



# ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

County Association of East and London Regions

ESSEX AGE GROUP CHAMPIONSHIPS 2016

## LONDON AQUATIC CENTRE

**PARKING IS AVAILABLE AT WESTFIELD SHOPPING CENTRE**

**ONLY - FOR ALL SWIMMERS, COACHES, SPECTATORS AND OFFICIALS- THERE IS NO PARKING AT THE VENUE** CAR PARKS A&B

- **Entry for ALL Swimmers, Spectators and Coaches will be via the UPPER LEVEL ENTRANCE ONLY**
- **Swimmers will form a separate queue with the doors opening**  
**FOR SWIMMERS AND COACHES ONLY at 7.45am**
  - **Signing in will be inside the foyer area**
  - **The doors for spectators will open at the start of the 1<sup>st</sup> warm Up**
  - **ALL spectators when joining the queue will be given a numbered ticket – spectators will be admitted in numerical order- Spectators must be present to receive a ticket**
  - **SEAT TICKETS WILL NOT BE NUMBERED**
    - **ALL SWIMMERS MUST SIGN IN**

**SWIMMERS ARE NOT PERMITTED IN THE SPECTATOR VIEWING AREAS AT ANY TIME AT ANY VENUE**