



ESSEX AGE GROUP CHAMPIONSHIPS 2022 FULL PROGRAMME SESSION 5 & 6

Please note the following

- Session 1 Swimmer entry will be FROM 1.45PM
 - Spectator entry will be from 1.45pm
- Entrance for Swimmers is via the athletic track entrance only – the fire door next to poolside must not be used
 - Entrance for Spectators is via the Athletic track, at the top of the stairs
- Spectator tickets must be purchased ONLINE ONLY – tickets will not be able to be purchased on the door
 - Tickets will also be available to purchase online throughout the day of competition
 - Swimmers are not permitted in the spectator gallery at BSV without a spectator ticket
- There will be a swimmer holding area in the sports hall at BSV for swimmers wishing to wait between sessions
- ALL spectators will need to wear a mask when entering the venue and entry will not be permitted without a mask- please wear visible ID if you are exempt from this
- Please remember that Drawstring bags only are permitted on poolside- This will be very strictly enforced by the security guards on the entrance to poolside-
 - At the end of each session swimmers must take all of their possessions with them so that cleaning can take place-
- **At the end of session 5 the balcony will be cleared, and ALL spectators must vacate the area ready for admission to session 6**
- Programmes will not be available at the event
- Poolside chairs will NOT be permitted under any circumstances either on poolside or in the spectator gallery
- PLEASE remind your swimmer of our mobile phone policy as there will be no exceptions to this rule



EVENT CONDITIONS

Event	ESSEX AGEGROUP CHAMPIONSHIPS 2022
Date	22nd/23rd Jan 28/29/30 Jan 25/26/27 Feb
Venue	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR London Aquatic Centre, Olympic Park, London E20 2ZQ
Pool	50m 10 LANE POOL AT LAC 25M 8 LANE POOL AT BSV
Level	1 (LAC) 2 (BSV)
Age Groups	10/11, 12, 13, 14, 15, 16, 17+
Age On Day	31ST DECEMBER 2022
Awards	Top 8 Swimmers BSV /Top 10 swimmers LAC
Events	All 50, s, 100'S, 200'S, 400'S, 1500 AND 800
Race Entry Fee	£6.50 per event
Spectators	Spectator tickets can ONLY be booked online Tickets for Basildon are Per session – reserved seating Tickets for LAC are for the day- unreserved seating ALL TICKETS GO ON SALE 3RD JANUARY 7.30PM
Club Entry Files or Individual	ONLINE ONLY VISIT www.essexswimming.org
Paperwork Returned to	ONLINE ONLY VISIT www.essexswimming.org
All Enquiries to	essexswimming@bopenworld.com
Closing Date Meet Manager	31st December 2021 7.30pm Lyndsey Motin



INFORMATION & CONDITIONS

The event will be held under Swim England laws and regulations, Swim England Technical rules of racing and to the Swim England Meet Licensing Criteria.

Age for Championship events is as at 31st December 2022

The closing date for the Age Group Championships 2022 is 7.30pm 31st December 2021

AGEGROUPS

Agegroups are: 10/11, 12, 13, 14, 15, 16, 17+

10/11yr olds 50's, 100's, 200's 400 f/s

WITH FINALS FOR ALL 50'S AND 100'S

Ages 12, 13, 14, 15, 16 and 17+

ALL EVENTS WITH FINALS FOR ALL 50'S AND 100'S

ENTRY FEES

ALL Entry Fees for individual entries online must be paid by 31st December 2021– any unpaid entries after this date will be void

Entry fees will be £6.50 per event

ENTRIES

All entries **MUST** be submitted ONLINE ONLY

IMPORTANT

ALL entries are to be submitted online and paid for at the time of entry

A PAYPAL ACCOUNT WILL BE NEEDED TO PAY FOR ENTRIES

ALL ENTRIES MUST BE SUBMITTED VIA THE ESSEX SWIMMING WEBSITE

www.essexswimming.org

BY 7.30pm on 31st December 2021

Entries will be verified straight away – these verified entries are your **ACCEPTED** Entries

ALL swimmers inside the QT will be accepted except for:

The 1500/800 which may be restricted –at least the fastest 5 in each age group will be accepted

The 10/11yr old age group 400m events may be restricted to the fastest 16 swimmers

We reserve the right to restrict entries outside of the 'original' QT where necessary to ensure the smooth and safe running of an event

On 3rd January 2022 accepted entries will be posted on the Essex Website along with warm up information

And the Spectator tickets will go on public sale

Corrections cannot be made after Midnight 20th December 2021

Once entered entries cannot be updated or changed in anyway

ABSOLUTLY NO ENTRIES WILL BE ACCEPTED AFTER THE CLOSING DATE

Entry times cannot be updated or altered once submitted



ALL entries MUST be on the ASA Rankings at the time of submission

ALL Entry times must have been gained at Licensed Meets level 1,2,3, & 4 Meets
Between 20th December 2019 – 20th December 2021

All entry times are SHORT COURSE

(Converted LC times are permitted, and the Sportsystem Entry Manager Software will automatically convert the time- taking the fastest possible entry time for the swimmer)

COACH PASSES

Coach & Team Manager Passes are £10 each and cover the whole competition on a ratio of 1:15 – Up to a maximum of 5 passes in total

Lunch will be provided after the 2nd session of the day where there are 4 sessions in the day and after the 1st session where there are 2 sessions in the day. Tea and Coffee will be freely available during sessions in the Meeting rooms

Coach Passes must be applied for at the time of submitting your entries online using the Swim England accreditation service. Passes MUST be shown to gain entry to poolside at any venue and MUST be worn at all times on poolside.

Coach Passes/Team Manager passes are ONLY available in advance and ALL applications must be received by 21st January 2022

Food tickets will be given out at ALL dates where there are 2 sessions, and these MUST be presented to gain entry to the Meeting rooms

VOLUNTEERS

ALL clubs with 15 swimmers or more in each session are 'Expected' to provide 'at least' 1 volunteer for that session

Volunteers MUST be included in the relevant section of your Coach Pass/ Team Manager form – Forms will not be accepted without this section being completed

ALL volunteers will require a DBS number which must be provided on the form

Volunteers will be provided with:

A food ticket (Where 2 consecutive sessions are volunteered for)

A T-shirt – To be worn during volunteering times only

A Drinks bottle



EVENT INFORMATION

ALL events are LONG Course (If the pool at BSV has a fault the events will be run Short Course)

All top 8 swimmers shall be eligible to swim in a final regardless of time

(Top 10 swimmers for all Events held at LAC)

There will be 2 reserves per final- these will be published along with the results- These swimmers will then have 10 minutes to withdraw from the final

If a swimmer wishes to withdraw from a final, they must do so within 10 minutes of the results for that event being published after this time a £10 penalty will occur

If a swimmer 'pulls out' of ANY events FOR ANY REASON having NOT been withdrawn from the event prior to the warmup they will NOT be permitted to swim in any other events in that SESSION – This will include any finals, they may have qualified for

200m, 400m, 1500m and 800m events will be seeded slow to fast with all heats spearheaded

50m & 100m events – last 3 heats to be cyclically seeded and all heats spearheaded

A Secondary Strobe will be in operation throughout the event

WITHDRAWALS / SIGNING IN

THERE WILL BE NO SIGNING IN AT THIS YEAR'S CHAMPIONSHIPS

If a Coach wishes to withdraw a swimmer from an event, they MUST fill in the withdrawal form ONLY and take it to the results Desk **EXACTLY 1HR BEFORE** the published session start time - There is no other method of withdrawal - Withdrawals CANNOT be emailed

Failure to swim when a swimmer has not been withdrawn using the appropriate form shall result in a fine of £10 per swimmer per event,

This fine **must be paid BEFORE the next session of the Championships OR the next Essex Competition if during the last session.** In the event of a competitor not paying the fine, the Club in whose name the competitor has entered the Championships shall be responsible for payment. **THIS RULE WILL BE STRICTLY ENFORCED** and will also include swimmers not swimming in 'finals' they have qualified for and not withdrawing within the 10-minute window

All proceeds from fines shall be donated to a charity nominated by the Executive Committee prior to the start of the Championships

Withdrawals will close EXACTLY 1HR BEFORE the published session start time

MARSHALLING

Please note that all swimmers must report to the 'Marshalling area' before their event, and it is the responsibility of the coaches to make sure they do so – The location of the marshalling areas will be provided at the start of each day

REGISTRATION

Swimmers must be registered with the competing ESSEX Club and Swim England as at the closing date of 31st December 2021 and ALL swimmers must be registered CAT 2 swimmers with Swim England

Swimmers who are registered with more than one Club are reminded that they are only permitted to swim in ONE County championships per swimming season and represent ONE club throughout

AWARDS/POINTS

The individual Top Boy/Girl Awards for ALL Swimmers will be calculated as 8, 7, 6, 5, 4, 3, 2, 1 points for 1st to 8th place respectively (top 10 places for 50m events) – awards will be made to the 1st place Boy & Girl swimmer in each age group 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, and 17yrs /Over



For the purpose of calculating Club points, for ALL swimmers the following will apply
1st=8points, 2nd=7points, 3rd=6points, 4th=5points, 5th=4points, 6th=3points, 7th=2points and 8th=1 pont
For all events held at LAC the top 10 swimmers in each event will attract points

As the reverses distance were added to the schedule at a later date and acceptance was discretionary club points and individual points will not be awarded for these events

Medals/Awards

Medals – ALL Venues

Medals will be presented to the 1st, 2nd and 3rd placed swimmers in each event for each Age Group 10/11, 12, 13, 14, 15, 16, 17/Over

Runners Up Awards -Basildon Sporting Village

Runners Up award will be presented to the 4th, 5th, 6th, 7th, 8th swimmers in each event for each Age Group 10/11, 12, 13, 14, 15, 16, 17/Over -

Runners Up Awards- London Aquatic Centre

Runners Up award will be presented to the 4th, 5th, 6th, 7th, 8th, 9th, 10th swimmers in each event for each Age Group 10/11, 12, 13, 14, 15, 16, 17/Over

Medals/awards for HDW events will be presented BEFORE the finals for each session
ALL swimmers must be present at the time of presentation to receive their award/medal

SPECTATORS

*****NEW*****

Spectator tickets will be available ONLINE only via www.essexswimming.org from

3rd JANUARY 2022 7.30PM – For ALL sessions

THE SPECTATOR GALLERY AT BASILDON WILL BE CLEARED BETWEEN EACH SESSION

At the time of booking your ticket online you will be asked for your swimmer's name for ALL events at Basildon Sporting Village – This is because you will be able to purchase a maximum of 2 tickets per swimmer per session-

You will need to save your ticket to your phone or print your ticket at home- Your ticket will be scanned at the venue – When your ticket is scanned your swimmers name is automatically checked against the database of swimmers swimming in that session – tickets will only scan once



A hand stamp will be issued, and a ticket attendant will then direct you to the seat numbers issued on your ticket- **ALL SPECTATOR TICKETS ARE NON-REFUNDABLE**

ALL TICKET PURCHASES WILL INCLUDE A FULL WEEKEND PROGRAMME – THIS WILL BE EMAILED TO YOU AT LEAST 24HRS BEFORE THE EVENT

Programmes will not be available to purchase at the event

TICKETS WILL NOT BE AVAILABLE ON THE DOOR

Swimmers will not be permitted on the balcony without an entrance ticket at BASILDON SPORTING VILLAGE – wristbands will be allocated to swimmers who need balcony access at LAC

So as to comply with fire regulations - Absolutely no 'fold up chairs'/Deck chairs or additional seats of any kind (with the exception of wheelchairs) will be permitted either on poolside **or in the spectators Gallery** at BASILDON SPORTING VILLAGE – Fold up chairs WILL BE permitted on poolside only at LAC

Blue Badge holders will need to purchase a ticket online for Basildon Village events in the usual way and then email essexswimming@btopenworld.com to swap the tickets for a disabled seat- a copy of the blue badge will be required **Seats will not be reserved at London Aquatic Centre BUT must still be purchased in advance online**

ECASA reserve the right to put any restrictions on the number of spectators that they deem necessary for the smooth running of the event-

A numbered ticket system and allocated seating will be in operation at all events held at Basildon Sporting Village (excluding 1500 and 800 events)

Swim England Essex reserve the right to put in place any 'Covid' safety measures that may be necessary at the time – this could include Covid Passes, Lateral flow tests, the wearing of masks and spectator restrictions ALL spectators MUST follow our Covid procedures

REFUNDS

Refunds will be issued in the case of a Positive Covid test **ONLY** – evidence of a positive test will be required
Absolutely no other refunds will be available
ALL spectator tickets are non refundable

TIME TRIALS

The ECASA has determined that Time Trials shall not take place at any Championship event.

OFFICIALS

Food will be provided where an Official is covering more than 1 session in a day

MEDICAL CONDITIONS

ALL Medical Conditions that could affect your swimmer during these championships must be reported to the organiser using the appropriate form and signed by a GP– available on the Essex Swimming website

A chaperone pass can be applied for and will be supplied upon completion of the Medical Declaration form **ONLY**
A chaperone pass can also be applied for in the case of all Parra Swimmers



Chaperone passes will not be supplied for any other reasons

MOBILE PHONES & OTHER IMAGE CAPTURING DEVICES

Mobile Phones and other image capturing Devices are not permitted 'out' on poolside or in the Changing areas at ANY venue

If a swimmer is caught with their phone or image capturing device 'out' whilst in the changing village at ANY venue this will result in instant removal from the competition

During Presentations ONLY 1 nominated person from each club will be permitted to take photos in the 'nominated photography area ONLY'-

BAGS

Large swimming bags are not permitted on poolside at any venue and will be removed from poolside if found

There will be staff on the entrance to poolside at both venues – ALL bags must be a small drawstring bag

There will be nominated bag 'drop off' points at both venues where a locker is unavailable

PRESENTATIONS

At the end of the Heats for each session there will be presentations for the HDW events

Presentations for the winners of Finals will take place at the end of each session

ALL swimmers taking part in presentations MUST report to the Presentation marshalling areas which will be in the same place as the heat marshalling area- SWIMMERS MUST REPORT TO THESE AREAS BEFORE COLLECTING THEIR AWARD TO GET TICKED OFF THE LIST

A Coach / Team Manager MUST accompany swimmers to the Presentation Marshalling areas

At the end of the last Session there will be a presentation Ceremony in the order below for:

Top Club 2020

Top Junior Swimmer 10/14 (Calculated by the most points)

Top Senior Swimmer 15/Over (Calculated by most Points)

Top Boy swimmer 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs/over

Top Girl Swimmer 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs/over

Top 'Senior' Relay Club -15/Over

Top 13/14 Relay Club

Top 'Junior' Relay Club (9/10 & 11/12) – This Trophy will be presented at LAC

Mike Higgs Memorial Trophy – Fastest 800m swimmer

These will be followed by presentations for the finals in the last Session



ADDITIONAL INFORMATION

Glass containers of any kind or hot beverages are NOT permitted on poolside.

The changing village/poolside is out of bounds to non-competing swimmers and spectators.

Mobile Phones are NOT permitted to be 'out' on poolside OR in the Changing facilities at London Aquatic Centre and Basildon Sporting Village FOR ANY REASON

Any Medical Conditions MUST be reported to the Meet Organiser

Once swimmers leave poolside at ANY venue ALL swimmers aged 12 and under must be ALWAYS accompanied by a parent/guardian. Any unaccompanied 12 and under swimmers will be returned to poolside

SWIM ENGLAND ESSEX RESERVE THE RIGHT TO ENFORCE ANY COVID POLICIES THAT MAYBE NECESSARY AT THE TIME OF THESE EVENTS – THIS COULD INCLUDE

MASK WEARING

COVID PASSES

LATERAL FLOW TESTING

RESTRICTION OF SWIMMERS ON POOLSIDE

RESTRICTION ON NUMBER OF SPECTATORS

The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.

By entering this competition swimmers are agreeing to all rules and conditions

The Promoters throughout this competition will be Lyndsey Motin and Phill Nice

Any matter not covered by these conditions will be determined by the Promoters and Referee, subject to Swim England Laws



BASILDON SPORTING VILLAGE		MIXED SESSION							
23RD JANUARY 2022									
SESSION 5	SHUTDOWN POOL	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
WARM UP 1 MIXED	2.00PM	BPSC	BPSC	BO NEWHAM	CHELMSFORD	BO WALTHAM FOREST	COLCHESTER	HALSTEAD	ANY OTHER CLUBS
WITHDRAWALS CLOSE	1.40PM					BRAINTREE	CANVEY ISLAND	HARLOW	
						BRENTWOOD	EPPING FOREST		
SPRINTS	2.20PM-2.30PM								
WARM UP 2 MIXED	COOP POOL	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
	2.00PM	ROMFORD	ROMFORD	KILLERWHALES	MALDON SHARKS	THURROCK	BARKING & DAG	ANY CLUBS	ANY CLUBS
WITHDRAWALS CLOSE	1.40PM		HAVERING DOLPHINS	SOUTHEND	HALSTEAD				
SPRINTS	2.20PM-2.30PM								
SESSION STARTS	2.40PM								

ESSEX AGE GROUP CHAMPIONSHIPS 2022

Session - 5

EVENT 173 Men MC 12/14 Yrs 400m IM

1.	Dillan CRONIN	12	Romford Town	6:35.86.....	10.	Naim HARVEY	14	Basildon Ph	5:29.80.....
2.	Kai PATEL	12	Thurrock	6:34.90.....	11.	Remi-Maysen KEANE	14	Basildon Ph	5:26.52.....
3.	Baris MURATOGLU	13	Romford Town	5:48.94.....	12.	Robert FENNER	14	Basildon Ph	5:23.91.....
4.	Harrison WALLER	13	Southend	5:47.66.....	13.	Sean CONNOLLY	14	Epping For't	5:23.88.....
5.	Tobi OLAJIDE	13	Thurrock	5:46.11.....	14.	Saxon MINTO	14	Basildon Ph	5:22.77.....
6.	Ben HUMPHRIES	14	Maldon Shark	5:43.38.....	15.	David NEACSU	14	Bark & Dagen	5:14.40.....
7.	Toby LASHMAR	13	Basildon Ph	5:40.26.....	16.	Massimo GIROLAMI	14	Colchester	5:13.32.....
8.	Louis ALLEN	14	Basildon Ph	5:36.50.....	17.	Joshua SHEPHERD	14	Thurrock	5:09.49.....
9.	Jason VAN DER MERWE	14	Bark & Dagen	5:35.74.....					

EVENT 174 Men MC 15 Yrs/Over 400m IM

1.	Samuel HOWARD	15	Romford Town	5:31.49.....	16.	Antonio GIROLAMI	17	Colchester	5:00.38.....
2.	Charlie ROGERS	15	Romford Town	5:25.74.....	17.	Tyler TOMBS	17	Chelmsford	4:59.84.....
3.	Daniel THOMPSON	15	Thurrock	5:20.01.....	18.	Lewis ARCHER	25	Halstead	4:59.48.....
4.	Jaiden DRUMOND	15	Bo Newham	5:17.06.....	19.	Ben MINISTER	16	Thurrock	4:59.38.....
5.	Corey HARE	16	Colchester	5:12.31.....	20.	Jenson HURRELL	17	Thurrock	4:58.25.....
6.	Steven SALAZAR	16	Bo Newham	5:11.65.....	21.	Harrison JARVIS	18	Thurrock	4:57.85.....
7.	Joshua ATOTILETO	16	Bo Newham	5:11.52.....	22.	Zak TROMAN	15	Colchester	4:56.05.....
8.	William WHITE	15	Harlow Pen	5:10.76.....	23.	Daryl RANDS	25	Colchester	4:55.97.....
9.	Sami BENIDIR	15	Bo Newham	5:09.04.....	24.	Sandijs CECINS	15	Colchester	4:52.79.....
10.	Jamieson MCLAREN	16	Romford Town	5:07.99.....	25.	Raheel MAHMOOD	15	Romford Town	4:44.49.....
11.	Richard VANSTONE	16	Chelmsford	5:06.99.....	26.	Connor MCCARTHY	17	Romford Town	4:43.85.....
12.	James GOURPINAR	15	Harlow Pen	5:04.05.....	27.	Daniel MCGUINNESS	16	Basildon Ph	4:41.71.....
13.	Harry STAGG	16	Basildon Ph	5:02.51.....	28.	Nikita CHARYKIN	16	Thurrock	4:37.48.....
14.	Archie PIGOTT	15	Killerwhales	5:02.02.....	29.	Mark MILBURN	17	Colchester	4:36.87.....
15.	Lewis JARRETT	16	Romford Town	5:00.95.....					

EVENT 175 Women MC 10/14 Yrs 200m Butterfly

1.	Emily SCOTT	11	Killerwhales	3:40.52.....	13.	Annabelle TULETT	14	Bo Waltham F	2:58.90.....
2.	Lucy CLARKE	12	Chelmsford	3:12.51.....	14.	Summer SMITH	11	Romford Town	2:57.06.....
3.	Molly REED	13	Bo Waltham F	3:12.20.....	15.	Abrielle VELASQUEZ	14	Havering Dol	2:55.70.....
4.	Katie BIDGOOD	13	Chelmsford	3:10.25.....	16.	Margarita STOIMENOVA	13	Bo Newham	2:54.06.....
5.	Sophia NULUD	12	Bark & Dagen	3:09.61.....	17.	Jasmine CARTER	13	Basildon Ph	2:52.86.....
6.	I STRATTON-THOMSETT	13	Colchester	3:07.90.....	18.	Mia MACKLIN	14	Braintree	2:51.77.....
7.	Abigail ROGERS	13	Romford Town	3:07.49.....	19.	Rebecca COOGAN	14	Romford Town	2:49.64.....
8.	Emily BONFANTE	14	Bo Newham	3:04.27.....	20.	Ella EDWARDS	13	Basildon Ph	2:49.40.....
9.	Eliza SWANEPOEL	14	Epping For't	3:03.36.....	21.	Saffire CHAN	13	Bark & Dagen	2:49.38.....
10.	Camilla CASSINDA	13	Bark & Dagen	3:02.80.....	22.	Kesia CREES	14	Basildon Ph	2:45.99.....
11.	Tia EVERITT	14	Chelmsford	2:59.94.....	23.	Chloe BARNARD	13	Basildon Ph	2:39.89.....
12.	Emilia RAYNER	13	Halstead	2:59.41.....					



EVENT 176 Women MC 15 Yrs/Over 200m Butterfly

1.	Maisie WILLIAMS	15	Canvey Isl	2:57.16.....	14.	Francesca KEY	17	Thurrock	2:36.93.....
2.	Eloise CONWAY	22	Halstead	2:55.59.....	15.	Lexie O'CONNOR	15	Basildon Ph	2:35.78.....
3.	Tilly BUNN	15	Romford Town	2:51.78.....	16.	Hollie HAWKINS	15	Basildon Ph	2:34.21.....
4.	Ella KILBY	15	Romford Town	2:49.84.....	17.	Stephanie PAGAN	17	Bo Waltham F	2:34.17.....
5.	Edie NEWELL	15	Brentwood	2:48.78.....	18.	Tierney ROONEY	16	Romford Town	2:32.20.....
6.	Chloe KEEGAN	15	Killerwhales	2:46.61.....	19.	Ciara WOOKEY	18	Colchester	2:31.82.....
7.	Aida MORTER	15	Romford Town	2:46.48.....	20.	Olivia CHURCH	16	Thurrock	2:30.93.....
8.	Aislin FOLEY-WRIGHT	15	Basildon Ph	2:44.82.....	21.	Junayna AHMED	19	Romford Town	2:30.71.....
9.	Alexa MANN	16	Chelmsford	2:42.84.....	22.	Skye CARTER	15	Basildon Ph	2:25.91.....
10.	Molly GRIEVE	17	Colchester	2:40.31.....	23.	Cait COTTER	15	Chelmsford	2:24.90.....
11.	Louise WEBSTER	15	Thurrock	2:39.57.....	24.	Isabelle JOPSON	19	Romford Town	2:22.45.....
12.	Lexie GOODMAN	15	Basildon Ph	2:39.27.....	25.	Tia GARDINER	20	Basildon Ph	2:20.80.....
13.	Amy ALLISON	17	Bo Waltham F	2:39.19.....	26.	Erika PASAKINSKAITE	16	Bark & Dagen	2:16.25.....

SESSION 6									
WARM UP 1 MIXED									
5.00PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	
WITHDRAWALS CLOSE	BPSC	BPSC	BO NEWHAM	CHELMSFORD	BO WALTHAM FOREST	COLCHESTER	HALSTEAD	ANY OTHER CLUBS	
1.40PM					BRAINTREE	CANVEY ISLAND	HARLOW		
					BRENTWOOD	EPING FOREST			
SPRINTS	5.20PM-5.30PM								

WARM UP 2 MIXED									
5.00PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	
WITHDRAWALS CLOSE	ROMFORD	ROMFORD	KILLERWHALES	MALDON SHARKS	THURROCK	BARKING & DAG	ANY CLUBS	ANY CLUBS	
1.40PM		HAVERING DOLPHINS	SOUTHEND	HALSTEAD					
SPRINTS	5.20PM-5.30PM								
SESSION STARTS	5.40PM								

ESSEX AGE GROUP CHAMPIONSHIPS 2022

Session - 6

EVENT 177 Women MC 12/14 Yrs 400m IM

1.	Komelia JAGODZINSKA	12	Runnymede	6:30.71.....	10.	Nicole MAYNARD	13	Basildon Ph	5:50.05.....
2.	Amelia FENNER	12	Basildon Ph	6:08.56.....	11.	Gabriella MEYER	13	Chelmsford	5:43.39.....
3.	Tumininu MAKINDE	12	Romford Town	6:05.38.....	12.	Elizabeth SWABY	13	Basildon Ph	5:40.78.....
4.	Keira TARPLETT	13	Chelmsford	6:04.72.....	13.	Ella EDWARDS	13	Basildon Ph	5:38.24.....
5.	Lois SMITH	12	Basildon Ph	6:02.65.....	14.	Gracie PARKER	14	Basildon Ph	5:35.12.....
6.	Emilia RAYNER	13	Halstead	5:57.63.....	15.	Kesia CREEES	14	Basildon Ph	5:34.99.....
7.	Leah MASON	14	Colchester	5:56.30.....	16.	Chloe BARNARD	13	Basildon Ph	5:27.66.....
8.	Margarita STOIMENOVA	13	Bo Newham	5:53.66.....	17.	Rebecca COOGAN	14	Romford Town	5:26.02.....
9.	Gabriella TROMAN	13	Colchester	5:51.19.....	18.	Daisy MANNING	14	Basildon Ph	5:15.40.....

EVENT 178 Women MC 15 Yrs/Over 400m IM

1.	Mia WARD	17	Thurrock	5:42.94.....	14.	Elise DELAPPERALL	16	Thurrock	5:24.31.....
2.	Chloe KEEGAN	15	Killerwhales	5:42.28.....	15.	Gracie COMITTI	15	Basildon Ph	5:23.97.....
3.	Greta GODDARD	16	Colchester	5:39.88.....	16.	Stephanie PAGAN	17	Bo Waltham F	5:23.40.....
4.	Tierney ROONEY	16	Romford Town	5:35.69.....	17.	Lisa LEINEMANN	15	Chelmsford	5:22.88.....
5.	Aida MORTER	15	Romford Town	5:34.63.....	18.	Ciara WOOKEY	18	Colchester	5:20.57.....
6.	Bryony EDGINGS	17	Thurrock	5:33.90.....	19.	Lexie O'CONNOR	15	Basildon Ph	5:19.59.....
7.	Skye CARTER	15	Basildon Ph	5:31.50.....	20.	Francesca KEY	17	Thurrock	5:18.82.....
8.	Lexie GOODMAN	15	Basildon Ph	5:30.29.....	21.	Olivia COOPER	16	Basildon Ph	5:17.13.....
9.	Mia LOWE	15	Basildon Ph	5:28.73.....	22.	Charlotte TREE	18	Colchester	5:15.42.....
10.	Olivia CHURCH	16	Thurrock	5:28.64.....	23.	Monika MURINE	15	Bark & Dagen	5:14.06.....
11.	Anna-Lucia FENNER	16	Basildon Ph	5:26.26.....	24.	Cait COTTER	15	Chelmsford	5:09.18.....
12.	Hollie HAWKINS	15	Basildon Ph	5:25.51.....	25.	Erika PASAKINSKAITE	16	Bark & Dagen	5:03.38.....
13.	Alexa MANN	16	Chelmsford	5:25.36.....	26.	Isabelle JOPSON	19	Romford Town	5:00.21.....



EVENT 179 Men MC 10/14 Yrs 200m Butterfly

1.	Ashton BLAKE	13	Canvey Isl	3:01.70.....	12.	Ernest JUVERDEANU	14	Chelmsford	2:44.72.....
2.	Harrison WALLER	13	Southend	3:00.56.....	13.	George PORTLOCK	13	New Hall	2:44.50.....
3.	Baris MURATOGLU	13	Romford Town	2:59.87.....	14.	Mohammed HOSSAIN	14	Bark & Dagen	2:42.26.....
4.	Toby OWEN	13	Southend	2:56.04.....	15.	David NEACSU	14	Bark & Dagen	2:40.30.....
5.	Dmitrijs GRACOVS	13	Harlow Pen	2:53.50.....	16.	Naim HARVEY	14	Basildon Ph	2:40.14.....
6.	Ayobami AKINDELE	14	Thurrock	2:52.20.....	17.	Daniel TAHMISYAN	14	Bark & Dagen	2:36.92.....
7.	Harry COOPER	14	Bo Southend	2:51.94.....	18.	David TSHUMA	14	Bo Newham	2:36.70.....
8.	Harrison BROOK	14	Colchester	2:51.30.....	19.	Jason VAN DER MERWE	14	Bark & Dagen	2:36.66.....
9.	Tobi OLAJIDE	13	Thurrock	2:50.32.....	20.	Robert FENNER	14	Basildon Ph	2:35.80.....
10.	Louis ALLEN	14	Basildon Ph	2:46.80.....	21.	Joshua SHEPHERD	14	Thurrock	2:22.73.....
11.	Sean CONNOLLY	14	Epping Fort	2:46.30.....					

EVENT 180 Men MC 15 Yrs/Over 200m Butterfly

1.	Samuel HOWARD	15	Romford Town	2:49.50.....	21.	Jenson HURRELL	17	Thurrock	2:25.87.....
2.	William WHITE	15	Harlow Pen	2:40.90.....	22.	Dylan NUTT	23	DunmowAtlant	2:25.83.....
3.	Daniel THOMPSON	15	Thurrock	2:40.04.....	23.	Kevin MOLDOVAN	15	Harlow Pen	2:24.12.....
4.	Ahmad DAWOOD	16	Bo Newham	2:39.30.....	24.	Justinas KAZLAUSKAS	16	Bark & Dagen	2:24.00.....
5.	Tarelle LANIYAN	15	Bo Newham	2:36.71.....	25.	Isaac FARRUGIA	15	Basildon Ph	2:23.91.....
6.	Daniel TSHUMA	18	Bo Newham	2:35.94.....	26.	Morgan FOSTER	19	Braintree	2:23.40.....
7.	Jaiden DRUMOND	15	Bo Newham	2:35.67.....	27.	Steven SALAZAR	16	Bo Newham	2:22.91.....
8.	Freddie GARDNER	16	Bo Southend	2:35.64.....	28.	Joshua ATOTILETO	16	Bo Newham	2:22.61.....
9.	Antonio GIROLAMI	17	Colchester	2:34.60.....	29.	Arthur BERNANS	16	Basildon Ph	2:22.18.....
10.	Charlie ROGERS	15	Romford Town	2:34.58.....	30.	Mark MILBURN	17	Colchester	2:21.90.....
11.	Harry STAGG	16	Basildon Ph	2:33.80.....	31.	Damon ELLIOTT	18	DunmowAtlant	2:21.58.....
12.	Ellis MCQUADE	16	DunmowAtlant	2:32.92.....	32.	Sandijns CECINS	15	Colchester	2:20.78.....
13.	Lewis JARRETT	16	Romford Town	2:32.23.....	33.	Joseph GARFIELD	17	Bo Waltham F	2:20.60.....
14.	Rory WILDE	15	Chelmsford	2:32.12.....	34.	Henry DEAN	16	Thurrock	2:18.90.....
15.	James GOURPINAR	15	Harlow Pen	2:30.15.....	35.	Daniel MCGUINNESS	16	Basildon Ph	2:18.20.....
16.	Connor MCCARTHY	17	Romford Town	2:29.00.....	36.	Zak TROMAN	15	Colchester	2:16.80.....
17.	Alexander MUNDEN	16	Bo Newham	2:28.55.....	37.	Harley WEST	18	Thurrock	2:16.40.....
18.	Ben MINISTER	16	Thurrock	2:28.26.....	38.	Jimmy TAYLOR	18	Thurrock	2:14.79.....
19.	Josh WHITE	17	Bark & Dagen	2:27.98.....	39.	Raheel MAHMOOD	15	Romford Town	2:08.97.....
20.	Corey HARE	16	Colchester	2:26.63.....	40.	Nikita CHARYKIN	16	Thurrock	2:08.91.....