

Essex County Records

The following distances and strokes shall be recognised for Essex County Records:

Freestyle: 50, 100, 200, 400, 800 and 1500 metres
Backstroke: 50, 100 and 200 metres
Breaststroke: 50, 100 and 200 metres
Butterfly: 50, 100 and 200 metres
Individual Medley: 100, 200 and 400 metres
Freestyle Relay Team: 4 x 200 (Open); 4 x 100 (Open) and 4 x 50 metres (Junior)
Medley Relay Team: 4 x 100 (Open) and 4 x 50 metres (Junior)

All Records shall be recognised for men and women, for long and short course, and for open and junior age classification. The open classification shall have no age limits; in the junior classification the following age limits apply:-

- (a) For individual records a swimmer shall be under the age of 16 years at midnight on the day of the swim;
- (b) For team records all members of the team shall be under the age of 17 years as at 31st December in the year of the swim.

The conditions following shall apply:

1. The Swimmers

1.1 For individual and team records, the swimmers must:

1.1.1 be members of an affiliated Essex Club; AND

1.1.2 be eligible to compete in Essex County Championships; AND

1.1.3

1.1.3.1 have in the twelve months prior to, but excluding, the date on which the record time is claimed, entered and competed in an Essex County Championships or has represented the County.

1.1.3.2 should a swimmer be selected for National/International duties or participation on an ASA/British Swimming development camp/programme at home or abroad they will be exempt from the conditions of Clause 1.1.3.1 when applying for records.

1.2 Swimmers shall be eligible competitors and registered in accordance with ASA Law.

2. The Pool

2.1 Short Course Records may only be made in pools 25 metres in length.

2.2 Long Course Records may only be made in pools 50 metres in length.

2.3 The start and finish shall be at ends of the pool.

2.4 All Records shall be made in still water. Any movement of water due to the normal operation of the filtration system may be disregarded.

2.5 The course shall be certified correct by an appropriate qualified person.

3. The Event

- 3.1 A record may only be made in:
 - 3.1.1 a scratch competition held in public under ASA Laws & Technical Rules provided that the Referee, Starter, Judges and Timekeepers are registered with the ASA as officials in the capacity in which they are officiating; or
 - 3.1.2 an unpaced individual race against time held in public provided that the date and venue have been fixed and advertised as such before the day of the event and the Referee, Starter, Judges and Timekeepers are registered with the ASA as officials in the capacity in which they are officiating; or
- 3.2 A swimmer in an individual event may apply for a record at an intermediate distance if he, his coach or his manager requests the Referee that his performance be timed at that distance which must be from the start of the event. The swimmer must complete the scheduled distance of the event without disqualification.
- 3.3 The first swimmer in a relay event may apply for a record over the distance of his leg or an intermediate distance if he, his coach or his manager requests the Referee that his performance be timed at that distance. Such performance shall not be nullified by any disqualification of his team or team members occurring after his leg is completed.

4. Application and Approval

- 4.1 Records made at Essex County Championships shall be considered automatically by the Records Administrator.
- 4.2 Applications for Records made at District, National, International and Licensed Competitions shall be made by the swimmer to the Records Administrator. Production of a certified time card or the relevant page from the official results is sufficient evidence.
- 4.3 Records made at time trials or at competitions not covered in Rule 4.1 shall be claimed within 40 days by the swimmer on the official form available from the Records Administrator.
- 4.4 The Records Administrator shall advise the Management Committee of all notified Essex Records for its approval.