





ESSEX SWIMMING COVID RULES

SWIMMERS

- ALL competing swimmers will need to take a test and submit the results online on:

Saturday (for Sunday Events)

- Temperature checks will be carried out on all swimmers BEFORE being admitted to poolside 
- If a swimmer receives a positive test on Friday or Saturday OR has a temperature of 38+ they will not be able to compete at the event **IN THESE CASES ONLY** a full refund of fees will be issued- evidence of a positive test result will need to be shown to the Event Management staff essexswimming@btopenworld.com
- Masks **MUST** be worn by all swimmers when moving around the building- Masks do **not**  need to be worn on poolside
- ALL swimmers will need to follow the covid guidelines and 'one way' systems put in place on the day

SPECTATORS

- ALL SPECTATORS will need to take a test and submit the results online on :

Saturday (for Sunday tickets)

- If a spectator receives a positive test on Friday or Saturday OR has a temperature of 38+ they will not be able to attend the event **IN THESE CASES ONLY** a full refund of fees will be issued- evidence of a positive test result will need to be shown to the Event Management staff essexswimming@btopenworld.com
- Masks **MUST** be worn by all spectators both in the spectator's gallery and when moving around the building- **THIS WILL BE STRICTLY ENFORCED**
- ALL spectators **MUST** download the Test & Trace APP – The Posters **Must** be scanned before entering the spectator gallery- staff will be overseeing this