



ESSEX SWIMMING COVID RULES




SWIMMERS

- ALL competing swimmers will need to take a test and submit the results online on:

Friday (for Saturday events)

Saturday (for Sunday Events)

If competing on both days a test will need to be taken and submitted on Friday and Saturday

- Temperature checks will be carried out on all swimmers BEFORE being admitted to poolside 
- If a swimmer receives a positive test on Friday or Saturday OR has a temperature of 38+ they will not be able to compete at the event **IN THESE CASES ONLY** a full refund of fees will be issued- evidence of a positive test result will need to be shown to the Event Management staff essexswimming@btopenworld.com
- **SMALL DRAWSTRING BAGS ONLY** will be permitted to be bought onto poolside – This is a very strict rule as we will need the space on poolside to ensure enough distance is put between each swimming team 
- Masks **MUST** be worn by all swimmers when moving around the building- Masks do need to be worn on poolside  **not**
- ALL swimmers will need to follow the covid guidelines and 'one way' systems put in place on the day

SPECTATORS

- ALL SPECTATORS will need to take a test and submit the results online on :

Friday (for Saturday tickets)

Saturday (for Sunday tickets)

If attending on both days a test will need to be taken and submitted on Friday and Saturday

- If a spectator receives a positive test on Friday or Saturday OR has a temperature of 38+ they will not be able to attend the event **IN THESE CASES ONLY** a full refund of fees will be issued- evidence of a positive test result will need to be shown to the Event Management staff essexswimming@btopenworld.com
- Masks **MUST** be worn by all spectators both in the spectator's gallery and when moving around the building- **THIS WILL BE STRICTLY ENFORCED**
- ALL spectators **MUST** download the Test & Trace APP – The Posters **Must** be scanned before entering the spectator gallery- staff will be overseeing this