



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

Affiliated to ASA East/ASA London Region

Open Water

July 2018

2018 Open water championships incorporating County Championships report

The Open Water championships were held in Norwich on 22 July 2018. Representing Essex were some 78 competitors. 2018 was another entry record from Essex in a growing Regional event. Such is the growth of the event that the committee is looking at ways to improve parking as we had a tremendous overflow which resulted in a hectic time for all the wonderful parking staff from Swim England East. Marshalled by Essex's own Steve and Marion Westwood. Just two of the wonderful Open Water staff of course but worthy of a mention as their day started at 4:30am on site until the dark hours. Several key Essex figures were present on the day including the Swim England President himself Mr. Richard Whitehead supported by his wife Sue.

Good support as usual on the riverbank a record ten clubs taking part in this year's event. The event format was slightly different this year with the introduction of the 1000m event replacing the 800m novice event and the 1.5k event being replaced by the 2k.

Regional medalists from Essex were as follows.

Boys 1000m	Ryan Davis	Basildon Ph	13/14 age group	Silver	
Girls 1000m	Jasmine Verlander	Thurrock	11/12 age group	Gold	
Girls 1000m	Emma Tappenden	Basildon Ph	13/14 age group	Silver	
Girls 1000m	Isabelle Sandford	Basildon Ph	15/16 age group	Gold	
Girls 1000m	Ciara Tappenden	Basildon Ph	17 years+ age group		Gold
Mens 2k	Jude Hills	Bo Southend	12/14 age group	Gold	
Mens 2k	James Edgings	Thurrock	15/16 age group	Gold	
Mens 2k	Russell Edgings	Thurrock	40/49 age group	Silver	
Mens 2k	Nic Rivers	Basildon Ph	50/59 age group	Bronze	
Mens 2k	Stuart Jago	Bo Southend	60+ age group	Gold	
Womens 2k	Ruby Wheeler	Basildon Ph	12/14 age group	Gold	
Womens 2k	Ella Turner	Basildon Ph	12/14 age group	Silver	
Womens 2k	Holly Lamb	Southend	12/14 age group	Bronze	
Mens 3k	Robert Milburn	Colchester	40/49 age group	Gold	
Mens 3k	Simon Emm	Colchester	50/59 age group	Gold	
Womens 3k	Hannah McElroy	Bo Southend	17/19 age group	Bronze	
Womens 3k	Bethan McElroy	Bo Southend	20/24 age group	Gold	
Womens 3k	Katie Holmes	Colchester	30/44 age group	Gold	
Mens 5k	Robert Milburn	Colchester	40/49 age group	Silver	
Mens 5k	Simon Emm	Colchester	50/59 age group	Gold	
Mens 5k	Damian Navarrete	Colchester	50/59 age group	Bronze	
Womans 5k	Megan Key	Canvey Isl	17/19 age group	Bronze	
Womens 5k	Bethan McElroy	Bo Southend	20/24 age group	Gold	

Essex swimmers celebrated 13 Gold, 5 Silver and 5 Bronze medals; 23 medals verses the then record 16 won in 2017. Essex swimmers had their most successful year ever!

In the Essex County competition, we celebrate our 2018 Champions as listed below.

Boys 1000m	Kian Quinlan	Bo Southend	11/12 age group
Boys 1000m	Ryan Davis	Basildon Ph	13/14 age group
Girls 1000m	Jasmine Verlander	Thurrock	11/12 age group
Girls 1000m	Emma Tappenden	Basildon Ph	13/14 age group
Girls 1000m	Isabelle Sandford	Basildon Ph	15/16 age group

Girls 1000m	Ciara Tappenden	Basildon Ph	17 years+ age group
Mens 2k	Jude Hills	Bo Southend	12/14 age group
Mens 2k	James Edgings	Thurrock	15/16 age group
Mens 2k	Russell Edgings	Thurrock	40/49 age group
Mens 2k	Nic Rivers	Basildon Ph	50/59 age group
Mens 2k	Stuart Jago	Bo Southend	60+ age group
Womens 2k	Ruby Wheeler	Basildon Ph	12/14 age group
Womens 2k	Amber Head	Rochford	15/16 age group
Mens 3k	Samuel Miller	Bo Southend	13/16 age group
Mens 3k	Robert Milburn	Colchester	40/49 age group
Mens 3k	Simon Emm	Colchester	50/59 age group
Womens 3k	Charlotte Tree	Colchester	13/16 age group
Womens 3k	Hannah McElroy	Bo Southend	17/19 age group
Womens 3k	Bethan McElroy	Bo Southend	20/24 age group
Womens 3k	Katie Holmes	Colchester	30/44 age group
Mens 5k	Isaac Pavey	Colchester	15/16 age group
Mens 5k	Cavan Beck	Rochford	17/19 age group
Mens 5k	Robert Milburn	Colchester	40/49 age group
Mens 5k	Simon Emm	Colchester	50/59 age group
Womans 5k	Ana Victoria Anderson	Colchester	15/16 age group
Womans 5k	Megan Key	Canvey Isl	17/19 age group
Womens 5k	Bethan McElroy	Bo Southend	20/24 age group

Congratulations go to all our County Champions and County Medalists. You can access the full list of results on the county website. Winners of the Essex Trophies presented on the day by the Essex County President Mr. Stephen Turner as follows.

Emma Tappenden Colchester Winner of the 1000m Essex County ASA Open Water Cup

Megan Key Canvey Island Winner of the 5k Colchester Cup

Simon Emm Colchester Winner of the 5k R.A.Jones Trophy as pictured below.



Paul Hayes Essex County ASA Open Water Manager.