The following trophies were awarded at the Swim England - Essex Winter Championships Congratulations to all winners!

Ladies	Club				
Evangeline Pierce	Basildon	Killerwhales Jubilee Cup	Ladies	50m	Backstroke
Anna-Lucia Fenner	Basildon	Millenium Trophy	Ladies	50m	Breastroke
Skye Carter	Basildon	Hayes Trophy	Ladies	50m	Butterfly
Skye Carter	Basildon	Swim England Essex	Ladies	50m	Freestyle
Skye Carter	Basildon	Roger Howkins	Ladies	100m	Individual Medley
Evangeline Pierce	Basildon	Lewis Cup	Ladies	100m	Backstroke
Mia Lowe	Basildon	Eileen King	Ladies	100m	Breastroke
Skye Carter	Basildon	Havering Trophy	Ladies	100m	Butterfly
Skye Carter	Basildon	Harrison Trophy	Ladies	100m	Freestyle
Evangeline Pierce	Basildon	Stan Pitt Memorial	Ladies	200m	Backstroke
Lexie O'Connor	Basildon	Miller Court Trophy	Ladies	200m	Breastroke
Erika Pasakinskaite	Barking and Dagenham	Marigold Trophy	Ladies	200m	Butterfly
Skye Carter	Basildon	Dave Digby	Ladies	200m	Freestyle
Mia Lowe	Basildon	Lewis Trophy	Ladies	200m	Individual Medley
Cait Cotter	Chelmsford	H A Fox Cup	Ladies	400m	Freestyle
Cait Cotter	Chelmsford	Bill Yates Trophy	Ladies	400m	Individual Medley
Cait Cotter	Chelmsford	Fred Boggas	Ladies	800m	Freestyle
Cait Cotter	Chelmsford	Butler Trophy	Ladies	1500m	Freestyle
Mens	Club				
Maddox Roberts	Witham Dolphins	Chris McGuire	Mens	50m	Butterfly
Maddox Roberts	Witham Dolphins	Coote Trophy	Mens	50m	Freestyle
Mason Allen	Basildon	Swim England - Essex	Mens	50m	Backstroke
Lewis Marston	Runnymede	Swim England - Essex	Mens	50m	Breastroke
Mason Allen	Basildon	Miller Trophy	Mens	100m	Backstroke
Henry Dean	Thurrock	Morris Trophy	Mens	100m	Butterfly
Daryl Rands	Colchester	Swim England - Essex	Mens	100m	Breastroke
Maddox Roberts	Witham Dolphins	Percy Child Memorial	Mens	100m	Freestyle
Maddox Roberts	Witham Dolphins	Kevin O'Brian	Mens	100m	Individual Medley

Raheel Mahmood	Romford	Gordon Clark	Mens	200m	Butterfly
Max Arnold	Harlow	Starfish ASC	Mens	200m	Freestyle
Kai Adams	Halstead	Wilmott Trophy	Mens	200m	Individual Medley
Charlie Rogers	Romford	Swim England - Essex	Mens	200m	Breastroke
Nikita Charykin	Thurrock	Dean Cup	Mens	200m	Backstroke
Daniel McGuiness	Basildon	Harold Fox Cup	Mens	400m	Freestyle
Raheel Mahmood	Romford	Vandome Cup	Mens	400m	Individual Medley
Daniel McGuiness	Basildon	Mirus Tool Swimming Trophy	Mens	800m	Freestyle
Raheel Mahmood	Romford	H W Stone	Mens	1500m	Freestyle

## Robert Cook trophy awarded for top club at Essex Winter Championships

**Basildon Swimming club** 

## Higgs Trophy awarded for Best performance at the National championships

Skye Carter Basildon

## Plaistow trophies awarded for Outstanding Peformance in 2023

Skye Carter Basildon Raheel Mahmood Romford

## Essex Shield awarded by the President for oustanding contribution

Lyndsey Motin Swim England - Essex events manager