



## SWIM ENGLAND ESSEX AGE GROUP CHAMPIONSHIPS 2024

PARA-SWIMMERS ENTRY TIMES (*age at 31/12/2024*)

LONG COURSE TIMES – CONVERSIONS FROM SHORT COURSE ALLOWED using Sportsystems converter.

ALL TIMES MUST BE RECORDED IN BRITISH RANKINGS AT LEVEL 1-4

ACHIEVED BETWEEN THE 19/12/22 AND 19/12/23.

Male/Open	Event and Category	Female
50m Freestyle		
	S1	
01:50.07	S2	02:05.27
01:18.12	S3	01:42.20
01:03.89	S4	01:09.45
00:53.30	S5	01:05.25
00:51.70	S6	00:56.78
00:47.58	S7	00:56.34
00:46.00	S8	00:52.97
00:42.82	S9	00:49.49
00:39.95	S10	00:47.16
00:44.51	S11	00:50.64
00:40.55	S12	00:46.89
00:41.02	S13	00:46.02
00:41.04	S14	00:46.04
100m Freestyle		
05:10.91	S1	
03:45.13	S2	04:45.53
03:07.42	S3	03:06.37
02:20.98	S4	02:41.09
02:00.36	S5	02:18.87
01:51.26	S6	02:06.96
01:45.30	S7	02:01.33
01:39.48	S8	01:54.97
01:35.11	S9	01:47.76
01:27.46	S10	01:43.16
01:40.47	S11	01:53.15
01:29.88	S12	01:42.42
01:31.10	S13	01:41.06
01:29.15	S14	01:43.85

Male/Open	Event and Category	Female
50m Butterfly		
01:33.92	S4	01:25.41
00:54.18	S5	01:17.06
00:53.62	S6	01:01.86
00:49.88	S7	00:58.34
100m Butterfly		
01:47.44	S8	02:15.88
01:42.92	S9	01:56.33
01:38.02	S10	01:55.06
01:50.11	S11	02:12.09
01:38.28	S12	01:52.81
01:36.90	S13	01:52.98
01:34.66	S14	01:53.05



Male/Open	Event and Category	Female
<b>200m Freestyle</b>		
	S1	
07:12.09	S2	
05:46.68	S3	08:42.66
04:57.06	S4	06:16.33
04:29.64	S5	04:43.30
03:14.58	S14	03:40.20
<b>50m Backstroke</b>		
02:05.43	S1	
01:37.43	S2	01:59.32
01:17.47	S3	01:33.69
01:12.37	S4	01:22.21
00:56.75	S5	01:13.58
<b>100m Backstroke</b>		
04:18.54	S1	
03:27.52	S2	04:19.15
02:08.76	S6	02:17.97
01:59.14	S7	02:19.43
01:54.05	S8	02:13.13
01:45.33	S9	02:00.73
01:42.68	S10	01:57.20
01:57.91	S11	02:10.87
01:44.16	S12	01:57.61
01:41.76	S13	01:53.03
01:41.01	S14	01:55.48
<b>50m Breaststroke</b>		
03:28.13	SB1	
01:45.52	SB2	03:04.31
01:23.84	SB3	01:40.35

Male/Open	Event and Category	Female
<b>100m Breaststroke</b>		
02:50.34	SB4	03:07.61
02:31.32	SB5	02:56.14
02:17.87	SB6	02:42.35
02:10.85	SB7	02:38.64
01:58.85	SB8	02:22.97
01:55.70	SB9	02:11.90
02:03.45	SB11	02:26.27
01:51.79	SB12	02:13.02
01:50.45	SB13	02:07.75
01:52.05	SB14	02:09.08
<b>200m IM</b>		
05:47.65	SM5	06:07.10
04:34.19	SM6	05:01.61
04:17.69	SM7	05:08.77
04:00.60	SM8	04:45.36
03:51.27	SM9	04:24.59
03:43.36	SM10	04:09.95
04:11.55	SM11	04:41.54
03:54.14	SM12	04:15.37
03:42.34	SM13	04:11.46
03:40.86	SM14	04:13.66