

ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
AGE GROUP CHAMPIONSHIPS 2005
Waltham Forest Pool & Track, Walthamstow
Sunday 16th January 2005 - Session 4

EVENT 97 Mens 4 x 100m Medley Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	Romford Town	Romford Town	4:20.45	5.	Chelmsford	Chelmsford	4:30.93
2.	Canvey Island	Canvey Isl	4:24.60	6.	Redbridge	BorRedbridge	4:36.01
3.	Waltham Forest	Bo Waltham F	4:26.09	7.	Thurrock A	Thurrock	4:38.16
4.	Brentwood	Brentwood	4:29.54				

EVENT 98 Girls 10yrs/Under 50m Breaststroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Omonigho MOMODU	(94)	Killerwhales	42.31	21.	Charlotte MILNER	(94)	Southend	50.07
2.	Joanne WATERMAN	(94)	Thurrock	43.53	22.	Kareina TUBBS	(94)	Thurrock	50.25
3.	Charlotte WADE	(94)	Rochford	44.91	23.	Paige YOUNG	(95)	Colchester	50.33
4.	Molly SCOTT	(94)	Killerwhales	45.16	24.	Emily COLE	(94)	BorRedbridge	50.59
5.	Amy MURPHY	(94)	Thurrock	46.64	25.	Sophie ELWOOD	(94)	Brentwood	50.69
6.	Heather RODWELL	(94)	Colchester	46.80	26.	Claire JACKSON	(95)	Romford Town	50.70
7.	Rachel VAUGHAN	(94)	Rochford	47.47	27.	Erin ROBINSON	(95)	BorRedbridge	50.77
8.	Evie FISHER	(94)	Chelmsford	47.56	28.	Georgia WIGHTON	(94)	Chelmsford	50.90
9.	Sophie SANDERS	(94)	Clacton On S	48.13	29.	Helen MITCHELL	(95)	Braintree	50.94
10.	Amber COLESELL	(94)	Romford Town	48.27	***** Event qualifying/standard time 00:51.00 *****				
11.	Sophie COPPER	(94)	BorRedbridge	48.48	30.	Armanni ANTOINE CHAGAR	(95)	Bo Waltham F	51.01
12.	Lucy WARNER	(94)	BorRedbridge	48.51	31.	Stephanie ASHURST	(94)	Brentwood	51.11
13.	Paige STEEL	(94)	Hornchurch	48.89	32.	Charlotte NOBES	(94)	Runnymede	51.15
13.	Vanessa RAMALHO	(95)	Brentwood	48.89	33.	Emily PHELPS	(94)	Chelmsford	51.26
15.	Sadie LUCAS	(95)	Bo Waltham F	49.05	34.	Erin MCGILL	(94)	Brentwood	51.59
16.	Sarah DUDLEY	(94)	Epping For't	49.30	35.	Samantha MITCHELL	(95)	Chelmsford	51.65
17.	Bethany GOLDFINCH	(94)	Runnymede	49.33	36.	Abigail SAYER	(94)	Thurrock	52.52
18.	Heidi RYDQUIST	(94)	Romford Town	49.42	37.	Rachel HIGGINS	(95)	Brentwood	53.96
19.	Sarah HARLEY	(94)	Barking&Rain	49.76	38.	Jade Rule	(95)	Brentwood	56.95
20.	Evelyn CARTER	(94)	Colchester	49.99					

EVENT 99 Boys 11 Years 50m Butterfly

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Jack HOLLIS	(94)	Clacton On S	35.52	9.	Blue NEWTON	(93)	Runnymede	38.99
2.	L CLIFFORD-STEPHENSON	(93)	Killerwhales	35.91	10.	Alex BLANCO	(93)	Bo Southend	39.68
3.	Nicholas GILROY	(93)	Basildon	36.25	11.	Alex KEATING	(93)	Bo Waltham F	39.70
4.	Braden WREN	(93)	Thurrock	36.54	12.	Alexander RICHARDS	(93)	BorRedbridge	39.95
5.	Thomas HALE	(93)	Brentwood	36.86	13.	Alexander DELICATA	(94)	Runnymede	40.39
6.	George SMITH	(94)	Runnymede	36.98	***** Event qualifying/standard time 00:41.00 *****				
7.	Charlie HAYES	(94)	Thurrock	38.28	14.	Joe FREEMAN	(93)	Basildon	41.42
8.	William MUGGLETON	(93)	Runnymede	38.74		Perry WILLIAMSON	(93)	Epping For't	DIS SA 1L.

EVENT 100 Girls 12 Years 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Lottie LUCAS	(92) Bo Waltham F	30.76	20.	Tin Tin LAM	(93) Brentwood	33.05
2.	Holly JACKSON	(93) Havering Aq	30.81	21.	Hana HAMMOUDA	(93) Havering Aq	33.09
3.	Robyn TURNER	(92) Thurrock	31.32	22.	Jodie MORAN	(92) Canvey Isl	33.10
4.	Nicole RAYMOND	(93) Romford Town	31.37	22.	Chloe DRAKE	(92) Rochford	33.10
5.	Georgina HUNT	(92) Runnymede	31.45	24.	Jennifer HOLLAND	(92) Hornchurch	33.20
6.	Sarah WRIGHT	(92) Runnymede	31.80	25.	Aliki DRAKOPOULOS	(92) Rochford	33.24
7.	Grace PETTET	(92) Basildon	32.01	26.	Jodie CHURCH	(92) Becontree	33.31
8.	Tia HAZELTON	(92) Southend	32.10	27.	Whitney HARD	(92) Thurrock	33.61
9.	Charlotte LAMB	(92) Canvey Isl	32.18	28.	Melissa SEELEY	(93) Epping For't	33.65
10.	Sophie DRAKE	(93) Canvey Isl	32.25	29.	Emily FLINT	(92) Becontree	33.99
11.	Molly EPSLY	(93) Thurrock	32.38	***** Event qualifying/standard time 00:34.00 *****			
12.	Rebecca HEWITT	(92) Bo Waltham F	32.44	30.	Bobbie-Ann MORGAN	(92) Barking&Rain	34.28
13.	Charley GALLAGHER	(92) Southend	32.46	31.	Gemma GIRVAN	(93) Southend	34.30
14.	Georgia SHAW	(93) Killerwhales	32.68	32.	Elishia BARNETT	(92) Southend	34.32
15.	Charlotte BOREHAM	(92) Colchester	32.74	33.	Minnie McEVILLEY	(92) Becontree	34.42
16.	Jessica COLES	(92) Romford Town	32.76	34.	Rachael KNOWLES	(92) Braintree	34.56
17.	Claire WILSON	(92) Killerwhales	32.80	35.	Georgia MOULD	(93) Thurrock	35.18
18.	Zoey LITTLECHILD	(92) Becontree	32.84	36.	Stacey VAN BERGEN	(93) Epping For't	35.37
19.	Amy WILSON	(92) Romford Town	32.92	37.	Nikki TWINE	(92) Phoenix Bas	35.43
					Leanne BALDWIN	(93) Phoenix Bas	DIS ST

EVENT 101 Boys 13 Years 50m Backstroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alexander JAMESON	(92) Epping For't	31.49	16.	Benjamin HAYES	(91) Bo Waltham F	35.38
2.	Daniel STEPTON	(91) Becontree	31.89	17.	Mark GOWER	(91) Chelmsford	35.59
3.	Samuel WARD	(91) Thurrock	32.04	18.	Daniel BLEACH	(91) Killerwhales	36.09
4.	Louis DEVINE	(91) Romford Town	33.44	19.	Joe PHELPS	(91) Chelmsford	36.12
5.	Grant CHANDLER	(91) Romford Town	33.55	20.	Elliot EVELEIGH	(92) Runnymede	36.24
6.	Dean SMITH	(91) Becontree	33.71	21.	Jack JACKSON	(91) Bo Waltham F	36.25
7.	Jack ASHTON	(91) Chelmsford	33.81	22.	James WILLIAMS	(91) Bo Southend	36.49
8.	Liam SMITH	(91) Bo Waltham F	34.08	23.	Howard CLARKE	(91) Runnymede	36.55
9.	George MORRIS	(91) Bo Southend	34.15	24.	Lewis WIGHTON	(92) Chelmsford	36.61
10.	Thomas INGRAM	(91) Thurrock	34.31	25.	Jamie HARRINGTON	(91) Romford Town	37.68
11.	Henry WOOD	(91) Phoenix Bas	34.78	26.	Ryan DEVONSHIRE	(91) Thurrock	37.80
12.	Andrew FROSTICK	(91) Chelmsford	34.91	27.	Thomas FORD	(92) Thurrock	37.87
13.	Sean TOMLIN	(92) Bo Southend	35.02	***** Event qualifying/standard time 00:38.00 *****			
14.	Daniel ETCHES	(91) Becontree	35.26	28.	Scott JACKSON	(91) Havering Aq	38.46
15.	Oliver CROSBY	(91) Colchester	35.30		Jamie BATT	(91) Dagenham	DIS T 1L.

EVENT 102 Girls 14 Years 50m Breaststroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Bonnie MAXWELL	(90) Phoenix Bas	35.52 ++	19.	Lauren ANDREWS	(90) Killerwhales	41.43
2.	Kaz MELVIN	(91) Harlow Pen	36.93	20.	Katherine WALSH	(90) Killerwhales	41.48
3.	Helen ANDREWS	(90) Killerwhales	37.24	21.	Jessica FORD	(90) Thurrock	41.49
4.	Danielle RAYMOND	(90) Romford Town	37.67	22.	Alison GEORGE	(90) Becontree	41.59
5.	Georgina BAXTER	(90) Chelmsford	37.97	23.	A SINCLAIR-JOICE	(90) Epping For't	41.76
6.	Denise YOUNG	(90) Colchester	38.47	24.	Fern COOK	(91) BorRedbridge	41.79
7.	Nicola FARMER	(91) Bo Waltham F	38.77	25.	Louise KENDALL	(90) Harlow Pen	41.94
8.	Rebecca SCOTT	(91) Runnymede	39.28	26.	Katy SPILLER	(90) Colchester	42.34
9.	Bethany FAULKNER	(90) BorRedbridge	39.44	27.	Georgia CLARKE	(90) Killerwhales	42.39
10.	Maria MOWBRAY	(90) Bo Waltham F	39.56	28.	Rachel FARLEY	(90) Braintree	42.45
11.	Jane BRUMBY	(90) Rochford	39.87	29.	Danielle LEE	(90) Romford Town	42.92
12.	Georgie-Lou SALES	(90) Romford Town	39.90	30.	Nicola DIGBY	(90) Witham Dolph	42.98
13.	Katie WHITE	(90) Rochford	40.10	***** Event qualifying/standard time 00:43.00 *****			
14.	Lucy WHITEHEAD	(91) Canvey Isl	40.57	31.	Hannah DRAKE	(90) Canvey Isl	43.10
15.	Yasmin KHOSHKHOU	(90) Braintree	40.81	32.	Rebecca COLLINS	(90) Runnymede	43.34
16.	Amy GOILLAU	(90) Epping For't	41.15	33.	Jessica CLARKE	(90) Southend	43.59
17.	Jessica WARD	(91) Bo Waltham F	41.24	34.	Annabel JAMIESON	(90) Epping For't	44.85
18.	Christina HOLLAND	(90) Hornchurch	41.26				

++ New Event Best Time

EVENT 103 Boys 15 Years 50m Butterfly

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Benjamin SLEET	(90) Chelmsford	29.79	11.	Michael LANGLEY	(89) Chelmsford	31.26
2.	Nick CONNOR	(89) BorRedbridge	29.91	12.	Troy-Lloyd WARNE	(89) Witham Dolph	31.50
3.	Mark SAINT-CLARE	(89) Harlow Pen	30.02	13.	Billy HOCKLEY	(89) Basildon	32.10
3.	Aaron EVELEIGH	(89) Runnymede	30.02	14.	Matthew CHURCH	(90) Becontree	32.61
5.	Ben GRIX	(89) Thurrock	30.88	15.	Timothy BUTT	(89) Phoenix Bas	33.04
5.	Ian EDMANS	(89) Epping For't	30.88	16.	Jake PETTET	(89) Basildon	33.20
7.	Christopher WEBB	(89) Thurrock	30.97	17.	Jonathan HOWELL	(89) Canvey Isl	33.71
8.	Alex STEWART	(89) Phoenix Bas	31.15	***** Event qualifying/standard time 00:34.00 *****			
9.	Matthew SMITH	(90) Hornchurch	31.19	18.	Jamie PUDDICK	(89) Canvey Isl	34.23
10.	Andrew OWEN	(89) BorRedbridge	31.21	19.	Michael NICHOLLS	(89) Basildon	34.25

EVENT 104 Girls 16 Years/Over 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Anna MEGGITT	(88) Thurrock	28.81	***** Event qualifying/standard time 00:30.50 *****			
2.	Lauren COGDALE	(88) Brentwood	28.95	10.	Caroline GILLINGHAM	(87) Chelmsford	30.53
3.	Kate BURLEY	(87) Harlow Pen	29.09	11.	Anna GRAY	(88) BorRedbridge	30.57
4.	Laura MYERS	(86) Rochford	29.75	12.	Kay GILLARD	(88) Romford Town	30.60
5.	Emma KING	(88) Rochford	29.85	13.	Nicole FLIGHT	(87) Romford Town	30.73
6.	Donna SPOONER	(88) Canvey Isl	30.14	14.	Georgina CLARK	(89) Hornchurch	30.87
7.	Daniella NICE	(88) Thurrock	30.18	15.	Laura ANDREWS	(89) Killerwhales	31.04
8.	Aimee DRAKE	(88) Canvey Isl	30.23	16.	Andrea VAN BERGEN	(88) Epping For't	31.52
9.	Sarah JARRATT	(89) Runnymede	30.39				

EVENT 105 Boys 4 x 50m Freestyle Relay

Place	Name	Club Time	Place	Name	Club	Time	
1.	Epping Forest A	Epping For't	1:48.23	9.	Becontree	Becontree	1:54.12
2.	Thurrock A	Thurrock	1:48.54	10.	Southend	Southend	1:55.05
3.	Redbridge	BorRedbridge	1:48.72	11.	Thurrock B	Thurrock	1:55.25
4.	Killerwhales	Killerwhales	1:50.58	12.	Chelmsford	Chelmsford	1:56.22
5.	Harlow	Harlow Pen	1:51.91	13.	Basildon & District	Basildon	1:56.31
6.	Bo Southend	Bo Southend	1:52.46	14.	Canvey Island	Canvey Isl	1:57.57
7.	Waltham Forest	Bo Waltham F	1:53.52	15.	Brentwood	Brentwood	2:02.14
8.	Romford Town A	Romford Town	1:53.83	16.	Epping Forest B	Epping For't	2:09.86

EVENT 106 Girls 10 Years/Under 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Charlotte WADE	(94) Rochford	33.45	18.	Emily COLE	(94) BorRedbridge	37.48
2.	Georgia WIGHTON	(94) Chelmsford	35.16	19.	Emily PHELPS	(94) Chelmsford	37.64
3.	Omonigho MOMODU	(94) Killerwhales	35.32	20.	Paige YOUNG	(95) Colchester	37.75
4.	Chloe DAVIS	(94) Runnymede	35.43	21.	Heather RODWELL	(94) Colchester	37.90
5.	Joanne WATERMAN	(94) Thurrock	35.56	***** Event qualifying/standard time 00:38.00 *****			
6.	Abigail SAYER	(94) Thurrock	36.33	22.	Sarah MAGER	(94) Thurrock	38.01
7.	Sarah HARLEY	(94) Barking&Rain	36.37	23.	Kiera SHERLOCK	(94) Brentwood	38.32
8.	Evie FISHER	(94) Chelmsford	36.55	24.	Abbie SHUTE	(95) Rochford	38.45
8.	Amy MURPHY	(94) Thurrock	36.55	25.	Holly SIMS	(94) Harlow Pen	38.54
10.	Sophie SANDERS	(94) Clacton On S	36.59	26.	Jodi WARD	(94) Thurrock	38.58
11.	Anna KEBLE	(94) BorRedbridge	36.65	27.	Rachel VAUGHAN	(94) Rochford	38.73
12.	Kareina TUBBS	(94) Thurrock	36.70	28.	Armanni ANTOINE CHAGAR	(95) Bo Waltham F	38.88
13.	Hayette DAVIS	(95) Thurrock	36.71	29.	Kate THOMPSON	(94) CanveyIsl	39.08
14.	Rianna VEARES	(95) Havering Aq	36.72	30.	Robyn THOMPSON	(94) Harlow Pen	39.67
15.	Sophie ELWOOD	(94) Brentwood	36.97	31.	Erin MCGILL	(94) Brentwood	39.69
16.	Jane PORTER	(94) BorRedbridge	37.15	32.	Charlotte BANKS	(94) Bo Waltham F	39.90
17.	Liane KENNEDY	(94) Havering Aq	37.44		Sophie COPPER	(94) BorRedbridge	DIS ST

EVENT 107 Boys 11 Years 50m Backstroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Nicholas JONAS	(93) Havering Aq	36.34	12.	Greg SUMMERS	(94) Bo Waltham F	39.90
2.	Danny JANES	(94) Romford Town	37.14	14.	L CLIFFORD-STEPHENSON	(93) Killerwhales	39.97
3.	Thomas HALE	(93) Brentwood	37.38	15.	Adam JOHNSON	(93) Braintree	40.19
4.	Perry WILLIAMSON	(93) Epping For't	37.41	16.	Blue NEWTON	(93) Runnymede	40.23
5.	Techin INNGERN	(93) BorRedbridge	37.83	17.	Nicholas GILROY	(93) Basildon	40.32
6.	George SMITH	(94) Runnymede	38.33	18.	Alex BLANCO	(93) Bo Southend	41.02
7.	James HARRIS	(93) Romford Town	38.91	***** Event qualifying/standard time 00:42.00 *****			
8.	Alex KEATING	(93) Bo Waltham F	38.92	19.	Joe THOMPSON	(94) Runnymede	42.57
9.	Alexander DELICATA	(94) Runnymede	39.20	20.	Stefano PAVONI	(93) Brentwood	43.04
10.	Braden WREN	(94) Thurrock	39.71	21.	Adam BOND	(93) Epping For't	43.51
11.	Joe FREEMAN	(93) Basildon	39.83	22.	James ROBERTS	(93) Chelmsford	43.68
12.	William MUGGLETON	(93) Runnymede	39.90	23.	Jack HOLLIS	(94) Clacton On S	44.43

EVENT 108 Girls 12 Years 50m Breaststroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Lottie LUCAS	(92) Bo Waltham F	39.51	18.	Elizabeth BUTCHER	(92) Epping For't	43.79
2.	Jessica COLES	(92) Romford Town	39.75	19.	Charley GALLAGHER	(92) Southend	43.80
3.	Charlotte LAMB	(92) Canvey Isl	39.86	20.	Rachel FRANKLIN	(93) Brentwood	43.81
4.	Jennifer HOLLAND	(92) Hornchurch	40.21	21.	Jodie MORAN	(92) Canvey Isl	43.87
5.	Georgina HUNT	(92) Runnymede	40.24	22.	Tin Tin LAM	(93) Brentwood	43.88
6.	Chloe DRAKE	(92) Rochford	40.94	23.	Zoey LITTLECHILD	(92) Becontree	44.50
7.	Holly JACKSON	(93) Havering Aq	41.32	24.	Leanne BALDWIN	(93) Phoenix Bas	44.68
8.	Rachael KNOWLES	(92) Braintree	42.23	25.	Robyn TURNER	(92) Thurrock	44.84
9.	Jodie CHURCH	(92) Becontree	42.41	***** Event qualifying/standard time 00:45.00 *****			
10.	Nicole RAYMOND	(93) Romford Town	42.60	26.	Molly EPSLY	(93) Thurrock	45.07
11.	Sarah WRIGHT	(92) Runnymede	42.61	26.	Julie BLADES	(92) Dagenham	45.07
12.	Grace PETTET	(92) Basildon	42.72	28.	Whitney HARD	(92) Thurrock	45.78
13.	Bronwyn CARTER	(92) Colchester	42.73	29.	Georgia SHAW	(93) Killerwhales	46.24
14.	Nikki TWINE	(92) Phoenix Bas	42.84	30.	Minnie McEVILLEY	(92) Becontree	46.52
15.	Emily FLINT	(92) Becontree	43.05	31.	Tia HAZELTON	(92) Southend	46.79
16.	Claire WILSON	(92) Killerwhales	43.10	32.	Stacey VAN BERGEN	(93) Epping For't	49.80
17.	Anne WALKIN	(92) Bo Waltham F	43.20				

EVENT 109 Boys 13 Years 50m Butterfly

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Samuel WARD	(91) Thurrock	30.75	17.	Oliver CROSBY	(91) Colchester	34.03
2.	Thomas INGRAM	(91) Thurrock	31.21	18.	Benjamin HAYES	(91) Bo Waltham F	34.18
3.	Grant CHANDLER	(91) Romford Town	31.59	19.	Jack ASHTON	(91) Chelmsford	34.20
4.	Thomas BURLEY	(91) Harlow Pen	31.94	20.	Craig JOHNSTON	(92) Canvey Isl	34.33
5.	George MORRIS	(91) Bo Southend	32.30	21.	Ryan DEVONSHIRE	(91) Thurrock	34.35
6.	Dean SMITH	(91) Becontree	32.45	22.	Daniel RICHARDSON	(91) Bo Waltham F	34.44
7.	David SANDERS	(91) Clacton On S	32.54	23.	Alex FAUTLEY	(91) Thurrock	34.68
8.	Daniel ETCHES	(91) Becontree	32.62	24.	Thomas FORD	(92) Thurrock	34.91
9.	Jack JACKSON	(91) Bo Waltham F	32.83	25.	Andrew FROSTICK	(91) Chelmsford	34.96
10.	Henry WOOD	(91) Phoenix Bas	33.38	26.	Jason PARR-MORLEY	(91) Romford Town	35.54
11.	James WILLIAMS	(91) Bo Southend	33.49	26.	Michael HAAGENSEN	(91) Harlow Pen	35.54
12.	Howard CLARKE	(91) Runnymede	33.77	28.	Jamie HARRINGTON	(91) Romford Town	35.77
13.	Daniel STEPTON	(91) Becontree	33.80	***** Event qualifying/standard time 00:36.00 *****			
14.	Daniel BLEACH	(91) Killerwhales	33.88	29.	Elliot EVELEIGH	(92) Runnymede	36.53
14.	Johnny CONGDON	(92) Killerwhales	33.88	30.	Louis DEVINE	(91) Romford Town	36.86
16.	Craig KEEBLE	(91) Halstead	33.95	31.	Sean TOMLIN	(92) Bo Southend	36.88

EVENT 110 Girls 14 Years 50m Freestyle

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Bonnie MAXWELL	(90)	Phoenix Bas	29.09	15.	Danielle LEE	(90)	Romford Town	31.08
2.	Danielle RAYMOND	(90)	Romford Town	29.16	16.	Hannah DRAKE	(90)	Canvey Isl	31.29
3.	Bethany FAULKNER	(90)	BorRedbridge	29.31	17.	Nicola FARMER	(91)	Bo Waltham F	31.35
4.	Kaz MELVIN	(91)	Harlow Pen	29.76	18.	Lauren ANDREWS	(90)	Killerwhales	31.41
5.	Yasmin KHOSHKHOU	(90)	Braintree	29.94	19.	Claire TRENER	(90)	Runnymede	31.48
6.	Helen ANDREWS	(90)	Killerwhales	30.23	20.	Alexandria FISHER	(91)	Chelmsford	31.58
7.	Maria MOWBRAY	(90)	Bo Waltham F	30.31	21.	Amy GOILLAU	(90)	Epping For't	31.62
8.	Nicola METT	(91)	Colchester	30.42	22.	Francesca CLARK	(90)	RomfordTown	31.64
9.	Georgina BAXTER	(90)	Chelmsford	30.51	23.	Jane BRUMBY	(90)	Rochford	31.92
10.	Lauren COSTIN	(90)	Braintree	30.58	***** Event qualifying/standard time 00:32.00 *****				
11.	Denise YOUNG	(90)	Colchester	30.59	24.	Jessica WARD	(91)	Bo Waltham F	32.24
12.	Louise KENDALL	(90)	Harlow Pen	30.74	25.	Georgia CLARKE	(90)	Killerwhales	32.39
13.	Fern COOK	(91)	BorRedbridge	30.94	26.	Antonia FOOT	(90)	Harlow Pen	32.60
14.	Hayley CAMIS	(90)	Brentwood	31.00		Georgie-Lou SALES	(90)	Romford Town	DIS ST

EVENT 111 Boys 15 Years 50m Backstroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Alex STEWART	(89)	Phoenix Bas	30.13	10.	Ian EDMANS	(89)	Epping For't	33.35
2.	Mark SAINT-CLARE	(89)	Harlow Pen	30.88	11.	Billy HOCKLEY	(89)	Basildon	33.98
3.	Aaron EVELEIGH	(89)	Runnymede	31.93	12.	Troy-Lloyd WARNE	(89)	Witham Dolph	34.48
3.	Benjamin SLEET	(90)	Chelmsford	31.93	13.	Matthew CHURCH	(90)	Becontree	35.01
5.	Matthew SMITH	(90)	Hornchurch	31.99	14.	Jake PETTET	(89)	Basildon	35.23
6.	Nick CONNOR	(89)	BorRedbridge	32.07	***** Event qualifying/standard time 00:36.00 *****				
7.	Andrew OWEN	(89)	BorRedbridge	32.81	15.	Jamie PUDDICK	(89)	Canvey Isl	36.38
8.	Christopher WEBB	(89)	Thurrock	33.13		Brindley PIPER	(90)	Southend	DIS T 1L
9.	Michael LANGLEY	(89)	Chelmsford	33.34					

EVENT 112 Girls 16yrs/Over 50m Breaststroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
1.	Alyson MORAN	(88)	Canvey Isl	35.86	11.	Francesca NICE	(88)	Thurrock	39.95
2.	Lauren COGDALE	(88)	Brentwood	36.71	12.	Laura ANDREWS	(89)	Killerwhales	40.64
3.	Sophie BLACKMAN	(89)	BorRedbridge	37.85	13.	Julia BRAYBROOKE	(86)	Killerwhales	40.86
4.	Georgina CLARK	(89)	Hornchurch	38.40	14.	Daniella NICE	(88)	Thurrock	40.95
5.	Amy STUMBKE	(88)	Epping For't	38.71	15.	Donna SPOONER	(88)	Canvey Isl	40.97
6.	Alice SCOTT	(89)	Killerwhales	39.02	***** Event qualifying/standard time 00:41.00 *****				
7.	Laura MYERS	(86)	Rochford	39.26	16.	Kate BURLEY	(87)	Harlow Pen	42.12
8.	Anna MEGGITT	(88)	Thurrock	39.67	17.	Nicole FLIGHT	(87)	Romford Town	42.46
9.	Jenny BAKER	(88)	Canvey Isl	39.68	18.	Hannah COOPER	(88)	Romford Town	43.07
10.	Sarah JARRATT	(89)	Runnymede	39.86					

Finals

EVENT 113 FINAL OF EVENT 97 Mens 4 x 100m Medley Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	Waltham Forest	Bo Waltham F	4:03.23	4.	Chelmsford	Chelmsford	4:20.56
2.	Romford Town	Romford Town	4:06.88	5.	Brentwood	Brentwood	4:26.77
3.	Canvey Island	Canvey Isl	4:17.57	6.	Redbridge	BorRedbridge	4:47.39

EVENT 114 FINAL OF EVENT 98 Girls 10yrs/Under 50m Breaststroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Omonigho MOMODU	(94) Killerwhales	42.61	3.	Molly SCOTT	(94) Killerwhales	46.13
2.	Joanne WATERMAN	(94) Thurrock	44.07	5.	Amy MURPHY	(94) Thurrock	46.74
3.	Charlotte WADE	(94) Rochford	46.13	6.	Heather RODWELL	(94) Colchester	47.50

EVENT 115 FINAL OF EVENT 99 Boys 11 Years 50m Butterfly

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Nicholas GILROY	(93) Basildon	34.88	4.	Thomas HALE	(93) Brentwood	35.94
2.	Jack HOLLIS	(94) Clacton On S	35.06	5.	Braden WREN	(93) Thurrock	36.66
3.	L CLIFFORD-STEPHENSON	(93)Killerwhales	35.20	6.	George SMITH	(94) Runnymede	37.72

EVENT 116 FINAL OF EVENT 100 Girls 12 Years 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Lottie LUCAS	(92) Bo Waltham F	30.35	4.	Nicole RAYMOND	(93) Romford Town	31.27
2.	Holly JACKSON	(93) Havering Aq	30.52	5.	Sarah WRIGHT	(92) Runnymede	31.66
3.	Robyn TURNER	(92) Thurrock	31.25	6.	Georgina HUNT	(92) Runnymede	31.67

EVENT 117 FINAL OF EVENT 101 Boys 13 Years 50m Backstroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alexander JAMESON	(92) Epping For't	31.50	4.	Louis DEVINE	(91) Romford Town	33.34
2.	Daniel STEPTON	(91) Becontree	32.39	5.	Dean SMITH	(91) Becontree	34.03
3.	Samuel WARD	(91) Thurrock	32.40	6.	Grant CHANDLER	(91) Romford Town	34.16

EVENT 118 FINAL OF EVENT 102 Girls 14 Years 50m Breaststroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Bonnie MAXWELL	(90) Phoenix Bas	34.94 ++	4.	Danielle RAYMOND	(90) Romford Town	37.57
2.	Kaz MELVIN	(91) Harlow Pen	36.34	5.	Georgina BAXTER	(90) Chelmsford	38.15
3.	Helen ANDREWS	(90) Killerwhales	37.03	6.	Denise YOUNG	(90) Colchester	38.45

++ New Event Best Time

EVENT 119 FINAL OF EVENT 103 Boys 15 Years 50m Butterfly

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Aaron EVELEIGH	(89) Runnymede	28.47	4.	Mark SAINT-CLARE	(89) Harlow Pen	30.01
2.	Benjamin SLEET	(90) Chelmsford	29.24	5.	Ben GRIX	(89) Thurrock	30.68
3.	Nick CONNOR	(89) BorRedbridge	29.25	6.	Ian EDMANS	(89) Epping For't	33.07

EVENT 120 FINAL OF EVENT 104 Girls 16 Years/Over 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Lauren COGDALE	(88) Brentwood	28.77	4.	Emma KING	(88) Rochford	29.85
2.	Anna MEGGITT	(88) Thurrock	28.85	5.	Laura MYERS	(86) Rochford	30.04
3.	Kate BURLEY	(87) Harlow Pen	29.03	6.	Donna SPOONER	(88) Canvey Isl	30.18

EVENT 121 FINAL OF EVENT 105 Boys 4 x 50m Freestyle Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	Epping Forest A	Epping For't	1:47.19	4.	Killerwhales	Killerwhales	1:49.70
2.	Redbridge	BorRedbridge	1:48.09	5.	Harlow	Harlow Pen	1:53.44
3.	Thurrock A	Thurrock	1:48.38	6.	Bo Southend	Bo Southend	1:53.95

EVENT 122 FINAL OF EVENT 106 Girls 10 Years/Under 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Charlotte WADE	(94) Rochford	33.07	4.	Joanne WATERMAN	(94) Thurrock	35.58
2.	Georgia WIGHTON	(94) Chelmsford	34.31	5.	Chloe DAVIS	(94) Runnymede	36.02
3.	Omonigho MOMODU	(94) Killerwhales	35.37	6.	Abigail SAYER	(94) Thurrock	37.22

EVENT 123 FINAL OF EVENT 107 Boys 11 Years 50m Backstroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Thomas HALE	(93) Brentwood	36.11	4.	Danny JANES	(94) Romford Town	37.08
2.	Nicholas JONAS	(93) Havering Aq	36.35	5.	Techin INNGERN	(93) BorRedbridge	37.25
3.	Perry WILLIAMSON	(93) Epping For't	36.72	6.	George SMITH	(94) Runnymede	38.11

EVENT 124 FINAL OF EVENT 108 Girls 12 Years 50m Breaststroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Lottie LUCAS (92)	Bo Waltham F	38.13	4.	Jennifer HOLLAND	(92) Hornchurch	39.70
2.	Georgina HUNT (92)	Runnymede	38.77	5.	Charlotte LAMB	(92) CanveyIsl	39.91
3.	Jessica COLES (92)	Romford Town	39.10	6.	Chloe DRAKE	(92) Rochford	40.44

EVENT 125 FINAL OF EVENT 109 Boys 13 Years 50m Butterfly

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Grant CHANDLER	(91) Romford Town	30.65	4.	Thomas BURLEY	(91) Harlow Pen	31.32
2.	Samuel WARD	(91) Thurrock	30.84	5.	Dean SMITH	(91) Becontree	32.81
3.	Thomas INGRAM	(91) Thurrock	31.30	6.	George MORRIS	(91) Bo Southend	33.08

EVENT 126 FINAL OF EVENT 110 Girls 14 Years 50m Freestyle

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Bonnie MAXWELL	(90) Phoenix Bas	28.67	4.	Kaz MELVIN	(91) Harlow Pen	29.72
2.	Bethany FAULKNER	(90) BorRedbridge	28.85	5.	Yasmin KHOSHKHOU	(90) Braintree	30.12
3.	Danielle RAYMOND	(90) Romford Town	28.99	6.	Helen ANDREWS	(90) Killerwhales	30.16

EVENT 127 FINAL OF EVENT 111 Boys 15 Years 50m Backstroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alex STEWART	(89) Phoenix Bas	29.82	4.	Matthew SMITH	(90) Hornchurch	31.58
2.	Mark SAINT-CLARE	(89) Harlow Pen	30.92	5.	Nick CONNOR	(89) BorRedbridge	31.80
3.	Aaron EVELEIGH	(89) Runnymede	31.26	6.	Benjamin SLEET	(90) Chelmsford	31.87

EVENT 128 FINAL OF EVENT 112 Girls 16yrs/Over 50m Breaststroke

Place	Name	YoB Club	Time	Place	Name	YoB Club	Time
1.	Alyson MORAN	(88) Canvey Isl	35.77	4.	Georgina CLARK	(89) Hornchurch	38.18
2.	Lauren COGDALE	(88) Brentwood	36.03	5.	Alice SCOTT	(89) Killerwhales	38.26
3.	Sophie BLACKMAN	(89) BorRedbridge	37.58	6.	Amy STUMBKE	(88) EppingFor't	38.34