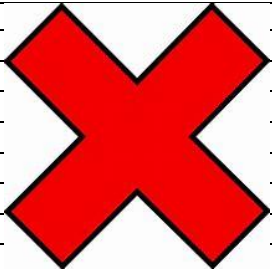


## SESSION 5 Warm up 1 1.45pm-2.00pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BPSC	1	
2	BPSC	2	
3	BPSC	3	
4	CHELMSFORD	4	
5	CHELMSFORD	5	
6	COLCHESTER	6	
7	COLCHESTER	7	
8	COLCHESTER	8	



## SESSION 5 Warm up 2 2.00pm-2.15pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BARKING & DAG	1	WALTHAM FOREST
2	BARKING & DAG	2	WALTHAM FOREST
3	BOSS	3	DUNMOW
4	BRENTWOOD	4	SOUTHEND
5	BRENTWOOD	5	HARLOW
6	BRAINTREE	6	HARLOW
7	BRAINTREE	7	HALSTEAD,
8	CLACTON, SAFFRON WALDEN	8	HARWICH, NEW HALL

## SESSION 5 Warm up 3 2.15pm-2.30pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	KILLERWHALES	1	THURROCK
2	NEWHAM	2	THURROCK
3	NEWHAM	3	THURROCK
4	ROMFORD	4	WITHAM
5	ROMFORD	5	MALDEN SHARKS
6	ROMFORD	6	EPPING FOREST
7	CANVEY, STANWAY	7	EPPING FOREST, WOODHAM FERRERS
8	HORNCHURCH, REDBRIDGE	8	RUNNYMEDE

## SESSION 6 Warm up 1 5.45pm-6.00pm (includes 5mins sprints)

### BOYS ONLY FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BOSS	1	HARLOW
2	BRAINTREE	2	HARLOW, STANWAY
3	BRENTWOOD	3	KILLERWHALES
4	WALTHAM FOREST	4	NEW HALL, REDBRIDGE
5	CLACTON, CANVEY	5	NEWHAM
6	DUNMOW	6	NEWHAM, SAFFRON WALDEN
7	EPPING FOREST, CLACTON	7	SOUTHEND, MALDON
8	HALSTEAD, HARWICH	8	WITHAM, WOODHAM FERRERS, ROCHFORD

## SESSION 6 Warm up 2 6.00pm-6.15pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BPSC	1	BARKING & DAG
2	BPSC	2	BARKING & DAG
3	BPSC	3	THURROCK
4	CHELMSFORD	4	THURROCK
5	CHELMSFORD	5	THURROCK
6	COLCHESTER	6	ROMFORD
7	COLCHESTER	7	ROMFORD, RUNNYMEDE
8	COLCHESTER	8	RUNNYMEDE

## SESSION 6 Warm up 3 6.15pm-6.30pm (includes 5mins sprints)

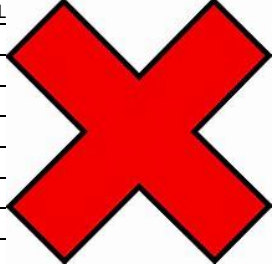
### GIRLS ONLY FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BOSS	1	HARLOW
2	BRAINTREE	2	HARLOW, STANWAY
3	BRENTWOOD	3	KILLERWHALES
4	WALTHAM FOREST	4	NEW HALL, REDBRIDGE, CLACTON
5	CLACTON, CANVEY	5	NEWHAM
6	DUNMOW	6	NEWHAM, SAFFRON WALDEN
7	EPPING FOREST	7	SOUTHEND, MALDON
8	HALSTEAD, HARWICH	8	WITHAM, WOODHAM FERRERS, ROCHFORD

## SESSION 7 Warm up 1 1.45pm-2.00pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BPSC	1	
2	BPSC	2	
3	BPSC	3	
4	CHELMSFORD	4	
5	CHELMSFORD	5	
6	COLCHESTER	6	
7	COLCHESTER	7	
8	COLCHESTER	8	



## SESSION 7 Warm up 2 2.00pm-2.15pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BARKING & DAG	1	WALTHAM FOREST
2	BARKING & DAG	2	WALTHAM FOREST
3	BOSS	3	DUNMOW
4	BRENTWOOD	4	SOUTHEND
5	BRENTWOOD	5	HARLOW
6	BRAINTREE	6	HARLOW
7	BRAINTREE	7	HALSTEAD,
8	CLACTON, SAFFRON WALDEN	8	HARWICH, NEW HALL

## SESSION 7 Warm up 3 2.15pm-2.30pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	KILLERWHALES	1	THURROCK
2	NEWHAM	2	THURROCK
3	NEWHAM	3	THURROCK
4	ROMFORD	4	WITHAM
5	ROMFORD	5	MALDEN SHARKS
6	ROMFORD	6	EPPING FOREST
7	CANVEY, STANWAY	7	EPPING FOREST, WOODHAM FERRERS
8	HORNCHURCH, REDBRIDGE	8	RUNNYMEDE

## SESSION 8 Warm up 1 5.45pm-6.00pm (includes 5mins sprints)

### GIRLS ONLY FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BOSS	1	HARLOW
2	BRAINTREE	2	HARLOW, STANWAY
3	BRENTWOOD	3	KILLERWHALES
4	WALTHAM FOREST	4	NEW HALL, REDBRIDGE
5	CLACTON, CANVEY	5	NEWHAM
6	DUNMOW	6	NEWHAM, SAFFRON WALDEN
7	EPPING FOREST, CLACTON	7	SOUTHEND, MALDON
8	HALSTEAD, HARWICH	8	WITHAM, WOODHAM FERRERS, ROCHFORD

## SESSION 8 Warm up 2 6.00pm-6.15pm (includes 5mins sprints)

### ALL SWIMMERS FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BPSC	1	BARKING & DAG
2	BPSC	2	BARKING & DAG
3	BPSC	3	THURROCK
4	CHELMSFORD	4	THURROCK
5	CHELMSFORD	5	THURROCK
6	COLCHESTER	6	ROMFORD
7	COLCHESTER	7	ROMFORD, RUNNYMEDE
8	COLCHESTER	8	RUNNYMEDE

## SESSION 8 Warm up 3 6.15pm-6.30pm (includes 5mins sprints)

### BOYS ONLY FROM

SWIMDOWN POOL		COMPETITION POOL	
1	BOSS	1	HARLOW
2	BRAINTREE	2	HARLOW, STANWAY
3	BRENTWOOD	3	KILLERWHALES
4	WALTHAM FOREST	4	NEW HALL, REDBRIDGE, CLACTON
5	CLACTON, CANVEY	5	NEWHAM
6	DUNMOW	6	NEWHAM, SAFFRON WALDEN
7	EPPING FOREST	7	SOUTHEND, MALDON
8	HALSTEAD, HARWICH	8	WITHAM, WOODHAM FERRERS, ROCHFORD

## SCHEDULE OF EVENTS

SATURDAY 16TH OCTOBER WARM UP 2.00PM SESSION 5		SUNDAY 17TH OCTOBER WARM UP 2.00PM SESSION 7	
BOYS 13/OVER 400 FREESTYLE		GIRLS 13/OVER 400 FREESTYLE	
GIRLS 13/OVER 400 IM		BOYS 13/OVER 400 IM	
BOYS 13/OVER 50 BREASTSTROKE		GIRLS 13/OVER 50 BREASTSTROKE	
GIRLS 13/OVER 50 BACKSTROKE		BOYS 13/OVER 50 BACKSTROKE	
BOYS 13/OVER 200 BUTTERFLY		GIRLS 13/OVER 200 BUTTERFLY	
GIRLS 13/OVER 200 FREESTYLE		BOYS 13/OVER 200 FREESTYLE	
BOYS 13/OVER 100 BACKSTROKE		GIRLS 13/OVER 100 BACKSTROKE	
GIRLS 13/OVER 100 BREASTSTROKE		BOYS 13/OVER 100 BREASTSTROKE	
SATURDAY 16TH OCTOBER WARM UP 6pm SESSION 6		SUNDAY 17TH OCTOBER WARM UP 6pm SESSION 8	
BOYS 13/OVER 50 FREESTYLE		GIRLS 13/OVER 50 FREESTYLE	
GIRLS 13/OVER 50 BUTTERFLY		BOYS 13/OVER 50 BUTTERFLY	
BOYS 13/OVER 200 IM		GIRLS 13/OVER 200 IM	
GIRLS 13/OVER 100 FREESTYLE		BOYS 13/OVER 100 FREESTYLE	
BOYS 13/OVER 100 BUTTERFLY		GIRLS 13/OVER 100 BUTTERFLY	
GIRLS 13/OVER 200 BACKSTROKE		BOYS 13/OVER 200 BACKSTROKE	
BOYS 13/OVER 200 BREASTSTROKE		GIRLS 13/OVER 200 BREASTSTROKE	
GIRLS 13/OVER 100 IM		BOYS 13/OVER 100 IM	

## SESSION 5

### EVENT 501 Boy 13 Yrs/Over 400m Freestyle

1. Jack FRIEDLEIN	13	Maldon Shark	5:13.97.....	17. Archie PIGOTT	14	Killerwhales	4:35.21.....
2. Jason VAN DER MERWE	13	Bark & Dagen	5:08.19.....	18. Oliver HOGAN	18	Bo Southend	4:35.10.....
3. Albert ORLEY	13	Braintree	5:01.90.....	19. Keelan GOSNEY	17	Chelmsford	4:32.86.....
4. Robert FENNER	13	Basildon Ph	4:56.00.....	20. Lewis ARCHER	24	Halstead	4:32.48.....
5. Harry RICHARDSON	17	Southend	4:49.62.....	21. Roan BRENNAN	15	Basildon Ph	S9 4:31.80.....
6. william WHITE	14	Harlow Pen	4:48.77.....	22. Daniel MCGUINNESS	15	Basildon Ph	4:27.32.....
7. Eliot HAYHOW	17	Bo Waltham F	4:46.31.....	23. Zak TROMAN	14	Colchester	4:25.28.....
8. Jacob ROBINSON	16	Killerwhales	4:42.00.....	24. Jamieson MCLAREN	15	Romford Town	4:25.03.....
9. Thomas FORD	15	Basildon Ph	4:39.33.....	25. Reece BARCLAY	30	Epping For't	4:25.00.....
10. Max ARNOLD	15	Harlow Pen	4:39.31.....	26. Angus ROBERTSON	17	Brentwood	4:23.51.....
11. Massimo GIROLAMI	13	Colchester	4:38.60.....	27. David Ioan NEACSU	13	Bark & Dagen	4:22.02.....
12. Sandijs CECINS	14	Colchester	4:38.41.....	28. Raheel MAHMOOD	14	Romford Town	4:21.75.....
13. Joe POWER	14	Basildon Ph	4:38.30.....	29. Connor MCCARTHY	16	Romford Town	4:20.74.....
14. Thomas BALE	16	Halstead	4:38.22.....	30. Mark MILBURN	16	Colchester	4:20.01.....
15. Matthew RIDDLE	16	Thurrock	4:37.24.....	31. Jude HILLS	16	Thurrock	4:17.57.....
16. Justinas KAZLAUSKAS	15	Bark & Dagen	4:36.31.....	32. James SPEERS	18	Basildon Ph	4:10.36.....

## EVENT 502 Girl 13 Yrs/Over 400m IM

1.	Tilly BUNN	14	Romford Town	6:14.30.....	13.	Molly GRIEVE	16	Colchester	5:28.29.....
2.	Megan MCLAWRENCE	16	BorRedbridge	6:13.58.....	14.	ELISE DELAPPERALL	15	Thurrock	5:27.60.....
3.	Julia SWANEPOEL	16	Epping For't	6:09.99.....	15.	Molly REDGRAVE	17	Colchester	5:27.23.....
4.	Gabrielle CORNISH	13	Colchester	6:01.18.....	16.	Lexie OCONNOR	14	Basildon Ph	5:26.45.....
5.	Tierney ROONEY	15	Romford Town	5:47.89.....	17.	Lisa LEINEMANN	14	Chelmsford	5:23.30.....
6.	Holly PARKS	15	Bo Southend	5:47.21.....	18.	Cait COTTER	14	Chelmsford	5:22.50.....
7.	Marcie ALEY	15	Braintree	5:43.50.....	19.	Charlotte TREE	17	Colchester	5:19.46.....
8.	Kesia CREES	13	Basildon Ph	5:43.30.....	20.	Francesca KEY	16	Thurrock	5:18.47.....
9.	Hollie HAWKINS	14	Basildon Ph	5:38.84.....	21.	Erika PASAKINSKAITE	15	Bark & Dagen	5:09.53.....
10.	Rebecca COOGAN	13	Romford Town	5:38.60.....	22.	Isabelle JOPSON	18	Romford Town	5:07.50.....
11.	Aaliyah RICHARDS	15	Bo Waltham F	5:32.80.....	23.	Lucy CHARLES-BARCLAY	28	Epping For't	5:00.00.....
12.	Monika MURINE	14	Bark & Dagen	5:28.32.....					

## EVENT 503 Boy 13 Yrs/Over 50m Breaststroke

1.	Frederick WHITE	13	Runnymede	53.00.....	51.	kevin MOGHINA	13	Thurrock	42.27.....
2.	George STACEY	13	Bo Southend	52.51.....	52.	Bertie WARNES	15	DunmowAtlant	42.05.....
3.	Joe JOHNSTON	13	Stanway	52.34.....	53.	Joseph THOMAS	14	Brentwood	42.01.....
4.	Amir WILSON	13	Bo Newham	52.10.....	54.	Alexander COTTRELL	13	Colchester	41.97.....
5.	Aaron PEIRCE	13	DunmowAtlant	51.74.....	55.	Brandon WINSLOW	15	Bo Southend	41.90.....
6.	Curtis WHEARTY	15	Clacton SC	51.38.....	56.	Leo EASTER	14	Runnymede	41.80.....
7.	Quinn SEYMOUR	14	Runnymede	51.26.....	57.	Joseph SILVER	14	Bo Waltham F	41.69.....
8.	Liam CLARK	13	Runnymede	51.12.....	58.	Rory WILDE	14	Chelmsford	41.52.....
9.	Sean CONNOLLY	13	Epping For't	51.00.....	59.	Tom STEADMAN	15	Killerwhales	41.40.....
10.	Maximilian SEYMOUR	14	Runnymede	50.91.....	60.	Jack WEBB	13	Witham Dolph	41.33.....
11.	Thomas ROBB	13	Halstead	49.79.....	61.	Caleb JUDD	13	Romford Town	41.28.....
12.	Ridha AYoola-GIWA	14	Bo Newham	49.69.....	62.	Max HEADLEY	14	Braintree	41.20.....
13.	Ben PROPHET	13	Runnymede	49.32.....	63.	Tom GUTRIDGE	13	Killerwhales	40.71.....
14.	Armandas MAVROPULO	13	Bo Waltham F	49.13.....	64.	Ethan HEALES	14	Bo Waltham F	40.66.....
15.	Keelan BARNETT	14	Colchester	48.10.....	65.	Edward REEVE	15	Stanway	40.57.....
16.	Alexander IVANOV	13	Romford Town	47.97.....	66.	Louis SPRIGGS	13	New Hall	40.55.....
17.	Harry TILLEY	13	Harwich DP	47.75.....	67.	Albert ORLEY	13	Braintree	40.50.....
18.	Franklin FARREN	15	Halstead	47.21.....	68.	Kacper GOLABEK	13	Bark & Dagen	40.43.....
19.	Barney WESTON	15	Harwich DP	46.68.....	69.	Zain KADHIM	15	Killerwhales	40.39.....
20.	Mark VASYLCHUK	13	Brentwood	46.40.....	70.	Benjamin WATLEY	14	Witham Dolph	40.20.....
21.	Aaron MCKERNAN	14	Bo Newham	46.28.....	71.	Reece BURNS	13	Witham Dolph	40.05.....
22.	Toby WOOD	13	Southend	46.20.....	72.	Reece BARCLAY	30	Epping For't	40.00.....
23.	Sina POURKOMAILIAN	15	Epping For't	45.86.....	73.	Collin OKUSAGA	14	Braintree	40.00.....
24.	Hugo GODDARD	13	Colchester	45.81.....	74.	William FROST	13	Basildon Ph	39.96.....
25.	Luke PEMBERTON	13	Bo Waltham F	45.81.....	75.	Albie NORMAN	15	Runnymede	39.90.....
26.	Jed THWALA	13	Killerwhales	45.52.....	76.	Alan ALEKSEJEVS	15	Bo Newham	39.85.....
27.	Jensen LARTHE	14	Southend	45.47.....	77.	Ernest JUVERDEANU	13	Chelmsford	39.85.....
28.	Marco BURZOTTA	15	Runnymede	45.29.....	78.	Jacob RAY	14	Basildon Ph	39.54.....
29.	Matthew NORMAN	13	Basildon Ph	45.28.....	79.	Freddie WESTON	14	Brentwood	38.70.....
30.	Harry COOPER	13	Bo Southend	45.21.....	80.	Jack READ	15	Runnymede	38.70.....
31.	Kiril STAMENOV	16	Bo Newham	44.98.....	81.	Finley PETTS	14	Braintree	38.67.....
32.	Alistair MIZON	13	Braintree	44.96.....	82.	Corey HARE	15	Colchester	38.50.....
33.	Joshua OWEN	16	Runnymede	44.53.....	83.	Charlie ROGERS	14	Romford Town	38.44.....
34.	Ben HUMPHRIES	13	Maldon Shark	44.35.....	84.	LIAM HIGGINS	16	Bo Waltham F	38.44.....
35.	Leo FLOOD	13	Bo Waltham F	44.34.....	85.	Ben PALMER	17	Homchurch	38.40.....
36.	Elias AYAD	15	Bo Newham	44.26.....	86.	Daniel HALL	17	Homchurch	38.20.....
37.	Oliver GORE	14	Southend	44.18.....	87.	Oliver WILKINSON	18	Saffron Wald	38.20.....
38.	Thomas RICHARDSON	13	Harwich DP	44.16.....	88.	Clark CHEN	16	Chelmsford	38.10.....
39.	Lee BOKA	13	Brentwood	44.07.....	89.	Matthew PACK	16	Braintree	38.00.....
40.	Ethan JACKSON	13	Homchurch	44.00.....	90.	Daniel TONU	13	Bark & Dagen	37.99.....
41.	Alvin LIU	14	Clacton SC	43.55.....	91.	Kimonas ZANNIKOS	16	Southend	37.84.....
42.	ADEMOLA OSHOWOLE	13	Thurrock	43.54.....	92.	Thomas UNDERDOWN	14	Braintree	37.80.....
43.	Connor JARRETT	13	Romford Town	43.44.....	93.	James BAKER	14	Brentwood	37.77.....
44.	Louis BROWN	13	Runnymede	43.40.....	94.	Louis ALLEN	13	Basildon Ph	37.70.....
45.	David SHUTOV	15	BorRedbridge	43.08.....	95.	Thirushan GUNASILAN	14	Bark & Dagen	37.60.....
46.	Daniel THOMPSON	14	Thurrock	43.04.....	96.	Samuel HOWARD	14	Romford Town	37.56.....
47.	Yordan GOLEMDZHIEV	13	Thurrock	42.77.....	97.	Louis LANE	16	Basildon Ph	37.55.....
48.	Amir ZAHOUANI	13	Bo Waltham F	42.60.....	98.	Massimo GIROLAMI	13	Colchester	37.50.....
49.	Elliot WHITEHOUSE	13	Colchester	42.53.....	99.	Ismail AYAD	17	Bo Newham	37.43.....
50.	Blake BEARWISH	17	Runnymede	42.32.....	100.	Romao CONDE	14	Bo Newham	37.34.....

101.	Ayobami AKINDELE	13	Thurrock	37.25.....	132.	Archie PIGOTT	14	Killerwhales	34.80.....
102.	James GOURPINAR	14	Harlow Pen	37.20.....	133.	Oliver MURRAY	17	Braintree	34.70.....
103.	Harrison BROOK	13	Colchester	37.20.....	134.	Danny SCANNELL	15	Bark & Dagen	34.66.....
104.	Joe POWER	14	Basildon Ph	37.03.....	135.	colin MOGHINA	16	Thurrock	34.28.....
105.	Joseph BURNS	15	Witham Dolph	36.94.....	136.	Oliver HOGAN	18	Bo Southend	34.20.....
106.	Sandjjs CECINS	14	Colchester	36.92.....	137.	Daniel BELTEKI	15	Saffron Wald	34.09.....
107.	Kieran STERRY	14	Basildon Ph	36.69.....	138.	HARRY MARSHALL-CHILDS	17	Bark & Dagen	34.08.....
108.	Thomas MEDHURST	18	Epping For't	36.65.....	139.	Sam LOADER	17	Clacton SC	33.85.....
109.	Josh WHITE	16	Bark & Dagen	36.47.....	140.	OLIVER PUXLEY	13	Saffron Wald	33.83.....
110.	Christian HOUSDEN	15	Saffron Wald	36.26.....	141.	Connor MCCARTHY	16	Romford Town	33.83.....
111.	Alexander JESSOP	17	Brentwood	36.25.....	142.	Glennon LEE	15	Harlow Pen	33.81.....
112.	Theo MCCALLA	15	Bo Newham	36.21.....	143.	Martin LANE	50	Basildon Ph	33.80.....
113.	Matthew BALE	44	Halstead	36.21.....	144.	Antonio GIROLAMI	16	Colchester	33.78.....
114.	Rhys PANYANDEE	15	Bo Newham	36.19.....	145.	Daniel BOBOYE	14	Thurrock	33.60.....
115.	Sami MATLOUB	16	Killerwhales	35.99.....	146.	Harvey LAST	18	Southend	33.36.....
116.	Keelan GOSNEY	17	Chelmsford	35.92.....	147.	Jacob SWANN	15	Braintree	33.30.....
117.	Joshua SHEPHERD	13	Thurrock	35.90.....	148.	Richard (HARRY)	15	Chelmsford	33.10.....
118.	Isaac FARRUGIA	14	Basildon Ph	35.86.....	149.	Ben STRINGER	16	Romford Town	33.00.....
119.	Thomas CHITTOCK	14	Bo Waltham F	35.72.....	150.	Alfie FRANCIS	16	Colchester	32.83.....
120.	Sebastian COTOROBAL	14	Bo Newham	35.69.....	151.	Kalaum CORANI	17	Colchester	32.75.....
121.	Saxon MINTO	13	Basildon Ph	35.65.....	152.	Tyler JACKSON	17	Harlow Pen	32.73.....
122.	Patrick WINNINGTON	16	DunmowAtlant	35.57.....	153.	Oscar HOWELL	16	Brentwood	32.70.....
123.	Eliot HAYHOW	17	Bo Waltham F	35.56.....	154.	David Ioan NEACSU	13	Bark & Dagen	32.48.....
124.	Jack HATCH	16	Woodham F SC	35.37.....	155.	Jacob STEPHEN	16	Brentwood	32.37.....
125.	Harry STAGG	15	Basildon Ph	35.30.....	156.	Damon ELLIOTT	17	DunmowAtlant	31.40.....
126.	Ethan MARTIN	16	Thurrock	35.30.....	157.	Samuel RENNIE	17	Braintree	30.90.....
127.	Joshua ATOTILETO	15	Bo Newham	35.25.....	158.	Jack MANSFIELD	19	Harlow Pen	30.74.....
128.	Marco YUEN	14	Romford Town	35.20.....	159.	Daryl RANDS	24	Colchester	30.60.....
129.	Ethan RYAN	16	Harlow Pen	35.12.....	160.	Harrison JARVIS	17	Thurrock	30.20.....
130.	Maddox ROBERTS	15	Witham Dolph	34.88.....	161.	Tyler TOMBS	16	Chelmsford	30.00.....
131.	Luke READ	15	Basildon Ph	34.81.....					

## EVENT 504 Girl 13 Yrs/Over 50m Backstroke

1.	Bella VICKERY	13	Southend	46.00.....	33.	Rae WHEATLEY	13	Bo Southend	40.59.....
2.	Nicole MIDDLETON	13	Epping For't	46.00.....	34.	Esme STRINGER	13	Romford Town	40.57.....
3.	Tiana WILLIAMS-JOHNSON	13	Bo Southend	45.80.....	35.	Esmee REEVE	13	Braintree	40.39.....
4.	Molly RAMAGE	13	Southend	45.27.....	36.	Thalia DEPEZA-GREEN	13	Bo Waltham F	40.30.....
5.	Gabrielle WILLIAMS	19	Harwich DP	45.18.....	37.	Cemre SAHIN	14	BorRedbridge	40.27.....
6.	Jessica THOMAS	13	Colchester	45.16.....	38.	Jodie THOMPSON	13	DunmowAtlant	40.08.....
7.	Lois WILSON	13	Colchester	45.01.....	39.	Aditi GANTHI	13	Epping For't	40.00.....
8.	Fearne PEACH	13	Canvey Isl	44.97.....	40.	Isabelle TYE	13	Harwich DP	39.68.....
9.	Olivia FORREST	13	New Hall	44.92.....	41.	Charity HAYHOW	15	Bo Waltham F	39.56.....
10.	Kayleigh PEACOCK	13	Harlow Pen	44.90.....	42.	Molly RICHARDSON	15	Harwich DP	39.08.....
11.	Loma QUINCE	14	Runnymede	44.52.....	43.	Scarlett HULBERT	14	Southend	39.03.....
12.	Eydi PUDNEY	13	Runnymede	44.41.....	44.	Chloe GALILEE	13	Clacton SC	39.01.....
13.	Jessica FLAVELL	15	Witham Dolph	44.12.....	45.	Jessie SKELT	13	Braintree	38.90.....
14.	Chloe PARKINS	13	Southend	44.03.....	46.	Kitty-May MURRAY	16	Bo Newham	38.80.....
15.	Lily HAYWARD	13	Epping For't	43.80.....	47.	Maisie WILLIAMS	14	Canvey Isl	38.64.....
16.	Eloise KILLICK	14	Romford Town	43.79.....	48.	Amy WRIGHT	13	Bo Waltham F	38.50.....
17.	lucia FULTON	13	Bark & Dagen	43.51.....	49.	Ishana THAKKAR	14	Witham Dolph	38.46.....
18.	Tilly WRIGHT	15	Brentwood	43.30.....	50.	Niamh STEVENSON	13	Killerwhales	38.25.....
19.	Charlotte HATCH	16	Woodham F SC	43.22.....	51.	Sophie HEANEY	14	Brentwood	38.20.....
20.	Holly ROGERS	13	Bo Southend	42.76.....	52.	Roxanne COKER	13	Thurrock	38.13.....
21.	Anika DUBEY	13	Chelmsford	42.67.....	53.	Grace MURPHY	13	Bo Waltham F	38.00.....
22.	Kostadina KATSAKIORI	13	Clacton SC	42.61.....	54.	Lois JOHNSON	13	Chelmsford	37.89.....
23.	Ruby PHILPOTT	13	Chelmsford	42.23.....	55.	Sophie PARKINS	15	Southend	37.79.....
24.	Isabel CONNER	13	Runnymede	42.04.....	56.	Hannah KARLSSON	14	Colchester	37.76.....
25.	Morounfolu (FOLU)	16	Chelmsford	42.00.....	57.	Hope POWELL	14	Killerwhales	37.74.....
26.	Alvira KHAN	13	Thurrock	41.99.....	58.	Rose WINTER	16	Halstead	37.67.....
27.	Charlotte ROBERTS	14	DunmowAtlant	41.73.....	59.	Annabelle TULETT	13	Bo Waltham F	37.59.....
28.	Menna BEEGAN	13	Harwich DP	41.41.....	60.	Arrienne LEA	14	Bo Southend	37.50.....
29.	Francesca BAKER	13	Braintree	40.85.....	61.	Olivia MENDHAM	13	Chelmsford	37.30.....
30.	Ella LINNEY	14	Halstead	40.70.....	62.	Emily GRIMWOOD	15	Clacton SC	37.29.....
31.	Luisa CAREY	13	DunmowAtlant	40.68.....	63.	Chloe MARTIN	16	Harlow Pen	37.27.....
32.	Sophie HEDGES	14	Southend	40.62.....	64.	Louise WEBSTER	14	Thurrock	37.26.....

65.	Grace BLACK	14	Stanway	37.25.....	104.	LUCY RAKER	14	Southend	35.17.....
66.	BONNIE MACMILLAN GRIFF	14	Bo Waltham F	37.16.....	105.	Marcie ALEY	15	Braintree	35.10.....
67.	Ella KILBY	14	Romford Town	37.03.....	106.	Ella DAWSON	13	Chelmsford	35.07.....
68.	Alexdrina ROBERTS	16	DunmowAtlant	37.02.....	107.	Aislin FOLEY-WRIGHT	14	Basildon Ph	35.07.....
69.	Isabel MORLEY	16	Runnymede	37.00.....	108.	Tabitha KENNEDY	17	Clacton SC	34.98.....
70.	Isabelle YOUNG	13	Stanway	36.94.....	109.	Emily BONFANTE	13	Bo Newham	34.92.....
71.	Cailin WALKER	18	Harlow Pen	36.83.....	110.	Daisy RUSSELL	13	DunmowAtlant	34.91.....
72.	Evie JAMIESON	15	Harlow Pen	36.81.....	111.	Ella COOMBES	13	Basildon Ph	34.68.....
73.	Edie NEWELL	14	Brentwood	36.79.....	112.	Mia WARD	16	Thurrock	34.67.....
74.	Emily MORRIS	16	Bo Waltham F	36.78.....	113.	Ella PEMBERTON	16	Bo Waltham F	34.50.....
75.	Sadie ROWE	14	Colchester	36.72.....	114.	Olivia REILLY	17	Chelmsford	34.44.....
76.	Sophie BALL	14	Braintree	36.62.....	115.	Daisy PATTERSON	15	Thurrock	34.31.....
77.	Chloe STAINES	15	Chelmsford	36.41.....	116.	Zara CLARKSON	13	DunmowAtlant	34.30.....
78.	Milly ELLIOTT-YOUNG	16	Brentwood	36.40.....	117.	Chloe LINNEY	13	Halstead	34.28.....
79.	Tia EVERITT	13	Chelmsford	36.29.....	118.	ELISE DELAPPERALL	15	Thurrock	33.89.....
80.	Macey WATKINS	14	Colchester	36.28.....	119.	Kya ANDREOU	17	Harlow Pen	33.83.....
81.	Liv MOSS	14	Colchester	36.28.....	120.	Cait COTTER	14	Chelmsford	33.78.....
82.	Mia MACKLIN	13	Braintree	36.28.....	121.	Eva MURRAY	15	Bo Waltham F	33.48.....
83.	Tahlia HAYLOCK	14	Halstead	36.25.....	122.	Sophia MOULE	14	Romford Town	33.46.....
84.	Lucy TOMS	15	Clacton SC	36.24.....	123.	Priya DHILLON	15	Bark & Dagen	33.46.....
85.	Rosie O'BOYLE	16	Epping For't	36.18.....	124.	Olivia CHURCH	15	Thurrock	33.42.....
86.	Zoe LLOYD-ROSSI	14	DunmowAtlant	36.06.....	125.	Lucy MORGAN	17	Colchester	33.40.....
87.	Jennifer RIDDLE	18	Thurrock	35.92.....	126.	Sophie JENKINSON	16	Basildon Ph	33.31.....
88.	Olivia CLARKE	15	Chelmsford	35.90.....	127.	Robyn QUINCE	17	Runnymede	33.20.....
89.	Amy MILBURN	14	Colchester	35.86.....	128.	Brianna HANSEN-HOARE	14	Harlow Pen	33.10.....
90.	Rachel NELSON	15	Maldon Shark	35.85.....	129.	Dina BENIDIR	16	Bo Newham	32.92.....
91.	Oluwapelumi SALU	13	Bo Newham	35.82.....	130.	Gracie PARKER	13	Basildon Ph	32.87.....
92.	Amelia MURPHY	14	Chelmsford	35.70.....	131.	Keziah CORNISH	15	Colchester	32.46.....
93.	innes DUNLOP	17	Saffron Wald	35.70.....	132.	Gracie COMITTI	14	Basildon Ph	32.40.....
94.	Alana FINN	13	Basildon Ph	35.64.....	133.	Alexa MANN	15	Chelmsford	32.37.....
95.	MISTY EREN	15	Harlow Pen	35.62.....	134.	Molly REDGRAVE	17	Colchester	32.34.....
96.	Constance KENNEDY	15	Romford Town	35.56.....	135.	Evangeline PIERCE	14	Basildon Ph	32.09.....
97.	Holly PARKS	15	Bo Southend	35.55.....	136.	Lucy CHARLES-BARCLAY	28	Epping For't	32.00.....
98.	Grace LAMPRELL	16	Harlow Pen	35.47.....	137.	Zyss HANNAH	16	Basildon Ph	31.67.....
99.	Francesca VANN	17	Harlow Pen	35.36.....	138.	Radost MILKOVA	18	Thurrock	31.21.....
100.	Gabrielle CORNISH	13	Colchester	35.30.....	139.	Greta GODDARD	15	Colchester	30.80.....
101.	Isabel COLLINS	15	Bo Southend	35.26.....	140.	Charley JOYCE	16	Epping For't	30.80.....
102.	Isabelle TALBOT	14	Braintree	35.22.....					
103.	Olivia CARTWRIGHT	14	Colchester	35.22.....					

## EVENT 505 Boy 13 Yrs/Over 200m Butterfly

1.	Ryan LONG	15	Bo Southend	3:34.00.....	22.	Joshua ATOTILETO	15	Bo Newham	2:31.20.....
2.	Ernest JUVERDEANU	13	Chelmsford	3:25.66.....	23.	Reece BARCLAY	30	Epping For't	2:30.00.....
3.	Cayden SHANAHAN	13	Killerwhales	3:12.96.....	24.	Richard (HARRY)	15	Chelmsford	2:30.00.....
4.	Alexander IVANOV	13	Romford Town	3:04.40.....	25.	Justinas KAZLAUSKAS	15	Bark & Dagen	2:27.74.....
5.	Harry COOPER	13	Bo Southend	2:59.15.....	26.	Freddie GARDNER	15	Bo Southend	2:27.32.....
6.	Charlie ROGERS	14	Romford Town	2:58.64.....	27.	Sandijns CECINS	14	Colchester	2:27.07.....
7.	Samuel HOWARD	14	Romford Town	2:58.40.....	28.	Joshua SHEPHERD	13	Thurrock	2:26.41.....
8.	Ayobami AKINDELE	13	Thurrock	2:54.76.....	29.	Jenson HURRELL	16	Thurrock	2:26.30.....
9.	Harrison BROOK	13	Colchester	2:51.40.....	30.	Steven SALAZAR	15	Bo Newham	2:25.33.....
10.	Jason VAN DER MERWE	13	Bark & Dagen	2:48.90.....	31.	Dylan NUTT	22	DunmowAtlant	2:25.17.....
11.	Rory WILDE	14	Chelmsford	2:48.40.....	32.	Daniel MONK	17	Harlow Pen	2:24.46.....
12.	Daniel TAHMISYAN	13	Bark & Dagen	2:47.85.....	33.	Isaac FARRUGIA	14	Basildon Ph	2:23.91.....
13.	arjun PARMAR	14	Colchester	2:45.00.....	34.	Henry DEAN	15	Thurrock	2:21.19.....
14.	Kevin MOLDOVAN	14	Harlow Pen	2:43.00.....	35.	Daniel MCGUINNESS	15	Basildon Ph	2:20.48.....
15.	Alexander MUNDEN	15	Bo Newham	2:42.89.....	36.	Zak TROMAN	14	Colchester	2:20.12.....
16.	Robert FENNER	13	Basildon Ph	2:40.40.....	37.	Jimmy TAYLOR	17	Thurrock	2:20.03.....
17.	Lewis JARRETT	15	Romford Town	2:35.65.....	38.	Harley WEST	17	Basildon Ph	2:19.93.....
18.	James GOURPINAR	14	Harlow Pen	2:35.60.....	39.	Nikita CHARYKIN	15	Thurrock	2:16.00.....
19.	Ben MINISTER	15	Thurrock	2:34.67.....	40.	Raheel MAHMOOD	14	Romford Town	2:14.50.....
20.	Corey HARE	15	Colchester	2:33.78.....	41.	Daniel GENCAS	18	Bark & Dagen	2:14.09.....
21.	Josh WHITE	16	Bark & Dagen	2:32.81.....					



## EVENT 506 Girl 13 Yrs/Over 200m Freestyle

1.	Roselinda JAIMON	17	Bo Southend	3:12.98.....	37.	Bella STEADMAN	13	Killerwhales	2:26.30.....
2.	Tilly WRIGHT	15	Brentwood	3:03.00.....	38.	Daisy PATTERSON	15	Thurrock	2:24.85.....
3.	Alexdrina ROBERTS	16	DunmowAtlant	2:52.04.....	39.	Grace LAMPRELL	16	Harlow Pen	2:24.83.....
4.	Charity HAYHOW	15	Bo Waltham F	2:44.15.....	40.	Rachel SALE	14	Stanway	2:24.70.....
5.	Rose VINTER	16	Halstead	2:37.83.....	41.	Maisie MUFFETT	16	Epping For't	2:24.67.....
6.	BONNIE MACMILLAN GRIFF	14	Bo Waltham F	2:37.59.....	42.	Oluwapelumi SALU	13	Bo Newham	2:24.30.....
7.	Maisie WILLIAMS	14	Canvey Isl	2:37.17.....	43.	Aislin FOLEY-WRIGHT	14	Basildon Ph	2:23.18.....
8.	Molly RICHARDSON	15	Harwich DP	2:36.92.....	44.	Keziah CORNISH	15	Colchester	2:22.46.....
9.	Aimee DUDMAN	14	Killerwhales	2:36.01.....	45.	Rosie O'BOYLE	16	Epping For't	2:22.06.....
10.	Mia MACKLIN	13	Braintree	2:36.00.....	46.	Hannah FLEMING	16	Basildon Ph	2:22.00.....
11.	CHARLOTTE MARSHALL-CHI	13	Bark & Dagen	2:35.52.....	47.	Ella PEMBERTON	16	Bo Waltham F	2:21.11.....
12.	Abigail KOON	16	Bo Newham	2:35.34.....	48.	Mia LOWE	14	Basildon Ph	2:20.72.....
13.	Amelia MURPHY	14	Chelmsford	2:35.22.....	49.	Ella DAWSON	13	Chelmsford	2:20.50.....
14.	Eddie NEWELL	14	Brentwood	2:35.10.....	50.	Rebecca COOGAN	13	Romford Town	2:20.00.....
15.	Leah MASON	13	Colchester	2:35.06.....	51.	Eva MURRAY	15	Bo Waltham F	2:18.88.....
16.	innes DUNLOP	17	Saffron Wald	2:35.00.....	52.	Evangelina PIERCE	14	Basildon Ph	2:18.68.....
17.	Sophie PARKINS	15	Southend	2:34.83.....	53.	Lexie GOODMAN	14	Basildon Ph	2:18.64.....
18.	Rae WHEATLEY	13	Bo Southend	2:34.60.....	54.	Amy ALLISON	16	Bo Waltham F	2:18.38.....
19.	Constance KENNEDY	15	Romford Town	2:33.20.....	55.	Emma STAINES	17	Chelmsford	2:17.11.....
20.	Charlotte SPEDDING	13	Witham Dolph	2:32.68.....	56.	Molly REDGRAVE	17	Colchester	2:16.67.....
21.	Chloe STAINES	15	Chelmsford	2:32.38.....	57.	Erika PASAKINSKAITE	15	Bark & Dagen	2:16.58.....
22.	Jasmine SHAW	14	Witham Dolph	2:32.05.....	58.	Olivia FLETCHER	18	Basildon Ph	2:16.10.....
23.	Amy WRIGHT	13	Bo Waltham F	2:31.28.....	59.	Holly TIMMIS	17	Epping For't	2:15.88.....
24.	Tilly BUNN	14	Romford Town	2:31.18.....	60.	Lisa LEINEMANN	14	Chelmsford	2:15.80.....
25.	Emily FERREIRA	13	Killerwhales	2:31.06.....	61.	Greta GODDARD	15	Colchester	2:15.46.....
26.	Kitty-May MURRAY	16	Bo Newham	2:30.70.....	62.	Alexa MANN	15	Chelmsford	2:15.42.....
27.	Isabelle YOUNG	13	Stanway	2:30.20.....	63.	Charlotte TREE	17	Colchester	2:15.13.....
28.	Saule BRANKEVICIUTE	13	Bark & Dagen	2:28.37.....	64.	Teegan RAYNER	16	Witham Dolph	2:14.27.....
29.	Mia WARD	16	Thurrock	2:27.60.....	65.	Gracie COMITTI	14	Basildon Ph	2:13.17.....
30.	Milly ELLIOTT-YOUNG	16	Brentwood	2:27.54.....	66.	Erin WILKINSON	16	Basildon Ph	2:12.68.....
31.	poppy REED	15	Bo Waltham F	2:27.25.....	67.	Junayna AHMED	18	Romford Town	2:11.59.....
32.	Ava WILSON	13	New Hall	2:27.02.....	68.	phoebe WHITE	16	Harlow Pen	2:10.47.....
33.	Fletcher MAGNUS	15	BorRedbridge	2:27.00.....	69.	Isabelle JOPSON	18	Romford Town	2:08.30.....
34.	Sophia MOULE	14	Romford Town	2:26.90.....	70.	May BRADBURN	17	Basildon Ph	2:05.54.....
35.	Ella COOMBES	13	Basildon Ph	2:26.78.....	71.	Lucy CHARLES-BARCLAY	28	Epping For't	2:05.00.....
36.	Madeleine MCCORMACK	19	Romford Town	2:26.70.....					

## EVENT 507 Boy 13 Yrs/Over 100m Backstroke

1.	Barney WESTON	15	Harwich DP	1:44.57.....	27.	Jack WEBB	13	Witham Dolph	1:22.21.....
2.	ADEMOLA OSHOWOLE	13	Thurrock	1:32.36.....	28.	Elias AYAD	15	Bo Newham	1:22.00.....
3.	Samuel WHEARTY	19	Clacton SC	S8 1:31.41.....	29.	Leo EASTER	14	Runnymede	1:21.00.....
4.	Armandas MAVROPULO	13	Bo Waltham F	1:31.28.....	30.	Freddie WESTON	14	Brentwood	1:20.40.....
5.	Liam CLARK	13	Runnymede	1:30.97.....	31.	Antoine ROUYER-BROWN	16	Runnymede	1:20.21.....
6.	Alistair RIZON	13	Braintree	1:30.84.....	32.	LIAM HIGGINS	16	Bo Waltham F	1:19.47.....
7.	Thomas RICHARDSON	13	Harwich DP	1:30.32.....	33.	Finley PETTS	14	Braintree	1:19.40.....
8.	zane FROST	14	Canvey Isl	1:30.01.....	34.	Daniel THOMPSON	14	Thurrock	1:19.12.....
9.	Mark VASYLCHUK	13	Brentwood	1:29.87.....	35.	Ben HUMPHRIES	13	Maldon Shark	1:19.05.....
10.	George STACEY	13	Bo Southend	1:29.65.....	36.	Elliot WHITEHOUSE	13	Colchester	1:18.47.....
11.	oliver CLARK	13	Maldon Shark	1:28.25.....	37.	Daniel BOBOYE	14	Thurrock	1:18.30.....
12.	David SHUTOV	15	BorRedbridge	1:26.87.....	38.	Zain KADHIM	15	Killerwhales	1:18.01.....
13.	Ben PROPHET	13	Runnymede	1:26.37.....	39.	Connor JARRETT	13	Romford Town	1:17.94.....
14.	Caleb JUDD	13	Romford Town	1:26.28.....	40.	Jack FRIEDLEIN	13	Maldon Shark	1:17.76.....
15.	Max HEADLEY	14	Braintree	1:25.63.....	41.	Church GEORGE	14	Thurrock	1:17.60.....
16.	Daniel HYDE	13	Bark & Dagen	1:25.29.....	42.	Daniel TONU	13	Bark & Dagen	1:17.43.....
17.	Alexander COTTRELL	13	Colchester	1:25.25.....	43.	Thomas SKERRY	13	New Hall	1:17.28.....
18.	Oliver GORE	14	Southend	1:25.01.....	44.	Brandon WINSLOW	15	Bo Southend	1:17.05.....
19.	Leo FLOOD	13	Bo Waltham F	1:25.00.....	45.	Harrison BROOK	13	Colchester	1:16.60.....
20.	Thomas ROBB	13	Halstead	1:24.94.....	46.	Aleksandr PLATONOV	15	Bo Newham	1:16.56.....
21.	Joseph THOMAS	14	Brentwood	1:24.69.....	47.	Sam LOADER	17	Clacton SC	1:16.02.....
22.	Quinn SEYMOUR	14	Runnymede	1:23.95.....	48.	Jack BANNING	14	Harlow Pen	1:16.01.....
23.	Louis SPRIGGS	13	New Hall	1:23.85.....	49.	Matthew PACK	16	Braintree	1:15.81.....
24.	Joseph SILVER	14	Bo Waltham F	1:23.60.....	50.	Sebastian COTOROBAI	14	Bo Newham	1:15.60.....
25.	Cayden SHANAHAN	13	Killerwhales	1:23.45.....	51.	Ethan RYAN	16	Harlow Pen	1:15.26.....
26.	Samuel GARRETT	14	Witham Dolph	1:22.50.....	52.	Thirushan GUNASILAN	14	Bark & Dagen	1:15.24.....

53.	Clark CHEN	16	Chelmsford	1:15.20.....	84.	Denis DRELEV	15	Romford Town	1:09.07.....
54.	Aidan WOOD	15	Thurrock	1:15.03.....	85.	Jacob RAY	14	Basildon Ph	1:08.90.....
55.	Keelan BARNETT	14	Colchester	1:15.01.....	86.	Patrick WINNINGTON	16	DunmowAtlant	1:08.59.....
56.	tyrone OJUKWU	14	Bark & Dagen	1:14.80.....	87.	Ben MINISTER	15	Thurrock	1:08.57.....
57.	Collin OKUSAGA	14	Braintree	1:14.40.....	88.	Sandijs CECINS	14	Colchester	1:08.25.....
58.	Aaron MOLYNEUX	14	Saffron Wald	1:14.28.....	89.	Richard (HARRY)	15	Chelmsford	1:08.07.....
59.	Presley FLEMING	15	Canvey Isl	1:14.25.....	90.	Thomas FORD	15	Basildon Ph	1:07.88.....
60.	Marco YUEN	14	Romford Town	1:13.49.....	91.	Lewis ARCHER	24	Halstead	1:07.75.....
61.	Kevin MOLDOVAN	14	Harlow Pen	1:13.46.....	92.	Oscar HOWELL	16	Brentwood	1:07.30.....
62.	Thomas UNDERDOWN	14	Braintree	1:13.40.....	93.	David Ioan NEACSU	13	Bark & Dagen	1:07.11.....
63.	Thomas DEAN	16	Bo Southend	1:13.33.....	94.	Angus ROBERTSON	17	Brentwood	1:06.90.....
64.	Jamie HARTNUP	15	Braintree	1:13.31.....	95.	Alfie FRANCIS	16	Colchester	1:06.89.....
65.	Corey HARE	15	Colchester	1:13.21.....	96.	Max ARNOLD	15	Harlow Pen	1:06.53.....
66.	Henry PERTWEE	15	DunmowAtlant	1:13.04.....	97.	Keelan GOSNEY	17	Chelmsford	1:06.40.....
67.	Thomas CHITTOCK	14	Bo Waltham F	1:12.54.....	98.	Daniel LEWIS	15	New Hall	1:06.30.....
68.	Matthew RIDDLE	16	Thurrock	1:12.10.....	99.	Samuel RENNIE	17	Braintree	1:05.62.....
69.	Sean CONNOLLY	13	Epping For't	1:12.00.....	100.	Hadi KHAIRUL	15	Bo Newham	1:05.50.....
70.	James BAKER	14	Brentwood	1:11.72.....	101.	Raheel MAHMOOD	14	Romford Town	1:04.00.....
71.	Freddie GARDNER	15	Bo Southend	1:11.51.....	102.	Jenson HURRELL	16	Thurrock	1:03.32.....
72.	Joshua OWEN	16	Runnymede	1:11.45.....	103.	Tyler JACKSON	17	Harlow Pen	1:03.06.....
73.	Sami BENIDIR	14	Bo Newham	1:11.40.....	104.	Ethan MARTIN	16	Thurrock	1:02.88.....
74.	Albert ORLEY	13	Braintree	1:10.78.....	105.	Aaron WILSON	19	Bark & Dagen	1:02.31.....
75.	Oliver SMITH	14	Basildon Ph	1:10.50.....	106.	LIAM BRENNAN	19	Basildon Ph	1:01.14.....
76.	Louis ALLEN	13	Basildon Ph	1:10.30.....	107.	Nikita CHARYKIN	15	Thurrock	1:00.90.....
77.	Harry ROBINSON	17	Bark & Dagen	1:10.18.....	108.	Jude HILLS	16	Thurrock	1:00.18.....
78.	Josh WHITE	16	Bark & Dagen	1:10.13.....	109.	Mark MILBURN	16	Colchester	59.81.....
79.	Reece BARCLAY	30	Epping For't	1:10.00.....	110.	Daniel GENCAS	18	Bark & Dagen	59.58.....
80.	Ismail AYAD	17	Bo Newham	1:09.91.....	111.	Jack SKERRY	17	New Hall	57.84.....
81.	Mohammed Aman HOSSAIN	13	Bark & Dagen	1:09.87.....					
82.	Joshua SHEPHERD	13	Thurrock	1:09.51.....					
83.	Lewis JARRETT	15	Romford Town	1:09.09.....					

## EVENT 508 Girl 13 Yrs/Over 100m Breaststroke

1.	Holly ROGERS	13	Bo Southend	1:50.00.....	33.	Emily GRIMWOOD	15	Clacton SC	1:36.12.....
2.	ALEXANDRA OKOLO	13	Bo Southend	1:50.00.....	34.	Ella LINNEY	14	Halstead	1:35.89.....
3.	Kayleigh PEACOCK	13	Harlow Pen	1:49.41.....	35.	Olivia MENDHAM	13	Chelmsford	1:35.60.....
4.	Tia EVERITT	13	Chelmsford	1:48.07.....	36.	Molly RICHARDSON	15	Harwich DP	1:35.56.....
5.	Anika DUBEY	13	Chelmsford	1:48.03.....	37.	Ruby PHILPOTT	13	Chelmsford	1:35.33.....
6.	Charlotte ROBERTS	14	DunmowAtlant	1:46.48.....	38.	Jessie SKELT	13	Braintree	1:35.06.....
7.	Lily HAYWARD	13	Epping For't	1:46.30.....	39.	Leah MASON	13	Colchester	1:34.31.....
8.	Molly RAMAGE	13	Southend	1:46.11.....	40.	Emily FERREIRA	13	Killerwhales	1:34.21.....
9.	Menna BEEGAN	13	Harwich DP	1:45.68.....	41.	Sophie HEDGES	14	Southend	1:34.10.....
10.	Eloise KILLICK	14	Romford Town	1:45.12.....	42.	Lucy TOMS	15	Clacton SC	1:33.34.....
11.	Tiana WILLIAMS-JOHNSON	13	Bo Southend	1:45.00.....	43.	Alvira KHAN	13	Thurrock	1:32.32.....
12.	Ishana THAKKAR	14	Witham Dolph	1:44.97.....	44.	Kesia CREES	13	Basildon Ph	1:32.21.....
13.	Emily KAY	15	Halstead	1:44.55.....	45.	Sophie BALL	14	Braintree	1:32.04.....
14.	Thalia DEPEZA-GREEN	13	Bo Waltham F	1:43.92.....	46.	Connie TITLEY	15	Brentwood	1:32.00.....
15.	Morounfolu (FOLU)	16	Chelmsford	1:41.27.....	47.	Bella STEADMAN	13	Killerwhales	1:31.22.....
16.	Ella STROUD	16	Brentwood	1:41.16.....	48.	Esme STRINGER	13	Romford Town	1:31.12.....
17.	Imogen HATTEE	14	Saffron Wald	1:40.79.....	49.	Rachel NELSON	15	Maldon Shark	1:31.03.....
18.	Tilly WRIGHT	15	Brentwood	1:40.50.....	50.	Niamh TOBIN	17	Brentwood	1:30.92.....
19.	Esmee REEVE	13	Braintree	1:39.59.....	51.	Tierney ROONEY	15	Romford Town	1:30.31.....
20.	Aimee DUDMAN	14	Killerwhales	1:39.07.....	52.	poppy REED	15	Bo Waltham F	1:30.04.....
21.	Freya MURATOGLU	16	Romford Town	1:39.04.....	53.	Evangelina GADSDON	15	Killerwhales	1:28.69.....
22.	Rose DENYER	13	Saffron Wald	1:38.94.....	54.	Chloe STAINES	15	Chelmsford	1:28.42.....
23.	Charity HAYHOW	15	Bo Waltham F	1:38.94.....	55.	Julia SWANEPOEL	16	Epping For't	1:28.02.....
24.	Chloe LINNEY	13	Halstead	1:38.45.....	56.	Maisie MUFFETT	16	Epping For't	1:27.75.....
25.	Toni MEHEGAN	16	Bo Newham	1:38.09.....	57.	Laura HIPPERSON	16	Homchurch	1:27.62.....
26.	Grace MURPHY	13	Bo Waltham F	1:38.02.....	58.	Tabitha KENNEDY	17	Clacton SC	1:27.41.....
27.	Matilda GAMBLE	14	Brentwood	1:37.98.....	59.	Evelina KHAN	14	Bo Newham	1:27.27.....
28.	Luisa CAREY	13	DunmowAtlant	1:37.73.....	60.	Megan MCLAWRENCE	16	BorRedbridge	1:27.19.....
29.	Holly GADSDON	13	Killerwhales	1:37.08.....	61.	Rachel SALE	14	Stanway	1:27.10.....
30.	Sophie HEANEY	14	Brentwood	1:37.00.....	62.	Christine LIU	16	Clacton SC	1:26.84.....
31.	Emily BONFANTE	13	Bo Newham	1:36.98.....	63.	Amy MILBURN	14	Colchester	1:26.63.....
32.	Amelia MURPHY	14	Chelmsford	1:36.38.....	64.	Grace LAMPRELL	16	Harlow Pen	1:26.02.....

65.	Kya ANDREOU	17	Harlow Pen	1:25.63.....	83.	Madeleine MCCORMACK	19	Romford Town	1:20.90.....
66.	Abigail KOON	16	Bo Newham	1:25.06.....	84.	Hollie HAWKINS	14	Basildon Ph	1:20.63.....
67.	Eva MURRAY	15	Bo Waltham F	1:24.44.....	85.	Lisa LEINEMANN	14	Chelmsford	1:20.40.....
68.	Chloe MARTIN	16	Harlow Pen	1:24.41.....	86.	Lucy CHARLES-BARCLAY	28	Epping For't	1:20.00.....
69.	Jasmine BALE	15	Halstead	1:23.97.....	87.	Robyn QUINCE	17	Runnymede	1:19.80.....
70.	Jennifer RIDDLE	18	Thurrock	1:23.76.....	88.	Alexa MANN	15	Chelmsford	1:19.46.....
71.	Millie DENYER	15	Saffron Wald	1:23.48.....	89.	MISTY EREN	15	Harlow Pen	1:19.32.....
72.	Amy JOHNSON	15	Colchester	1:23.47.....	90.	Monika MURINE	14	Bark & Dagen	1:18.98.....
73.	Rosie HENN	16	Braintree	1:23.44.....	91.	Anna-Lucia FENNER	15	Basildon Ph	1:18.71.....
74.	Marcie ALEY	15	Braintree	1:23.43.....	92.	Charlotte TREE	17	Colchester	1:18.00.....
75.	Holly TIMMIS	17	Epping For't	1:23.25.....	93.	Lexie OCONNOR	14	Basildon Ph	1:17.53.....
76.	Ava WILSON	13	New Hall	1:23.09.....	94.	Francesca KEY	16	Thurrock	1:17.40.....
77.	Evie JAMIESON	15	Harlow Pen	1:22.17.....	95.	Aaliyah RICHARDS	15	Bo Waltham F	1:16.70.....
78.	Sadie ROWE	14	Colchester	1:22.08.....	96.	Ciara WOOKEY	17	Colchester	1:16.67.....
79.	Molly GRIEVE	16	Colchester	1:21.56.....	97.	olivia COOPER	15	Basildon Ph	1:16.60.....
80.	Katie HOLMES	37	Harwich DP	1:21.25.....	98.	Gracie PARKER	13	Basildon Ph	1:15.05.....
81.	Claudia-Rose MURPHY	17	Witham Dolph	1:21.23.....	99.	Holly HAGAN	17	Romford Town	1:14.20.....
82.	Cailin WALKER	18	Harlow Pen	1:21.17.....	100.	Jessica AYLING	20	Bark & Dagen	1:11.47.....

## SESSION 6

### EVENT 601 Boy 13 Yrs/Over 50m Freestyle

1.	Frederick WHITE	13	Runnymede	40.00.....	39.	Samuel WHEARTY	19	Clacton SC	S8 33.20.....
2.	Georgi GEORGIEV	13	Bo Newham	39.97.....	40.	Max HEADLEY	14	Braintree	33.20.....
3.	Sina POURKOMAILIAN	15	Epping For't	39.90.....	41.	Franklin FARREN	15	Halstead	33.16.....
4.	Ridha AYoola-GIWA	14	Bo Newham	39.79.....	42.	Cayden SHANAHAN	13	Killerwhales	33.14.....
5.	Ryan BAKER-MORGAN	15	BoRedbridge	39.22.....	43.	Louis BROWN	13	Runnymede	33.10.....
6.	Finley AMES-TULL	13	Halstead	38.22.....	44.	Jensen LARTHE	14	Southend	33.07.....
7.	Mark VASYLCHUK	13	Brentwood	37.72.....	45.	zane FROST	14	Canvey Isl	33.06.....
8.	Jake WYDELL	13	Maldon Shark	37.50.....	46.	Connor JARRETT	13	Romford Town	33.05.....
9.	Curtis WHEARTY	15	Clacton SC	37.42.....	47.	Erica BUCKINGHAM	13	Witham Dolph	33.03.....
10.	Ryan LONG	15	Bo Southend	37.17.....	48.	Joseph THOMAS	14	Brentwood	32.99.....
11.	George STACEY	13	Bo Southend	37.10.....	49.	Yordan GOLEMDZHIEV	13	Thurrock	32.90.....
12.	Joe JOHNSTON	13	Stanway	36.75.....	50.	Noah SAGGERS	15	Killerwhales	32.80.....
13.	oliver CLARK	13	Maldon Shark	36.56.....	51.	Gabriel HAMPTON-ZABOTT	13	Killerwhales	32.76.....
14.	William BANTHORPE	13	Chelmsford	36.22.....	52.	Aaron MCKERNAN	14	Bo Newham	32.50.....
15.	Liam CLARK	13	Runnymede	36.12.....	53.	Alexander HARTY	13	Saffron Wald	32.44.....
16.	Amir WILSON	13	Bo Newham	36.10.....	54.	Church GEORGE	14	Thurrock	32.42.....
17.	Harry TILLEY	13	Harwich DP	36.06.....	55.	Amir ZAHOUANI	13	Bo Waltham F	32.38.....
18.	Keelan BARNETT	14	Colchester	35.92.....	56.	Ethan HEALES	14	Bo Waltham F	32.31.....
19.	Leo WALTERS	14	Runnymede	35.89.....	57.	Thomas RICHARDSON	13	Harwich DP	32.25.....
20.	Caleb JUDD	13	Romford Town	35.34.....	58.	Blake CHAPMAN	15	Runnymede	32.14.....
21.	Quinn SEYMOUR	14	Runnymede	35.31.....	59.	Samuel GARRETT	14	Witham Dolph	32.11.....
22.	Toby WOOD	13	Southend	35.29.....	60.	Alexander IVANOV	13	Romford Town	32.09.....
23.	Lucas ANKUDAVICIUS	13	Thurrock	35.28.....	61.	Harry COOPER	13	Bo Southend	32.03.....
24.	Maximilian SEYMOUR	14	Runnymede	35.27.....	62.	Ethan JACKSON	13	Hornchurch	32.00.....
25.	Kacper GOLABEK	13	Bark & Dagen	35.10.....	63.	Alvin LIU	14	Clacton SC	32.00.....
26.	Armandas MAVROPULO	13	Bo Waltham F	35.06.....	64.	Samuel HOWARD	14	Romford Town	31.95.....
27.	Alistair MIZON	13	Braintree	35.00.....	65.	Thomas SKERRY	13	New Hall	31.92.....
28.	Daniel ZAVARUHINS	15	Bo Waltham F	34.79.....	66.	Lee BOKA	13	Brentwood	31.91.....
29.	Luke PEMBERTON	13	Bo Waltham F	34.70.....	67.	William FROST	13	Basildon Ph	31.90.....
30.	Hugo GODDARD	13	Colchester	34.50.....	68.	Alexander COTTRELL	13	Colchester	31.90.....
31.	Barney WESTON	15	Harwich DP	34.38.....	69.	Thomas POUND	14	New Hall	31.86.....
32.	Marco BURZOTTA	15	Runnymede	34.06.....	70.	Jack WEBB	13	Witham Dolph	31.83.....
33.	Albie NORMAN	15	Runnymede	33.88.....	71.	Ernest JUVERDEANU	13	Chelmsford	31.80.....
34.	Matthew NORMAN	13	Basildon Ph	33.63.....	72.	Tom GUTRIDGE	13	Killerwhales	31.61.....
35.	Jed THWALA	13	Killerwhales	33.54.....	73.	Kiril STAMENOV	16	Bo Newham	31.60.....
36.	Zandro SANAO	13	Thurrock	33.49.....	74.	Elias AYAD	15	Bo Newham	31.43.....
37.	Ethan LEWIS	13	New Hall	33.47.....	75.	Antoine ROUYER-BROWN	16	Runnymede	31.40.....
38.	Thomas ROBB	13	Halstead	33.24.....	76.	Alexander MUNDEN	15	Bo Newham	31.36.....

77.	Reece BURNS	13	Witham Dolph	31.31.....	142.	James BAKER	14	Brentwood	28.77.....
78.	Jack READ	15	Runnymede	31.29.....	143.	Josh HUTCHINSON	14	Harlow Pen	28.76.....
79.	Samuel PERTWEE	13	DunmowAtlant	31.20.....	144.	Blake BEARWISH	17	Runnymede	28.62.....
80.	Tommy MOODY	13	Harlow Pen	31.14.....	145.	Albert ORLEY	13	Braintree	28.60.....
81.	Louis SPRIGGS	13	New Hall	31.11.....	146.	Simon FEISE	14	Basildon Ph	28.58.....
82.	Freddie WESTON	14	Brentwood	31.10.....	147.	Ben PALMER	17	Homchurch	28.50.....
83.	kevin MOGHINA	13	Thurrock	31.00.....	148.	tyrone OJUKWU	14	Bark & Dagen	28.50.....
84.	Harry MIDDLETON	13	New Hall	30.82.....	149.	Jamie HARTNUP	15	Braintree	28.37.....
85.	Joseph SILVER	14	Bo Waltham F	30.76.....	150.	Luke READ	15	Basildon Ph	28.33.....
86.	Alexander BELL	14	Woodham F SC	30.72.....	151.	Matthew PACK	16	Braintree	28.30.....
87.	Ayobami AKINDELE	13	Thurrock	30.66.....	152.	Sami MATLOUB	16	Killerwhales	28.16.....
88.	Bertie WARNES	15	DunmowAtlant	30.57.....	153.	Rory WILDE	14	Chelmsford	28.10.....
89.	Oliver SMITH	14	Basildon Ph	30.52.....	154.	Daniel HALL	17	Homchurch	28.10.....
90.	Ethan RYAN	16	Harlow Pen	30.52.....	155.	Justinas KAZLAUSKAS	15	Bark & Dagen	28.05.....
91.	Theo MCCALLA	15	Bo Newham	30.35.....	156.	Henry PERTWEE	15	DunmowAtlant	28.04.....
92.	Kimonas ZANNIKOS	16	Southend	30.28.....	157.	Thomas MEDHURST	18	Epping For't	28.02.....
93.	Theo BARI	13	Saffron Wald	30.27.....	158.	Sandijis CECINS	14	Colchester	27.98.....
94.	Sam LOADER	17	Clacton SC	30.25.....	159.	Josh TOMS	16	DunmowAtlant	27.94.....
95.	Robert FENNER	13	Basildon Ph	30.20.....	160.	Jacob RAY	14	Basildon Ph	27.94.....
96.	Collin OKUSAGA	14	Braintree	30.20.....	161.	Joshua SHEPHERD	13	Thurrock	27.93.....
97.	Jack FRIEDLEIN	13	Maldon Shark	30.19.....	162.	Harry RICHARDSON	17	Southend	27.87.....
98.	Thomas UNDERDOWN	14	Braintree	30.16.....	163.	Tom STEADMAN	15	Killerwhales	27.85.....
99.	David SHUTOV	15	BorRedbridge	30.03.....	164.	Joshua ATOTILETO	15	Bo Newham	27.84.....
100.	Zain KADHIM	15	Killerwhales	29.94.....	165.	Ben STRINGER	16	Romford Town	27.70.....
101.	Elliot WHITEHOUSE	13	Colchester	29.93.....	166.	Oscar LAWRENCE	13	New Hall	27.67.....
102.	Romao CONDE	14	Bo Newham	29.91.....	167.	Sebastian COTOROBAI	14	Bo Newham	27.62.....
103.	Alexander JESSOP	17	Brentwood	29.90.....	168.	Joe POWER	14	Basildon Ph	27.59.....
104.	Leo FLOOD	13	Bo Waltham F	29.87.....	169.	Luke HOLMAN	19	Thurrock	27.58.....
105.	Alexander BULL	14	Saffron Wald	29.86.....	170.	Christian HOUSDEN	15	Saffron Wald	27.57.....
106.	Thomas CHITTOCK	14	Bo Waltham F	29.79.....	171.	Matthew RIDDLE	16	Thurrock	27.57.....
107.	Corey HARE	15	Colchester	29.78.....	172.	Denis DRELEV	15	Romford Town	27.52.....
108.	Freddy COE	16	Rochford	29.69.....	173.	Samuel RENNIE	17	Braintree	27.47.....
109.	Jacob ROBINSON	16	Killerwhales	29.69.....	174.	Roan BRENNAN	15	Basildon Ph	S9 27.45.....
110.	Oliver MURRAY	17	Braintree	29.69.....	175.	Oily HUTCHINSON	14	Harlow Pen	27.41.....
111.	Finley PETTS	14	Braintree	29.68.....	176.	Thomas BALE	16	Halstead	27.40.....
112.	Alex KYLE	14	Stanway	29.62.....	177.	Jenson HURRELL	16	Thurrock	27.35.....
113.	Remi-Maysen KEANE	13	Bo Southend	29.60.....	178.	Richard (HARRY)	15	Chelmsford	27.31.....
114.	Thirushan GUNASILAN	14	Bark & Dagen	29.60.....	179.	Daniel BOBOYE	14	Thurrock	27.30.....
115.	Leo EASTER	14	Runnymede	29.50.....	180.	Evan MCQUADE	13	DunmowAtlant	27.25.....
116.	Sami BENIDIR	14	Bo Newham	29.50.....	181.	Rio ROGERS	17	Basildon Ph	S14 27.11.....
117.	Daniel TONU	13	Bark & Dagen	29.43.....	182.	Isaac FARRUGIA	14	Basildon Ph	27.10.....
118.	Archie PIGOTT	14	Killerwhales	29.39.....	183.	Oliver HOGAN	18	Bo Southend	27.10.....
119.	Clark CHEN	16	Chelmsford	29.36.....	184.	Kevin MOLDOVAN	14	Harlow Pen	27.07.....
120.	Mohammed Aman HOSSAIN	13	Bark & Dagen	29.35.....	185.	Hadi KHAIRUL	15	Bo Newham	27.03.....
121.	LIAM HIGGINS	16	Bo Waltham F	29.34.....	186.	Sean CONNOLLY	13	Epping For't	27.00.....
122.	Benjamin WATLEY	14	Witham Dolph	29.32.....	187.	Austyn JOHNSON	16	Saffron Wald	26.90.....
123.	Harrison BROOK	13	Colchester	29.30.....	188.	Harley WEST	17	Basildon Ph	26.90.....
124.	Aleksandr PLATONOV	15	Bo Newham	29.26.....	189.	Ellis MCQUADE	15	DunmowAtlant	26.88.....
125.	Connor CHAPMAN	18	Runnymede	29.24.....	190.	colin MOGHINA	16	Thurrock	26.80.....
126.	Joseph BURNS	15	Witham Dolph	29.18.....	191.	Colin PEDEN	15	Saffron Wald	26.80.....
127.	Ryan SHAW	16	Witham Dolph	29.14.....	192.	Thomas DUDMAN	17	Killerwhales	26.80.....
128.	Joshua OWEN	16	Runnymede	29.09.....	193.	Ismail AYAD	17	Bo Newham	26.75.....
129.	Robert ELLISTON	15	Braintree	29.07.....	194.	Connor MCCARTHY	16	Romford Town	26.61.....
130.	Brandon WINSLOW	15	Bo Southend	29.05.....	195.	Louis LANE	16	Basildon Ph	26.61.....
131.	Eliot HAYHOW	17	Bo Waltham F	29.03.....	196.	Daniel LEWIS	15	New Hall	26.40.....
132.	Freddie GARDNER	15	Bo Southend	29.03.....	197.	Jimmy TAYLOR	17	Thurrock	26.39.....
133.	Harold EDWARDS	16	Braintree	29.00.....	198.	Ruben MCLAUGHLIN	17	Saffron Wald	26.31.....
134.	Daniel HYDE	13	Bark & Dagen	28.99.....	199.	Daniel PARKER	15	Braintree	26.30.....
135.	Alan ALEKSEJEVS	15	Bo Newham	28.93.....	200.	Henry DEAN	15	Thurrock	26.29.....
136.	ADEMOLA OSHOWOLE	13	Thurrock	28.90.....	201.	James GOURPINAR	14	Harlow Pen	26.27.....
137.	Dawid GOLABEK	16	Bark & Dagen	28.88.....	202.	Max ARNOLD	15	Harlow Pen	26.16.....
138.	arjun PARMAR	14	Colchester	28.85.....	203.	Keelan GOSNEY	17	Chelmsford	26.14.....
139.	Presley FLEMING	15	Canvey Isl	28.81.....	204.	Tyler TOMBS	16	Chelmsford	26.10.....
140.	Louis ALLEN	13	Basildon Ph	28.80.....	205.	Jack CACI	15	Romford Town	26.09.....
141.	Thomas DEAN	16	Bo Southend	28.78.....	206.	Samuel WALSH	15	Witham Dolph	26.03.....

207.	Georgi RAYKIN	16	Bo Newham	26.03.....	220.	Maddox ROBERTS	15	Witham Dolph	25.24.....
208.	Alfie FRANCIS	16	Colchester	26.03.....	221.	Allen MASON	15	Basildon Ph	25.11.....
209.	Kalaum CORANI	17	Colchester	26.01.....	222.	Aaron WILSON	19	Bark & Dagen	24.90.....
210.	Zak TRAMANT	14	Colchester	26.00.....	223.	Nathan BANGA	18	Bark & Dagen	24.79.....
211.	Harvey LAST	18	Southend	26.00.....	224.	Kai ADAMS	25	Halstead	24.69.....
212.	Tyler JACKSON	17	Harlow Pen	25.92.....	225.	Ethan MARTIN	16	Thurrock	24.50.....
213.	Jude HILLS	16	Thurrock	25.88.....	226.	James SPEERS	18	Basildon Ph	24.31.....
214.	Joshua EGUAKHIDE	18	Romford Town	25.80.....	227.	Damon ELLIOTT	17	DunmowAtlant	24.25.....
215.	Daryl RANDS	24	Colchester	25.72.....	228.	Daniel GENCAS	18	Bark & Dagen	24.04.....
216.	Jacob STEPHEN	16	Brentwood	25.71.....	229.	Jack SKERRY	17	New Hall	23.97.....
217.	David Ioan NEACSU	13	Bark & Dagen	25.70.....					
218.	Angus ROBERTSON	17	Brentwood	25.51.....					
219.	Martin LANE	50	Basildon Ph	25.50.....					

## EVENT 602 Girl 13 Yrs/Over 50m Butterfly

1.	Charlotte ROBERTS	14	DunmowAtlant	47.00.....	51.	EvaAlice STEWART	15	DunmowAtlant	37.81.....
2.	Chloe COPLEY	13	Bo Southend	47.00.....	52.	Isabel MORLEY	16	Runnymede	37.75.....
3.	Molly RAMAGE	13	Southend	46.70.....	53.	Annabelle TULETT	13	Bo Waltham F	37.74.....
4.	Morounfolu (FOLU)	16	Chelmsford	46.36.....	54.	Ella LINNEY	14	Halstead	37.59.....
5.	Charlotte WRIGHT	13	Canvey Isl	45.46.....	55.	Millie DENYER	15	Saffron Wald	37.51.....
6.	Emma CARTWRIGHT	47	Bo Waltham F	45.00.....	56.	Arriane LEA	14	Bo Southend	37.47.....
7.	Anika DUBEY	13	Chelmsford	44.72.....	57.	Rebecca WELLS	15	Maldon Shark	37.45.....
8.	Eloise KILLICK	14	Romford Town	44.36.....	58.	Tilly BUNN	14	Romford Town	37.40.....
9.	Charity HAYHOW	15	Bo Waltham F	44.31.....	59.	Laura KEHRE	13	Canvey Isl	37.40.....
10.	Roselinda JAIMON	17	Bo Southend	43.50.....	60.	Tia EVERITT	13	Chelmsford	37.34.....
11.	Menna BEEGAN	13	Harwich DP	43.18.....	61.	Isabelle YOUNG	13	Stanway	37.30.....
12.	Holly ROGERS	13	Bo Southend	43.06.....	62.	Niamh TOBIN	17	Brentwood	37.29.....
13.	Kostadina KATSAKIORI	13	Clacton SC	43.00.....	63.	Anna TUTTON	14	Runnymede	37.26.....
14.	Ruby POND	13	Bo Southend	42.90.....	64.	Maisie WILLIAMS	14	Canvey Isl	37.23.....
15.	Rae WHEATLEY	13	Bo Southend	42.50.....	65.	Hannah KARLSSON	14	Colchester	37.21.....
16.	Lily HAYWARD	13	Epping For't	42.30.....	66.	Luisa CAREY	13	DunmowAtlant	37.21.....
17.	Jodie THOMPSON	13	DunmowAtlant	42.27.....	67.	Scarlett HULBERT	14	Southend	37.15.....
18.	Ellie KNEVETT	14	Colchester	42.18.....	68.	Brianna HANSEN-HOARE	14	Harlow Pen	36.50.....
19.	tiffany FOX	13	Harlow Pen	42.16.....	69.	Emily GRIMWOOD	15	Clacton SC	36.35.....
20.	Megan VERNON	13	Southend	42.16.....	70.	Milly ELLIOTT-YOUNG	16	Brentwood	36.27.....
21.	Eydi PUDNEY	13	Runnymede	42.10.....	71.	Evie JAMIESON	15	Harlow Pen	36.20.....
22.	Lucy BYFORD	15	Witham Dolph	41.73.....	72.	Megan MCLAWRENCE	16	BorRedbridge	36.05.....
23.	Francesca JONES	15	Runnymede	41.73.....	73.	Holly PARKS	15	Bo Southend	35.87.....
24.	Freya MURATOGLU	16	Romford Town	41.69.....	74.	Verity SEYMOUR	18	Runnymede	35.81.....
25.	Chloe TANNER	14	Bo Waltham F	41.50.....	75.	Liv MOSS	14	Colchester	35.78.....
26.	Matilda HOLLINGSWORTH	14	Bo Waltham F	41.33.....	76.	olivia PERRIN	14	Harlow Pen	35.72.....
27.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	41.10.....	77.	Christine LIU	16	Clacton SC	35.70.....
28.	Chloe GALILEE	13	Clacton SC	40.91.....	78.	Chloe MARTIN	16	Harlow Pen	35.69.....
29.	Fearne PEACH	13	Canvey Isl	40.50.....	79.	Rachel SALE	14	Stanway	35.67.....
30.	Aimee DUDMAN	14	Killerwhales	40.49.....	80.	Rosie ADAMSON	16	Clacton SC	35.64.....
31.	Amelie PATTESON	14	Halstead	40.31.....	81.	Olivia CLARKE	15	Chelmsford	35.59.....
32.	Ruby PHILPOTT	13	Chelmsford	40.27.....	82.	Kitty-May MURRAY	16	Bo Newham	35.58.....
33.	Alvira KHAN	13	Thurrock	40.01.....	83.	Cailin WALKER	18	Harlow Pen	35.33.....
34.	Leah MASON	13	Colchester	40.00.....	84.	Sophia JARAMILLO-OBCOW	14	Epping For't	35.20.....
35.	Olivia SANDERS	15	Saffron Wald	39.63.....	85.	Ella PEMBERTON	16	Bo Waltham F	34.95.....
36.	Francesca HOWELL	13	Chelmsford	39.50.....	86.	Emily MORRIS	16	Bo Waltham F	34.88.....
37.	Isabelle TYE	13	Harwich DP	39.40.....	87.	Ella STEVENSON	15	Killerwhales	34.70.....
38.	Esme STRINGER	13	Romford Town	39.35.....	88.	Edie NEWELL	14	Brentwood	34.70.....
39.	Francesca BAKER	13	Braintree	39.20.....	89.	Rosie O'BOYLE	16	Epping For't	34.64.....
40.	Lois JOHNSON	13	Chelmsford	39.04.....	90.	Oluwapelumi SALU	13	Bo Newham	34.63.....
41.	Emily FERREIRA	13	Killerwhales	38.80.....	91.	Aislin FOLEY-WRIGHT	14	Basildon Ph	34.62.....
42.	Elizabeth DINNING	16	DunmowAtlant	38.74.....	92.	Zoe LLOYD-ROSSI	14	DunmowAtlant	34.60.....
43.	Niamh STEVENSON	13	Killerwhales	38.71.....	93.	Isobel SANDERS	15	Harlow Pen	34.56.....
44.	Alexdrina ROBERTS	16	DunmowAtlant	38.69.....	94.	Amy WRIGHT	13	Bo Waltham F	34.50.....
45.	Olivia MENDHAM	13	Chelmsford	38.56.....	95.	Daisy HANBURY-TRACY	18	Saffron Wald	34.50.....
46.	Jessie SKELT	13	Braintree	38.53.....	96.	Amelia MURPHY	14	Chelmsford	34.49.....
47.	Roxanne COKER	13	Thurrock	38.48.....	97.	Emily BONFANTE	13	Bo Newham	34.44.....
48.	Grace BLACK	14	Stanway	38.47.....	98.	Maisie MUFFETT	16	Epping For't	34.41.....
49.	Tara PERKINS	13	Saffron Wald	38.14.....	99.	Lucy TOMS	15	Clacton SC	34.40.....
50.	Chloe LINNEY	13	Halstead	37.93.....	100.	Ella COOMBES	13	Basildon Ph	34.38.....

101. Louise WEBSTER	14	Thurrock	34.30.....	126. Sadie ROWE	14	Colchester	32.76.....
102. innes DUNLOP	17	Saffron Wald	34.25.....	127. Julia SWANEPOEL	16	Epping For't	32.69.....
103. Mia WARD	16	Thurrock	34.22.....	128. Dina BENIDIR	16	Bo Newham	32.60.....
104. Macey WATKINS	14	Colchester	34.22.....	129. Junayna AHMED	18	Romford Town	32.54.....
105. MISTY EREN	15	Harlow Pen	34.11.....	130. Francesca KEY	16	Thurrock	32.47.....
106. Amy JOHNSON	15	Colchester	34.06.....	131. Teegan RAYNER	16	Witham Dolph	32.38.....
107. Tabitha KENNEDY	17	Clacton SC	33.99.....	132. olivia COOPER	15	Basildon Ph	32.37.....
108. Mary GILL	16	Maldon Shark	33.89.....	133. Molly GRIEVE	16	Colchester	32.19.....
109. Lily THREADGOLD	16	Braintree	33.83.....	134. Molly REDGRAVE	17	Colchester	31.94.....
110. Tami BANKOLE	14	Thurrock	33.71.....	135. Niamh WAINWRIGHT	18	Chelmsford	31.70.....
111. Mia MACKLIN	13	Braintree	33.70.....	136. Zyss HANNAH	16	Basildon Ph	31.66.....
112. Evelina KHAN	14	Bo Newham	33.64.....	137. Ciara MCAULEY	16	Saffron Wald	31.26.....
113. Kathryn EDWARDS	14	Braintree	33.60.....	138. Radost MILKOVA	18	Thurrock	31.18.....
114. LUCY RAKER	14	Southend	33.56.....	139. Charlotte GILL	16	Basildon Ph	31.17.....
115. Isabel COLLINS	15	Bo Southend	33.50.....	140. Gracie PARKER	13	Basildon Ph	30.93.....
116. Ella DAWSON	13	Chelmsford	33.40.....	141. ELISE DELAPPERALL	15	Thurrock	30.90.....
117. Isabelle MCPHERSON	17	Witham Dolph	33.30.....	142. Charley JOYCE	16	Epping For't	30.85.....
118. Ania KIESZKIEWICZ	16	Maldon Shark	33.22.....	143. Greta GODDARD	15	Colchester	30.42.....
119. Zoe CLEGG	18	Colchester	33.18.....	144. Olivia CHURCH	15	Thurrock	30.41.....
120. Lexie GOODMAN	14	Basildon Ph	33.10.....	145. Sophia MOULE	14	Romford Town	30.20.....
121. Holly TIMMIS	17	Epping For't	33.00.....	146. Ciara WOOKEY	17	Colchester	29.40.....
122. Eva MURRAY	15	Bo Waltham F	32.93.....	147. Erika PASAKINSKAITE	15	Bark & Dagen	29.28.....
123. Sophie BALL	14	Braintree	32.85.....	148. May BRADBURN	17	Basildon Ph	27.10.....
124. Eliza SWANEPOEL	13	Epping For't	32.80.....				
125. Hollie HAWKINS	14	Basildon Ph	32.79.....				

## EVENT 603 Boy 13 Yrs/Over 200m IM

1. Harry COOPER	13	Bo Southend	2:54.01.....	37. Thomas BALE	16	Halstead	2:33.83.....
2. Daniel TAHMISYAN	13	Bark & Dagen	2:53.49.....	38. Corey HARE	15	Colchester	2:33.19.....
3. Ben HUMPHRIES	13	Maldon Shark	2:53.22.....	39. Ben STRINGER	16	Romford Town	2:32.63.....
4. Daniel TONU	13	Bark & Dagen	2:51.82.....	40. Joe POWER	14	Basildon Ph	2:32.42.....
5. Ayobami AKINDELE	13	Thurrock	2:51.74.....	41. Massimo GIROLAMI	13	Colchester	2:32.29.....
6. Harrison BROOK	13	Colchester	2:47.32.....	42. Louis LANE	16	Basildon Ph	2:32.04.....
7. Remi-Maysen KEANE	13	Bo Southend	2:47.00.....	43. Joshua ATOTILETO	15	Bo Newham	2:31.49.....
8. Freddie GRAY	16	Brentwood	2:45.94.....	44. Thomas MEDHURST	18	Epping For't	2:31.00.....
9. Harold EDWARDS	16	Braintree	2:45.02.....	45. Justinas KAZLAUSKAS	15	Bark & Dagen	2:30.72.....
10. Alan ALEKSEJEVS	15	Bo Newham	2:45.00.....	46. Josh WHITE	16	Bark & Dagen	2:30.44.....
11. Joshua OWEN	16	Runnymede	2:43.37.....	47. Ismail AYAD	17	Bo Newham	2:30.03.....
12. Jason VAN DER MERWE	13	Bark & Dagen	2:43.04.....	48. Lewis JARRETT	15	Romford Town	2:29.60.....
13. Blake CHAPMAN	15	Runnymede	2:43.00.....	49. Ben MINISTER	15	Thurrock	2:29.25.....
14. Harry ROBINSON	17	Bark & Dagen	2:42.79.....	50. Samuel RENNIE	17	Braintree	2:29.10.....
15. Thomas CHITTOCK	14	Bo Waltham F	2:42.09.....	51. Oscar HOWELL	16	Brentwood	2:28.66.....
16. Tommy MOODY	13	Harlow Pen	2:41.50.....	52. Ben PALMER	17	Horchurch	2:28.00.....
17. Albert ORLEY	13	Braintree	2:40.80.....	53. Thomas DUDMAN	17	Killerwhales	2:27.98.....
18. Kevin MOLDOVAN	14	Harlow Pen	2:40.74.....	54. Sandijs CECINS	14	Colchester	2:27.69.....
19. Josh TOMS	16	DunmowAtlant	2:40.51.....	55. Lewis ARCHER	24	Halstead	2:26.88.....
20. arjun PARMAR	14	Colchester	2:40.51.....	56. Daniel LEWIS	15	New Hall	2:26.76.....
21. Daniel BOBOYE	14	Thurrock	2:40.50.....	57. Harry STAGG	15	Basildon Ph	2:26.64.....
22. Rhys PANYANDEE	15	Bo Newham	2:39.00.....	58. Antonio GIROLAMI	16	Colchester	2:26.62.....
23. Luke READ	15	Basildon Ph	2:38.36.....	59. Patrick WINNINGTON	16	DunmowAtlant	2:26.56.....
24. Saxon MINTO	13	Basildon Ph	2:38.16.....	60. Eliot HAYHOW	17	Bo Waltham F	2:26.50.....
25. Sean CONNOLLY	13	Epping For't	2:38.00.....	61. Daniel MCGUINNESS	15	Basildon Ph	2:24.45.....
26. Rory WILDE	14	Chelmsford	2:37.60.....	62. Daryl RANDE	24	Colchester	2:24.07.....
27. Daniel HYDE	13	Bark & Dagen	2:37.05.....	63. Jack SKERRY	17	New Hall	2:23.14.....
28. Marco YUEN	14	Romford Town	2:37.02.....	64. Jacob STEPHEN	16	Brentwood	2:22.83.....
29. Sami BENIDIR	14	Bo Newham	2:36.72.....	65. Zak TROMAN	14	Colchester	2:19.80.....
30. Josh HUTCHINSON	14	Harlow Pen	2:36.23.....	66. David Ioan NEACSU	13	Bark & Dagen	2:19.51.....
31. Sebastian COTOROBAL	14	Bo Newham	2:36.22.....	67. Harrison JARVIS	17	Thurrock	2:19.40.....
32. James GOURPINAR	14	Harlow Pen	2:35.60.....	68. Connor MCCARTHY	16	Romford Town	2:18.19.....
33. Kurt SALAZAR	16	Bo Newham	2:35.17.....	69. Raheel MAHMOOD	14	Romford Town	2:17.00.....
34. Oily HUTCHINSON	14	Harlow Pen	2:34.89.....	70. Nikita CHARYKIN	15	Thurrock	2:14.30.....
35. Hadi KHAIRUL	15	Bo Newham	2:34.65.....	71. Mark MILBURN	16	Colchester	2:13.52.....
36. Steven SALAZAR	15	Bo Newham	2:34.50.....				

## EVENT 604 Girl 13 Yrs/Over 100m Freestyle

1.	Helen KURNATOWSKA	15	Harwich DP	1:21.50.....	65.	Daisy RUSSELL	13	DunmowAtlant	1:08.68.....
2.	Tahlia HAYLOCK	14	Halstead	1:20.02.....	66.	Olivia CARTWRIGHT	14	Colchester	1:08.61.....
3.	Ellie KNEVETT	14	Colchester	1:19.46.....	67.	Kathryn EDWARDS	14	Braintree	1:08.56.....
4.	Morounfolu (FOLU)	16	Chelmsford	1:19.32.....	68.	Amelia MURPHY	14	Chelmsford	1:08.50.....
5.	Lucy BYFORD	15	Witham Dolph	1:18.54.....	69.	Evie JAMIESON	15	Harlow Pen	1:08.45.....
6.	Olivia SPEDDING	15	Witham Dolph	1:17.68.....	70.	Kitty-May MURRAY	16	Bo Newham	1:08.41.....
7.	Elizabeth DINNING	16	DunmowAtlant	1:17.67.....	71.	Saule BRANKEVICIUTE	13	Bark & Dagen	1:08.39.....
8.	Charity HAYHOW	15	Bo Waltham F	1:17.06.....	72.	Constance KENNEDY	15	Romford Town	1:08.31.....
9.	Amelie PATTESON	14	Halstead	1:15.96.....	73.	Jasmine BALE	15	Halstead	1:08.28.....
10.	Sophie HEANEY	14	Brentwood	1:15.68.....	74.	Milly ELLIOTT-YOUNG	16	Brentwood	1:08.27.....
11.	Isabel MORLEY	16	Runnymede	1:14.72.....	75.	innes DUNLOP	17	Saffron Wald	1:08.00.....
12.	Alexdrina ROBERTS	16	DunmowAtlant	1:14.64.....	76.	Francesca VANN	17	Harlow Pen	1:07.99.....
13.	Rosie ADAMSON	16	Clacton SC	1:14.53.....	77.	Isobel SANDERS	15	Harlow Pen	1:07.89.....
14.	Scarlett HULBERT	14	Southend	1:14.36.....	78.	Bella STEADMAN	13	Killerwhales	1:07.80.....
15.	Aimee DUDMAN	14	Killerwhales	1:14.30.....	79.	Fletcher MAGNUS	15	BorRedbridge	1:07.78.....
16.	Zoe LLOYD-ROSSI	14	DunmowAtlant	1:13.94.....	80.	Aislin FOLEY-WRIGHT	14	Basildon Ph	1:07.65.....
17.	BONNIE MACMILLAN GRIFF	14	Bo Waltham F	1:13.56.....	81.	Cailin WALKER	18	Harlow Pen	1:07.56.....
18.	Freya MURATOGLU	16	Romford Town	1:13.43.....	82.	Grace LAMPRELL	16	Harlow Pen	1:07.47.....
19.	Lucy TOMS	15	Clacton SC	1:13.35.....	83.	Chloe MARTIN	16	Harlow Pen	1:07.34.....
20.	Tilly BUNN	14	Romford Town	1:13.30.....	84.	Maisie MUFFETT	16	Epping For't	1:07.22.....
21.	Luisa CAREY	13	DunmowAtlant	1:13.21.....	85.	Ella COOMBES	13	Basildon Ph	1:07.14.....
22.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	1:13.12.....	86.	Lily THREADGOLD	16	Braintree	1:06.92.....
23.	Lois JOHNSON	13	Chelmsford	1:13.09.....	87.	Daisy HANBURY-TRACY	18	Saffron Wald	1:06.79.....
24.	Hannah KARLSSON	14	Colchester	1:12.99.....	88.	Daisy PATTERSON	15	Thurrock	1:06.79.....
25.	Lily BROOKS	15	Brentwood	1:12.94.....	89.	Hannah FLEMING	16	Basildon Ph	1:06.69.....
26.	Rebecca WELLS	15	Maldon Shark	1:12.84.....	90.	Julia SWANEPOEL	16	Epping For't	1:06.40.....
27.	Francesca JONES	15	Runnymede	1:12.72.....	91.	Rebecca COOGAN	13	Romford Town	1:06.20.....
28.	CHARLOTTE MARSHALL-CHI	13	Bark & Dagen	1:12.70.....	92.	Isabel COLLINS	15	Bo Southend	1:06.10.....
29.	Niamh STEVENSON	13	Killerwhales	1:12.61.....	93.	MISTY EREN	15	Harlow Pen	1:06.07.....
30.	Cemre SAHIN	14	BorRedbridge	1:12.53.....	94.	Rosie O'BOYLE	16	Epping For't	1:06.00.....
31.	Rose VINTER	16	Halstead	1:12.50.....	95.	Ella PEMBERTON	16	Bo Waltham F	1:05.97.....
32.	Rae WHEATLEY	13	Bo Southend	1:12.42.....	96.	Olivia REILLY	17	Chelmsford	1:05.91.....
33.	Francesca HOWELL	13	Chelmsford	1:12.26.....	97.	Priya DHILLON	15	Bark & Dagen	1:05.83.....
34.	Sophie PARKINS	15	Southend	1:12.21.....	98.	SOPHIE ORORKE	14	Chelmsford	1:05.73.....
35.	Roxanne COKER	13	Thurrock	1:12.14.....	99.	Hollie HAWKINS	14	Basildon Ph	1:05.49.....
36.	Holly ROGERS	13	Bo Southend	1:12.00.....	100.	Ciara MCAULEY	16	Saffron Wald	1:05.13.....
37.	Leah MASON	13	Colchester	1:11.93.....	101.	Amy ALLISON	16	Bo Waltham F	1:05.01.....
38.	Olivia MENDHAM	13	Chelmsford	1:11.91.....	102.	Oluwapelumi SALU	13	Bo Newham	1:04.90.....
39.	Maisie WILLIAMS	14	Canvey Isl	1:11.59.....	103.	Holly TIMMIS	17	Epping For't	1:04.55.....
40.	Emily FERREIRA	13	Killerwhales	1:11.55.....	104.	Isabelle MCPHERSON	17	Witham Dolph	1:04.48.....
41.	Emily MORRIS	16	Bo Waltham F	1:11.43.....	105.	Sophia MOULE	14	Romford Town	1:04.30.....
42.	Ruby PHILPOTT	13	Chelmsford	1:11.39.....	106.	Lexie GOODMAN	14	Basildon Ph	1:04.20.....
43.	Ella STEVENSON	15	Killerwhales	1:11.36.....	107.	Aaliyah RICHARDS	15	Bo Waltham F	1:04.20.....
44.	Liv MOSS	14	Colchester	1:11.31.....	108.	Sophie JENKINSON	16	Basildon Ph	1:04.11.....
45.	Megan MCLAWRENCE	16	BorRedbridge	1:11.24.....	109.	Gracie PARKER	13	Basildon Ph	1:04.00.....
46.	Sophia HALL	14	Killerwhales	1:11.11.....	110.	Eva MURRAY	15	Bo Waltham F	1:03.90.....
47.	Chloe LINNEY	13	Halstead	1:11.00.....	111.	Mia LOWE	14	Basildon Ph	1:03.89.....
48.	Ella LINNEY	14	Halstead	1:10.77.....	112.	Zyss HANNAH	16	Basildon Ph	1:03.76.....
49.	Charlotte SPEDDING	13	Witham Dolph	1:10.55.....	113.	Zoe CLEGG	18	Colchester	1:03.72.....
50.	LUCY RAKER	14	Southend	1:10.52.....	114.	Francesca KEY	16	Thurrock	1:03.70.....
51.	Tami BANKOLE	14	Thurrock	1:10.48.....	115.	Emma STAINES	17	Chelmsford	1:03.48.....
52.	Mia MACKLIN	13	Braintree	1:10.35.....	116.	Ella DAWSON	13	Chelmsford	1:03.31.....
53.	Millie DENYER	15	Saffron Wald	1:10.14.....	117.	Ava WILSON	13	New Hall	1:03.26.....
54.	Isabelle YOUNG	13	Stanway	1:10.00.....	118.	Lucy MORGAN	17	Colchester	1:03.11.....
55.	Molly RICHARDSON	15	Harwich DP	1:09.88.....	119.	Olivia CHURCH	15	Thurrock	1:03.04.....
56.	Mary GILL	16	Maldon Shark	1:09.81.....	120.	Teegan RAYNER	16	Witham Dolph	1:02.69.....
57.	Emily GRIMWOOD	15	Clacton SC	1:09.55.....	121.	Olivia FLETCHER	18	Basildon Ph	1:02.66.....
58.	Sophie BALL	14	Braintree	1:09.51.....	122.	Bryony EDGINGS	16	Thurrock	1:02.33.....
59.	Alana FINN	13	Basildon Ph	1:09.44.....	123.	Niamh WAINWRIGHT	18	Chelmsford	1:02.33.....
60.	Gabrielle CORNISH	13	Colchester	1:09.43.....	124.	Charlotte GILL	16	Basildon Ph	1:02.07.....
61.	Sophia JARAMILLO-OBCOW	14	Epping For't	1:09.20.....	125.	Anna-Lucia FENNER	15	Basildon Ph	1:01.80.....
62.	Tia EVERITT	13	Chelmsford	1:08.94.....	126.	Keziah CORNISH	15	Colchester	1:01.66.....
63.	Eddie NEWELL	14	Brentwood	1:08.90.....	127.	Junayna AHMED	18	Romford Town	1:01.57.....
64.	Amy WRIGHT	13	Bo Waltham F	1:08.80.....	128.	Erin WILKINSON	16	Basildon Ph	1:01.16.....

129. Greta GODDARD	15	Colchester	1:01.13.....	133. Gracie COMITTI	14	Basildon Ph	1:00.50.....
130. Charley JOYCE	16	Epping For't	1:01.10.....	134. Erika PASAKINSKAITE	15	Bark & Dagen	59.81.....
131. phoebe WHITE	16	Harlow Pen	1:01.00.....	135. Rianna SMITH	23	Basildon Ph	57.98.....
132. Alexa MANN	15	Chelmsford	1:00.85.....	136. May BRADBURN	17	Basildon Ph	56.40.....

### EVENT 605 Boy 13 Yrs/Over 100m Butterfly

1. Ryan LONG	15	Bo Southend	1:50.00.....	48. Jacob ROBINSON	16	Killerwhales	1:10.00.....
2. Daniel ZAVARUHINS	15	Bo Waltham F	1:49.65.....	49. Tom STEADMAN	15	Killerwhales	1:09.56.....
3. Amir WILSON	13	Bo Newham	1:44.58.....	50. Ben MINISTER	15	Thurrock	1:09.44.....
4. Lucas ANKUDAVICIUS	13	Thurrock	1:43.50.....	51. Rory WILDE	14	Chelmsford	1:09.30.....
5. Sina POURKOMAILIAN	15	Epping For't	1:42.09.....	52. Nathan BANGA	18	Bark & Dagen	1:09.19.....
6. Leo WALTERS	14	Runnymede	1:40.08.....	53. Josh WHITE	16	Bark & Dagen	1:08.31.....
7. Armandas MAVROPULO	13	Bo Waltham F	1:36.53.....	54. william WHITE	14	Harlow Pen	1:07.87.....
8. Hugo GODDARD	13	Colchester	1:33.69.....	55. Steven SALAZAR	15	Bo Newham	1:07.43.....
9. David SHUTOV	15	BorRedbridge	1:32.86.....	56. Daryl RANDS	24	Colchester	1:07.25.....
10. Zandro SANAO	13	Thurrock	1:31.07.....	57. Ethan MARTIN	16	Thurrock	1:07.21.....
11. Jensen LARTHE	14	Southend	1:29.00.....	58. Max ARNOLD	15	Harlow Pen	1:07.07.....
12. Alexander COTTRELL	13	Colchester	1:28.91.....	59. Ben PALMER	17	Hornchurch	1:07.00.....
13. Elliot WHITEHOUSE	13	Colchester	1:28.53.....	60. Daniel PARKER	15	Braintree	1:06.70.....
14. Thomas SKERRY	13	New Hall	1:27.90.....	61. Joshua SHEPHERD	13	Thurrock	1:06.53.....
15. Cayden SHANAHAN	13	Killerwhales	1:24.47.....	62. Justinas KAZLAUSKAS	15	Bark & Dagen	1:06.43.....
16. Charlie ROGERS	14	Romford Town	1:22.43.....	63. David Ioan NEACSU	13	Bark & Dagen	1:05.93.....
17. Church GEORGE	14	Thurrock	1:21.91.....	64. James GOURPINAR	14	Harlow Pen	1:05.83.....
18. tyrone OJUKWU	14	Bark & Dagen	1:21.70.....	65. Rio ROGERS	17	Basildon Ph	S14 1:05.55.....
19. Noah SAGGERS	15	Killerwhales	1:21.45.....	66. Harvey LAST	18	Southend	1:05.45.....
20. Harry COOPER	13	Bo Southend	1:19.97.....	67. Sandijs CECINS	14	Colchester	1:05.37.....
21. Ernest JUVERDEANU	13	Chelmsford	1:19.87.....	68. Daniel MCGUINNESS	15	Basildon Ph	1:05.14.....
22. Louis SPRIGGS	13	New Hall	1:19.24.....	69. Daniel LEWIS	15	New Hall	1:05.00.....
23. Alexander IVANOV	13	Romford Town	1:19.16.....	70. Jenson HURRELL	16	Thurrock	1:04.99.....
24. Finley PETTS	14	Braintree	1:18.59.....	71. Harry STAGG	15	Basildon Ph	1:04.66.....
25. Alex KYLE	14	Stanway	1:17.87.....	72. Harley WEST	17	Basildon Ph	1:04.34.....
26. Daniel THOMPSON	14	Thurrock	1:16.58.....	73. Alfie FRANCIS	16	Colchester	1:03.80.....
27. Daniel TAHMISYAN	13	Bark & Dagen	1:15.72.....	74. Isaac FARRUGIA	14	Basildon Ph	1:03.80.....
28. Clark CHEN	16	Chelmsford	1:15.62.....	75. Kalaum CORANI	17	Colchester	1:03.73.....
29. Daniel BOBOYE	14	Thurrock	1:15.20.....	76. Tyler JACKSON	17	Harlow Pen	1:03.73.....
30. Harrison BROOK	13	Colchester	1:14.10.....	77. Georgi RAYKIN	16	Bo Newham	1:03.61.....
31. Zain KADHIM	15	Killerwhales	1:13.96.....	78. Joshua ATOTILETO	15	Bo Newham	1:03.46.....
32. Blake BEARWISH	17	Runnymede	1:13.87.....	79. Daniel MONK	17	Harlow Pen	1:03.36.....
33. Connor CHAPMAN	18	Runnymede	1:13.80.....	80. Jude HILLS	16	Thurrock	1:03.15.....
34. Robert FENNER	13	Basildon Ph	1:13.30.....	81. Jacob STEPHEN	16	Brentwood	1:03.00.....
35. Ayobami AKINDELE	13	Thurrock	1:12.87.....	82. Jimmy TAYLOR	17	Thurrock	1:02.65.....
36. Alexander MUNDEN	15	Bo Newham	1:12.22.....	83. Nikita CHARYKIN	15	Thurrock	1:02.50.....
37. kevin MOGHINA	13	Thurrock	1:12.02.....	84. Maddox ROBERTS	15	Witham Dolph	1:02.48.....
38. Louis ALLEN	13	Basildon Ph	1:12.00.....	85. Joshua EGUAKHIDE	18	Romford Town	1:02.30.....
39. Thomas CHITTOCK	14	Bo Waltham F	1:11.94.....	86. Zak TROMAN	14	Colchester	1:02.10.....
40. Richard (HARRY)	15	Chelmsford	1:11.74.....	87. Henry DEAN	15	Thurrock	1:01.89.....
41. Harry ROBINSON	17	Bark & Dagen	1:11.48.....	88. Raheel MAHMOOD	14	Romford Town	1:01.10.....
42. Harry RICHARDSON	17	Southend	1:11.24.....	89. Mark MILBURN	16	Colchester	1:00.32.....
43. Mohammed Aman HOSSAIN	13	Bark & Dagen	1:11.21.....	90. Jack SKERRY	17	New Hall	1:00.13.....
44. Corey HARE	15	Colchester	1:11.15.....	91. Damon ELLIOTT	17	DunmowAtlant	59.30.....
45. Dawid GOLABEK	16	Bark & Dagen	1:10.69.....	92. Daniel GENCAS	18	Bark & Dagen	58.86.....
46. Freddie GARDNER	15	Bo Southend	1:10.47.....	93. Kai ADAMS	25	Halstead	58.84.....
47. Jack CACI	15	Romford Town	1:10.10.....				

### EVENT 606 Girl 13 Yrs/Over 200m Backstroke

1. Lucy BYFORD	15	Witham Dolph	3:10.49.....	10. Amy WRIGHT	13	Bo Waltham F	2:54.54.....
2. Olivia MENDHAM	13	Chelmsford	3:02.25.....	11. Hope POWELL	14	Killerwhales	2:53.24.....
3. Toni MEHEGAN	16	Bo Newham	3:01.70.....	12. Lucy TOMS	15	Clacton SC	2:51.98.....
4. Emily BONFANTE	13	Bo Newham	3:01.35.....	13. Amy MILBURN	14	Colchester	2:51.20.....
5. Esme STRINGER	13	Romford Town	3:01.25.....	14. Emily GRIMWOOD	15	Clacton SC	2:50.70.....
6. Tia EVERITT	13	Chelmsford	3:00.64.....	15. Amelia MURPHY	14	Chelmsford	2:50.55.....
7. Rae WHEATLEY	13	Bo Southend	2:57.96.....	16. Isabelle YOUNG	13	Stanway	2:50.51.....
8. Lois JOHNSON	13	Chelmsford	2:56.51.....	17. Sophie PARKINS	15	Southend	2:49.97.....
9. Alexdrina ROBERTS	16	DunmowAtlant	2:56.42.....	18. Oluwapelumi SALU	13	Bo Newham	2:49.81.....



19.	Rachel SALE	14	Stanway	2:49.19.....	38.	Holly PARKS	15	Bo Southend	2:39.07.....
20.	Arriane LEA	14	Bo Southend	2:49.03.....	39.	Ella PEMBERTON	16	Bo Waltham F	2:38.59.....
21.	Francesca HOWELL	13	Chelmsford	2:46.77.....	40.	Ella COOMBES	13	Basildon Ph	2:36.94.....
22.	Brianna HANSEN-HOARE	14	Harlow Pen	2:46.23.....	41.	Aaliyah RICHARDS	15	Bo Waltham F	2:35.70.....
23.	Constance KENNEDY	15	Romford Town	2:45.70.....	42.	Amy ALLISON	16	Bo Waltham F	2:34.06.....
24.	Gabrielle CORNISH	13	Colchester	2:45.62.....	43.	Keziah CORNISH	15	Colchester	2:33.59.....
25.	Sophia JARAMILLO-OBCOW	14	Epping For't	2:45.26.....	44.	Monika MURINE	14	Bark & Dagen	2:33.53.....
26.	Saule BRANKEVICIUTE	13	Bark & Dagen	2:45.23.....	45.	Kya ANDREOU	17	Harlow Pen	2:33.45.....
27.	Isabelle TALBOT	14	Braintree	2:43.20.....	46.	Dina BENIDIR	16	Bo Newham	2:32.30.....
28.	Alana FINN	13	Basildon Ph	2:42.98.....	47.	Greta GODDARD	15	Colchester	2:31.20.....
29.	Elizabeth CRUDGINGTON	19	Southend	2:42.96.....	48.	Cait COTTER	14	Chelmsford	2:30.50.....
30.	Macey WATKINS	14	Colchester	2:42.87.....	49.	Lexie OCONNOR	14	Basildon Ph	2:30.33.....
31.	Chloe STAINES	15	Chelmsford	2:42.45.....	50.	Erin WILKINSON	16	Basildon Ph	2:30.18.....
32.	Milly ELLIOTT-YOUNG	16	Brentwood	2:41.74.....	51.	ELISE DELAPPERALL	15	Thurrock	2:30.18.....
33.	Priya DHILLON	15	Bark & Dagen	2:41.59.....	52.	Mia WARD	16	Thurrock	2:29.31.....
34.	Grace LAMPRELL	16	Harlow Pen	2:41.52.....	53.	Gracie COMITTI	14	Basildon Ph	2:28.54.....
35.	Rebecca COOGAN	13	Romford Town	2:40.20.....	54.	Evangeline PIERCE	14	Basildon Ph	2:28.38.....
36.	Olivia CARTWRIGHT	14	Colchester	2:40.19.....	55.	Charley JOYCE	16	Epping For't	2:27.50.....
37.	Daisy PATTERSON	15	Thurrock	2:39.21.....	56.	Molly REDGRAVE	17	Colchester	2:23.04.....

## EVENT 607 Boy 13 Yrs/Over 200m Breaststroke

1.	Alistair MIZON	13	Braintree	3:33.06.....	33.	Romao CONDE	14	Bo Newham	2:55.80.....
2.	Louis BROWN	13	Runnymede	3:29.72.....	34.	Saxon MINTO	13	Basildon Ph	2:55.36.....
3.	Tommy MOODY	13	Harlow Pen	3:28.90.....	35.	Jacob RAY	14	Basildon Ph	2:55.01.....
4.	Jason VAN DER MERWE	13	Bark & Dagen	3:25.41.....	36.	Ben MINISTER	15	Thurrock	2:54.73.....
5.	Luke PEMBERTON	13	Bo Waltham F	3:24.03.....	37.	Sam LOADER	17	Clacton SC	2:54.29.....
6.	Connor JARRETT	13	Romford Town	3:20.65.....	38.	Massimo GIROLAMI	13	Colchester	2:53.90.....
7.	Alexander COTTRELL	13	Colchester	3:19.85.....	39.	Josh WHITE	16	Bark & Dagen	2:53.78.....
8.	Remi-Maysen KEANE	13	Bo Southend	3:18.20.....	40.	Isaac FARRUGIA	14	Basildon Ph	2:53.56.....
9.	Tom GUTRIDGE	13	Killerwhales	3:12.10.....	41.	Harold EDWARDS	16	Braintree	2:52.03.....
10.	Jack READ	15	Runnymede	3:10.58.....	42.	Rhys PANYANDEE	15	Bo Newham	2:51.22.....
11.	Ernest JUVERDEANU	13	Chelmsford	3:10.31.....	43.	Lewis JARRETT	15	Romford Town	2:51.10.....
12.	Ayobami AKINDELE	13	Thurrock	3:09.77.....	44.	Joseph BURNS	15	Witham Dolph	2:50.43.....
13.	Blake CHAPMAN	15	Runnymede	3:09.55.....	45.	Danny SCANNELL	15	Bark & Dagen	2:49.46.....
14.	Theo MCCALLA	15	Bo Newham	3:07.75.....	46.	Luke READ	15	Basildon Ph	2:49.15.....
15.	Freddie WESTON	14	Brentwood	3:06.58.....	47.	HARRY MARSHALL-CHILDS	17	Bark & Dagen	2:47.83.....
16.	Daniel BOBOYE	14	Thurrock	3:03.90.....	48.	Ben STRINGER	16	Romford Town	2:45.28.....
17.	Thomas UNDERDOWN	14	Braintree	3:03.57.....	49.	Eliot HAYHOW	17	Bo Waltham F	2:44.06.....
18.	Alan ALEKSEJEVS	15	Bo Newham	3:03.40.....	50.	Oscar HOWELL	16	Brentwood	2:42.44.....
19.	LIAM HIGGINS	16	Bo Waltham F	3:03.22.....	51.	Glennon LEE	15	Harlow Pen	2:42.17.....
20.	Charlie ROGERS	14	Romford Town	3:02.63.....	52.	Archie PIGOTT	14	Killerwhales	2:41.90.....
21.	Ethan RYAN	16	Harlow Pen	3:01.81.....	53.	Daryl RANDS	24	Colchester	2:40.41.....
22.	Kieran STERRY	14	Basildon Ph	3:01.68.....	54.	colin MOGHINA	16	Thurrock	2:39.64.....
23.	Sebastian COTOROBAI	14	Bo Newham	3:00.50.....	55.	Raheel MAHMOOD	14	Romford Town	2:38.85.....
24.	Sami MATLOUB	16	Killerwhales	3:00.30.....	56.	Richard (HARRY)	15	Chelmsford	2:38.60.....
25.	Freddie GRAY	16	Brentwood	3:00.00.....	57.	Kalaum CORANI	17	Colchester	2:35.21.....
26.	arjun PARMAR	14	Colchester	3:00.00.....	58.	Samuel RENNIE	17	Braintree	2:32.82.....
27.	Harrison BROOK	13	Colchester	2:59.50.....	59.	Tyler TOMBS	16	Chelmsford	2:31.57.....
28.	Marco YUEN	14	Romford Town	2:59.30.....	60.	Mark MILBURN	16	Colchester	2:27.20.....
29.	Samuel HOWARD	14	Romford Town	2:58.60.....	61.	Jack MANSFIELD	19	Harlow Pen	2:27.05.....
30.	Corey HARE	15	Colchester	2:58.53.....	62.	Harrison JARVIS	17	Thurrock	2:26.51.....
31.	Simon FEISE	14	Basildon Ph	2:57.16.....	63.	Joshua SHEPHERD	13	Thurrock	1:52.85.....
32.	Oliver HOGAN	18	Bo Southend	2:56.68.....					

## EVENT 608 Girl 13 Yrs/Over 100m IM

1.	Helen KURNATOWSKA	15	Harwich DP	1:39.50.....	32.	Lucy TOMS	15	Clacton SC	1:21.82.....
2.	Emma CARTWRIGHT	47	Bo Waltham F	1:38.00.....	33.	Elizabeth CRUDGINGTON	19	Southend	1:20.08.....
3.	Laura KEHRE	13	Canvey Isl	1:33.00.....	34.	Evelina KHAN	14	Bo Newham	1:19.56.....
4.	Molly RAMAGE	13	Southend	1:32.82.....	35.	Amelia MURPHY	14	Chelmsford	1:19.54.....
5.	Menna BEEGAN	13	Harwich DP	1:32.62.....	36.	Tabitha KENNEDY	17	Clacton SC	1:19.35.....
6.	Olivia SPEDDING	15	Witham Dolph	1:29.08.....	37.	Sophia MOULE	14	Romford Town	1:18.91.....
7.	Scarlett HULBERT	14	Southend	1:29.05.....	38.	SOPHIE ORORKE	14	Chelmsford	1:18.67.....
8.	Emily BONFANTE	13	Bo Newham	1:28.75.....	39.	Sadie ROWE	14	Colchester	1:18.50.....
9.	Chloe GALILEE	13	Clacton SC	1:28.61.....	40.	Isobel SANDERS	15	Harlow Pen	1:18.45.....
10.	Elizabeth DINNING	16	DunmowAtlant	1:28.25.....	41.	Olivia REILLY	17	Chelmsford	1:18.38.....
11.	Jessica FEW	14	Maldon Shark	1:28.01.....	42.	Ella COOMBES	13	Basildon Ph	1:17.87.....
12.	Lucy BYFORD	15	Witham Dolph	1:27.64.....	43.	Ava WILSON	13	New Hall	1:17.18.....
13.	Anna TUTTON	14	Runnymede	1:27.25.....	44.	Amy JOHNSON	15	Colchester	1:17.15.....
14.	Charlotte SPEDDING	13	Witham Dolph	1:27.21.....	45.	Katie HOLMES	37	Harwich DP	1:17.00.....
15.	Lois JOHNSON	13	Chelmsford	1:26.04.....	46.	Rachel SALE	14	Stanway	1:16.54.....
16.	Emily KAY	15	Halstead	1:25.96.....	47.	Jasmine BALE	15	Halstead	1:16.24.....
17.	Chloe LINNEY	13	Halstead	1:25.27.....	48.	Grace LAMPRELL	16	Harlow Pen	1:15.83.....
18.	Jessie SKELT	13	Braintree	1:25.25.....	49.	Zoe CLEGG	18	Colchester	1:14.92.....
19.	Brianna HANSEN-HOARE	14	Harlow Pen	1:25.14.....	50.	Olivia CHURCH	15	Thurrock	1:14.85.....
20.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	1:24.80.....	51.	Eva MURRAY	15	Bo Waltham F	1:14.62.....
21.	Charity HAYHOW	15	Bo Waltham F	1:24.69.....	52.	Robyn QUINCE	17	Runnymede	1:14.17.....
22.	Ella LINNEY	14	Halstead	1:24.67.....	53.	Hollie HAWKINS	14	Basildon Ph	1:13.21.....
23.	Amy WRIGHT	13	Bo Waltham F	1:24.50.....	54.	Francesca KEY	16	Thurrock	1:12.97.....
24.	Tahlia HAYLOCK	14	Halstead	1:24.24.....	55.	Niamh WAINWRIGHT	18	Chelmsford	1:12.01.....
25.	Francesca JONES	15	Runnymede	1:24.22.....	56.	Gracie PARKER	13	Basildon Ph	1:11.13.....
26.	BONNIE MACMILLAN GRIFF	14	Bo Waltham F	1:23.67.....	57.	Anna-Lucia FENNER	15	Basildon Ph	1:10.52.....
27.	Tia EVERITT	13	Chelmsford	1:23.15.....	58.	Alexa MANN	15	Chelmsford	1:09.99.....
28.	Emily MORRIS	16	Bo Waltham F	1:23.07.....	59.	Ciara WOOKEY	17	Colchester	1:08.74.....
29.	olivia PERRIN	14	Harlow Pen	1:22.99.....	60.	Rianna SMITH	23	Basildon Ph	1:08.14.....
30.	Isabelle MCPHERSON	17	Witham Dolph	1:22.74.....	61.	May BRADBURN	17	Basildon Ph	1:06.24.....
31.	Niamh TOBIN	17	Brentwood	1:22.25.....					

## SESSION 7

### EVENT 701 Girl 13 Yrs/Over 400m Freestyle

1.	Tilly BUNN	14	Romford Town	5:19.60.....	18.	Evangeline PIERCE	14	Basildon Ph	4:52.23.....
2.	Maisie WILLIAMS	14	Canvey Isl	5:18.04.....	19.	Olivia FLETCHER	18	Basildon Ph	4:50.36.....
3.	Emily FERREIRA	13	Killerwhales	5:12.91.....	20.	Greta GODDARD	15	Colchester	4:47.34.....
4.	Isabelle YOUNG	13	Stanway	5:12.50.....	21.	Emma STAINES	17	Chelmsford	4:47.32.....
5.	Jasmine BALE	15	Halstead	5:07.59.....	22.	Amy ALLISON	16	Bo Waltham F	4:47.24.....
6.	Sophia JARAMILLO-OBCOW	14	Epping Fort	5:07.50.....	23.	Stephanie PAGAN	16	Bo Waltham F	4:45.17.....
7.	Isabel COLLINS	15	Bo Southend	5:05.80.....	24.	Francesca KEY	16	Thurrock	4:43.02.....
8.	Ella DAWSON	13	Chelmsford	5:05.20.....	25.	Molly REDGRAVE	17	Colchester	4:42.74.....
9.	Emily TATAM	18	Basildon Ph	5:05.05.....	26.	Charlotte TREE	17	Colchester	4:41.11.....
10.	Keziah CORNISH	15	Colchester	5:02.44.....	27.	phoebe WHITE	16	Harlow Pen	4:40.26.....
11.	Saule BRANKEVICIUTE	13	Bark & Dagen	4:59.61.....	28.	Hannah GILLESPIE	23	Epping Fort	4:40.00.....
12.	Marcie ALEY	15	Braintree	4:59.61.....	29.	Gracie COMITTI	14	Basildon Ph	4:38.44.....
13.	Zoe CLEGG	18	Colchester	4:58.34.....	30.	Erin WILKINSON	16	Basildon Ph	4:34.79.....
14.	Poppy JEFFERY	13	Killerwhales	4:58.21.....	31.	Junayna AHMED	18	Romford Town	4:33.61.....
15.	Cait COTTER	14	Chelmsford	4:56.00.....	32.	Erika PASAKINSKAITE	15	Bark & Dagen	4:32.19.....
16.	Ella PEMBERTON	16	Bo Waltham F	4:54.91.....	33.	May BRADBURN	17	Basildon Ph	4:25.40.....
17.	Rebecca COOGAN	13	Romford Town	4:52.59.....	34.	Isabelle JOPSON	18	Romford Town	4:22.60.....

## EVENT 702 Boy 13 Yrs/Over 400m IM

1.	Remi-Maysen KEANE	13	Bo Southend	6:03.00.....	14.	Antonio GIROLAMI	16	Colchester	5:16.66.....
2.	Robert FENNER	13	Basildon Ph	5:56.96.....	15.	Ben MINISTER	15	Thurrock	5:11.78.....
3.	Harrison BROOK	13	Colchester	5:48.60.....	16.	Harry STAGG	15	Basildon Ph	5:09.44.....
4.	Freddie GRAY	16	Brentwood	5:45.00.....	17.	Jason VAN DER MERWE	13	Bark & Dagen	5:08.19.....
5.	David Ioan NEACSU	13	Bark & Dagen	5:34.43.....	18.	Jenson HURRELL	16	Thurrock	5:07.10.....
6.	Sami BENIDIR	14	Bo Newham	5:34.00.....	19.	Daniel MCGUINNESS	15	Basildon Ph	5:00.67.....
7.	william WHITE	14	Harlow Pen	5:32.36.....	20.	Sandijns CECINS	14	Colchester	4:59.89.....
8.	Josh WHITE	16	Bark & Dagen	5:21.38.....	21.	Connor MCCARTHY	16	Romford Town	4:59.15.....
9.	Daryl RANDS	24	Colchester	5:18.94.....	22.	Zak TROMAN	14	Colchester	4:57.71.....
10.	Corey HARE	15	Colchester	5:18.89.....	23.	Nikita CHARYKIN	15	Thurrock	4:53.20.....
11.	Massimo GIROLAMI	13	Colchester	5:18.80.....	24.	Harrison JARVIS	17	Thurrock	4:52.90.....
12.	Lewis ARCHER	24	Halstead	5:18.77.....	25.	Raheel MAHMOOD	14	Romford Town	4:49.38.....
13.	Lewis JARRETT	15	Romford Town	5:17.34.....	26.	Mark MILBURN	16	Colchester	4:41.80.....

## EVENT 703 Girl 13 Yrs/Over 50m Breaststroke

1.	Isabel CONNER	13	Runnymede	53.00.....	49.	Chloe LINNEY	13	Halstead	44.92.....
2.	Isabelle PLATTEN	13	Clacton SC	52.99.....	50.	Jessie SKELT	13	Braintree	44.81.....
3.	Eydi PUDNEY	13	Runnymede	52.98.....	51.	Zoe LLOYD-ROSSI	14	DunmowAtlant	44.59.....
4.	Lois WILSON	13	Colchester	52.49.....	52.	Eilidh DYER	14	Hornchurch	44.50.....
5.	lucia FULTON	13	Bark & Dagen	52.29.....	53.	Tia EVERITT	13	Chelmsford	44.42.....
6.	Zamira AYUSO	14	Harwich DP	52.25.....	54.	Isabel COLLINS	15	Bo Southend	44.38.....
7.	Gabrielle WILLIAMS	19	Harwich DP	51.78.....	55.	Emily BONFANTE	13	Bo Newham	44.17.....
8.	Kostadina KATSAKIORI	13	Clacton SC	51.50.....	56.	Dimana RACHEVETS	13	Romford Town	44.00.....
9.	ALEXANDRA OKOLO	13	Bo Southend	51.50.....	57.	Mia WARD	16	Thurrock	43.98.....
10.	Ruby POND	13	Bo Southend	51.39.....	58.	Emily GRIMWOOD	15	Clacton SC	43.94.....
11.	Alzbeta DROPOVA	13	Bo Waltham F	51.12.....	59.	Kitty-May MURRAY	16	Bo Newham	43.87.....
12.	Tiana WILLIAMS-JOHNSON	13	Bo Southend	51.10.....	60.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	43.87.....
13.	Jessica THOMAS	13	Colchester	50.86.....	61.	Daisy RUSSELL	13	DunmowAtlant	43.80.....
14.	Lily HAYWARD	13	Epping For't	50.29.....	62.	Toni MEHEGAN	16	Bo Newham	43.80.....
15.	Sarah CARRINGTON	38	Witham Dolph	50.00.....	63.	Ella COOMBES	13	Basildon Ph	43.75.....
16.	Aditi GANTHI	13	Epping For't	50.00.....	64.	Liv MOSS	14	Colchester	43.72.....
17.	Daisy NIVEN	14	Maldon Shark	49.72.....	65.	Thalia DEPEZA-GREEN	13	Bo Waltham F	43.54.....
18.	Chloe PARKINS	13	Southend	49.52.....	66.	Imogen HATTEE	14	Saffron Wald	43.53.....
19.	Anika DUBEY	13	Chelmsford	49.07.....	67.	Brianna HANSEN-HOARE	14	Harlow Pen	43.40.....
20.	Charlotte ROBERTS	14	DunmowAtlant	49.05.....	68.	Eliza WESTCOTT	15	DunmowAtlant	43.39.....
21.	Amelie WHELDON	13	Brentwood	48.51.....	69.	Alvira KHAN	13	Thurrock	43.34.....
22.	Roxanne COKER	13	Thurrock	48.34.....	70.	Sophie HEDGES	14	Southend	43.30.....
23.	Sophia WEAVER	13	Brentwood	48.00.....	71.	EvaAlice STEWART	15	DunmowAtlant	43.28.....
24.	Holly ROGERS	13	Bo Southend	47.85.....	72.	Ella LINNEY	14	Halstead	43.26.....
25.	Bella VICKERY	13	Southend	47.77.....	73.	Olivia SYDDELL	14	DunmowAtlant	43.24.....
26.	Esmee REEVE	13	Braintree	47.51.....	74.	Grace BLACK	14	Stanway	43.17.....
27.	Menna BEEGAN	13	Harwich DP	47.38.....	75.	Ella STROUD	16	Brentwood	43.06.....
28.	Rebecca WELLS	15	Maldon Shark	46.88.....	76.	Holly GADSDON	13	Killerwhales	42.82.....
29.	Rose DENYER	13	Saffron Wald	46.84.....	77.	Ruby PHILPOTT	13	Chelmsford	42.78.....
30.	Alice FEARN	13	DunmowAtlant	46.61.....	78.	Olivia MENDHAM	13	Chelmsford	42.73.....
31.	Ishana THAKKAR	14	Witham Dolph	46.50.....	79.	Leah MASON	13	Colchester	42.68.....
32.	tiffany FOX	13	Harlow Pen	46.44.....	80.	Molly RICHARDSON	15	Harwich DP	42.66.....
33.	Chloe TANNER	14	Bo Waltham F	46.43.....	81.	Tami BANKOLE	14	Thurrock	42.57.....
34.	Lily BROOKS	15	Brentwood	46.19.....	82.	Jennifer HARRIS	19	Maldon Shark	42.49.....
35.	Constance KENNEDY	15	Romford Town	46.10.....	83.	Mia LAWRENCE	17	Clacton SC	42.49.....
36.	Edie NEWELL	14	Brentwood	45.77.....	84.	Olivia CLARKE	15	Chelmsford	42.47.....
37.	Amy WRIGHT	13	Bo Waltham F	45.60.....	85.	Gabrielle CORNISH	13	Colchester	42.40.....
38.	Annabelle TULETT	13	Bo Waltham F	45.47.....	86.	Evelyn DIGGINS	15	Saffron Wald	42.20.....
39.	Jodie THOMPSON	13	DunmowAtlant	45.33.....	87.	Sarah MEANWELL	15	Saffron Wald	42.20.....
40.	Morounfolu (FOLU)	16	Chelmsford	45.24.....	88.	Lucy TOMS	15	Clacton SC	42.16.....
41.	Matilda GAMBLE	14	Brentwood	45.16.....	89.	Laura KEHRE	13	Canvey Isl	42.16.....
42.	Loma QUINCE	14	Runnymede	45.16.....	90.	Megan MCLAWRENCE	16	BorRedbridge	42.12.....
43.	Lois JOHNSON	13	Chelmsford	45.12.....	91.	Isabelle TALBOT	14	Braintree	42.10.....
44.	Isabella LEWIS	13	Halstead	45.08.....	92.	Niamh TOBIN	17	Brentwood	42.10.....
45.	Aimee DUDMAN	14	Killerwhales	45.05.....	93.	Sophie HEANEY	14	Brentwood	42.10.....
46.	Poppy JEFFERY	13	Killerwhales	45.05.....	94.	Ella PEMBERTON	16	Bo Waltham F	42.09.....
47.	Imogen BARKER	13	Witham Dolph	45.00.....	95.	Luisa CAREY	13	DunmowAtlant	41.97.....
48.	Freya GORDON	13	Harlow Pen	44.94.....	96.	LUCY RAKER	14	Southend	41.96.....

97.	Caitlin VERNON	17	Southend	41.85.....	130.	Daisy HERRINGTON	17	DunmowAtlant	37.80.....
98.	Bella STEADMAN	13	Killerwhales	41.67.....	131.	Lucy JESSOP	21	Brentwood	37.79.....
99.	Evelina KHAN	14	Bo Newham	41.41.....	132.	Zoe BARNARD	16	Basildon Ph	37.52.....
100.	Isobel SANDERS	15	Harlow Pen	41.32.....	133.	Cailin WALKER	18	Harlow Pen	37.45.....
101.	Connie TITLEY	15	Brentwood	41.29.....	134.	Sophie JENKINSON	16	Basildon Ph	37.42.....
102.	Elizabeth CRUDGINGTON	19	Southend	41.24.....	135.	Evie JAMIESON	15	Harlow Pen	37.40.....
103.	Sophie BALL	14	Braintree	41.02.....	136.	Katie HOLMES	37	Harwich DP	37.35.....
104.	Georgia BLECK	16	Colchester	40.85.....	137.	Amelia MURPHY	14	Chelmsford	37.30.....
105.	Chloe KEEGAN	14	Killerwhales	40.80.....	138.	Eva MURRAY	15	Bo Waltham F	37.25.....
106.	Esme STRINGER	13	Romford Town	40.78.....	139.	Hollie HAWKINS	14	Basildon Ph	37.24.....
107.	Emily FERREIRA	13	Killerwhales	40.61.....	140.	Sadie ROWE	14	Colchester	36.84.....
108.	Evangelina GADSDON	15	Killerwhales	40.46.....	141.	Abigail KOON	16	Bo Newham	36.80.....
109.	Rachel SALE	14	Stanway	40.46.....	142.	Charlotte TREE	17	Colchester	36.71.....
110.	Mia TANANEEVA	13	Bark & Dagen	40.08.....	143.	Ava WILSON	13	New Hall	36.70.....
111.	poppy REED	15	Bo Waltham F	39.90.....	144.	Molly GRIEVE	16	Colchester	36.69.....
112.	Tabitha KENNEDY	17	Clacton SC	39.89.....	145.	MISTY EREN	15	Harlow Pen	36.63.....
113.	Charley JOYCE	16	Epping For't	39.82.....	146.	Jasmine BALE	15	Halstead	36.60.....
114.	Julia SWANPEOEL	16	Epping For't	39.80.....	147.	Lexie OCONNOR	14	Basildon Ph	36.51.....
115.	Grace TURNER	14	Clacton SC	39.74.....	148.	Claudia-Rose MURPHY	17	Witham Dolph	36.44.....
116.	Rachel NELSON	15	Maldon Shark	39.70.....	149.	Madeleine MCCORMACK	19	Romford Town	36.30.....
117.	Maisie MUFFETT	16	Epping For't	39.61.....	150.	Alexa MANN	15	Chelmsford	35.98.....
118.	Teegan RAYNER	16	Witham Dolph	39.47.....	151.	Francesca KEY	16	Thurrock	35.80.....
119.	Amy MILBURN	14	Colchester	39.43.....	152.	Ciara WOOKEY	17	Colchester	35.10.....
120.	Christine LIU	16	Clacton SC	39.10.....	153.	Aaliyah RICHARDS	15	Bo Waltham F	35.03.....
121.	Marcie ALEY	15	Braintree	39.02.....	154.	Kesia CREES	13	Basildon Ph	35.03.....
122.	Sophia DIGGINS	17	Saffron Wald	38.98.....	155.	Anna-Lucia FENNER	15	Basildon Ph	35.00.....
123.	Zoe CLEGG	18	Colchester	38.97.....	156.	Robyn QUINCE	17	Runnymede	34.90.....
124.	Jennifer RIDDLE	18	Thurrock	38.96.....	157.	olivia COOPER	15	Basildon Ph	34.60.....
125.	Laura HIPPERSON	16	Hornchurch	38.75.....	158.	Gracie PARKER	13	Basildon Ph	34.00.....
126.	Rosie HENN	16	Braintree	38.72.....	159.	Holly HAGAN	17	Romford Town	33.60.....
127.	Chloe MARTIN	16	Harlow Pen	38.58.....	160.	Rianna SMITH	23	Basildon Ph	33.50.....
128.	Kya ANDREOU	17	Harlow Pen	38.46.....	161.	Jessica AYLING	20	Bark & Dagen	32.16.....
129.	Amy JOHNSON	15	Colchester	38.00.....					

## EVENT 704 Boy 13 Yrs/Over 50m Backstroke

1.	Curtis WHEARTY	15	Clacton SC	45.42.....	31.	Aaron MCKERNAN	14	Bo Newham	39.25.....
2.	Ryan LONG	15	Bo Southend	44.99.....	32.	Tom GUTRIDGE	13	Killerwhales	39.22.....
3.	Lucas ANKUDAVICIUS	13	Thurrock	44.32.....	33.	Samuel GARRETT	14	Witham Dolph	38.95.....
4.	George STACEY	13	Bo Southend	43.26.....	34.	Samuel WHEARTY	19	Clacton SC	S8 38.65.....
5.	Liam CLARK	13	Runnymede	42.86.....	35.	Ben PROPHET	13	Runnymede	38.60.....
6.	Amir WILSON	13	Bo Newham	42.28.....	36.	Amir ZAHOUANI	13	Bo Waltham F	38.55.....
7.	Hugo GODDARD	13	Colchester	42.25.....	37.	Kalaum CORANI	17	Colchester	38.50.....
8.	Luke PEMBERTON	13	Bo Waltham F	42.18.....	38.	Daniel THOMPSON	14	Thurrock	38.43.....
9.	Toby WOOD	13	Southend	42.15.....	39.	NATHAN SVERDLOFF	15	Southend	38.31.....
10.	Armandas MAVROPULO	13	Bo Waltham F	41.66.....	40.	Benjamin WATLEY	14	Witham Dolph	38.25.....
11.	zane FROST	14	Canvey Isl	41.31.....	41.	Kiril STAMENOV	16	Bo Newham	38.00.....
12.	Leo FLOOD	13	Bo Waltham F	41.18.....	42.	Elias AYAD	15	Bo Newham	37.88.....
13.	Caleb JUDD	13	Romford Town	40.93.....	43.	Maximilian DOOLEY	15	Romford Town	37.84.....
14.	oliver CLARK	13	Maldon Shark	40.85.....	44.	Theo BARI	13	Saffron Wald	37.64.....
15.	Daniel PIRIE	13	Braintree	40.79.....	45.	Oliver GORE	14	Southend	37.57.....
16.	Alistair MIZON	13	Braintree	40.50.....	46.	James SWANN	14	Basildon Ph	37.56.....
17.	Ethan LEWIS	13	New Hall	40.31.....	47.	Jack READ	15	Runnymede	37.49.....
18.	ADEMOLA OSHOWOLE	13	Thurrock	40.20.....	48.	Romao CONDE	14	Bo Newham	37.49.....
19.	Louis BROWN	13	Runnymede	40.06.....	49.	William FAVER	13	Chelmsford	37.46.....
20.	Kacper GOLABEK	13	Bark & Dagen	39.94.....	50.	Ben HUMPHRIES	13	Maldon Shark	37.41.....
21.	Jensen LARTHE	14	Southend	39.94.....	51.	Max HEADLEY	14	Braintree	37.35.....
22.	Mark VASYLCHUK	13	Brentwood	39.90.....	52.	Bertie WARNES	15	DunmowAtlant	37.22.....
23.	Thomas ROBB	13	Halstead	39.85.....	53.	Dillon BRECHT	14	Romford Town	37.10.....
24.	Matthew NORMAN	13	Basildon Ph	39.84.....	54.	Leo EASTER	14	Runnymede	37.03.....
25.	Lochlan DYER	13	Hornchurch	39.80.....	55.	Freddie WESTON	14	Brentwood	36.57.....
26.	Alexander IVANOV	13	Romford Town	39.75.....	56.	Michael MANNIX	13	Harlow Pen	36.56.....
27.	Bamey WESTON	15	Harwich DP	39.75.....	57.	Ryan DOOLEY	14	Romford Town	36.27.....
28.	Alvin LIU	14	Clacton SC	39.60.....	58.	Antoine ROUYER-BROWN	16	Runnymede	36.23.....
29.	David SHUTOV	15	BorRedbridge	39.51.....	59.	Daniel BOBOYE	14	Thurrock	36.10.....
30.	Thomas RICHARDSON	13	Harwich DP	39.44.....	60.	Elliot WHITEHOUSE	13	Colchester	36.03.....

61.	Keelan BARNETT	14	Colchester	35.94.....	101.	Thomas UNDERDOWN	14	Braintree	32.80.....
62.	Jack FRIEDLEIN	13	Maldon Shark	35.81.....	102.	Rory WILDE	14	Chelmsford	32.70.....
63.	Joseph SILVER	14	Bo Waltham F	35.75.....	103.	Sami MATLOUB	16	Killerwhales	32.69.....
64.	Church GEORGE	14	Thurrock	35.73.....	104.	Tyler TOMBS	16	Chelmsford	32.62.....
65.	Saxon MINTO	13	Basildon Ph	35.62.....	105.	Louis ALLEN	13	Basildon Ph	32.60.....
66.	LIAM HIGGINS	16	Bo Waltham F	35.46.....	106.	Ben MINISTER	15	Thurrock	32.45.....
67.	Jamie BENJAMIN	15	Woodham F SC	35.40.....	107.	Denis DRELEV	15	Romford Town	32.40.....
68.	Aidan WOOD	15	Thurrock	35.29.....	108.	Jacob KITCHING	16	Chelmsford	32.22.....
69.	Alan ALEKSEJEVS	15	Bo Newham	35.19.....	109.	Oscar HOWELL	16	Brentwood	32.20.....
70.	Thomas SKERRY	13	New Hall	35.11.....	110.	Sandijs CECINS	14	Colchester	32.16.....
71.	Sam LOADER	17	Clacton SC	35.09.....	111.	Joshua SHEPHERD	13	Thurrock	32.00.....
72.	Zain KADHIM	15	Killerwhales	34.96.....	112.	Joe POWER	14	Basildon Ph	32.00.....
73.	Brandon WINSLOW	15	Bo Southend	34.91.....	113.	Jacob RAY	14	Basildon Ph	31.94.....
74.	Ruben MCLAUGHLIN	17	Saffron Wald	34.82.....	114.	Ismail AYAD	17	Bo Newham	31.88.....
75.	Corey HARE	15	Colchester	34.68.....	115.	Rio ROGERS	17	Basildon Ph	S14 31.55.....
76.	Marco YUEN	14	Romford Town	34.63.....	116.	Mohammed Aman HOSSAIN	13	Bark & Dagen	31.45.....
77.	Clark CHEN	16	Chelmsford	34.60.....	117.	Thomas CHITTOCK	14	Bo Waltham F	31.44.....
78.	Daniel TONU	13	Bark & Dagen	34.57.....	118.	Richard (HARRY)	15	Chelmsford	31.33.....
79.	Ethan RYAN	16	Harlow Pen	34.52.....	119.	David Ioan NEACSU	13	Bark & Dagen	31.25.....
80.	Harrison BROOK	13	Colchester	34.40.....	120.	Harry ROBINSON	17	Bark & Dagen	31.25.....
81.	Aleksandr PLATONOV	15	Bo Newham	34.34.....	121.	Samuel RENNIE	17	Braintree	31.03.....
82.	tyrone OJUKWU	14	Bark & Dagen	34.27.....	122.	Joshua ATOTILETO	15	Bo Newham	30.97.....
83.	Thirushan GUNASILAN	14	Bark & Dagen	34.09.....	123.	Keelan GOSNEY	17	Chelmsford	30.89.....
84.	Presley FLEMING	15	Canvey Isl	34.07.....	124.	Kevin MOLDOVAN	14	Harlow Pen	30.62.....
85.	Thomas DEAN	16	Bo Southend	34.00.....	125.	Angus ROBERTSON	17	Brentwood	30.60.....
86.	Dawid GOLABEK	16	Bark & Dagen	33.99.....	126.	Hadi KHAIRUL	15	Bo Newham	30.50.....
87.	Freddie GARDNER	15	Bo Southend	33.93.....	127.	Kurt SALAZAR	16	Bo Newham	30.43.....
88.	Thomas MEDHURST	18	Epping For't	33.87.....	128.	Jacob STEPHEN	16	Brentwood	30.40.....
89.	Joshua OWEN	16	Runnymede	33.80.....	129.	Georgi RAYKIN	16	Bo Newham	30.15.....
90.	Oliver SMITH	14	Basildon Ph	33.69.....	130.	Alfie FRANCIS	16	Colchester	30.10.....
91.	Aaron MOLYNEUX	14	Saffron Wald	33.69.....	131.	Max ARNOLD	15	Harlow Pen	29.98.....
92.	Matthew RIDDLE	16	Thurrock	33.66.....	132.	Nikita CHARYKIN	15	Thurrock	29.90.....
93.	Josh HUTCHINSON	14	Harlow Pen	33.64.....	133.	Daniel LEWIS	15	New Hall	29.90.....
94.	James BAKER	14	Brentwood	33.50.....	134.	Jenson HURRELL	16	Thurrock	29.00.....
95.	Ben STRINGER	16	Romford Town	33.48.....	135.	LIAM BRENNAN	19	Basildon Ph	28.84.....
96.	Daniel HYDE	13	Bark & Dagen	33.44.....	136.	Ethan MARTIN	16	Thurrock	28.40.....
97.	Sami BENIDIR	14	Bo Newham	33.38.....	137.	Jude HILLS	16	Thurrock	28.15.....
98.	Sebastian COTOROBAI	14	Bo Newham	33.12.....	138.	Aaron WILSON	19	Bark & Dagen	27.72.....
99.	Albert ORLEY	13	Braintree	33.10.....	139.	Jack SKERRY	17	New Hall	26.96.....
100.	Jamie HARTNUP	15	Braintree	32.94.....					

## EVENT 705 Girl 13 Yrs/Over 200m Butterfly

1.	Sophia WEAVER	13	Brentwood	3:30.00.....	16.	Chloe KEEGAN	14	Killerwhales	2:49.60.....
2.	Kathryn EDWARDS	14	Braintree	3:27.80.....	17.	Amy ALLISON	16	Bo Waltham F	2:48.41.....
3.	Tilly BUNN	14	Romford Town	3:26.21.....	18.	Lexie GOODMAN	14	Basildon Ph	2:46.36.....
4.	Emily BONFANTE	13	Bo Newham	3:17.40.....	19.	Louise WEBSTER	14	Thurrock	2:45.51.....
5.	Annabelle TULETT	13	Bo Waltham F	3:14.31.....	20.	Daisy MANNING	13	Basildon Ph	2:41.63.....
6.	Tia EVERITT	13	Chelmsford	3:14.28.....	21.	Skye CARTER	14	Basildon Ph	2:40.12.....
7.	Julia SWANEPOEL	16	Epping For't	3:10.72.....	22.	Molly GRIEVE	16	Colchester	2:38.01.....
8.	Maisie WILLIAMS	14	Canvey Isl	3:08.89.....	23.	Hollie HAWKINS	14	Basildon Ph	2:37.46.....
9.	Milly ELLIOTT-YOUNG	16	Brentwood	3:00.93.....	24.	Lexie OCONNOR	14	Basildon Ph	2:35.78.....
10.	Aislin FOLEY-WRIGHT	14	Basildon Ph	2:59.20.....	25.	Stephanie PAGAN	16	Bo Waltham F	2:34.17.....
11.	Mia MACKLIN	13	Braintree	2:55.44.....	26.	Tierney ROONEY	15	Romford Town	2:32.20.....
12.	Mia LAWRENCE	17	Clacton SC	2:54.06.....	27.	Cait COTTER	14	Chelmsford	2:32.17.....
13.	Fletcher MAGNUS	15	BorRedbridge	2:52.00.....	28.	Junayna AHMED	18	Romford Town	2:31.16.....
14.	Aida MORTER	14	Romford Town	2:51.72.....	29.	Isabelle JOPSON	18	Romford Town	2:26.50.....
15.	Kesia CREES	13	Basildon Ph	2:50.54.....	30.	Erika PASAKINSKAITE	15	Bark & Dagen	2:17.06.....

## EVENT 706 Boy 13 Yrs/Over 200m Freestyle

1.	Kiril STAMENOV	16	Bo Newham	3:04.44.....	39.	Thomas FORD	15	Basildon Ph	2:13.90.....
2.	Antoine ROUYER-BROWN	16	Runnymede	2:58.07.....	40.	Thomas CHITTOCK	14	Bo Waltham F	2:13.59.....
3.	Luke PEMBERTON	13	Bo Waltham F	2:50.24.....	41.	Rio ROGERS	17	Basildon Ph	S14 2:12.39.....
4.	Ben PROPHET	13	Runnymede	2:49.86.....	42.	Jacob ROBINSON	16	Killerwhales	2:12.00.....
5.	Michael MANNIX	13	Harlow Pen	2:41.20.....	43.	James GOURPINAR	14	Harlow Pen	2:11.90.....
6.	ADEMOLA OSHOWOLE	13	Thurrock	2:37.36.....	44.	Daniel PARKER	15	Braintree	2:11.74.....
7.	Ayobami AKINDELE	13	Thurrock	2:33.47.....	45.	Matthew RIDDLE	16	Thurrock	2:11.53.....
8.	Elliot WHITEHOUSE	13	Colchester	2:32.56.....	46.	Kalaum CORANI	17	Colchester	2:11.11.....
9.	Daniel TAHMISYAN	13	Bark & Dagen	2:30.66.....	47.	Ismail AYAD	17	Bo Newham	2:10.83.....
10.	Jack FRIEDLEIN	13	Maldon Shark	2:27.56.....	48.	Joe POWER	14	Basildon Ph	2:10.48.....
11.	Jason VAN DER MERWE	13	Bark & Dagen	2:26.53.....	49.	Sandijs CECINS	14	Colchester	2:10.40.....
12.	tyrone OJUKWU	14	Bark & Dagen	2:26.02.....	50.	Archie PIGOTT	14	Killerwhales	2:10.20.....
13.	Freddie GARDNER	15	Bo Southend	2:25.83.....	51.	Samuel WALSH	15	Witham Dolph	2:09.56.....
14.	Zain KADHIM	15	Killerwhales	2:25.40.....	52.	Thomas BALE	16	Halstead	2:09.50.....
15.	Dillon BRECHT	14	Romford Town	2:25.20.....	53.	Lewis ARCHER	24	Halstead	2:09.41.....
16.	Harrison BROOK	13	Colchester	2:25.10.....	54.	Keelan GOSNEY	17	Chelmsford	2:09.32.....
17.	Ethan RYAN	16	Harlow Pen	2:24.55.....	55.	Isaac FARRUGIA	14	Basildon Ph	2:08.87.....
18.	Daniel THOMPSON	14	Thurrock	2:23.06.....	56.	Roan BRENNAN	15	Basildon Ph	S9 2:07.97.....
19.	arjun PARMAR	14	Colchester	2:23.03.....	57.	Raheel MAHMOOD	14	Romford Town	2:07.12.....
20.	Henry DEAN	15	Thurrock	2:22.94.....	58.	Jacob STEPHEN	16	Brentwood	2:07.00.....
21.	Alan ALEKSEJEVS	15	Bo Newham	2:22.73.....	59.	Thomas DUDMAN	17	Killerwhales	2:06.77.....
22.	Sebastian COTOROBAI	14	Bo Newham	2:22.50.....	60.	Jacob KITCHING	16	Chelmsford	2:05.98.....
23.	Kurt SALAZAR	16	Bo Newham	2:21.74.....	61.	Zak TROMAN	14	Colchester	2:05.11.....
24.	CHRISTOPHER RICHARDSON	16	Bo Waltham F	2:21.22.....	62.	Justinas KAZLAUSKAS	15	Bark & Dagen	2:04.80.....
25.	Robert FENNER	13	Basildon Ph	2:20.80.....	63.	Angus ROBERTSON	17	Brentwood	2:04.49.....
26.	Joshua OWEN	16	Runnymede	2:19.68.....	64.	Jack SKERRY	17	New Hall	2:04.12.....
27.	Tom STEADMAN	15	Killerwhales	2:19.43.....	65.	Max ARNOLD	15	Harlow Pen	2:04.00.....
28.	Corey HARE	15	Colchester	2:19.32.....	66.	Jimmy TAYLOR	17	Thurrock	2:03.85.....
29.	Rory WILDE	14	Chelmsford	2:18.83.....	67.	Connor MCCARTHY	16	Romford Town	2:03.45.....
30.	Albert ORLEY	13	Braintree	2:18.70.....	68.	Jude HILLS	16	Thurrock	2:02.89.....
31.	Maximilian DOOLEY	15	Romford Town	2:18.65.....	69.	David Ioan NEACSU	13	Bark & Dagen	2:02.38.....
32.	Daniel HYDE	13	Bark & Dagen	2:18.62.....	70.	Mark MILBURN	16	Colchester	2:01.90.....
33.	Hadi KHAIRUL	15	Bo Newham	2:17.91.....	71.	Tyler JACKSON	17	Harlow Pen	1:59.78.....
34.	Denis DRELEV	15	Romford Town	2:15.94.....	72.	Nathan BANGA	18	Bark & Dagen	1:58.48.....
35.	Harry RICHARDSON	17	Southend	2:15.62.....	73.	Kai ADAMS	25	Halstead	1:57.45.....
36.	Louis LANE	16	Basildon Ph	2:15.55.....	74.	James SPEERS	18	Basildon Ph	1:55.22.....
37.	Massimo GIROLAMI	13	Colchester	2:14.30.....	75.	Daniel GENCAS	18	Bark & Dagen	1:51.32.....
38.	Jacob RAY	14	Basildon Ph	2:14.00.....					

## EVENT 707 Girl 13 Yrs/Over 100m Backstroke

1.	Sarah CARRINGTON	38	Witham Dolph	1:40.00.....	25.	Mia TANANEEVA	13	Bark & Dagen	1:22.17.....
2.	Molly RICHARDSON	15	Harwich DP	1:35.56.....	26.	Emily BONFANTE	13	Bo Newham	1:22.13.....
3.	Helen KURNATOWSKA	15	Harwich DP	1:35.07.....	27.	Saule BRANKEVICIUTE	13	Bark & Dagen	1:22.06.....
4.	Alvira KHAN	13	Thurrock	1:30.25.....	28.	Chloe KEEGAN	14	Killerwhales	1:22.00.....
5.	Holly ROGERS	13	Bo Southend	1:30.06.....	29.	Aida MORTER	14	Romford Town	1:21.92.....
6.	Sophia WEAVER	13	Brentwood	1:30.00.....	30.	BONNIE MACMILLAN GRIFF	14	Bo Waltham F	1:21.88.....
7.	Thalia DEPEZA-GREEN	13	Bo Waltham F	1:28.98.....	31.	Zoe LLOYD-ROSSI	14	DunmowAtlant	1:21.68.....
8.	Luisa CAREY	13	DunmowAtlant	1:28.09.....	32.	Olivia MENDHAM	13	Chelmsford	1:21.09.....
9.	Morounfolu (FOLU)	16	Chelmsford	1:27.69.....	33.	Isabel MORLEY	16	Runnymede	1:20.94.....
10.	Ella LINNEY	14	Halstead	1:27.02.....	34.	Rachel NELSON	15	Maldon Shark	1:20.61.....
11.	Rae WHEATLEY	13	Bo Southend	1:26.37.....	35.	Alexdrina ROBERTS	16	DunmowAtlant	1:20.47.....
12.	Annabelle TULETT	13	Bo Waltham F	1:26.25.....	36.	Daisy RUSSELL	13	DunmowAtlant	1:20.30.....
13.	Sophie HEANEY	14	Brentwood	1:25.00.....	37.	Jasmine SHAW	14	Witham Dolph	1:20.27.....
14.	Ishana THAKKAR	14	Witham Dolph	1:24.62.....	38.	Niamh MULQUEEN	14	Brentwood	1:20.21.....
15.	Esme STRINGER	13	Romford Town	1:24.38.....	39.	Arriane LEA	14	Bo Southend	1:20.17.....
16.	Louise WEBSTER	14	Thurrock	1:24.06.....	40.	Isabel COLLINS	15	Bo Southend	1:19.88.....
17.	Scarlett HULBERT	14	Southend	1:23.85.....	41.	Chloe MARTIN	16	Harlow Pen	1:19.77.....
18.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	1:23.81.....	42.	Elizabeth CRUDGINGTON	19	Southend	1:19.65.....
19.	Chloe GALILEE	13	Clacton SC	1:23.35.....	43.	Hope POWELL	14	Killerwhales	1:19.65.....
20.	Isabelle TYE	13	Harwich DP	1:23.22.....	44.	Lois JOHNSON	13	Chelmsford	1:19.65.....
21.	Amy WRIGHT	13	Bo Waltham F	1:22.79.....	45.	Kathryn EDWARDS	14	Braintree	1:19.63.....
22.	Poppy JEFFERY	13	Killerwhales	1:22.57.....	46.	Eliza WESTCOTT	15	DunmowAtlant	1:19.50.....
23.	Sophie PARKINS	15	Southend	1:22.42.....	47.	Lucy TOMS	15	Clacton SC	1:19.28.....
24.	Cemre SAHIN	14	BorRedbridge	1:22.32.....	48.	Tahlia HAYLOCK	14	Halstead	1:19.27.....

49.	Cailin WALKER	18	Harlow Pen	1:18.96.....	79.	Zara CLARKSON	13	DunmowAtlant	1:14.52.....
50.	Chloe LINNEY	13	Halstead	1:18.85.....	80.	Aislin FOLEY-WRIGHT	14	Basildon Ph	1:14.44.....
51.	Tia EVERITT	13	Chelmsford	1:18.78.....	81.	Aaliyah RICHARDS	15	Bo Waltham F	1:14.31.....
52.	Tabitha KENNEDY	17	Clacton SC	1:18.29.....	82.	Ava WILSON	13	New Hall	1:14.07.....
53.	Emily GRIMWOOD	15	Clacton SC	1:18.18.....	83.	Ella COOMBES	13	Basildon Ph	1:14.00.....
54.	LUCY RAKER	14	Southend	1:18.00.....	84.	Olivia REILLY	17	Chelmsford	1:13.91.....
55.	Amy MILBURN	14	Colchester	1:17.84.....	85.	Ella PEMBERTON	16	Bo Waltham F	1:13.54.....
56.	Eddie NEWELL	14	Brentwood	1:17.61.....	86.	Sophia MOULE	14	Romford Town	1:13.53.....
57.	Isabelle YOUNG	13	Stanway	1:17.45.....	87.	Mia LOWE	14	Basildon Ph	1:13.23.....
58.	Fletcher MAGNUS	15	BorRedbridge	1:17.31.....	88.	Brianna HANSEN-HOARE	14	Harlow Pen	1:13.12.....
59.	Rachel SALE	14	Stanway	1:17.20.....	89.	Ella DAWSON	13	Chelmsford	1:13.03.....
60.	Sophia JARAMILLO-OBCOW	14	Epping For't	1:17.15.....	90.	Anna-Lucia FENNER	15	Basildon Ph	1:12.93.....
61.	Francesca VANN	17	Harlow Pen	1:17.15.....	91.	Kya ANDREOU	17	Harlow Pen	1:12.53.....
62.	Gabrielle CORNISH	13	Colchester	1:17.12.....	92.	Priya DHILLON	15	Bark & Dagen	1:12.33.....
63.	Isobel SANDERS	15	Harlow Pen	1:17.12.....	93.	Mia WARD	16	Thurrock	1:12.21.....
64.	Milly ELLIOTT-YOUNG	16	Brentwood	1:16.85.....	94.	Olivia CHURCH	15	Thurrock	1:12.19.....
65.	Liv MOSS	14	Colchester	1:16.81.....	95.	Robyn QUINCE	17	Runnymede	1:12.12.....
66.	Alana FINN	13	Basildon Ph	1:16.81.....	96.	Sophie JENKINSON	16	Basildon Ph	1:11.43.....
67.	Georgia BLECK	16	Colchester	1:16.75.....	97.	Erin WILKINSON	16	Basildon Ph	1:11.37.....
68.	Constance KENNEDY	15	Romford Town	1:16.38.....	98.	Dina BENIDIR	16	Bo Newham	1:10.92.....
69.	MISTY EREN	15	Harlow Pen	1:16.29.....	99.	Keziah CORNISH	15	Colchester	1:10.84.....
70.	Rebecca COOGAN	13	Romford Town	1:16.25.....	100.	Rebecca JOHNSON	16	DunmowAtlant	1:10.50.....
71.	Amelia MURPHY	14	Chelmsford	1:16.00.....	101.	Alexa MANN	15	Chelmsford	1:09.26.....
72.	Chloe STAINES	15	Chelmsford	1:15.79.....	102.	Greta GODDARD	15	Colchester	1:08.53.....
73.	Isabelle TALBOT	14	Braintree	1:15.60.....	103.	Gracie COMITTI	14	Basildon Ph	1:08.31.....
74.	Daisy PATTERSON	15	Thurrock	1:15.49.....	104.	Molly REDGRAVE	17	Colchester	1:07.95.....
75.	Hannah FLEMING	16	Basildon Ph	1:15.24.....	105.	Evangeline PIERCE	14	Basildon Ph	1:07.67.....
76.	Gracie PARKER	13	Basildon Ph	1:14.70.....	106.	Charley JOYCE	16	Epping For't	1:06.77.....
77.	Eva MURRAY	15	Bo Waltham F	1:14.69.....	107.	Radost MILKOVA	18	Thurrock	1:06.66.....
78.	Marcie ALEY	15	Braintree	1:14.66.....	108.	Grace WALLER	17	Basildon Ph	1:04.32.....

## EVENT 708 Boy 13 Yrs/Over 100m Breaststroke

1.	Michael MANNIX	13	Harlow Pen	1:49.34.....	34.	William FAVER	13	Chelmsford	1:29.00.....
2.	Harry COOPER	13	Bo Southend	1:47.44.....	35.	Brandon WINSLOW	15	Bo Southend	1:28.59.....
3.	Curtis WHEARTY	15	Clacton SC	1:46.46.....	36.	Alan ALEKSEJEVS	15	Bo Newham	1:28.40.....
4.	Jed THWALA	13	Killerwhales	1:44.78.....	37.	Thirushan GUNASILAN	14	Bark & Dagen	1:28.39.....
5.	Toby WOOD	13	Southend	1:44.40.....	38.	Charlie ROGERS	14	Romford Town	1:28.35.....
6.	Lucas ANKUDAVICIUS	13	Thurrock	1:44.22.....	39.	Kacper GOLABEK	13	Bark & Dagen	1:28.26.....
7.	Franklin FARREN	15	Halstead	1:44.01.....	40.	kevin MOGHINA	13	Thurrock	1:27.65.....
8.	Elias AYAD	15	Bo Newham	1:43.29.....	41.	Ernest JUVERDEANU	13	Chelmsford	1:26.84.....
9.	Sean CONNOLLY	13	Epping For't	1:43.00.....	42.	CHRISTOPHER RICHARDSON	16	Bo Waltham F	1:26.67.....
10.	Thomas RICHARDSON	13	Harwich DP	1:42.41.....	43.	Kimonas ZANNIKOS	16	Southend	1:26.47.....
11.	NATHAN SVERDLOFF	15	Southend	1:42.18.....	44.	LIAM HIGGINS	16	Bo Waltham F	1:26.27.....
12.	Jude KIRK	13	Halstead	1:41.75.....	45.	Matthew BALE	44	Halstead	1:25.68.....
13.	Alvin LIU	14	Clacton SC	1:41.70.....	46.	Ayobami AKINDELE	13	Thurrock	1:25.62.....
14.	Hugo GODDARD	13	Colchester	1:41.28.....	47.	Theo MCCALLA	15	Bo Newham	1:25.06.....
15.	OLIVER PUXLEY	13	Saffron Wald	1:40.71.....	48.	Louis ALLEN	13	Basildon Ph	1:24.50.....
16.	Oliver GORE	14	Southend	1:40.49.....	49.	Reece BURNS	13	Witham Dolph	1:24.00.....
17.	Aaron MCKERNAN	14	Bo Newham	1:39.66.....	50.	Harrison BROOK	13	Colchester	1:23.90.....
18.	Luke PEMBERTON	13	Bo Waltham F	1:38.49.....	51.	Corey HARE	15	Colchester	1:23.88.....
19.	Amir ZAHOUANI	13	Bo Waltham F	1:37.79.....	52.	Ben MINISTER	15	Thurrock	1:23.50.....
20.	Louis BROWN	13	Runnymede	1:37.45.....	53.	Samuel HOWARD	14	Romford Town	1:23.37.....
21.	Joseph SILVER	14	Bo Waltham F	1:37.20.....	54.	Clark CHEN	16	Chelmsford	1:23.33.....
22.	Yordan GOLEMDZHIEV	13	Thurrock	1:36.09.....	55.	Thomas UNDERDOWN	14	Braintree	1:23.10.....
23.	Caleb JUDD	13	Romford Town	1:36.03.....	56.	Freddie WESTON	14	Brentwood	1:22.17.....
24.	Elliot WHITEHOUSE	13	Colchester	1:35.13.....	57.	Sebastian COTOROBAI	14	Bo Newham	1:22.02.....
25.	Bertie WARNES	15	DunmowAtlant	1:35.00.....	58.	Jack HATCH	16	Woodham F SC	1:21.76.....
26.	David SHUTOV	15	BorRedbridge	1:34.39.....	59.	Romao CONDE	14	Bo Newham	1:21.25.....
27.	Max HEADLEY	14	Braintree	1:34.31.....	60.	Marco YUEN	14	Romford Town	1:21.10.....
28.	Alistair MIZON	13	Braintree	1:34.12.....	61.	Rhys PANYANDEE	15	Bo Newham	1:21.78.....
29.	Albie NORMAN	15	Runnymede	1:33.23.....	62.	Sami MATLOUB	16	Killerwhales	1:19.70.....
30.	William FROST	13	Basildon Ph	1:30.12.....	63.	Josh WHITE	16	Bark & Dagen	1:19.61.....
31.	Daniel TONU	13	Bark & Dagen	1:29.75.....	64.	Saxon MINTO	13	Basildon Ph	1:19.27.....
32.	Jack READ	15	Runnymede	1:29.31.....	65.	Ethan RYAN	16	Harlow Pen	1:19.09.....
33.	Tom GUTRIDGE	13	Killerwhales	1:29.10.....	66.	Alexander JESSOP	17	Brentwood	1:19.05.....

67.	Oliver MURRAY	17	Braintree	1:19.00.....	85.	Zak TROMAN	14	Colchester	1:13.52.....
68.	Lewis JARRETT	15	Romford Town	1:18.91.....	86.	Raheel MAHMOOD	14	Romford Town	1:13.26.....
69.	Sam LOADER	17	Clacton SC	1:18.24.....	87.	Richard (HARRY)	15	Chelmsford	1:13.16.....
70.	Joshua ATOTILETO	15	Bo Newham	1:18.19.....	88.	Tyler JACKSON	17	Harlow Pen	1:13.15.....
71.	Daniel BOBOYE	14	Thurrock	1:18.02.....	89.	Glennon LEE	15	Harlow Pen	1:12.81.....
72.	Joshua SHEPHERD	13	Thurrock	1:17.80.....	90.	Alfie FRANCIS	16	Colchester	1:12.69.....
73.	Joseph BURNS	15	Witham Dolph	1:17.80.....	91.	Oscar HOWELL	16	Brentwood	1:12.50.....
74.	Isaac FARRUGIA	14	Basildon Ph	1:17.30.....	92.	Jacob STEPHEN	16	Brentwood	1:11.55.....
75.	Harry STAGG	15	Basildon Ph	1:17.00.....	93.	David Ioan NEACSU	13	Bark & Dagen	1:11.47.....
76.	Luke READ	15	Basildon Ph	1:16.92.....	94.	Damon ELLIOTT	17	DunmowAtlant	1:10.56.....
77.	Daniel BELTEKI	15	Saffron Wald	1:16.58.....	95.	Kalaum CORANI	17	Colchester	1:09.65.....
78.	James GOURPINAR	14	Harlow Pen	1:15.98.....	96.	Samuel RENNIE	17	Braintree	1:09.58.....
79.	Danny SCANNELL	15	Bark & Dagen	1:15.80.....	97.	Mark MILBURN	16	Colchester	1:09.27.....
80.	Jacob RAY	14	Basildon Ph	1:15.80.....	98.	Daryl RANDS	24	Colchester	1:09.10.....
81.	Harvey LAST	18	Southend	1:14.88.....	99.	Harrison JARVIS	17	Thurrock	1:08.30.....
82.	Archie PIGOTT	14	Killerwhales	1:14.70.....	100.	Tyler TOMBS	16	Chelmsford	1:07.40.....
83.	Ben STRINGER	16	Romford Town	1:14.60.....	101.	Jack MANSFIELD	19	Harlow Pen	1:07.14.....
84.	colin MOGHINA	16	Thurrock	1:14.45.....					

## SESSION 8

### EVENT 801 Girl 13 Yrs/Over 50m Freestyle

1.	Tiana WILLIAMS-JOHNSON	13	Bo Southend	40.00.....	43.	Ellie KNEVETT	14	Colchester	34.85.....
2.	Lois WILSON	13	Colchester	39.93.....	44.	Isabelle TYE	13	Harwich DP	34.80.....
3.	Olivia FORREST	13	New Hall	39.52.....	45.	Grace PHIMISTER	15	Woodham F SC	34.72.....
4.	Charlotte WRIGHT	13	Canvey Isl	39.41.....	46.	Aimee DUDMAN	14	Killerwhales	34.59.....
5.	Gabrielle WILLIAMS	19	Harwich DP	39.03.....	47.	Menna BEEGAN	13	Harwich DP	34.39.....
6.	Chloe COPLEY	13	Bo Southend	39.00.....	48.	Chloe GALILEE	13	Clacton SC	34.37.....
7.	Kara MCMULLEN	13	Canvey Isl	39.00.....	49.	Sophie HEDGES	14	Southend	34.32.....
8.	lucia FULTON	13	Bark & Dagen	38.75.....	50.	Matilda HOLLINGSWORTH	14	Bo Waltham F	34.30.....
9.	ALEXANDRA OKOLO	13	Bo Southend	38.70.....	51.	Annabelle TULETT	13	Bo Waltham F	34.27.....
10.	Isabelle PLATTEN	13	Clacton SC	38.68.....	52.	Grace BLACK	14	Stanway	34.18.....
11.	Daisy NIVEN	14	Maldon Shark	38.50.....	53.	Aurelia WATERFIELD	13	Brentwood	34.18.....
12.	Jessica FLAVELL	15	Witham Dolph	38.41.....	54.	CHARLOTTE MARSHALL-CHI	13	Bark & Dagen	34.14.....
13.	Kostadina KATSAKIORI	13	Clacton SC	38.26.....	55.	Francesca BAKER	13	Braintree	34.13.....
14.	Anika DUBEY	13	Chelmsford	37.57.....	56.	Emma CARTWRIGHT	47	Bo Waltham F	34.00.....
15.	MADÉLINE JONES	13	Bo Southend	37.12.....	57.	Isabel MORLEY	16	Runnymede	33.98.....
16.	Holly ROGERS	13	Bo Southend	37.05.....	58.	Thalia DEPEZA-GREEN	13	Bo Waltham F	33.86.....
17.	Ruby POND	13	Bo Southend	37.02.....	59.	Ishana THAKKAR	14	Witham Dolph	33.84.....
18.	Keira MARTIN	13	Canvey Isl	37.00.....	60.	Niamh TOBIN	17	Brentwood	33.81.....
19.	Dimana RACHEVETS	13	Romford Town	36.84.....	61.	Rebecca RAMM	13	Witham Dolph	33.77.....
20.	Lily HAYWARD	13	Epping For't	36.82.....	62.	Esme STRINGER	13	Romford Town	33.72.....
21.	Amelie WHELDON	13	Brentwood	36.78.....	63.	Cemre SAHIN	14	BorRedbridge	33.64.....
22.	Alvira KHAN	13	Thurrock	36.38.....	64.	Rae WHEATLEY	13	Bo Southend	33.62.....
23.	Isabel CONNER	13	Runnymede	36.28.....	65.	Emily KAY	15	Halstead	33.49.....
24.	Eydi PUDNEY	13	Runnymede	36.22.....	66.	Chloe KEEGAN	14	Killerwhales	33.46.....
25.	Chloe TANNER	14	Bo Waltham F	36.13.....	67.	Jessie SKELT	13	Braintree	33.43.....
26.	Connie RATLEY	13	Maldon Shark	S9 36.00.....	68.	Emily BONFANTE	13	Bo Newham	33.30.....
27.	Morounfolu (FOLU)	16	Chelmsford	35.88.....	69.	Niamh STEVENSON	13	Killerwhales	33.28.....
28.	Megan VERNON	13	Southend	35.81.....	70.	Sarah MEANWELL	15	Saffron Wald	33.16.....
29.	Rose DENYER	13	Saffron Wald	35.80.....	71.	Olivia SPEDDING	15	Witham Dolph	33.11.....
30.	Tara PERKINS	13	Saffron Wald	35.73.....	72.	Eilidh DYER	14	Homchurch	33.10.....
31.	Freya GORDON	13	Harlow Pen	35.57.....	73.	Ella STEVENSON	15	Killerwhales	33.07.....
32.	Bella VICKERY	13	Southend	35.56.....	74.	Ella KILBY	14	Romford Town	33.06.....
33.	Sophie HEANEY	14	Brentwood	35.35.....	75.	Hannah KARLSSON	14	Colchester	33.01.....
34.	Fearne PEACH	13	Canvey Isl	35.29.....	76.	Alexdrina ROBERTS	16	DunmowAtlant	33.00.....
35.	Isabelle READ	15	Maldon Shark	35.25.....	77.	Verity SEYMOUR	18	Runnymede	32.99.....
36.	Aditi GANTHI	13	Epping For't	35.00.....	78.	Lois JOHNSON	13	Chelmsford	32.93.....
37.	Esmee REEVE	13	Braintree	34.98.....	79.	Arriane LEA	14	Bo Southend	32.93.....
38.	Loma QUINCE	14	Runnymede	34.98.....	80.	Eleni CAIRA	14	Killerwhales	32.93.....
39.	Imogen BARKER	13	Witham Dolph	34.96.....	81.	BONNIE MACMILLAN GRIFF	14	Bo Waltham F	32.86.....
40.	Jodie THOMPSON	13	DunmowAtlant	34.94.....	82.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	32.84.....
41.	Eleanor NEWMAN	14	Harwich DP	34.87.....	83.	Aida MORTER	14	Romford Town	32.83.....
42.	Lucy BYFORD	15	Witham Dolph	34.87.....	84.	Roxanne COKER	13	Thurrock	32.82.....



85.	EvaAlice STEWART	15	DunmowAtlant	32.76.....	150.	SOPHIE ORORKE	14	Chelmsford	30.78.....
86.	Lucy TOMS	15	Clacton SC	32.63.....	151.	Alana FINN	13	Basildon Ph	30.77.....
87.	Liv MOSS	14	Colchester	32.56.....	152.	Cailin WALKER	18	Harlow Pen	30.70.....
88.	Charlotte SPEDDING	13	Witham Dolph	32.47.....	153.	Kitty-May MURRAY	16	Bo Newham	30.70.....
89.	Leah MASON	13	Colchester	32.42.....	154.	Isabelle YOUNG	13	Stanway	30.70.....
90.	Lily BROOKS	15	Brentwood	32.40.....	155.	Amelia MURPHY	14	Chelmsford	30.70.....
91.	Olivia SANDERS	15	Saffron Wald	32.36.....	156.	Ella PEMBERTON	16	Bo Waltham F	30.65.....
92.	Laura KEHRE	13	Canvey Isl	32.35.....	157.	Isobel SANDERS	15	Harlow Pen	30.65.....
93.	Louise WEBSTER	14	Thurrock	32.34.....	158.	Zara CLARKSON	13	DunmowAtlant	30.63.....
94.	Ruby PHILPOTT	13	Chelmsford	32.21.....	159.	Ella COOMBES	13	Basildon Ph	30.61.....
95.	Evangeline GADSDON	15	Killerwhales	32.18.....	160.	MISTY EREN	15	Harlow Pen	30.57.....
96.	Zoe LLOYD-ROSSI	14	DunmowAtlant	32.15.....	161.	Hannah FLEMING	16	Basildon Ph	30.55.....
97.	Francesca VANN	17	Harlow Pen	32.15.....	162.	Rosie O'BOYLE	16	Epping For't	30.54.....
98.	Luisa CAREY	13	DunmowAtlant	32.13.....	163.	Jasmine SHAW	14	Witham Dolph	30.50.....
99.	Holly GADSDON	13	Killerwhales	32.13.....	164.	Evie JAMIESON	15	Harlow Pen	30.49.....
100.	Edie NEWELL	14	Brentwood	32.11.....	165.	Georgia BLECK	16	Colchester	30.44.....
101.	Grace TURNER	14	Clacton SC	32.04.....	166.	Sophia DIGGINS	17	Saffron Wald	30.40.....
102.	Tabitha KENNEDY	17	Clacton SC	32.04.....	167.	Sophie BALL	14	Braintree	30.40.....
103.	Olivia MENDHAM	13	Chelmsford	31.99.....	168.	Amy JOHNSON	15	Colchester	30.39.....
104.	Tierney ROONEY	15	Romford Town	31.96.....	169.	Daisy PATTERSON	15	Thurrock	30.34.....
105.	Daisy RUSSELL	13	DunmowAtlant	31.91.....	170.	innes DUNLOP	17	Saffron Wald	30.25.....
106.	Emily FERREIRA	13	Killerwhales	31.82.....	171.	Julia SWANEPOEL	16	Epping For't	30.22.....
107.	Amy WRIGHT	13	Bo Waltham F	31.80.....	172.	Dina BENIDIR	16	Bo Newham	30.17.....
108.	Eliza WESTCOTT	15	DunmowAtlant	31.80.....	173.	Olivia REILLY	17	Chelmsford	30.16.....
109.	Christine LIU	16	Clacton SC	31.80.....	174.	Rachel SALE	14	Stanway	30.06.....
110.	Milly ELLIOTT-YOUNG	16	Brentwood	31.79.....	175.	Priya DHILLON	15	Bark & Dagen	30.03.....
111.	Evelina KHAN	14	Bo Newham	31.78.....	176.	ELISE DELAPPERALL	15	Thurrock	30.00.....
112.	Niamh MULQUEEN	14	Brentwood	31.77.....	177.	Lucy JESSOP	21	Brentwood	29.98.....
113.	Alice WARD	23	Brentwood	31.71.....	178.	Daisy HANBURY-TRACY	18	Saffron Wald	29.97.....
114.	Gabrielle CORNISH	13	Colchester	31.68.....	179.	Isabel COLLINS	15	Bo Southend	29.90.....
115.	Molly RICHARDSON	15	Harwich DP	31.67.....	180.	Amy ALLISON	16	Bo Waltham F	29.87.....
116.	Tami BANKOLE	14	Thurrock	31.59.....	181.	Sadie ROWE	14	Colchester	29.74.....
117.	Olivia CLARKE	15	Chelmsford	31.56.....	182.	Isabelle MCPHERSON	17	Witham Dolph	29.74.....
118.	Chloe LINNEY	13	Halstead	31.56.....	183.	Sophie JENKINSON	16	Basildon Ph	29.67.....
119.	Mia MACKLIN	13	Braintree	31.53.....	184.	Lexie GOODMAN	14	Basildon Ph	29.60.....
120.	Caitlin MURRAY	16	Thurrock	31.52.....	185.	Ella DAWSON	13	Chelmsford	29.55.....
121.	Ania KIESZKIEWICZ	16	Maldon Shark	31.50.....	186.	Olivia FLETCHER	18	Basildon Ph	29.43.....
122.	Poppy JEFFERY	13	Killerwhales	31.48.....	187.	Ava WILSON	13	New Hall	29.35.....
123.	poppy REED	15	Bo Waltham F	31.46.....	188.	Olivia CHURCH	15	Thurrock	29.33.....
124.	Tahlia HAYLOCK	14	Halstead	31.46.....	189.	Charlotte TREE	17	Colchester	29.29.....
125.	Mia WARD	16	Thurrock	31.45.....	190.	Robyn QUINCE	17	Runnymede	29.28.....
126.	Sophia JARAMILLO-OBCOW	14	Epping For't	31.38.....	191.	Rebecca JOHNSON	16	DunmowAtlant	29.20.....
127.	Jasmine BALE	15	Halstead	31.32.....	192.	Oluwapelumi SALU	13	Bo Newham	29.19.....
128.	Ella LINNEY	14	Halstead	31.32.....	193.	Ciara MCAULEY	16	Saffron Wald	29.18.....
129.	Sarah CROWSON	22	Harwich DP	31.31.....	194.	Zoe CLEGG	18	Colchester	29.17.....
130.	Emily GRIMWOOD	15	Clacton SC	31.28.....	195.	Zyss HANNAH	16	Basildon Ph	29.15.....
131.	Fletcher MAGNUS	15	BorRedbridge	31.25.....	196.	Junayna AHMED	18	Romford Town	29.05.....
132.	Mia LAWRENCE	17	Clacton SC	31.23.....	197.	Keziah CORNISH	15	Colchester	28.95.....
133.	Isabelle TALBOT	14	Braintree	31.22.....	198.	Gracie PARKER	13	Basildon Ph	28.94.....
134.	Laura HIPPERSON	16	Hornchurch	31.21.....	199.	Niamh WAINWRIGHT	18	Chelmsford	28.90.....
135.	Chloe MARTIN	16	Harlow Pen	31.16.....	200.	Anna-Lucia FENNER	15	Basildon Ph	28.84.....
136.	Caitlin VERNON	17	Southend	31.15.....	201.	Erin WILKINSON	16	Basildon Ph	28.67.....
137.	Jennifer RIDDLE	18	Thurrock	31.09.....	202.	Sophie TAYLOR	18	DunmowAtlant	28.58.....
138.	Mary GILL	16	Maldon Shark	31.09.....	203.	Bryony EDGINGS	16	Thurrock	28.57.....
139.	Stephanie PAGAN	16	Bo Waltham F	31.04.....	204.	Ciara WOOKEY	17	Colchester	28.44.....
140.	Zoe BARNARD	16	Basildon Ph	31.03.....	205.	Erika PASAKINSKAITE	15	Bark & Dagen	28.44.....
141.	Aislin FOLEY-WRIGHT	14	Basildon Ph	31.02.....	206.	Charlotte GILL	16	Basildon Ph	28.38.....
142.	Alice FEARN	13	DunmowAtlant	31.02.....	207.	Eva MURRAY	15	Bo Waltham F	28.36.....
143.	Sophia HALL	14	Killerwhales	31.00.....	208.	Gracie COMITTI	14	Basildon Ph	28.30.....
144.	Madeleine MCCORMACK	19	Romford Town	31.00.....	209.	Sophia MOULE	14	Romford Town	28.22.....
145.	Constance KENNEDY	15	Romford Town	30.97.....	210.	Alexa MANN	15	Chelmsford	28.12.....
146.	Bella STEADMAN	13	Killerwhales	30.90.....	211.	Greta GODDARD	15	Colchester	28.12.....
147.	Marcie ALEY	15	Braintree	30.90.....	212.	Teegan RAYNER	16	Witham Dolph	27.72.....
148.	Brianna HANSEN-HOARE	14	Harlow Pen	30.88.....	213.	Charley JOYCE	16	Epping For't	27.70.....
149.	Tia EVERITT	13	Chelmsford	30.82.....	214.	Grace WALLER	17	Basildon Ph	27.33.....

215. Skye CARTER	14	Basildon Ph	26.66.....	217. May BRADBURN	17	Basildon Ph	26.00.....
216. Rianna SMITH	23	Basildon Ph	26.50.....				

## EVENT 802 Boy 13 Yrs/Over 50m Butterfly

1. George STACEY	13	Bo Southend	46.72.....	62. Ryan SHAW	16	Witham Dolph	34.91.....
2. Amir WILSON	13	Bo Newham	45.95.....	63. Thirushan GUNASILAN	14	Bark & Dagen	34.91.....
3. Ryan LONG	15	Bo Southend	43.65.....	64. Zandro SANAO	13	Thurrock	34.69.....
4. Jake WYDELL	13	Maldon Shark	43.12.....	65. Elliot WHITEHOUSE	13	Colchester	34.66.....
5. Louis BROWN	13	Runnymede	42.84.....	66. Oliver MURRAY	17	Braintree	34.59.....
6. Yordan GOLEMDZHIEV	13	Thurrock	42.60.....	67. Kimonas ZANNIKOS	16	Southend	34.53.....
7. Sina POURKOMAILIAN	15	Epping For't	41.89.....	68. Ernest JUVERDEANU	13	Chelmsford	34.48.....
8. Keelan BARNETT	14	Colchester	41.65.....	69. Maximilian DOOLEY	15	Romford Town	34.44.....
9. Leo EASTER	14	Runnymede	41.48.....	70. Daniel HALL	17	Hornchurch	34.40.....
10. Armandas MAVROPULO	13	Bo Waltham F	41.44.....	71. Antoine ROUYER-BROWN	16	Runnymede	34.40.....
11. Elias AYAD	15	Bo Newham	41.40.....	72. Aaron MOLYNEUX	14	Saffron Wald	34.25.....
12. Thomas WEBSTER	13	Maldon Shark	41.06.....	73. Josh HUTCHINSON	14	Harlow Pen	34.19.....
13. Jude KIRK	13	Halstead	40.38.....	74. Romao CONDE	14	Bo Newham	34.10.....
14. Theo MCCALLA	15	Bo Newham	39.91.....	75. Matthew PACK	16	Braintree	34.07.....
15. Jack READ	15	Runnymede	39.78.....	76. Daniel TAHMISYAN	13	Bark & Dagen	33.96.....
16. Oliver GORE	14	Southend	38.97.....	77. Evan MCQUADE	13	DunmowAtlant	33.60.....
17. Hugo GODDARD	13	Colchester	38.94.....	78. Oliver SMITH	14	Basildon Ph	33.59.....
18. Charlie BRYANT	15	Witham Dolph	38.54.....	79. Oilly HUTCHINSON	14	Harlow Pen	33.50.....
19. Leo FLOOD	13	Bo Waltham F	38.34.....	80. kevin MOGHINA	13	Thurrock	33.50.....
20. James KNATCHBULL	14	Brentwood	38.31.....	81. Clark CHEN	16	Chelmsford	33.40.....
21. David SHUTOV	15	BoRedbridge	38.22.....	82. Freddie GRAY	16	Brentwood	33.26.....
22. Connor JARRETT	13	Romford Town	38.19.....	83. Sam LOADER	17	Clacton SC	33.15.....
23. Cayden SHANAHAN	13	Killerwhales	37.95.....	84. Sami BENIDIR	14	Bo Newham	33.12.....
24. James SWANN	14	Basildon Ph	37.95.....	85. Joshua OWEN	16	Runnymede	33.00.....
25. Jack BANNING	14	Harlow Pen	37.83.....	86. Jacob ROBINSON	16	Killerwhales	32.90.....
26. Michael MANNIX	13	Harlow Pen	37.78.....	87. Harrison BROOK	13	Colchester	32.90.....
27. Aaron MCKERNAN	14	Bo Newham	37.63.....	88. Daniel HYDE	13	Bark & Dagen	32.88.....
28. Tom GUTRIDGE	13	Killerwhales	37.61.....	89. tyrone OJUKWU	14	Bark & Dagen	32.82.....
29. Coby WILSON	14	Runnymede	37.54.....	90. Calum DIGBY	15	Braintree	32.78.....
30. Bertie WARNES	15	DunmowAtlant	37.47.....	91. Presley FLEMING	15	Canvey Isl	32.78.....
31. Jensen LARTHE	14	Southend	37.34.....	92. Simon FEISE	14	Basildon Ph	32.74.....
32. Daniel ZAVARUHINS	15	Bo Waltham F	37.25.....	93. Robert FENNER	13	Basildon Ph	32.70.....
33. William FAVER	13	Chelmsford	37.15.....	94. Alan ALEKSEJEVS	15	Bo Newham	32.68.....
34. Reece BURNS	13	Witham Dolph	37.06.....	95. David Ioan NEACSU	13	Bark & Dagen	32.63.....
35. Louis LAZARUS	15	Epping For't	37.00.....	96. Aleksandr PLATONOV	15	Bo Newham	32.56.....
36. Charlie ROGERS	14	Romford Town	37.00.....	97. Ruben MCLAUGHLIN	17	Saffron Wald	32.52.....
37. Daniel TONU	13	Bark & Dagen	36.83.....	98. Massimo GIROLAMI	13	Colchester	32.50.....
38. Ryan DOOLEY	14	Romford Town	36.80.....	99. Ayobami AKINDELE	13	Thurrock	32.42.....
39. Lee BOKA	13	Brentwood	36.70.....	100. Brandon WINSLOW	15	Bo Southend	32.38.....
40. Benjamin WATLEY	14	Witham Dolph	36.67.....	101. Thomas DEAN	16	Bo Southend	32.35.....
41. Samuel HOWARD	14	Romford Town	36.62.....	102. Alexander MUNDEN	15	Bo Newham	32.30.....
42. Daniel THOMPSON	14	Thurrock	36.55.....	103. Sebastian COTOROBAI	14	Bo Newham	32.25.....
43. Max HEADLEY	14	Braintree	36.45.....	104. Thomas MEDHURST	18	Epping For't	32.19.....
44. Ethan RYAN	16	Harlow Pen	36.44.....	105. Corey HARE	15	Colchester	32.08.....
45. Jamie BENJAMIN	15	Woodham F SC	36.34.....	106. Sami MATLOUB	16	Killerwhales	32.06.....
46. NATHAN SVERDLOFF	15	Southend	36.30.....	107. Elliot WAGLAND	16	Clacton SC	32.04.....
47. Alvin LIU	14	Clacton SC	36.10.....	108. Finley PETTS	14	Braintree	32.00.....
48. Alexander IVANOV	13	Romford Town	35.97.....	109. Marco YUEN	14	Romford Town	31.90.....
49. Alexander BELL	14	Woodham F SC	35.94.....	110. Alex KYLE	14	Stanway	31.88.....
50. Dillon BRECHT	14	Romford Town	35.90.....	111. Zain KADHIM	15	Killerwhales	31.87.....
51. Jack HATCH	16	Woodham F SC	35.87.....	112. Lewis JARRETT	15	Romford Town	31.87.....
52. Church GEORGE	14	Thurrock	35.77.....	113. Thomas DUDMAN	17	Killerwhales	31.77.....
53. Harry COOPER	13	Bo Southend	35.77.....	114. Saxon MINTO	13	Basildon Ph	31.75.....
54. Joseph SILVER	14	Bo Waltham F	35.50.....	115. Rhys PANYANDEE	15	Bo Newham	31.72.....
55. Aidan WOOD	15	Thurrock	35.45.....	116. Alexander JESSOP	17	Brentwood	31.62.....
56. Jacob RAY	14	Basildon Ph	35.40.....	117. Luke READ	15	Basildon Ph	31.59.....
57. Albert ORLEY	13	Braintree	35.35.....	118. Freddie GARDNER	15	Bo Southend	31.55.....
58. Thomas SKERRY	13	New Hall	35.32.....	119. Louis ALLEN	13	Basildon Ph	31.51.....
59. Leo WALTERS	14	Runnymede	35.30.....	120. Richard (HARRY)	15	Chelmsford	31.45.....
60. Freddie WESTON	14	Brentwood	35.29.....	121. Dawid GOLABEK	16	Bark & Dagen	31.29.....
61. Noah SAGGERS	15	Killerwhales	35.07.....	122. Kevin MOLDOVAN	14	Harlow Pen	31.16.....

123. Tom STEADMAN	15	Killerwhales	31.06.....	150. Colin PEDEN	15	Saffron Wald	29.10.....
124. Samuel WALSH	15	Witham Dolph	31.03.....	151. Raheel MAHMOOD	14	Romford Town	28.97.....
125. Harry RICHARDSON	17	Southend	30.94.....	152. Jimmy TAYLOR	17	Thurrock	28.69.....
126. Mohammed Aman HOSSAIN	13	Bark & Dagen	30.89.....	153. Tyler TOMBS	16	Chelmsford	28.60.....
127. Sandijs CECINS	14	Colchester	30.80.....	154. Alfie FRANCIS	16	Colchester	28.35.....
128. Daniel BELTEKI	15	Saffron Wald	30.77.....	155. Harvey LAST	18	Southend	28.23.....
129. Justinas KAZLAUSKAS	15	Bark & Dagen	30.58.....	156. Jacob STEPHEN	16	Brentwood	28.22.....
130. Denis DRELEV	15	Romford Town	30.56.....	157. Joshua ATOTILETO	15	Bo Newham	28.22.....
131. Ben PALMER	17	Hornchurch	30.50.....	158. Nikita CHARYKIN	15	Thurrock	28.20.....
132. Thomas CHITTOCK	14	Bo Waltham F	30.44.....	159. Joshua SHEPHERD	13	Thurrock	28.20.....
133. Joe POWER	14	Basildon Ph	30.20.....	160. Kurt SALAZAR	16	Bo Newham	28.16.....
134. Sean CONNOLLY	13	Epping For't	30.00.....	161. Tyler JACKSON	17	Harlow Pen	28.10.....
135. Rory WILDE	14	Chelmsford	30.00.....	162. Luke HOLMAN	19	Thurrock	28.03.....
136. Daniel PARKER	15	Braintree	29.90.....	163. Georgi RAYKIN	16	Bo Newham	28.02.....
137. Ismail AYAD	17	Bo Newham	29.81.....	164. Zak TROMAN	14	Colchester	28.00.....
138. Ben STRINGER	16	Romford Town	29.80.....	165. Daniel MONK	17	Harlow Pen	27.92.....
139. Nathan BANGA	18	Bark & Dagen	29.66.....	166. Kalaum CORANI	17	Colchester	27.60.....
140. James BAKER	14	Brentwood	29.54.....	167. Joshua EGUAKHIDE	18	Romford Town	27.60.....
141. Antonio GIROLAMI	16	Colchester	29.54.....	168. Allen MASON	15	Basildon Ph	27.53.....
142. Ellis MCQUADE	15	DunmowAtlant	29.53.....	169. Daryl RANDS	24	Colchester	27.50.....
143. Daniel BOBOYE	14	Thurrock	29.50.....	170. Maddox ROBERTS	15	Witham Dolph	27.34.....
144. Harley WEST	17	Basildon Ph	29.42.....	171. Jenson HURRELL	16	Thurrock	27.20.....
145. Jack CACI	15	Romford Town	29.40.....	172. Henry DEAN	15	Thurrock	27.19.....
146. Keelan GOSNEY	17	Chelmsford	29.30.....	173. James SPEERS	18	Basildon Ph	27.14.....
147. Isaac FARRUGIA	14	Basildon Ph	29.29.....	174. Jack SKERRY	17	New Hall	26.87.....
148. Rio ROGERS	17	Basildon Ph	S14 29.28.....	175. Damon ELLIOTT	17	DunmowAtlant	26.00.....
149. Harry STAGG	15	Basildon Ph	29.20.....	176. Daniel GENCAS	18	Bark & Dagen	25.90.....

## EVENT 803 Girl 13 Yrs/Over 200m IM

1. Freya GORDON	13	Harlow Pen	3:16.83.....	30. Rachel SALE	14	Stanway	2:47.40.....
2. Lily HAYWARD	13	Epping For't	3:14.48.....	31. Sophia JARAMILLO-OBCOW	14	Epping For't	2:47.09.....
3. Alexdrina ROBERTS	16	DunmowAtlant	3:10.11.....	32. Ella PEMBERTON	16	Bo Waltham F	2:46.15.....
4. Poppy JEFFERY	13	Killerwhales	3:09.88.....	33. Fletcher MAGNUS	15	BorRedbridge	2:46.00.....
5. Emily BONFANTE	13	Bo Newham	3:05.13.....	34. Saule BRANKEVICIUTE	13	Bark & Dagen	2:45.75.....
6. Aleksandra OSTYNOWICZ	13	Bo Waltham F	3:02.52.....	35. Teegan RAYNER	16	Witham Dolph	2:44.83.....
7. Jorja SAMPSON	15	Braintree	3:00.00.....	36. Eva MURRAY	15	Bo Waltham F	2:44.45.....
8. Roxanne COKER	13	Thurrock	2:58.88.....	37. Julia SWANEPOEL	16	Epping For't	2:44.28.....
9. Esme STRINGER	13	Romford Town	2:58.03.....	38. SOPHIE ORORKE	14	Chelmsford	2:43.24.....
10. Tia EVERITT	13	Chelmsford	2:57.10.....	39. Evie JAMIESON	15	Harlow Pen	2:42.01.....
11. Kitty-May MURRAY	16	Bo Newham	2:56.29.....	40. Amy JOHNSON	15	Colchester	2:40.73.....
12. Arriane LEA	14	Bo Southend	2:56.06.....	41. Ava WILSON	13	New Hall	2:40.20.....
13. Megan MCLAWRENCE	16	BorRedbridge	2:55.87.....	42. Zoe BARNARD	16	Basildon Ph	2:38.00.....
14. Zoe PASEK	14	Bo Waltham F	2:55.51.....	43. Keziah CORNISH	15	Colchester	2:37.18.....
15. Aida MORTER	14	Romford Town	2:55.24.....	44. Rebecca JOHNSON	16	DunmowAtlant	2:37.07.....
16. Oluwapelumi SALU	13	Bo Newham	2:54.40.....	45. Charley JOYCE	16	Epping For't	2:36.71.....
17. LUCY RAKER	14	Southend	2:53.40.....	46. Mia LOWE	14	Basildon Ph	2:36.46.....
18. Lucy TOMS	15	Clacton SC	2:52.46.....	47. Dina BENIDIR	16	Bo Newham	2:36.39.....
19. Isabel COLLINS	15	Bo Southend	2:51.84.....	48. Alexa MANN	15	Chelmsford	2:36.34.....
20. Mia TANANEEVA	13	Bark & Dagen	2:51.53.....	49. ELISE DELAPPERALL	15	Thurrock	2:35.59.....
21. Gabrielle CORNISH	13	Colchester	2:50.58.....	50. Charlotte TREE	17	Colchester	2:32.34.....
22. Caitlin MURRAY	16	Thurrock	2:50.30.....	51. Monika MURINE	14	Bark & Dagen	2:31.80.....
23. Kesia CREES	13	Basildon Ph	2:50.01.....	52. Cait COTTER	14	Chelmsford	2:31.70.....
24. Rebecca COOGAN	13	Romford Town	2:49.81.....	53. Molly REDGRAVE	17	Colchester	2:31.65.....
25. Marcie ALEY	15	Braintree	2:49.76.....	54. Aaliyah RICHARDS	15	Bo Waltham F	2:31.30.....
26. Maisie WILLIAMS	14	Canvey Isl	2:49.68.....	55. Francesca KEY	16	Thurrock	2:30.62.....
27. Amelia MURPHY	14	Chelmsford	2:49.10.....	56. Isabelle JOPSON	18	Romford Town	2:29.74.....
28. Maisie MUFFETT	16	Epping For't	2:48.70.....	57. Gracie COMITTI	14	Basildon Ph	2:28.98.....
29. Sophie BALL	14	Braintree	2:48.50.....	58. Skye CARTER	14	Basildon Ph	2:27.16.....

## EVENT 804 Boy 13 Yrs/Over 100m Freestyle

1.	Samuel WHEARTY	19	Clacton SC	S8 1:23.17.....	65.	Josh HUTCHINSON	14	Harlow Pen	1:04.65.....
2.	Amir ZAHOUANI	13	Bo Waltham F	1:16.68.....	66.	Tom STEADMAN	15	Killerwhales	1:04.50.....
3.	Ben PROPHET	13	Runnymede	1:16.52.....	67.	Clark CHEN	16	Chelmsford	1:04.48.....
4.	Luke PEMBERTON	13	Bo Waltham F	1:16.10.....	68.	Dawid GOLABEK	16	Bark & Dagen	1:04.48.....
5.	Jude KIRK	13	Halstead	1:15.65.....	69.	tyrone OJUKWU	14	Bark & Dagen	1:04.19.....
6.	Louis BROWN	13	Runnymede	1:15.65.....	70.	Sami MATLOUB	16	Killerwhales	1:04.13.....
7.	Toby WOOD	13	Southend	1:15.60.....	71.	Albert ORLEY	13	Braintree	1:04.10.....
8.	Ethan LEWIS	13	New Hall	1:15.32.....	72.	Sebastian COTOROBAI	14	Bo Newham	1:03.97.....
9.	William FAVER	13	Chelmsford	1:14.17.....	73.	Thomas DEAN	16	Bo Southend	1:03.87.....
10.	Gabriel HAMPTON-ZABOTT	13	Killerwhales	1:13.86.....	74.	Daniel HYDE	13	Bark & Dagen	1:03.51.....
11.	Kiril STAMENOV	16	Bo Newham	1:12.97.....	75.	Aleksandr PLATONOV	15	Bo Newham	1:03.50.....
12.	Cayden SHANAHAN	13	Killerwhales	1:12.77.....	76.	Oily HUTCHINSON	14	Harlow Pen	1:03.43.....
13.	Thomas RICHARDSON	13	Harwich DP	1:12.66.....	77.	Ruben MCLAUGHLIN	17	Saffron Wald	1:03.29.....
14.	Harry MIDDLETON	13	New Hall	1:11.31.....	78.	Matthew RIDDLE	16	Thurrock	1:03.06.....
15.	Harrison BROOK	13	Colchester	1:11.07.....	79.	Sean CONNOLLY	13	Epping For't	1:03.00.....
16.	Aaron MCKERNAN	14	Bo Newham	1:11.06.....	80.	Ben PALMER	17	Hornchurch	1:03.00.....
17.	Louis LAZARUS	15	Epping For't	1:11.00.....	81.	kevin MOGHINA	13	Thurrock	1:02.91.....
18.	Tom GUTRIDGE	13	Killerwhales	1:10.96.....	82.	Freddie GARDNER	15	Bo Southend	1:02.90.....
19.	Lee BOKA	13	Brentwood	1:10.89.....	83.	Joshua OWEN	16	Runnymede	1:02.77.....
20.	Antoine ROUYER-BROWN	16	Runnymede	1:10.82.....	84.	CHRISTOPHER RICHARDSON	16	Bo Waltham F	1:02.69.....
21.	Jack FRIEDLEIN	13	Maldon Shark	1:10.77.....	85.	Kevin MOLDOVAN	14	Harlow Pen	1:02.47.....
22.	Church GEORGE	14	Thurrock	1:10.68.....	86.	Daniel BOBOYE	14	Thurrock	1:02.40.....
23.	Noah SAGGERS	15	Killerwhales	1:10.38.....	87.	Daniel HALL	17	Hornchurch	1:02.30.....
24.	Elias AYAD	15	Bo Newham	1:10.38.....	88.	Calum DIGBY	15	Braintree	1:01.91.....
25.	Harry COOPER	13	Bo Southend	1:10.35.....	89.	Thomas MEDHURST	18	Epping For't	1:01.59.....
26.	Ernest JUVERDEANU	13	Chelmsford	1:10.30.....	90.	Jacob ROBINSON	16	Killerwhales	1:01.07.....
27.	David SHUTOV	15	BorRedbridge	1:09.81.....	91.	James BAKER	14	Brentwood	1:01.00.....
28.	Theo MCCALLA	15	Bo Newham	1:09.56.....	92.	Denis DRELEV	15	Romford Town	1:00.97.....
29.	Aaron MOLYNEUX	14	Saffron Wald	1:09.40.....	93.	Rory WILDE	14	Chelmsford	1:00.90.....
30.	Ryan DOOLEY	14	Romford Town	1:08.85.....	94.	Ben STRINGER	16	Romford Town	1:00.81.....
31.	Ayobami AKINDELE	13	Thurrock	1:08.73.....	95.	Samuel RENNIE	17	Braintree	1:00.75.....
32.	Daniel THOMPSON	14	Thurrock	1:08.62.....	96.	Evam MCQUADE	13	DunmowAtlant	1:00.57.....
33.	Joseph SILVER	14	Bo Waltham F	1:08.62.....	97.	Harry RICHARDSON	17	Southend	1:00.51.....
34.	Oliver MURRAY	17	Braintree	1:08.41.....	98.	Ellis MCQUADE	15	DunmowAtlant	1:00.27.....
35.	ADEMOLA OSHOWOLE	13	Thurrock	1:08.09.....	99.	Hadi KHAIRUL	15	Bo Newham	1:00.15.....
36.	Daniel TONU	13	Bark & Dagen	1:07.77.....	100.	Joshua SHEPHERD	13	Thurrock	1:00.10.....
37.	Theo BARI	13	Saffron Wald	1:07.73.....	101.	Archie PIGOTT	14	Killerwhales	1:00.00.....
38.	Alex KYLE	14	Stanway	1:07.65.....	102.	Sandijs CECINS	14	Colchester	59.94.....
39.	Dillon BRECHT	14	Romford Town	1:07.30.....	103.	Thomas CHITTOCK	14	Bo Waltham F	59.90.....
40.	Alexander MUNDEN	15	Bo Newham	1:07.25.....	104.	Roan BRENNAN	15	Basildon Ph	S9 59.90.....
41.	Freddie GRAY	16	Brentwood	1:07.16.....	105.	Samuel WALSH	15	Witham Dolph	59.55.....
42.	Benjamin WATLEY	14	Witham Dolph	1:07.14.....	106.	Henry DEAN	15	Thurrock	59.52.....
43.	Kieran STERRY	14	Basildon Ph	1:07.10.....	107.	Raheel MAHMOOD	14	Romford Town	59.44.....
44.	James SWANN	14	Basildon Ph	1:06.91.....	108.	Jack CACI	15	Romford Town	59.40.....
45.	Remi-Maysen KEANE	13	Bo Southend	1:06.60.....	109.	Rio ROGERS	17	Basildon Ph	S14 59.33.....
46.	Rhys PANYANDEE	15	Bo Newham	1:06.50.....	110.	Justinas KAZLAUSKAS	15	Bark & Dagen	59.20.....
47.	Luke READ	15	Basildon Ph	1:06.38.....	111.	Lewis ARCHER	24	Halstead	58.95.....
48.	Jamie HARTNUP	15	Braintree	1:06.37.....	112.	Louis LANE	16	Basildon Ph	58.88.....
49.	Joseph BURNS	15	Witham Dolph	1:06.28.....	113.	Daniel LEWIS	15	New Hall	58.74.....
50.	Oscar LAWRENCE	13	New Hall	1:06.17.....	114.	Joe POWER	14	Basildon Ph	58.50.....
51.	Romao CONDE	14	Bo Newham	1:06.16.....	115.	Harley WEST	17	Basildon Ph	58.45.....
52.	Thirushan GUNASILAN	14	Bark & Dagen	1:05.55.....	116.	Colin PEDEN	15	Saffron Wald	58.30.....
53.	Ethan RYAN	16	Harlow Pen	1:05.43.....	117.	Ismail AYAD	17	Bo Newham	58.18.....
54.	Mohammed Aman HOSSAIN	13	Bark & Dagen	1:05.39.....	118.	George WALLACE	16	Colchester	58.16.....
55.	Maximilian DOOLEY	15	Romford Town	1:05.37.....	119.	Keelan GOSNEY	17	Chelmsford	58.15.....
56.	Brandon WINSLOW	15	Bo Southend	1:05.33.....	120.	Thomas BALE	16	Halstead	58.13.....
57.	Elliot WHITEHOUSE	13	Colchester	1:05.28.....	121.	Connor MCCARTHY	16	Romford Town	58.09.....
58.	Matthew PACK	16	Braintree	1:05.27.....	122.	Daniel PARKER	15	Braintree	58.00.....
59.	Simon FEISE	14	Basildon Ph	1:05.27.....	123.	Isaac FARRUGIA	14	Basildon Ph	57.69.....
60.	Robert FENNER	13	Basildon Ph	1:05.10.....	124.	Thomas DUDMAN	17	Killerwhales	57.63.....
61.	Alan ALEKSEJEVS	15	Bo Newham	1:04.94.....	125.	colin MOGHINA	16	Thurrock	57.56.....
62.	Elliot WAGLAND	16	Clacton SC	1:04.87.....	126.	Kalaum CORANI	17	Colchester	57.50.....
63.	Zain KADHIM	15	Killerwhales	1:04.81.....	127.	James GOURPINAR	14	Harlow Pen	57.48.....
64.	Corey HARE	15	Colchester	1:04.69.....	128.	Jacob KITCHING	16	Chelmsford	57.20.....

129. Jacob STEPHEN	16	Brentwood	57.15.....	142. Ethan MARTIN	16	Thurrock	55.60.....
130. Joshua EGUAKHIDE	18	Romford Town	57.08.....	143. Maddox ROBERTS	15	Witham Dolph	55.30.....
131. Alfie FRANCIS	16	Colchester	57.05.....	144. Jude HILLS	16	Thurrock	55.15.....
132. Jimmy TAYLOR	17	Thurrock	56.90.....	145. Aaron WILSON	19	Bark & Dagen	55.04.....
133. Georgi RAYKIN	16	Bo Newham	56.88.....	146. Nathan BANGA	18	Bark & Dagen	54.20.....
134. Angus ROBERTSON	17	Brentwood	56.80.....	147. Kai ADAMS	25	Halstead	53.51.....
135. Zak TROMAN	14	Colchester	56.60.....	148. Jack SKERRY	17	New Hall	53.46.....
136. Mark MILBURN	16	Colchester	56.29.....	149. Damon ELLIOTT	17	DunmowAtlant	53.40.....
137. Allen MASON	15	Basildon Ph	56.27.....	150. James SPEERS	18	Basildon Ph	52.34.....
138. David Ioan NEACSU	13	Bark & Dagen	56.20.....	151. Daniel GENCAS	18	Bark & Dagen	51.84.....
139. Max ARNOLD	15	Harlow Pen	55.95.....				
140. Tyler JACKSON	17	Harlow Pen	55.75.....				
141. Daryl RANDS	24	Colchester	55.70.....				

## EVENT 805 Girl 13 Yrs/Over 100m Butterfly

1. Chloe COPLEY	13	Bo Southend	1:50.00.....	35. Eliza SWANEPOEL	13	Epping For't	1:19.17.....
2. Eloise KILLICK	14	Romford Town	1:47.34.....	36. Kathryn EDWARDS	14	Braintree	1:18.84.....
3. Fearne PEACH	13	Canvey Isl	1:45.41.....	37. Tami BANKOLE	14	Thurrock	1:18.83.....
4. Francesca BAKER	13	Braintree	1:41.90.....	38. Maisie WILLIAMS	14	Canvey Isl	1:18.72.....
5. Lucy BYFORD	15	Witham Dolph	1:40.44.....	39. Aislin FOLEY-WRIGHT	14	Basildon Ph	1:18.54.....
6. Freya GORDON	13	Harlow Pen	1:38.87.....	40. Mia LAWRENCE	17	Clacton SC	1:17.94.....
7. Alexdrina ROBERTS	16	DunmowAtlant	1:37.92.....	41. Ella DAWSON	13	Chelmsford	1:17.21.....
8. Emily FERREIRA	13	Killerwhales	1:35.82.....	42. Louise WEBSTER	14	Thurrock	1:16.51.....
9. Connie RATLEY	13	Maldon Shark	S9 1:35.10.....	43. Fletcher MAGNUS	15	BorRedbridge	1:16.35.....
10. Ruby POND	13	Bo Southend	1:35.00.....	44. Chloe KEEGAN	14	Killerwhales	1:14.99.....
11. Aurelia WATERFIELD	13	Brentwood	1:34.88.....	45. Sophia MOULE	14	Romford Town	1:14.90.....
12. Eleanor NEWMAN	14	Harwich DP	1:33.48.....	46. Isabel COLLINS	15	Bo Southend	1:14.77.....
13. Lily HAYWARD	13	Epping For't	1:31.55.....	47. Amy ALLISON	16	Bo Waltham F	1:13.92.....
14. Scarlett HULBERT	14	Southend	1:31.26.....	48. Lexie GOODMAN	14	Basildon Ph	1:13.30.....
15. Annabelle TULETT	13	Bo Waltham F	1:30.62.....	49. Niamh WAINWRIGHT	18	Chelmsford	1:13.11.....
16. Tia EVERITT	13	Chelmsford	1:28.25.....	50. Dina BENIDIR	16	Bo Newham	1:12.47.....
17. Zoe PASEK	14	Bo Waltham F	1:26.35.....	51. Molly GRIEVE	16	Colchester	1:12.22.....
18. Lucy TOMS	15	Clacton SC	1:25.55.....	52. Ciara MCAULEY	16	Saffron Wald	1:11.95.....
19. Amy WRIGHT	13	Bo Waltham F	1:25.50.....	53. Hollie HAWKINS	14	Basildon Ph	1:11.75.....
20. Tara PERKINS	13	Saffron Wald	1:25.28.....	54. Tierney ROONEY	15	Romford Town	1:11.70.....
21. Edie NEWELL	14	Brentwood	1:24.81.....	55. Molly REDGRAVE	17	Colchester	1:11.68.....
22. Megan MCLAWRENCE	16	BorRedbridge	1:24.19.....	56. Junayna AHMED	18	Romford Town	1:10.22.....
23. Eleni CAIRA	14	Killerwhales	1:23.61.....	57. Greta GODDARD	15	Colchester	1:10.12.....
24. Emily BONFANTE	13	Bo Newham	1:23.09.....	58. Zyss HANNAH	16	Basildon Ph	1:09.82.....
25. Jorja SAMPSON	15	Braintree	1:22.97.....	59. Cait COTTER	14	Chelmsford	1:09.70.....
26. Oluwapelumi SALU	13	Bo Newham	1:22.91.....	60. ELISE DELAPPERALL	15	Thurrock	1:09.60.....
27. Grace TURNER	14	Clacton SC	1:22.68.....	61. Stephanie PAGAN	16	Bo Waltham F	1:09.26.....
28. Ella KILBY	14	Romford Town	1:21.31.....	62. Olivia CHURCH	15	Thurrock	1:08.37.....
29. Liv MOSS	14	Colchester	1:21.05.....	63. Isabelle JOPSON	18	Romford Town	1:07.93.....
30. olivia PERRIN	14	Harlow Pen	1:21.04.....	64. Erika PASAKINSKAITE	15	Bark & Dagen	1:06.67.....
31. Amelia MURPHY	14	Chelmsford	1:20.80.....	65. Skye CARTER	14	Basildon Ph	1:06.04.....
32. Emily GRIMWOOD	15	Clacton SC	1:20.79.....	66. Ciara WOOKEY	17	Colchester	1:05.52.....
33. Caitlin MURRAY	16	Thurrock	1:19.40.....	67. May BRADBURN	17	Basildon Ph	1:00.30.....
34. Mia MACKLIN	13	Braintree	1:19.30.....				

## EVENT 806 Boy 13 Yrs/Over 200m Backstroke

1.	Luke PEMBERTON	13	Bo Waltham F	3:10.82.....	31.	Louis ALLEN	13	Basildon Ph	2:35.10.....
2.	oliver CLARK	13	Maldon Shark	3:10.44.....	32.	Harry ROBINSON	17	Bark & Dagen	2:34.91.....
3.	Caleb JUDD	13	Romford Town	3:08.70.....	33.	Mohammed Aman HOSSAIN	13	Bark & Dagen	2:34.56.....
4.	Daniel ZAVARUHINS	15	Bo Waltham F	3:07.25.....	34.	CHRISTOPHER RICHARDSON	16	Bo Waltham F	2:34.29.....
5.	Amir ZAHOUANI	13	Bo Waltham F	3:00.34.....	35.	Albert ORLEY	13	Braintree	2:33.57.....
6.	Charlie BRYANT	15	Witham Dolph	2:57.35.....	36.	Jamie HARTNUP	15	Braintree	2:33.44.....
7.	Louis LAZARUS	15	Epping For't	2:57.00.....	37.	Sami BENIDIR	14	Bo Newham	2:32.89.....
8.	Ben PROPHET	13	Runnymede	2:56.71.....	38.	Oliver SMITH	14	Basildon Ph	2:31.29.....
9.	Presley FLEMING	15	Canvey Isl	2:54.92.....	39.	Freddie GARDNER	15	Bo Southend	2:30.94.....
10.	Harrison BROOK	13	Colchester	2:53.57.....	40.	Ismail AYAD	17	Bo Newham	2:29.36.....
11.	Michael MANNIX	13	Harlow Pen	2:51.52.....	41.	Thomas CHITTOCK	14	Bo Waltham F	2:29.25.....
12.	Freddie WESTON	14	Brentwood	2:49.81.....	42.	Hadi KHAIRUL	15	Bo Newham	2:28.10.....
13.	arjun PARMAR	14	Colchester	2:49.10.....	43.	Thomas FORD	15	Basildon Ph	2:28.08.....
14.	Cayden SHANAHAN	13	Killerwhales	2:47.56.....	44.	Lewis JARRETT	15	Romford Town	2:26.83.....
15.	Connor JARRETT	13	Romford Town	2:46.60.....	45.	Sandijis CECINS	14	Colchester	2:25.96.....
16.	Findlay MCLAREN	13	Romford Town	2:46.22.....	46.	Keelan GOSNEY	17	Chelmsford	2:24.39.....
17.	Jack FRIEDLEIN	13	Maldon Shark	2:46.00.....	47.	Samuel RENNIE	17	Braintree	2:23.72.....
18.	Ben HUMPHRIES	13	Maldon Shark	2:46.00.....	48.	Richard (HARRY)	15	Chelmsford	2:23.56.....
19.	James GOURPINAR	14	Harlow Pen	2:45.91.....	49.	Lewis ARCHER	24	Halstead	2:23.55.....
20.	Dillon BRECHT	14	Romford Town	2:45.40.....	50.	Jacob KITCHING	16	Chelmsford	2:23.19.....
21.	Jacob RAY	14	Basildon Ph	2:44.81.....	51.	Daniel LEWIS	15	New Hall	2:21.74.....
22.	Thomas UNDERDOWN	14	Braintree	2:44.68.....	52.	Zak TROMAN	14	Colchester	2:21.37.....
23.	Joshua OWEN	16	Runnymede	2:43.22.....	53.	Connor MCCARTHY	16	Romford Town	2:19.96.....
24.	Rory WILDE	14	Chelmsford	2:43.00.....	54.	Raheel MAHMOOD	14	Romford Town	2:17.95.....
25.	Jack BANNING	14	Harlow Pen	2:42.35.....	55.	Jude HILLS	16	Thurrock	2:17.16.....
26.	Jamie BENJAMIN	15	Woodham F SC	2:41.08.....	56.	Jenson HURRELL	16	Thurrock	2:16.73.....
27.	Ethan RYAN	16	Harlow Pen	2:39.81.....	57.	LIAM BRENNAN	19	Basildon Ph	2:12.93.....
28.	tyrone OJUKWU	14	Bark & Dagen	2:39.49.....	58.	Nikita CHARYKIN	15	Thurrock	2:12.80.....
29.	Aidan WOOD	15	Thurrock	2:37.28.....	59.	Jack SKERRY	17	New Hall	2:09.43.....
30.	Corey HARE	15	Colchester	2:36.57.....					

## EVENT 807 Girl 13 Yrs/Over 200m Breaststroke

1.	Alvira KHAN	13	Thurrock	3:44.16.....	31.	Ava WILSON	13	New Hall	3:03.70.....
2.	Morounfolu (FOLU)	16	Chelmsford	3:38.97.....	32.	Abigail KOON	16	Bo Newham	3:02.54.....
3.	Olivia MENDHAM	13	Chelmsford	3:38.87.....	33.	Jennifer RIDDLE	18	Thurrock	3:00.77.....
4.	Chloe TANNER	14	Bo Waltham F	3:37.52.....	34.	Rosie HENN	16	Braintree	3:00.26.....
5.	Ruby PHILPOTT	13	Chelmsford	3:36.39.....	35.	Amy MILBURN	14	Colchester	3:00.24.....
6.	Holly GADSDON	13	Killerwhales	3:34.49.....	36.	Madeleine MCCORMACK	19	Romford Town	2:59.88.....
7.	Isabella LEWIS	13	Halstead	3:34.16.....	37.	Sadie ROWE	14	Colchester	2:59.75.....
8.	Luisa CAREY	13	DunmowAtlant	3:32.55.....	38.	Amy JOHNSON	15	Colchester	2:59.27.....
9.	Dimana RACHEVETS	13	Romford Town	3:31.25.....	39.	Eva MURRAY	15	Bo Waltham F	2:59.00.....
10.	Aimee DUDMAN	14	Killerwhales	3:30.50.....	40.	Jasmine BALE	15	Halstead	2:58.74.....
11.	Kathryn EDWARDS	14	Braintree	3:28.79.....	41.	Marcie ALEY	15	Braintree	2:57.90.....
12.	Louise WEBSTER	14	Thurrock	3:25.81.....	42.	Kesia CREEES	13	Basildon Ph	2:57.86.....
13.	Aleksandra OSTYNOWICZ	13	Bo Waltham F	3:22.38.....	43.	Evie JAMIESON	15	Harlow Pen	2:56.61.....
14.	Sophie HEDGES	14	Southend	3:21.30.....	44.	Cailin WALKER	18	Harlow Pen	2:56.59.....
15.	Niamh TOBIN	17	Brentwood	3:20.00.....	45.	MISTY EREN	15	Harlow Pen	2:55.75.....
16.	Evangeline GADSDON	15	Killerwhales	3:18.80.....	46.	Robyn QUINCE	17	Runnymede	2:55.70.....
17.	Jorja SAMPSON	15	Braintree	3:17.00.....	47.	Hollie HAWKINS	14	Basildon Ph	2:55.22.....
18.	Leah MASON	13	Colchester	3:16.60.....	48.	Molly GRIEVE	16	Colchester	2:54.41.....
19.	Esme STRINGER	13	Romford Town	3:12.31.....	49.	Anna-Lucia FENNER	15	Basildon Ph	2:54.22.....
20.	Jasmine SHAW	14	Witham Dolph	3:10.20.....	50.	Lexie OCONNOR	14	Basildon Ph	2:53.62.....
21.	Amelia MURPHY	14	Chelmsford	3:10.18.....	51.	Mia LOWE	14	Basildon Ph	2:51.61.....
22.	Grace TURNER	14	Clacton SC	3:08.86.....	52.	Francesca KEY	16	Thurrock	2:49.39.....
23.	Megan MCLAWRENCE	16	BorRedbridge	3:08.19.....	53.	Ciara WOOKEY	17	Colchester	2:47.99.....
24.	Maisie MUFFETT	16	Epping For't	3:07.34.....	54.	Charlotte TREE	17	Colchester	2:46.36.....
25.	Mia TANANEVA	13	Bark & Dagen	3:07.07.....	55.	Monika MURINE	14	Bark & Dagen	2:46.32.....
26.	Kya ANDREOU	17	Harlow Pen	3:06.15.....	56.	Holly HAGAN	17	Romford Town	2:46.24.....
27.	Katie HOLMES	37	Harwich DP	3:05.64.....	57.	olivia COOPER	15	Basildon Ph	2:45.60.....
28.	Millie DENYER	15	Saffron Wald	3:05.61.....	58.	Aaliyah RICHARDS	15	Bo Waltham F	2:44.50.....
29.	Rebecca COOGAN	13	Romford Town	3:05.10.....	59.	Gracie PARKER	13	Basildon Ph	2:43.83.....
30.	Evelina KHAN	14	Bo Newham	3:04.38.....					

## EVENT 808 Boy 13 Yrs/Over 100m IM

1.	Charlie BRYANT	15	Witham Dolph	1:38.05.....	36.	Thomas UNDERDOWN	14	Braintree	1:16.59.....
2.	Bertie WARNES	15	DunmowAtlant	1:31.62.....	37.	Joshua OWEN	16	Runnymede	1:16.40.....
3.	Bamey WESTON	15	Harwich DP	1:30.94.....	38.	Oliver SMITH	14	Basildon Ph	1:16.29.....
4.	Franklin FARREN	15	Halstead	1:30.78.....	39.	Matthew PACK	16	Braintree	1:15.19.....
5.	Marco BURZOTTA	15	Runnymede	1:30.57.....	40.	Kieran STERRY	14	Basildon Ph	1:14.33.....
6.	oliver CLARK	13	Maldon Shark	1:30.23.....	41.	Sam LOADER	17	Clacton SC	1:14.16.....
7.	Kiril STAMENOV	16	Bo Newham	1:29.69.....	42.	Saxon MINTO	13	Basildon Ph	1:13.48.....
8.	Louis BROWN	13	Runnymede	1:28.13.....	43.	Corey HARE	15	Colchester	1:12.48.....
9.	Toby WOOD	13	Southend	1:27.67.....	44.	Ben PALMER	17	Homchurch	1:12.00.....
10.	Caleb JUDD	13	Romford Town	1:27.57.....	45.	Denis DRELEV	15	Romford Town	1:11.53.....
11.	David SHUTOV	15	BorRedbridge	1:27.19.....	46.	Maddox ROBERTS	15	Witham Dolph	1:10.98.....
12.	Jude KIRK	13	Halstead	1:26.02.....	47.	Oscar HOWELL	16	Brentwood	1:10.71.....
13.	Jed THWALA	13	Killerwhales	1:25.92.....	48.	Joe POWER	14	Basildon Ph	1:10.66.....
14.	Elias AYAD	15	Bo Newham	1:25.52.....	49.	Thomas BALE	16	Halstead	1:10.45.....
15.	Thomas RICHARDSON	13	Harwich DP	1:25.47.....	50.	Keelan GOSNEY	17	Chelmsford	1:10.19.....
16.	Aaron MCKERNAN	14	Bo Newham	1:25.06.....	51.	Thomas MEDHURST	18	Epping For't	1:10.03.....
17.	Joseph BURNS	15	Witham Dolph	1:24.92.....	52.	Daniel MCGUINNESS	15	Basildon Ph	1:10.00.....
18.	James SWANN	14	Basildon Ph	1:24.91.....	53.	Thomas CHITTOCK	14	Bo Waltham F	1:09.94.....
19.	Jack READ	15	Runnymede	1:24.66.....	54.	David Ioan NEACSU	13	Bark & Dagen	1:09.59.....
20.	Samuel WHEARTY	19	Clacton SC	SM8 1:24.00.....	55.	Antonio GIROLAMI	16	Colchester	1:09.44.....
21.	Rory WILDE	14	Chelmsford	1:22.77.....	56.	Sandijis CECINS	14	Colchester	1:08.90.....
22.	Alexander IVANOV	13	Romford Town	1:22.72.....	57.	Kurt SALAZAR	16	Bo Newham	1:08.03.....
23.	Harrison BROOK	13	Colchester	1:22.40.....	58.	Isaac FARRUGIA	14	Basildon Ph	1:07.96.....
24.	Alexander MUNDEN	15	Bo Newham	1:22.22.....	59.	Louis LANE	16	Basildon Ph	1:07.74.....
25.	Elliot WHITEHOUSE	13	Colchester	1:21.70.....	60.	Nathan BANGA	18	Bark & Dagen	1:07.01.....
26.	Ethan HEALES	14	Bo Waltham F	1:21.59.....	61.	Kalaum CORANI	17	Colchester	1:06.84.....
27.	Samuel HOWARD	14	Romford Town	1:20.96.....	62.	Samuel RENNIE	17	Braintree	1:06.05.....
28.	Joseph SILVER	14	Bo Waltham F	1:20.91.....	63.	Daniel GENCAS	18	Bark & Dagen	1:04.49.....
29.	Daniel TONU	13	Bark & Dagen	1:20.50.....	64.	Daryl RANDS	24	Colchester	1:04.41.....
30.	Sebastian COTOROBAI	14	Bo Newham	1:19.50.....	65.	Tyler TOMBS	16	Chelmsford	1:04.31.....
31.	Blake BEARWISH	17	Runnymede	1:19.11.....	66.	Jacob STEPHEN	16	Brentwood	1:04.06.....
32.	Jamie HARTNUP	15	Braintree	1:18.39.....	67.	James SPEERS	18	Basildon Ph	1:02.30.....
33.	Massimo GIROLAMI	13	Colchester	1:18.26.....	68.	Mark MILBURN	16	Colchester	1:01.84.....
34.	Jacob RAY	14	Basildon Ph	1:17.52.....	69.	Kai ADAMS	25	Halstead	1:00.88.....
35.	Ryley TURPIN	13	Southend	1:17.22.....					