	Nikolaos TSOGKAS	50	Hackney	1:23.80	203

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	PALMER DEAN	56	Hornchurch	1:20.11	232
2.	Danny BUNN	55	Hornchurch	1:21.70	219

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Robert EASTMAN	60	Hornchurch	1:17.15	260
2.	Martyn FRESHER	63	Co Ely	1:17.22	259
3.	ANDREW HARRINGTON	61	Hornchurch	1:17.62	255
4.	Keith ODDY	62	Basildon Ph	1:18.84	244
5.	Dale BARKER	63	Felixstowe	1:20.38	230
6.	Christopher BEECHING	60	Hornchurch	1:22.26	215
7.	Adam LELEAN	63	Diss Otters	1:22.65	211
8.	Paul TRAYLER	62	Hornchurch	1:42.39	111
	Neil TRAYLER	64	Hornchurch	DNC	

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew WIGHT	68	Stowmarket	1:35.66	136
2.	Simon GOULTER	69	Loughton Mas	1:39.32	122

OPEN/MALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
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FULL RESULTS

1. Christopher PRESTON 74 Out To Swim 1:59.91 69

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Amber HEAD	23	Rochford	1:15.55	418
2.	Millie TURNER	22	Basildon Ph	1:18.21	377
3.	Rebecca STROUD	23	Brentwood	1:19.05	365
4.	Gabrielle WILLIAMS	23	Harwich DP	1:22.87	317
5.	Daisy HERRINGTON	21	DunmowAtlant	1:23.17	313

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Riley FLICK	26	Hackney	1:12.82	467
2.	Cathy YE	28	Bo Newham	1:13.06	462
3.	Federica NOERA	29	Bo Newham	1:14.84	430
4.	Beth HOLDER	28	Bo Newham	1:15.04	427
5.	Olivia SMITH-LAL	27	DunmowAtlant	1:17.02	394
6.	Megan BENSON	27	Bo Newham	1:18.31	375
7.	Rebecca CRIBB	25	Bo Newham	1:19.08	364
8.	Hazel TRAYLER	26	Hornchurch	1:20.53	345
9.	Ana-Maria MOLNAR	27	Hackney	1:21.91	328
10.	Kaitlyn HALL	25	Hornchurch	1:25.31	290
11.	Olivia MOORE	25	East Anglian	1:26.22	281

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Megan MCDONAGH	32	Otter	1:12.46	474
2.	Lei PING	33	Otter	1:15.45	420
3.	Megan HOLDER	30	Bo Newham	1:15.94	412
4.	Hannah KNIGHTLY	31	Basildon Ph	1:17.09	393
5.	Jaye WESTERN	30	Flitwick	1:21.18	337
6.	Bethany GODFREY	30	Harwich DP	1:37.72	193

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jenifer ORDONEZ	38	Bexley Mast	1:21.77	330

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Katie HOLMES	41	Harwich DP	1:19.09	364
2.	Christine JAEGGI	44	Bo Newham	1:22.53	321
3.	Louise KEDGE	40	Harlow Pen	1:26.75	276
4.	Alaine TSANG	44	Bo Newham	1:26.93	274
5.	Beverley JARMAN-HALL	44	Rochford	1:27.45	269

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Shelley DAY	45	Witham Dolph	1:17.33	390
2.	Sally DEVERILL	45	Basildon Ph	1:21.56	332
3.	Nicola RUSSELL	48	DunmowAtlant	1:21.82	329
4.	Lizzie LONG	45	Rochford	1:24.29	301

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Stephanie PAIN	52	East Anglian	1:26.03	283
2.	Sarah BERRY	52	Out To Swim	1:28.03	264
3.	Clare RICHARDSON	50	Harwich DP	1:39.99	180

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Katrina FARRALL	55	Basildon Ph	1:23.30	312
2.	Emma JEFFERY	55	Witham Dolph	1:39.99	180

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Barbara BOXALL	70	Hornchurch	1:43.09	164

EVENT 107 Mixed 120 Yrs 200m Free Team

Full Results

Place	Name	A.G	Club	Time	WA Pts
1.	HACKNEY		Hackney	1:51.46	
2.	NEWHAM A		Bo Newham	1:51.55	
3.	HARWICH A		Harwich DP	1:56.07	
4.	NEWHAM C		Bo Newham	1:58.14	
5.	HORNCHURCH A		Hornchurch	1:58.24	
6.	NEWHAM B		Bo Newham	1:58.30	
7.	ROCHFORD		Rochford	2:00.24	
8.	DUNMOW		DunmowAtlant	2:09.54	
9.	HARWICH B		Harwich DP	2:15.22	

EVENT 108 Mixed 160 Yrs 200m Free Team

Full Results

Place	Name	A.G	Club	Time	WA Pts
1.	ROCHFORD		Rochford	1:55.19	
2.	HARLOW		Harlow Pen	2:01.13	
3.	DUNMOW		DunmowAtlant	2:02.77	
4.	NEWHAM		Bo Newham	2:04.18	
5.	HORNCHURCH		Hornchurch	2:20.29	
6.	HALSTEAD		Halstead	2:58.66	

EVENT 109 Mixed 200 Yrs 200m Free Team

Full Results

Place	Name	A.G	Club	Time	WA Pts
1.	WITHAM		Witham Dolph	2:11.78	
2.	NEWHAM		Bo Newham	2:12.32	
3.	ROCHFORD		Rochford	2:13.12	
4.	HARWICH HORNCHURCH		Harwich DP Hornchurch	2:19.89 DNC	

EVENT 201 Mixed 18 Yrs/Over 200m Freestyle

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Nathan HART	18	Hornchurch	2:26.10	314

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Harry ROBINSON	27	Co Cambridge	2:03.29	523
2.	Lewis ARCHER	28	Halstead	2:11.65	430
3.	James WINTER	29	Rochford	2:12.48	422
4.	Daniel ECCLES	27	Hornchurch	2:18.15	372
5.	Daniel LEE	29	Rochford	2:20.35	354
6.	Oscar EASTMAN	25	Hornchurch	2:32.73	275
7.	James PAGE	25	Hornchurch	2:38.22	247
8.	Benjamin BROOKS	25	Rochford	2:38.23	247

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	David MOORES	30	Otter	2:05.41	497
2.	Danny BAKER	31	Rochford	2:05.68	494
3.	Matthew SHONE	32	Bo Newham	2:07.70	471

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	James SIMMONS	36	Bo Newham	2:11.82	428
2.	Gonzalo BARRIENTOS	35	Hackney	2:13.53	412
3.	Christopher BULL	38	Hackney	2:40.72	236
4.	Martin COOPER	38	Harwich DP	2:44.30	221
5.	Marcus De Quan PECK	36	Bo Newham	2:51.29	195
6.	Christopher WATSON	37	Hornchurch	2:52.69	190

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	John DILLEY	42	Chelmsford	2:08.11	466
2.	Craig CAMPION	42	Witham Dolph	2:12.98	417
3.	Alex SMITH	43	Harlow Pen	2:23.29	333
4.	Jonathan HART	44	Hornchurch	3:48.17	82

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Alex TIMCKE	49	Hornchurch	2:53.46	188
2.	Lewis WHITELOCK	45	Basildon Ph	3:09.06	145

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Christopher MORGAN	53	Bo Newham	2:32.70	275
2.	Andrew KITSON	51	Harlow Pen	2:35.08	263
3.	Simon LASHMAR	51	Basildon Ph	2:36.23	257
4.	James HALL	54	Hornchurch	3:22.01	119

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter DIXON	57	Bo Newham	2:13.32	414
2.	Kevin TRAYLER	59	Hornchurch	2:27.42	306
3.	Dave PETHERS	55	Basildon Ph	2:30.98	285
4.	PALMER DEAN	56	Hornchurch	2:36.71	254
5.	Danny BUNN	55	Hornchurch	2:37.19	252
6.	Jason COLE	58	Colchester	2:46.54	212

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ralph PINEL	63	Bo Newham	2:23.84	329
2.	Robert EASTMAN	60	Hornchurch	2:28.94	296
3.	ANDREW HARRINGTON	61	Hornchurch	2:32.76	275
4.	Christopher BEECHING	60	Hornchurch	2:46.85	211
5.	Jonathan GREENE	61	East Anglian	3:16.08	130

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Colin CORBY	66	Chelmsford	3:07.43	149

OPEN/MALE 80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Derek GORE	85	Chelmsford	4:30.58	49

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Eve JOHNSON	23	Rochford	2:24.23	447
2.	Molly RICHARDSON	19	Harwich DP	2:30.76	391
3.	Millie TURNER	22	Basildon Ph	2:37.92	340
4.	Gabrielle WILLIAMS	23	Harwich DP	2:42.14	314
5.	CHARIS PALMER	23	Hornchurch	2:49.78	274

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Rebecca CRIBB	25	Bo Newham	2:27.39	419
2.	Beth HOLDER	28	Bo Newham	2:28.17	412
3.	Hazel TRAYLER	26	Hornchurch	2:31.27	387
4.	Nicole STANTON	28	Hackney	2:32.73	376
5.	Megan BENSON	27	Bo Newham	2:36.98	346
6.	Kaitlyn HALL	25	Hornchurch	2:58.58	235

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Megan MCDONAGH	32	Otter	2:23.01	458
2.	Amy BARTON	30	Cally Mast	2:24.22	447
3.	Bethany GODFREY	30	Harwich DP	3:15.61	179

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Kira NEAL	41	Basildon Ph	2:24.28	446
2.	Katie HOLMES	41	Harwich DP	2:35.82	354
3.	Anna KASPARIAN	43	Bo Waltham F	2:39.80	328
4.	Beverley JARMAN-HALL	44	Rochford	2:40.73	323

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Lizzie LONG	45	Rochford	2:38.01	340

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Tanya BRIGHTWELL	52	Bexley Mast	2:48.41	281
2.	Keely CHALKER	54	Hornchurch	3:04.40	214

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Heidi NEVIN	57	Rochford	2:40.74	323

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Pauline TESTER	61	Bo Newham	3:34.16	136
2.	Joanne WILTSHIRE	64	Basildon Ph	3:39.30	127

FEMALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jo HIGGON	66	Harwich DP	3:55.57	102
2.	Donna PINEL	68	Bo Newham	5:18.07	41

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Barbara BOXALL	70	Hornchurch	2:55.78	247

EVENT 202 Mixed 18 Yrs/Over 50m Breaststroke

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Charles RENNIE	24	Braintree	30.74	534
2.	Sam BRYAN	24	Basildon Ph	31.93	477
3.	Jack PARKER	18	Hornchurch	33.25	422
4.	Pouya AGHAEI	22	Bo Newham	33.37	417
5.	Antony PANCHUK-YAVNY	22	Hornchurch	34.31	384
6.	Ewan BULLOCH	22	Harlow Pen	35.33	352
7.	Taylor BERNARD	22	Hornchurch	35.36	351
8.	Lenny DABBS	18	Hornchurch	35.64	343
9.	Daniel HALL	21	Hornchurch	39.18	258

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ed WILLIAMS	29	Hackney	31.42	500
2.	Jack HOWLETT	29	Harwich DP	31.87	479
3.	Ian Eli VILLA TERRAZAS	25	Tower Hamlet	35.93	334
4.	Myles HANLON	29	Out To Swim	36.11	329
5.	James PAGE	25	Hornchurch	36.44	320
6.	Anujan METHEUS	28	Bo Newham	36.53	318
7.	Mark GREENBAUM	29	DunmowAtlant	37.08	304
8.	Daniel ECCLES	27	Hornchurch	37.93	284
9.	Kalaam MOTIN	28	Rochford	38.52	271
10.	Oscar EASTMAN	25	Hornchurch	38.66	268

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Can BOZKURT	30	Hackney	29.21	623
2.	Kim LIU	32	Otter	30.89	526
3.	Matthew SHONE	32	Bo Newham	31.82	482
4.	Jamie HARRINGTON	34	Hornchurch	33.93	397
5.	Matthew WALCHER	32	Out To Swim	39.86	245
6.	Danny MARVAN	33	Harwich DP	41.07	224

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sean LEAHY	35	Bo Newham	30.17	565
2.	Dian NIKOLOV	35	Bo Newham	38.88	264
3.	Sean BUNKER	38	Rochford	41.10	223
4.	Christopher WATSON	37	Hornchurch	41.77	213
5.	Martin COOPER	38	Harwich DP	42.48	202
	Adam LAMB	36	Rochford	DNC	

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
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FULL RESULTS

1.	David EBANKS	43	Basildon Ph	29.91	580
2.	James BARNACLE	44	Braintree	34.35	383
3.	Ryan LAM	44	BorRedbridge	36.84	310
4.	Giorgio SPIEGELFELD	44	Hackney	39.17	258
5.	Daniel TURNER	42	Harwich DP	39.23	257
6.	Del JACKSON	43	Out To Swim	42.42	203

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter WILLIAMS	45	Kidlington	32.31	460
2.	Paul HIGGON-WILLIAMS	45	Harwich DP	40.26	238
3.	Alex TIMCKE	49	Hornchurch	42.38	204
4.	Sam BERNARD	47	Hornchurch	51.12	116

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Craig BANNING	52	Harlow Pen	36.97	307
2.	Christopher MORGAN	53	Bo Newham	38.86	264
3.	Ian WISE	52	Loughton Mas	39.51	251
4.	Nikolaos TSOGKAS	50	Hackney	41.15	222

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	PALMER DEAN	56	Hornchurch	38.00	283
2.	Danny BUNN	55	Hornchurch	40.19	239
3.	Richard LIVINGS	55	Braintree	49.27	129

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Martyn FRESHER	63	Co Ely	35.95	334
2.	ANDREW HARRINGTON	61	Hornchurch	38.04	282
3.	Robert EASTMAN	60	Hornchurch	38.20	278
4.	Keith ODDY	62	Basildon Ph	38.51	271
5.	Christopher BEECHING	60	Hornchurch	40.10	240
6.	Paul TRAYLER	62	Hornchurch	48.65	134

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Rob STRANDERS	69	DunmowAtlant	46.84	151

OPEN/MALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Gary SANFORD	70	St Albans Ma	40.62	231

OPEN/MALE 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jeffrey HILLIER	76	Bo Waltham F	53.58	100

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Amber HEAD	23	Rochford	37.40	436
2.	Daisy HERRINGTON	21	DunmowAtlant	37.94	418
3.	Gabrielle WILLIAMS	23	Harwich DP	40.63	340
4.	Molly RICHARDSON	19	Harwich DP	47.71	210

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Olivia SMITH-LAL	27	DunmowAtlant	37.94	418
2.	JACQUELYN YANG	29	Hackney	39.62	367
3.	Lauren GREENBAUM	27	DunmowAtlant	46.31	229
4.	Stephanie RICE	25	Harwich DP	46.99	220
5.	Kaitlyn HALL	25	Hornchurch	49.64	186

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Lei PING	33	Otter	37.53	431
2.	Megan HOLDER	30	Bo Newham	39.16	380
3.	Hannah KNIGHTLY	31	Basildon Ph	40.96	332
4.	Bethany GODFREY	30	Harwich DP	49.92	183

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Rebecca CLAY	38	Rochford	46.30	230
	Jane LAMB	35	Rochford	DNC	

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Katie HOLMES	41	Harwich DP	37.37	437
2.	Sarah GIBSON	44	Rochford	41.24	325
3.	Alaine TSANG	44	Bo Newham	41.97	308
4.	JACQUELINE STOCKWELL	40	Halstead	49.94	183

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sally DEVERILL	45	Basildon Ph	39.86	360
2.	Katie BRETMAN	45	DunmowAtlant	43.85	270

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Julie SANDERS	53	Basildon Ph	41.16	327
2.	Stephanie PAIN	52	East Anglian	42.70	293
3.	Clare RICHARDSON	50	Harwich DP	50.27	179

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Amanda GOODMAN	55	Basildon Ph	39.57	368
2.	Heidi NEVIN	57	Rochford	42.06	306
3.	Emma JEFFERY	55	Witham Dolph	49.49	188

FEMALE 65/69 Yrs Age Group - Full Results

FULL RESULTS

Place	Name	AaD	Club	Time	WA Pts
1.	Eileen LUTHER	67	Rochford	47.63	211
2.	Diane GIBB	65	DunmowAtlant	47.70	210
3.	Patricia OTOOLE	65	Harwich DP	55.03	137
4.	Jane MCIVOR	69	Rochford	1:00.36	103
5.	Donna PINEL	68	Bo Newham	1:27.07	34

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sally LELEAN	74	Diss Otters	59.25	109
	Barbara BOXALL	70	Hornchurch	DNC	

EVENT 203 Mixed 18 Yrs/Over 100m Backstroke

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Thomas FORD	19	Basildon Ph	1:03.60	438
2.	Samuel MILLER	22	Rochford	1:03.95	431

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew SAWKINS	27	Bo Newham	58.08	576
2.	Ben READ	29	Dorking	1:05.21	407
3.	Lewis ARCHER	28	Halstead	1:08.77	347
4.	Dominic BAXTER	28	Harwich DP	1:10.19	326
5.	Daniel ECCLES	27	Hornchurch	1:14.81	269
6.	James PAGE	25	Hornchurch	1:18.68	231

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	David MOORES	30	Otter	1:03.07	449
2.	Ryan CROUCH	31	Deben	1:11.76	305

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Nicholas OAKES	39	Hackney	1:05.28	405
2.	Lloyd Anthony ARANDIA	38	Out To Swim	1:19.74	222
3.	Marcus De Quan PECK	36	Bo Newham	1:26.90	172
4.	Christopher WATSON	37	Hornchurch	1:49.44	86

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Peter WILLIAMS	45	Kidlington	1:07.25	371

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Scot BRADLEY	51	Hornchurch	1:18.50	233
2.	Craig BANNING	52	Harlow Pen	1:18.66	231

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	PALMER DEAN	56	Hornchurch	1:28.77	161
2.	Danny BUNN	55	Hornchurch	1:30.18	153
	Stephen BEAL	56	DunmowAtlant	DNC	

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Dale BARKER	63	Felixstowe	1:19.66	223
2.	Robert EASTMAN	60	Hornchurch	1:22.48	201
3.	ANDREW HARRINGTON	61	Hornchurch	1:30.46	152
4.	Adam LELEAN	63	Diss Otters	1:33.75	137
5.	Christopher BEECHING	60	Hornchurch	1:38.32	118
6.	Paul TRAYLER	62	Hornchurch	1:42.22	105

OPEN/MALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Andrew WIGHT	68	Stowmarket	1:34.74	132

OPEN/MALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Christopher PRESTON	74	Out To Swim	1:47.73	90
	Walter GERRARD	73	Rochford	DNC	

OPEN/MALE 75/79 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jeffrey HILLIER	76	Bo Waltham F	1:56.48	71

OPEN/MALE 80 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Derek GORE	85	Chelmsford	2:18.28	42

FEMALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jaida LUDLOW	20	Basildon Ph	1:09.54	491
2.	Millie TURNER	22	Basildon Ph	1:14.87	394

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Kaitlyn HALL	25	Hornchurch	1:26.94	251

FEMALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Rebecca CLAY	38	Rochford	1:31.28	217

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Anna KASPARIAN	43	Bo Waltham F	1:24.23	276
2.	Katie HOLMES	41	Harwich DP	1:26.12	258
3.	Alaine TSANG	44	Bo Newham	1:28.07	242

FULL RESULTS

4. Beverley JARMAN-HALL 44 Rochford 1:28.88 235

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Lizzie LONG	45	Rochford	1:24.49	274

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Tanya BRIGHTWELL	52	Bexley Mast	1:23.65	282
2.	Lucy ROBINSON	54	Witham Dolph	1:29.66	229

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Liz WOOLNER	58	Flitwick	1:17.08	361
2.	Katrina FARRALL	55	Basildon Ph	1:24.13	277
3.	Heidi NEVIN	57	Rochford	1:24.32	275
4.	Jane ROTHMAN	55	Hornchurch	1:43.41	149

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sally LELEAN	74	Diss Otters	1:58.42	99

EVENT 204 Mixed 18 Yrs/Over 100m Butterfly

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Rio ROGERS	21	Basildon Ph	1:01.49	469
2.	Lenny DABBS	18	Hornchurch	1:19.09	220

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Dylan CONWAY	25	Basildon Ph	59.71	512
2.	Daniel ECCLES	27	Hornchurch	1:04.43	407
3.	Olly ATKINSON	29	Bo Newham	1:10.36	313
4.	Edmund BEATON	26	Braintree	1:10.51	311

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Danny BAKER	31	Rochford	1:03.40	428
2.	David MOORES	30	Otter	1:08.36	341
3.	Jon KIRK	30	Out To Swim	1:18.47	225
	Andrew KEMP	33	Bo Newham	DNC	

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Joe NORTHOVER	35	Bo Newham	59.10	528
2.	Fraser PEH	35	Otter	59.57	516
3.	Yigit GUVEN	38	Bo Newham	1:07.03	362
4.	James SIMMONS	36	Bo Newham	1:07.97	347

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	DAVID ABBOTT	42	Hornchurch	1:07.04	362
2.	Matthew RICKETT	43	Chelmsford	1:08.22	343
3.	Craig CAMPION	42	Witham Dolph	1:09.54	324

OPEN/MALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Christopher MORGAN	53	Bo Newham	1:13.71	272
2.	Scot BRADLEY	51	Hornchurch	1:15.48	253

OPEN/MALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Kevin TRAYLER	59	Hornchurch	1:15.93	249
2.	Dave PETHERS	55	Basildon Ph	1:17.00	238
3.	Danny BUNN	55	Hornchurch	1:27.30	163
4.	Jason COLE	58	Colchester	1:29.42	152
5.	PALMER DEAN	56	Hornchurch	1:34.11	130

OPEN/MALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	ANDREW HARRINGTON	61	Hornchurch	1:18.31	227
2.	Robert EASTMAN	60	Hornchurch	1:19.74	215
3.	Christopher BEECHING	60	Hornchurch	1:24.94	177
4.	Adam LELEAN	63	Diss Otters	1:36.00	123

FEMALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Cathy YE	28	Bo Newham	1:07.96	503
2.	Rebecca CRIBB	25	Bo Newham	1:13.96	390
3.	Megan BENSON	27	Bo Newham	1:18.41	327
4.	Kaitlyn HALL	25	Hornchurch	1:28.91	224

FEMALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jaye WESTERN	30	Flitwick	1:26.38	244
	Megan MCDONAGH	32	Otter	DNC	

FEMALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	HAYLEY BROWN	42	Witham Dolph	1:13.31	400
2.	Christine JAEGGI	44	Bo Newham	1:16.06	358
3.	Katie HOLMES	41	Harwich DP	1:18.26	329
4.	Anna KASPARIAN	43	Bo Waltham F	1:26.86	240

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Louise PARSONS	45	Rochford	1:15.57	365

FULL RESULTS

2. Lizzie LONG 45 Rochford 1:18.29 329

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ann HART	61	Basildon Ph	1:52.23	111

EVENT 205 Mixed 18 Yrs/Over 50m Freestyle

OPEN/MALE 18/24 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sam BRYAN	24	Basildon Ph	25.30	505
2.	Charles RENNIE	24	Braintree	25.52	492
3.	Rio ROGERS	21	Basildon Ph	25.68	483
4.	Samuel MILLER	22	Rochford	25.78	478
5.	Jack PARKER	18	Hornchurch	26.36	447
6.	Thomas FORD	19	Basildon Ph	27.17	408
7.	Taylor BERNARD	22	Hornchurch	27.36	400
8.	Antony PANCHUK-YAVNYY	22	Hornchurch	27.39	398
9.	Pouya AGHAEI	22	Bo Newham	27.94	375
10.	Nathan HART	18	Hornchurch	28.01	372
11.	Daniel HALL	21	Hornchurch	28.13	368
12.	Nathan JONES	24	Hornchurch	28.27	362
13.	Lenny DABBS	18	Hornchurch	28.29	361
14.	James HURSEY	21	Harlow Pen	28.54	352

OPEN/MALE 25/29 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jack HOWLETT	29	Harwich DP	24.42	562
2.	Ed WILLIAMS	29	Hackney	25.01	523
3.	Andrew SAWKINS	27	Bo Newham	25.04	521
4.	Harry ROBINSON	27	Co Cambridge	25.19	512
5.	James WINTER	29	Rochford	26.55	437
6.	Mark GREENBAUM	29	DunmowAtlant	26.77	427
7.	Daniel ECCLES	27	Hornchurch	27.27	404
8.	Myles HANLON	29	Out To Swim	27.41	397
9.	Lewis ARCHER	28	Halstead	27.61	389
10.	Joshua HAMPSON	29	Hackney	27.63	388
11.	Edmund BEATON	26	Braintree	27.65	387
12.	Ian Eli VILLA TERRAZAS	25	Tower Hamlet	27.72	384
12.	Daniel COLLISON	27	Rochford	27.72	384
14.	Anujan METHEUS	28	Bo Newham	28.44	356
15.	Kalaam MOTIN	28	Rochford	28.74	345
16.	Dominic BAXTER	28	Harwich DP	29.07	333
17.	Daniel LEE	29	Rochford	29.36	323
18.	James PAGE	25	Hornchurch	30.58	286
19.	Oscar EASTMAN	25	Hornchurch	31.32	266
20.	Benjamin BROOKS	25	Rochford	32.06	248

OPEN/MALE 30/34 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Can BOZKURT	30	Hackney	24.26	573
2.	Kim LIU	32	Otter	25.63	486
3.	Matthew SHONE	32	Bo Newham	25.66	484
4.	Jonathan BENTHAM	32	Hackney	25.77	478
5.	Martin SARTORIUS	33	Otter	26.13	459
6.	Jamie HARRINGTON	34	Hornchurch	26.16	457
7.	Ryan CROUCH	31	Deben	27.68	386
8.	Jon KIRK	30	Out To Swim	28.72	345
9.	Danny MARVAN	33	Harwich DP	29.96	304
	Andrew KEMP	33	Bo Newham	DNC	

OPEN/MALE 35/39 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Gonzalo BARRIENTOS	35	Hackney	27.39	398
2.	Sean BUNKER	38	Rochford	30.15	298
3.	Lloyd Anthony ARANDIA	38	Out To Swim	30.17	298
4.	Martin COOPER	38	Harwich DP	33.09	226
5.	Dian NIKOLOV	35	Bo Newham	33.29	222
6.	Christopher WATSON	37	Hornchurch	34.53	199
7.	Christopher BULL	38	Hackney	39.01	138

OPEN/MALE 40/44 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	David EBANKS	43	Basildon Ph	25.95	468
2.	John DILLEY	42	Chelmsford	26.14	458
3.	DAVID ABBOTT	42	Hornchurch	26.85	423
4.	Ryan LAM	44	BorRedbridge	27.40	398
5.	James BARNACLE	44	Braintree	28.10	369
6.	Matthew RICKETT	43	Chelmsford	28.51	353
7.	Alex SMITH	43	Harlow Pen	28.95	337
8.	Daniel TURNER	42	Harwich DP	29.01	335
9.	Ben CHISNALL	40	DunmowAtlant	29.75	311
10.	Del JACKSON	43	Out To Swim	31.47	262
11.	Giorgio SPIEGELFELD	44	Hackney	33.39	220
12.	Jonathan HART	44	Hornchurch	38.74	140

OPEN/MALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	William ROBERTS	46	Otter	23.93	597
2.	Richard VINTER	46	Witham Dolph	27.04	414
3.	Jason MELLORS	46	Co St Albans	28.65	348
4.	Alex TIMCKE	49	Hornchurch	30.57	286
5.	Lewis WHITELOCK	45	Basildon Ph	33.09	226

FULL RESULTS

6.	Sam BERNARD	47	Hornchurch	37.36	157
OPEN/MALE 50/54 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Ed HORROCKS	52	DunmowAtlant	28.96	337
2.	Craig BANNING	52	Harlow Pen	29.70	312
3.	Ian WISE	52	Loughton Mas	30.81	280
4.	Scot BRADLEY	51	Hornchurch	31.36	265
5.	Nikolaos TSOVKAS	50	Hackney	33.03	227
6.	Simon LASHMAR	51	Basildon Ph	33.82	211
	James HALL	54	Hornchurch	DQ ST	
OPEN/MALE 55/59 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Peter DIXON	57	Bo Newham	27.58	390
2.	PALMER DEAN	56	Hornchurch	32.72	233
3.	Danny BUNN	55	Hornchurch	33.39	220
4.	Richard LIVINGS	55	Braintree	39.04	137
OPEN/MALE 60/64 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Ralph PINEL	63	Bo Newham	29.16	330
2.	ANDREW HARRINGTON	61	Hornchurch	29.91	306
3.	Robert EASTMAN	60	Hornchurch	30.64	284
4.	Christopher BEECHING	60	Hornchurch	31.67	257
5.	Keith ODDY	62	Basildon Ph	32.07	248
6.	Paul TRAYLER	62	Hornchurch	36.04	175
	Martyn FRESHER	63	Co Ely	DNC	
OPEN/MALE 65/69 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Ashley MEERLOO	65	Hackney	31.08	272
2.	Colin CORBY	66	Chelmsford	34.89	192
3.	Rob STRANDERS	69	DunmowAtlant	37.77	152
OPEN/MALE 70/74 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Walter GERRARD	73	Rochford	35.84	177
2.	Christopher PRESTON	74	Out To Swim	45.48	87
OPEN/MALE 75/79 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Jeffrey HILLIER	76	Bo Waltham F	48.36	72
OPEN/MALE 80 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Derek GORE	85	Chelmsford	56.39	45
FEMALE 18/24 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Amber HEAD	23	Rochford	29.67	461
2.	Jaida LUDLOW	20	Basildon Ph	29.84	453
3.	Eve JOHNSON	23	Rochford	30.13	440
4.	Molly RICHARDSON	19	Harwich DP	30.35	431
5.	Celly ANDREW	24	Harlow Pen	30.40	429
6.	Rebecca DACK	23	DunmowAtlant	31.11	400
7.	Millie TURNER	22	Basildon Ph	31.76	376
8.	CHARIS PALMER	23	Hornchurch	31.87	372
9.	Jayne GIMBIRD	22	Hornchurch	32.29	358
10.	Gabrielle WILLIAMS	23	Harwich DP	32.97	336
FEMALE 25/29 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Ella STONBE	28	Rochford	28.86	501
2.	JACQUELYN YANG	29	Hackney	28.91	498
3.	Cathy YE	28	Bo Newham	29.41	473
3.	Federica NOERA	29	Bo Newham	29.41	473
3.	Riley FLICK	26	Hackney	29.41	473
6.	Olivia SMITH-LAL	27	DunmowAtlant	30.17	439
7.	Beth HOLDER	28	Bo Newham	30.26	435
8.	Nicole STANTON	28	Hackney	30.75	414
9.	Hazel TRAYLER	26	Hornchurch	31.23	395
10.	Megan BENSON	27	Bo Newham	32.33	356
11.	Jessica ROBIN	29	Rochford	32.57	348
12.	Kaitlyn HALL	25	Hornchurch	33.54	319
13.	Olivia MOORE	25	East Anglian	33.78	312
14.	Lauren GREENBAUM	27	DunmowAtlant	33.81	311
15.	Stephanie RICE	25	Harwich DP	33.90	309
	Amy HAARBURGER	28	Rochford	DNC	
FEMALE 30/34 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Megan HOLDER	30	Bo Newham	31.30	393
2.	Hannah KNIGHTLY	31	Basildon Ph	31.58	382
	Amy BARTON	30	Cally Mast	DNC	
FEMALE 35/39 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Sarah EDWARDS	39	DunmowAtlant	30.02	445
2.	Jenifer ORDONEZ	38	Bexley Mast	30.90	408
FEMALE 40/44 Yrs Age Group - Full Results					
Place	Name	AaD	Club	Time	WA Pts
1.	Sarah GIBSON	44	Rochford	30.10	442
2.	Katie HOLMES	41	Harwich DP	30.65	418
3.	Alaine TSANG	44	Bo Newham	33.55	319
4.	JACQUELINE STOCKWELL	40	Halstead	43.52	146

FEMALE 45/49 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Dawn PALMER	49	Basildon Ph	29.66	462
2.	Shelley DAY	45	Witham Dolph	30.03	445
3.	Louise PARSONS	45	Rochford	30.87	409
4.	Nicola RUSSELL	48	DunmowAtlant	32.17	362
5.	Sally DEVERILL	45	Basildon Ph	33.29	326
6.	Katie BRETMAN	45	DunmowAtlant	34.29	299
7.	Lizzie LONG	45	Rochford	34.35	297

FEMALE 50/54 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Stephanie PAIN	52	East Anglian	33.38	324
2.	Alex GORE	52	Rochford	34.61	290
3.	Clare RICHARDSON	50	Harwich DP	35.53	268
4.	Keely CHALKER	54	Hornchurch	37.52	228
5.	Lucy ROBINSON	54	Witham Dolph	37.55	227

FEMALE 55/59 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Heidi NEVIN	57	Rochford	34.79	286
2.	Jane ROTHMAN	55	Hornchurch	44.66	135

FEMALE 60/64 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ann HART	61	Basildon Ph	38.90	204
2.	Joanne WILTSHIRE	64	Basildon Ph	45.93	124

FEMALE 65/69 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Diane GIBB	65	DunmowAtlant	36.84	241
2.	Eileen LUTHER	67	Rochford	36.93	239
3.	Patricia OTOOLE	65	Harwich DP	43.60	145
4.	Jane MCIVOR	69	Rochford	45.02	132
5.	Donna PINEL	68	Bo Newham	1:08.30	37

FEMALE 70/74 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Barbara BOXALL	70	Hornchurch	35.58	267
2.	Vivien WILLIS	72	Rochford	44.89	133

EVENT 206 Mixed 120 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	WA Pts
1.	Newham A		Bo Newham	2:03.05	
2.	Hackney A		Hackney	2:04.13	
3.	Hackney B		Hackney	2:07.35	
4.	Newham B		Bo Newham	2:10.20	
5.	Harwich DP A		Harwich DP	2:14.97	
6.	Newham C		Bo Newham	2:15.56	
7.	ROCHFORD		Rochford	2:16.56	
8.	Dunmow Atlantis SC		DunmowAtlant	2:18.16	
9.	Hornchurch SC		Hornchurch	2:21.42	
10.	Harwich DP B		Harwich DP	2:42.12	

EVENT 207 Mixed 160 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	WA Pts
1.	Newham A		Bo Newham	2:09.39	
2.	Witham Dolphins SC		Witham Dolph	2:12.13	
3.	Out To Swim		Out To Swim	2:17.68	
4.	ROCHFORD		Rochford	2:18.89	
5.	Hornchurch SC		Hornchurch	2:23.24	
6.	Dunmow Atlantis SC		DunmowAtlant	2:25.59	

EVENT 208 Mixed 200 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	WA Pts
1.	ROCHFORD		Rochford	2:36.36	
2.	Harwich Dovercourt/Par		Harwich DP	2:48.04	
	Hornchurch SC		Hornchurch	DNC	
	Newham A		Bo Newham	DQ O	