

ECASA AGE GROUPS 2010
Under ASA Laws & ASA Technical Rules of Swimming
6th March 2010 Session – 9
at Braintree Swimming centre

EVENT 301 Boys 12/14 Yrs 1500m Freestyle

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					FINA Pt
1.	James DAY	12	Thurrock		18:23.35				481
	50m	100m	150m	200m	250m	300m	350m	400m	
	32.10	1:08.16	1:45.07	2:21.84	2:58.59	3:35.85	4:12.96	4:49.97	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:27.24	6:04.39	6:41.07	7:18.59	7:55.72	8:32.73	9:09.69	9:47.16	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:24.05	11:01.63	11:38.91	12:16.43	12:54.12	13:30.85	14:08.81	14:46.35	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:22.99	15:59.31	16:35.43	17:11.64	17:48.63	18:23.35			
2.	Russell BECK	12	Rochford		18:51.85		446		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.05	1:11.01	1:48.46	2:25.79	3:03.44	3:40.95	4:18.96	4:56.16	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:33.77	6:11.93	6:49.69	7:27.15	8:04.90	8:43.01	9:21.48	9:59.48	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:37.88	11:16.55	11:53.59	12:31.19	13:09.88	13:48.13	14:26.62	15:04.71	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:43.41	16:21.68	17:00.22	17:37.93	18:16.18	18:51.85			
3.	Sam BISHOP	12	Romford Town		19:06.00		429		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.45	1:11.82	1:49.28	2:26.99	3:05.18	3:43.41	4:21.38	5:00.16	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:38.34	6:16.47	6:54.78	7:32.83	8:10.90	8:48.56	9:26.45	10:04.29	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:42.44	11:21.09	11:59.41	12:37.81	13:16.21	13:55.25	14:33.30	15:12.31	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:51.63	16:31.28	17:11.09	17:50.12	18:29.48	19:06.00			
4.	Salaam MOTIN	12	Thurrock		19:09.56		425		
	50m	100m	150m	200m	250m	300m	350m	400m	
	35.35	1:13.27	1:51.19	2:29.55	3:07.61	3:45.78	4:24.51	5:02.62	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:41.18	6:19.56	6:57.79	7:36.17	8:14.43	8:52.80	9:31.08	10:09.73	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:48.14	11:26.19	12:04.71	12:43.30	13:21.65	14:00.23	14:39.24	15:17.85	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:56.69	16:35.64	17:14.47	17:53.57	18:31.94	19:09.56			
	David FRYATT	12	Braintree		DNF				

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					FINA Pt
1.	Luke DURBAN	13	Braintree		17:02.03		605		
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.80	1:05.05	1:38.96	2:13.35	2:47.55	3:21.27	3:54.89	4:28.95	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:01.98	5:35.56	6:09.13	6:43.64	7:18.70	7:53.03	8:27.75	9:02.64	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:37.38	10:11.74	10:46.45	11:21.01	11:55.27	12:29.82	13:04.23	13:39.26	
	1250m	1300m	1350m	1400m	1450m	1500m			
	14:13.37	14:48.15	15:22.87	15:56.87	16:30.46	17:02.03			
2.	Thomas MCLAGAN	13	Braintree		17:07.79		595		
	50m	100m	150m	200m	250m	300m	350m	400m	
	31.33	1:05.07	1:38.88	2:12.58	2:46.68	3:20.86	3:54.99	4:29.41	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:03.68	5:38.14	6:12.69	6:47.39	7:21.72	7:56.34	8:31.01	9:05.66	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:40.04	10:14.57	10:49.10	11:23.57	11:58.30	12:33.01	13:07.37	13:41.87	
	1250m	1300m	1350m	1400m	1450m	1500m			
	14:16.88	14:51.32	15:26.01	16:00.45	16:34.94	17:07.79			
3.	Jarrold BRADFIELD	13	Clacton On S		17:52.73		524		
	50m	100m	150m	200m	250m	300m	350m	400m	
	31.88	1:06.26	1:41.26	2:16.92	2:52.13	3:28.07	4:04.27	4:40.08	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:16.15	5:51.97	6:27.68	7:03.47	7:39.47	8:15.20	8:51.21	9:27.36	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	

	10:03.81	10:39.99	11:16.42	11:52.59	12:29.29	13:06.11	13:42.59	14:18.82
	1250m	1300m	1350m	1400m	1450m	1500m		
4.	14:55.46	15:31.60	16:07.46	16:43.68	17:18.68	17:52.73		
	Jim VICKERS	13	Colchester		17:55.37		520	
	50m	100m	150m	200m	250m	300m	350m	400m
	29.09	1:03.44	1:38.99	2:14.53	2:50.38	3:26.64	4:03.17	4:39.48
	450m	500m	550m	600m	650m	700m	750m	800m
	5:16.60	5:52.94	6:29.30	7:05.91	7:42.15	8:18.88	8:55.44	9:31.68
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:08.55	10:45.46	11:22.10	11:58.51	12:34.87	13:11.31	13:46.95	14:23.68
	1250m	1300m	1350m	1400m	1450m	1500m		
5.	14:59.36	15:35.44	16:12.13	16:48.05	17:24.01	17:55.37		
	Kianu KITCHING	13	Bo WalthamF		18:02.24		510	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.55	1:07.97	1:43.71	2:20.21	2:56.65	3:32.61	4:09.19	4:45.59
	450m	500m	550m	600m	650m	700m	750m	800m
	5:22.00	5:58.35	6:34.36	7:10.61	7:47.00	8:23.32	8:59.31	9:35.57
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:11.75	10:48.16	11:24.87	12:01.31	12:36.80	13:13.23	13:49.74	14:26.44
	1250m	1300m	1350m	1400m	1450m	1500m		
6.	15:02.36	15:38.59	16:14.62	16:50.64	17:26.59	18:02.24		
	Tommy WILLIS	13	Bo Waltham F		18:02.36		510	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.34	1:06.01	1:41.52	2:17.71	2:54.45	3:30.75	4:07.05	4:44.16
	450m	500m	550m	600m	650m	700m	750m	800m
	5:20.99	5:58.12	6:32.73	7:08.67	7:45.01	8:21.41	8:58.18	9:34.68
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:11.28	10:48.13	11:25.36	12:02.09	12:38.29	13:14.71	13:50.89	14:27.33
	1250m	1300m	1350m	1400m	1450m	1500m		
7.	15:03.37	15:40.52	16:16.39	16:52.83	17:28.87	18:02.36		
	Barton TOWNLEY	13	Bo Southend		18:06.38		504	
	50m	100m	150m	200m	250m	300m	350m	400m
	30.99	1:05.38	1:41.18	2:17.13	2:53.54	3:29.94	4:06.45	4:43.26
	450m	500m	550m	600m	650m	700m	750m	800m
	5:20.22	5:56.95	6:33.59	7:10.43	7:46.83	8:23.72	9:00.02	9:35.63
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:11.75	10:48.84	11:24.35	12:01.88	12:39.04	13:16.24	13:52.14	14:29.15
	1250m	1300m	1350m	1400m	1450m	1500m		
8.	15:06.53	15:43.79	16:21.17	16:57.86	17:34.11	18:06.38		
	Augustus VEASEY	13	Chelmsford		18:28.06		475	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.29	1:08.34	1:45.48	2:22.12	2:59.57	3:36.38	4:13.59	4:50.89
	450m	500m	550m	600m	650m	700m	750m	800m
	5:28.52	6:05.62	6:43.15	7:20.63	7:58.04	8:35.46	9:12.89	9:50.39
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:28.03	11:05.47	11:43.03	12:20.38	12:57.69	13:35.49	14:12.19	14:48.96
	1250m	1300m	1350m	1400m	1450m	1500m		
9.	15:26.26	16:03.34	16:40.19	17:16.90	17:53.59	18:28.06		
	Rory GEOGHEGAN	13	Bo Southend		18:28.83		474	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.16	1:07.90	1:44.88	2:22.35	2:58.32	3:34.53	4:11.03	4:48.04
	450m	500m	550m	600m	650m	700m	750m	800m
	5:25.14	6:02.22	6:39.73	7:16.99	7:53.72	8:31.12	9:07.87	9:44.76
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:21.96	10:59.29	11:36.75	12:14.41	12:52.06	13:29.70	14:07.69	14:45.41
	1250m	1300m	1350m	1400m	1450m	1500m		
10.	15:23.65	16:01.99	16:39.82	17:16.72	17:53.93	18:28.83		
	Daniel LEE	13	Canvey Isl		18:28.87		474	
	50m	100m	150m	200m	250m	300m	350m	400m
	33.06	1:10.09	1:48.19	2:26.16	3:03.94	3:41.75	4:19.36	4:55.91
	450m	500m	550m	600m	650m	700m	750m	800m
	5:33.32	6:11.26	6:48.31	7:26.82	8:03.88	8:41.31	9:17.89	9:55.22
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:32.63	11:09.96	11:46.51	12:24.01	13:01.47	13:38.35	14:15.47	14:52.55
	1250m	1300m	1350m	1400m	1450m	1500m		
11.	15:29.82	16:06.21	16:42.76	17:19.70	17:55.68	18:28.87		
	Murphy TALBOT	13	Runnymede		18:34.90		466	
	50m	100m	150m	200m	250m	300m	350m	400m
	33.30	1:10.52	1:48.28	2:26.35	3:04.19	3:41.85	4:19.12	4:56.40
	450m	500m	550m	600m	650m	700m	750m	800m
	5:34.05	6:11.74	6:49.11	7:26.85	8:04.34	8:41.34	9:17.56	9:54.76
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:32.33	11:09.15	11:46.66	12:24.11	13:01.64	13:38.86	14:15.91	14:53.05
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:30.33	16:07.65	16:44.09	17:21.39	17:58.49	18:34.90		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					FINA Pt
1.	Sean HOULIHAN	14	Romford Town	16:37.37					651
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.88	1:05.12	1:39.39	2:13.85	2:47.56	3:21.23	3:54.78	4:28.60	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:01.68	5:34.68	6:07.83	6:40.98	7:14.20	7:47.29	8:20.36	8:53.43	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:26.64	10:00.02	10:33.24	11:06.47	11:39.89	12:13.15	12:46.28	13:19.78	
	1250m	1300m	1350m	1400m	1450m	1500m			
	13:53.26	14:26.06	14:59.67	15:32.98	16:05.59	16:37.37			
2.	George FOLEY	14	Romford Town	17:06.34			598		
	50m	100m	150m	200m	250m	300m	350m	400m	
	29.91	1:03.29	1:37.30	2:11.51	2:45.19	3:19.36	3:53.88	4:27.81	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:02.42	5:37.28	6:11.36	6:45.98	7:20.19	7:55.05	8:29.91	9:04.51	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:39.13	10:13.37	10:48.35	11:22.84	11:57.76	12:32.08	13:07.12	13:41.69	
	1250m	1300m	1350m	1400m	1450m	1500m			
	14:16.27	14:50.46	15:24.36	15:59.27	16:33.49	17:06.34			
3.	Bradley CLARKE	14	Thurrock	17:38.66			545		
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.87	1:04.41	1:38.38	2:12.79	2:47.35	3:21.86	3:56.66	4:31.76	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:07.06	5:42.16	6:17.36	6:52.66	7:28.02	8:03.32	8:38.84	9:14.11	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:49.49	10:24.98	11:00.87	11:36.77	12:12.70	12:48.48	13:24.64	14:01.21	
	1250m	1300m	1350m	1400m	1450m	1500m			
	14:37.63	15:14.29	15:50.94	16:27.63	17:03.73	17:38.66			
4.	George CROW	14	Killerwhales	17:46.81			532		
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.97	1:04.98	1:39.69	2:14.46	2:49.49	3:24.68	4:00.20	4:35.51	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:11.00	5:46.69	6:22.02	6:57.43	7:33.14	8:08.89	8:44.57	9:20.59	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:56.32	10:32.51	11:08.59	11:45.00	12:21.38	12:57.84	13:34.23	14:10.60	
	1250m	1300m	1350m	1400m	1450m	1500m			
	14:47.26	15:23.81	16:00.39	16:35.91	17:12.05	17:46.81			
5.	Freddy CASSFORD	14	Epping For't	17:55.54			519		
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.83	1:05.79	1:41.86	2:17.78	2:54.62	3:30.52	4:06.69	4:42.98	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:19.56	5:55.56	6:31.61	7:07.13	7:43.34	8:19.82	8:55.97	9:32.37	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:08.14	10:44.49	11:21.25	11:57.82	12:34.39	13:10.30	13:46.45	14:22.68	
	1250m	1300m	1350m	1400m	1450m	1500m			
	14:59.05	15:35.27	16:10.37	16:46.33	17:21.37	17:55.54			
6.	Lawrence BROWN	14	BorRedbridge	18:09.31			500		
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.87	1:04.89	1:39.62	2:14.93	2:49.85	3:24.50	3:59.97	4:35.41	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:11.02	5:46.76	6:22.95	6:59.21	7:35.44	8:12.22	8:48.47	9:26.46	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:03.82	10:40.34	11:17.49	11:55.57	12:33.45	13:11.81	13:49.65	14:27.54	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:05.89	15:42.23	16:18.78	16:56.60	17:34.00	18:09.31			
7.	Joseph STAMP	14	BorRedbridge	18:13.01			495		
	50m	100m	150m	200m	250m	300m	350m	400m	
	31.44	1:06.02	1:41.28	2:17.28	2:53.84	3:30.49	4:06.48	4:43.19	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:19.77	5:56.47	6:33.08	7:09.85	7:46.84	8:23.86	9:00.79	9:37.84	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:14.79	10:51.86	11:29.09	12:06.42	12:43.89	13:21.11	13:58.45	14:35.28	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:11.54	15:48.18	16:24.81	17:01.14	17:37.90	18:13.01			
8.	Sonny TRIGG	14	Colchester	18:18.11			488		
	50m	100m	150m	200m	250m	300m	350m	400m	
	31.77	1:06.24	1:41.90	2:17.73	2:53.90	3:30.60	4:06.77	4:43.34	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:20.10	5:56.84	6:33.09	7:10.15	7:47.38	8:24.66	9:01.22	9:37.75	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:14.99	10:52.23	11:28.75	12:05.78	12:43.72	13:21.26	13:58.79	14:36.10	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:12.85	15:50.25	16:27.64	17:04.64	17:42.83	18:18.11			
9.	Henry MAHER	14	Epping For't	18:54.04			443		
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.85	1:05.68	1:41.83	2:17.71	2:54.95	3:31.71	4:07.74	4:44.61	
	450m	500m	550m	600m	650m	700m	750m	800m	

5:21.76	5:58.79	6:36.36	7:13.71	7:52.37	8:30.05	9:08.25	9:42.50
850m	900m	950m	1000m	1050m	1100m	1150m	1200m
10:23.55	11:03.96	11:43.14	12:22.62	13:02.20	13:42.55	14:19.41	15:00.77
1250m	1300m	1350m	1400m	1450m	1500m		
15:43.31	16:25.31	17:03.51	17:43.70	18:20.78	18:54.04		
Lee BAKER	14	Epping For't		DNF			

EVENT 125 Girls 10 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Holly HILDREW	10	Thurrock	34.62	393
2.	Laura STEPHENS	10	Harwich DP	36.04	348
3.	Pasha GEORGE	10	Bo Waltham F	36.52	335
4.	Lucy HARWOOD	10	BorRedbridge	36.80	327
5.	Ellie-Louise SHARPE	10	Thurrock	38.02	297
6.	Anna MANNING	10	Thurrock	38.37	289
7.	Hannah BINNING	10	Romford Town	39.21	271
8.	Abby COLTON	10	Witham Dolph	39.61	262
9.	Martha DULEY	10	Colchester	39.74	260
10.	Aimee NEWPORT	10	Thurrock	40.32	249
11.	Gabrielle QUIGLEY	10	Canvey Isl	40.68	242
12.	Renaë DAWES	10	Thurrock	40.78	240
12.	Rebecca NEALE	10	Halstead	40.78	240
14.	Chloe THOMPSON	10	Romford Town	41.14	234

EVENT 132 Boys 15 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	REECE PARKER	15	Southend	26.04	514
2.	Harry PAYNE	15	Thurrock	26.17	506
3.	Danny BAKER	15	Rochford	26.57	484
4.	Christopher MITCHELL	15	Epping For't	26.62	481
5.	Edward CLARK	15	Halstead	26.78	473
5.	James WINNELL	15	Runnymede	26.78	473
7.	Benjamin ROOTS	15	Chelmsford	26.81	471
8.	Daniel SORRELL	15	Chelmsford	26.82	471
9.	Alistair FRANCE	15	Bo Waltham F	26.84	469
10.	David BENNETT	15	Killerwhales	27.06	458
11.	James HOLDSWORTH	15	Brentwood	27.08	457
12.	Daniel COOPER	15	Halstead	27.11	456
13.	Luke HEPTONSTALL	15	Colchester	27.13	455
14.	Charlie DENTITH	15	BorRedbridge	27.15	454
15.	Tom SKINGSLEY	15	Killerwhales	27.29	447
16.	Thomas CLARK	15	Romford Town	27.36	443
17.	Thomas JOHNSON	15	Brentwood	27.38	442
18.	Tom VICKERS	15	Colchester	27.44	439
19.	Christopher GARLICK	15	Brentwood	27.70	427
20.	Charlie SELF	15	Rochford	27.73	426
21.	Jack BYFIELD	15	Phoenix Bas	27.91	418
22.	Steven LEAK	15	Havering Dol	28.33	399
23.	Matthew E STOKER	15	Witham Dolph	28.37	398
	Joseph WENNELL	15	Basildon	DQ ST-	
	Nicholas ALBROW	15	Basildon	DQ ST-	

EVENT 138 Boys 17 Yrs/Over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Allen LINDENBERG	21	Bo Waltham F	25.09	575
2.	Daniel STEPTON	18	Romford Town	25.18	569
3.	Christopher INCH	17	BorRedbridge	25.30	561
4.	Jonathan SAYER	19	Bo Southend	25.34	558
5.	Nicholas OSMAN	17	Bo Waltham F	25.43	552
6.	Sean TOMLIN	18	Bo Southend	25.45	551
7.	Dean SMITH	18	BorRedbridge	25.51	547
8.	Timothy TRIPP	17	Colchester	25.70	535
9.	Jason DANIELS	17	Thurrock	25.79	529
10.	James DAVIS	17	Romford Town	25.91	522
11.	Thomas ROOTSEY	19	Colchester	25.99	517
12.	Dean WOODCOCK	17	Chelmsford	26.04	514
13.	Christopher STAMP	17	BorRedbridge	26.14	508
14.	Jamie HARRINGTON	18	Romford Town	26.20	505
15.	Thomas TOOLIS	17	Romford Town	26.37	495
16.	Conor HARROLD	17	Thurrock	26.54	486
17.	James PATERSON	17	Clacton On S	26.66	479
18.	James MITCHELL	17	Thurrock	26.75	474
19.	Matthew WINNELL	17	Runnymede	26.81	471
20.	Jordan JAGO	17	Colchester	26.96	463
21.	Dean BRUMBY	17	Rochford	27.03	460
22.	Steven PEDDLE	17	Epping For't	27.61	431
23.	Craig JOHNSTON	18	Canvey Isl	28.13	408
	Kenneth DAYMAN	18	FirstStrokes	DNC	
	Daniel VOSS	25	Bo Waltham F	DNC	

EVENT 302 Girls 14 Yrs/Over 100m Butterfly

14 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Elena SHERIDAN	14	Romford Town	1:03.51	697	30.04** Event Best Time
2.	Amelia KNOWLES	14	Southend	1:06.51	607	30.96
3.	Stephanie MALCOLM	14	Bo Waltham F	1:07.04	593	31.30
4.	Amy BEARDWELL-LACEY	14	Romford Town	1:08.96	545	32.06
5.	Sanaa AKBAR	14	Bo Waltham F	1:09.35	536	32.44
6.	Elizabeth HARE	14	Bo Waltham F	1:09.97	521	32.64
7.	Bethaney HALL	14	Romford Town	1:10.77	504	32.79
8.	Rebekah BOOTY	14	Braintree	1:11.69	485	33.26
9.	Jessica LAMBERT	14	BorRedbridge	1:12.18	475	32.86
10.	Melissa KNIGHTON	14	Runnymede	1:12.20	475	33.47
11.	Chloe TOMSETT	14	Brentwood	1:12.58	467	33.71
12.	Katie WILLIS	14	Southend	1:14.34	435	34.18
13.	Helen MITCHELL	14	Braintree	1:14.47	433	33.80

15 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Emily COLE	15	BorRedbridge	1:07.81	573	31.36
2.	Louise HARRINGTON	15	Romford Town	1:11.27	493	33.53
3.	Sophie COPPER	15	BorRedbridge	1:11.47	489	32.86
4.	Evangelina FISHER	15	Chelmsford	1:11.77	483	32.87
5.	Liane KENNEDY	15	Killerwhales	1:17.15	389	34.53

16 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Chloe DAVIS	16	Runnymede	1:04.68	660	30.64
2.	Kerriann CHIPPERFIELD	16	Thurrock	1:06.73	601	31.13
3.	Sarah LARNER	16	Colchester	1:07.75	574	31.38
4.	Kelsey RICHARDS	16	BorRedbridge	1:08.79	549	32.29
5.	Nina WISEMAN	16	Braintree	1:11.89	481	33.51
6.	Hannah PACKMAN	16	Canvey Isl	1:12.54	468	33.22

17 Yrs/Over Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Verity GOODEY	18	Bo Southend	1:04.36	670	29.63
2.	Kalei ANDREWS	18	Killerwhales	1:07.28	587	31.26
3.	Jessica FORD	19	Thurrock	1:07.92	570	31.73
4.	Nicola REES	20	Romford Town	1:09.50	532	32.33

5.	Katinka MERCHAN	17	Killerwhales	1:09.73	527	31.96
6.	Molly EPSLY	17	Thurrock	1:10.43	511	33.12
7.	Julia BRAYBROOKE	23	Killerwhales	1:10.49	510	32.55
8.	Charlotte DAVIS	18	Runnymede	1:10.79	504	32.91

EVENT 303 Girls 09/10 Yrs 200m Breaststroke

09 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Megan SUMMERS	9	Bo Waltham F	3:27.48	300	47.66	1:41.60	2:35.84
2.	Imagine STUART	9	Thurrock	3:33.81	274	49.99	1:44.57	2:40.48
3.	Georgia HARROD	9	Braintree	3:36.14	265	50.34	1:45.36	2:41.58
4.	Sasha HUTCHISON	9	Halstead	3:36.83	263	48.98	1:45.25	2:42.17
5.	Holly THOMPSON	9	Chelmsford	3:39.79	252	50.95	1:47.54	2:45.02
6.	Lucy JESSOP	9	Brentwood	3:40.77	249	49.95	1:45.97	2:44.59
7.	Lily MAY	9	Thurrock	3:43.59	240	48.27	1:47.16	2:47.19
8.	Madeleine KNIGHTON	9	Runnymede	3:45.04	235	50.37	1:47.42	2:46.74
9.	Alexandra RENDALL	9	Halstead	3:46.09	232	52.63	1:50.72	2:49.37
10.	Carys HARDING	9	Canvey Isl	3:50.63	218	51.67	1:51.66	2:51.16
11.	Amelia PEDDLE	9	Epping For't	3:52.37	213	48.75	1:50.31	2:52.13
12.	Zoe KEARNS	9	Killerwhales	3:52.64	213	52.17	1:52.25	2:53.65
13.	Georgia OLLEY	9	Chelmsford	3:53.61	210	52.61	1:51.75	2:53.21
14.	Megan THOMPSON	9	Thurrock	3:59.11	196	52.02	1:53.72	2:57.41
15.	Maisie JONES	9	Basildon	3:59.62	195	53.88	1:56.42	2:59.70
16.	Lucie DAVIS	9	Killerwhales	4:03.56	185	56.73	1:58.69	3:01.48
17.	Maddie NORRIS	9	Canvey Isl	4:03.94	185	54.87	1:56.74	3:01.89
	Brooke FAIRCHILD	9	Thurrock	DQ T-				

10 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Holly HILDREW	10	Romford Town	3:10.62	387	44.82	1:33.99	2:23.20
2.	Gabrielle QUIGLEY	10	Canvey Isl	3:11.02	384	44.89	1:33.83	2:23.46
3.	Holly TAYLOR	10	Bo Waltham F	3:27.04	302	45.97	1:39.50	2:34.71
4.	Harriet WHITE	10	Braintree	3:28.17	297	47.33	1:40.27	2:35.26
5.	Aimee NEWPORT	10	Thurrock	3:28.40	296	48.93	1:42.22	2:36.35
6.	Chloe WOOD	10	Thurrock	3:28.44	296	48.34	1:41.16	2:34.78
7.	Victoria BISHOP	10	Romford Town	3:29.60	291	47.68	1:41.08	2:36.63
8.	Hannah BINNING	10	Romford Town	3:29.92	290	47.76	1:41.35	2:35.84
9.	Anna MANNING	10	Romford Town	3:30.00	289	48.62	1:42.55	2:36.59
10.	Rebecca NEALE	10	Halstead	3:32.26	280	48.34	1:42.88	2:36.90
11.	Ellie HARRIS	10	Romford Town	3:33.14	277	49.88	1:44.39	2:39.17
12.	Laura STEPHENS	10	Harwich DP	3:34.00	273	49.58	1:45.93	2:41.12
13.	Abby COLTON	10	Witham Dolph	3:36.05	266	48.39	1:43.38	2:40.60
14.	Charley BIRD	10	BorRedbridge	3:37.51	260	50.23	1:45.80	2:43.05
15.	Renae DAWES	10	Thurrock	3:37.87	259	49.77	1:46.68	2:42.89
16.	Lauren COLTON	10	Witham Dolph	3:39.56	253	49.05	1:44.99	2:42.82
17.	Lucy HARWOOD	10	BorRedbridge	3:48.01	226	52.24	1:50.71	2:50.38
	Zoe BRADLEY	10	Southend	DQ ST-				
	Mollie GARRARD	10	Runnymede	DQ T-				

EVENT 304 Boys 15 Yrs/Over 400m Freestyle

15 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Charlie DENTITH	15	BorRedbridge	4:12.97	623			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.51	59.46	1:31.33	2:03.67	2:36.14	3:08.69	3:41.13	4:12.97
2.	Daniel SORRELL	15	Chelmsford	4:14.05	616			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.66	1:00.15	1:32.30	2:04.71	2:37.39	3:09.89	3:42.37	4:14.05
3.	Harry PAYNE	15	Thurrock	4:15.73	604			
	50m	100m	150m	200m	250m	300m	350m	400m
	29.12	1:00.71	1:33.11	2:05.79	2:39.14	3:11.61	3:43.77	4:15.73
4.	Alistair FRANCE	15	Bo Waltham F	4:28.59	521			
	50m	100m	150m	200m	250m	300m	350m	400m
	30.29	1:03.88	1:38.53	2:13.44	2:48.30	3:22.93	3:56.55	4:28.59
5.	James WINNELL	15	Runnymede	4:30.63	509			
	50m	100m	150m	200m	250m	300m	350m	400m

6.	30.14	1:04.06	1:38.43	2:13.37	2:48.07	3:23.48	3:58.64	4:30.63
	David BENNETT	15	Killerwhales		4:32.85		497	
	50m	100m	150m	200m	250m	300m	350m	400m
	30.09	1:03.86	1:38.18	2:12.99	2:48.11	3:23.35	3:58.20	4:32.85
7.	Jonathan	15	BorRedbridge		4:33.66		492	
	WORBY							
	50m	100m	150m	200m	250m	300m	350m	400m
	30.76	1:04.84	1:39.68	2:15.06	2:49.91	3:25.09	3:59.96	4:33.66
8.	Danny BAKER	15	Rochford		4:35.27		484	
	50m	100m	150m	200m	250m	300m	350m	400m
	30.60	1:05.09	1:40.56	2:16.20	2:50.42	3:25.51	4:00.71	4:35.27
	Niall GANDY	15	Bo Waltham F		DNC			

16 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Elliott HILL	16	Bo Waltham F	4:05.76	680			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.19	58.24	1:28.15	1:59.04	2:30.15	3:01.80	3:34.11	4:05.76
2.	Alexander DELICATA	16	Thurrock	4:11.44	635			
	50m	100m	150m	200m	250m	300m	350m	400m
	27.94	59.11	1:30.59	2:02.32	2:34.42	3:07.43	3:39.71	4:11.44
3.	Michael GRACE	16	Phoenix Bas	4:15.56	605			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.60	1:00.00	1:31.54	2:03.97	2:36.39	3:09.44	3:42.96	4:15.56
4.	Tom WEBB	16	Killerwhales	4:15.82	603			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.07	1:00.14	1:32.23	2:04.79	2:38.03	3:11.27	3:44.31	4:15.82
5.	Nicholas GILROY	16	Brentwood	4:15.98	602			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.67	59.98	1:32.16	2:04.95	2:38.19	3:11.54	3:44.68	4:15.98
6.	Ivan GEORGIEV	16	BorRedbridge	4:16.95	595			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.23	59.67	1:31.90	2:05.05	2:38.44	3:11.82	3:45.28	4:16.95
7.	Alex KEATING	16	Bo Waltham F	4:18.56	584			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.51	1:00.06	1:32.58	2:05.72	2:38.90	3:12.45	3:45.93	4:18.56
8.	Thomas HALE	16	Brentwood	4:18.83	582			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.95	1:00.37	1:32.45	2:05.32	2:39.12	3:12.75	3:46.32	4:18.83
9.	Charlie POND	16	Southend	4:24.50	545			
	THOMPSON							
	50m	100m	150m	200m	250m	300m	350m	400m
	29.27	1:03.03	1:37.09	2:11.34	2:45.36	3:19.37	3:52.84	4:24.50
10.	Oliver BURLING	16	Bo Waltham F	4:27.19	529			
	50m	100m	150m	200m	250m	300m	350m	400m
	29.76	1:02.67	1:36.28	2:10.47	2:45.01	3:19.47	3:53.78	4:27.19

17 Yrs/Over Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Allen LINDENBERG	21	Bo Waltham F	4:00.84	723			
	50m	100m	150m	200m	250m	300m	350m	400m
	27.38	56.67	1:26.64	1:57.11	2:28.00	2:59.11	3:31.00	4:00.84
2.	Christopher INCH	17	BorRedbridge	4:02.13	711			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.01	57.65	1:27.70	1:58.41	2:29.50	3:00.68	3:31.76	4:02.13
3.	Daniel STEPTON	18	Romford Town	4:05.83	679			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.40	59.50	1:30.93	2:02.59	2:33.56	3:05.67	3:36.59	4:05.83
4.	James DAVIS	17	Romford Town	4:09.06	653			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.53	59.42	1:30.84	2:02.70	2:34.13	3:06.10	3:37.94	4:09.06
5.	Conor HARROLD	17	Thurrock	4:11.00	638			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.47	59.47	1:31.26	2:03.44	2:35.49	3:07.61	3:39.88	4:11.00
6.	Sean TOMLIN	18	Bo Southend	4:11.65	633			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.72	59.90	1:31.59	2:03.45	2:35.63	3:07.73	3:40.16	4:11.65
7.	James MITCHELL	17	Thurrock	4:12.79	625			
	50m	100m	150m	200m	250m	300m	350m	400m
	29.42	1:01.19	1:33.12	2:05.18	2:37.37	3:09.38	3:41.51	4:12.79
8.	Thomas ROOTSEY	19	Colchester	4:18.07	587			
	50m	100m	150m	200m	250m	300m	350m	400m
	27.95	59.31	1:31.38	2:04.45	2:37.22	3:10.52	3:44.45	4:18.07
9.	Dean SMITH	18	BorRedbridge	4:18.90	582			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.50	59.75	1:31.68	2:04.18	2:37.48	3:11.21	3:45.53	4:18.90

10.	Thomas TOOLIS	17	Romford Town	4:20.35	572			
	50m	100m	150m	200m	250m	300m	350m	400m
	28.65	1:00.46	1:32.68	2:05.91	2:39.31	3:13.35	3:47.09	4:20.35
11.	Sam WHITEHEAD	18	Romford Town	4:24.92	543			
	50m	100m	150m	200m	250m	300m	350m	400m
	30.17	1:02.78	1:36.21	2:10.25	2:43.95	3:17.94	3:52.02	4:24.92
12.	Jason DANIELS	17	Thurrock	4:25.91	537			
	50m	100m	150m	200m	250m	300m	350m	400m
	29.57	1:01.59	1:34.64	2:08.43	2:42.76	3:17.55	3:52.24	4:25.91

EVENT 305 Girls 11/13 Yrs 200m IM

11 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Amrita ROBERTSON	11	Bo Waltham F	2:35.61	553	34.07	1:13.51	2:01.05
2.	Bethany MOORE	11	Romford Town	2:40.83	501	35.46	1:15.38	2:04.36
3.	Philippa DAVENALL	11	Colchester	2:43.23	479	35.62	1:18.30	2:04.97
4.	Emily WOODS	11	Braintree	2:46.49	452	36.18	1:18.87	2:08.81
5.	Dolly TRIGG	11	Colchester	2:47.17	446	37.32	1:18.84	2:08.83
6.	Sophie WARD	11	Romford Town	2:48.19	438	35.81	1:19.28	2:09.88
7.	Hope JONES	11	Thurrock	2:49.61	427	38.34	1:22.05	2:13.09
8.	Tillie GEGGUS	11	Thurrock	2:50.38	421	37.62	1:17.38	2:10.88
9.	Dina DAY	11	Runnymede	2:50.49	421	37.35	1:19.53	2:12.08
10.	Bethan MCELROY	11	Canvey Isl	2:51.30	415	37.96	1:21.88	2:12.20
11.	Sarah ELLIS	11	Runnymede	2:52.04	409	37.23	1:19.23	2:12.57
12.	Alice WANG	11	Epping For't	2:52.27	408	37.45	1:22.50	2:12.67
13.	Danica BRAZIER	11	Chelmsford	2:53.21	401	39.90	1:23.81	2:14.66
14.	Ebony TALBOT	11	Runnymede	2:55.64	385	39.69	1:25.49	2:14.53
15.	Amber EVANS	11	Rochford	2:58.21	368	40.05	1:24.03	2:15.92
16.	Sophie PRIDDLE	11	BorRedbridge	2:59.21	362	38.80	1:24.48	2:19.53
17.	Ciara PURCELL	11	BorRedbridge	3:00.03	357	43.30	1:31.30	2:21.31
	Eva POWER	11	Canvey Isl	DNC				
	Sophie KENNY	11	Epping For't	DQ ST-				

12 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Eliza DUFFY	12	Chelmsford	2:29.45	624	31.59	1:08.62	1:55.12
2.	Kayleigh UMFREVILLE	12	Thurrock	2:30.35	613	33.85	1:12.87	1:55.67
3.	Eleanor PIRRIE	12	Runnymede	2:31.38	601	32.78	1:11.62	1:56.64
4.	Katarina BLANCO	12	Bo Southend	2:34.05	570	32.60	1:11.18	1:58.37
5.	Emma CASSIDY	12	Thurrock	2:34.21	568	35.00	1:12.80	2:01.10
6.	Victoria CHRISTMAS	12	Romford Town	2:34.43	566	33.36	1:12.60	1:59.18
7.	Courtney SANDERS	12	Chelmsford	2:34.70	563	34.66	1:12.96	1:59.76
8.	Amy HARRIS	12	Romford Town	2:38.65	522	36.33	1:15.43	2:02.58
9.	Karis ELLERBY	12	Bo Southend	2:41.39	496	35.88	1:17.53	2:04.96
10.	Mikaela KENNEDY	12	Killerwhales	2:42.27	488	35.98	1:18.51	2:06.21
11.	Abigail REYNOLDS	12	Bo Southend	2:42.99	481	36.93	1:18.41	2:07.19
12.	Grace WINGROVE	12	BorRedbridge	2:43.41	478	37.68	1:18.71	2:07.10
13.	Kirstie FEHILY	12	Canvey Isl	2:45.39	461	37.13	1:15.86	2:09.05
14.	Lisa WAITE	12	Epping For't	2:47.57	443	35.20	1:18.37	2:08.84
15.	Grace GILROY	12	Brentwood	2:48.95	432	37.47	1:22.52	2:09.80

13 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ellie TRIPP	13	Colchester	2:30.85	607	33.74	1:12.65	1:56.76
2.	Kathryn PEARSE	13	Phoenix Bas	2:31.59	598	32.34	1:09.61	1:56.21
3.	Brock WHISTON	13	Romford Town	2:33.56	576	33.75	1:13.68	1:57.79
4.	Molly SPARKS	13	Killerwhales	2:33.68	574	33.60	1:11.18	1:58.54
5.	Georgia MILLS	13	Thurrock	2:35.73	552	34.24	1:14.43	2:00.43
6.	Katherine STEPHENS	13	Thurrock	2:36.29	546	33.53	1:14.42	2:00.42
7.	Katie WHIFFIN	13	Epping For't	2:36.78	541	34.01	1:13.52	1:59.96
8.	Danielle ROOKE	13	Killerwhales	2:37.45	534	35.20	1:13.94	2:02.62
9.	Rebecca HAYES	13	Thurrock	2:38.70	521	35.63	1:15.72	2:03.07
10.	Sian ELMY	13	Runnymede	2:43.66	476	36.79	1:16.55	2:05.80
11.	Madeleine SINCLAIR	13	Harwich DP	2:45.54	459	36.51	1:17.87	2:06.80
	Hannah TRAVELL	13	Braintree	DNC				

**EVENT 145 FINAL OF EVENT 125
Girls 10 Yrs 50m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Holly HILDREW	10	Thurrock	34.66	392
2.	Laura STEPHENS	10	Harwich DP	35.97	350
3.	Lucy HARWOOD	10	BorRedbridge	36.26	342
4.	Pasha GEORGE	10	Bo Waltham F	36.49	336
5.	Ellie-Louise SHARPE	10	Thurrock	38.04	296
6.	Anna MANNING	10	Thurrock	39.21	271

**EVENT 306 FINAL OF EVENT 302
Girls 14 Yrs 100m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Elena SHERIDAN	14	Romford Town	1:04.63	662	30.56** Event Best Time
2.	Amelia KNOWLES	14	Southend	1:06.30	613	31.17
3.	Stephanie MALCOLM	14	Bo Waltham F	1:06.71	602	31.39
4.	Sanaa AKBAR	14	Bo Waltham F	1:09.12	541	32.40
5.	Amy BEARDWELL-LACEY	14	Romford Town	1:09.18	540	32.21
6.	Elizabeth HARE	14	Bo Waltham F	1:10.11	518	32.50

**EVENT 307 FINAL OF EVENT 302
Girls 15 Yrs 100m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Emily COLE	15	BorRedbridge	1:07.06	592	31.30
2.	Louise HARRINGTON	15	Romford Town	1:10.13	518	33.09
2.	Evangelina FISHER	15	Chelmsford	1:10.13	518	32.97
4.	Sophie COPPER	15	BorRedbridge	1:10.41	512	32.94

**EVENT 308 FINAL OF EVENT 302
Girls 16 Yrs 100m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Chloe DAVIS	16	Runnymede	1:04.78	657	30.53
2.	Kerriann CHIPPERFIELD	16	Thurrock	1:05.64	632	31.16
3.	Sarah LARNER	16	Colchester	1:06.47	608	31.12
4.	Kelsey RICHARDS	16	BorRedbridge	1:07.76	574	32.08
5.	Nina WISEMAN	16	Braintree	1:11.00	499	32.92
6.	Hannah PACKMAN	16	Canvey Isl	1:12.67	466	33.11

**EVENT 309 FINAL OF EVENT 302
Girls 17 Yrs/Over 100m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Verity GOODEY	18	Bo Southend	1:03.25	706	29.84** Event Best Time
2.	Kalei ANDREWS	18	Killerwhales	1:06.45	609	31.14
3.	Jessica FORD	19	Thurrock	1:08.84	548	32.08
4.	Nicola REES	20	Romford Town	1:09.09	542	32.38
5.	Katinka MERCHAN	17	Killerwhales	1:10.52	509	32.14
6.	Molly EPSLY	17	Thurrock	1:10.95	500	33.55

EVENT 152 FINAL OF EVENT 132
Boys 15 Yrs 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Harry PAYNE	15	Thurrock	26.04	514
2.	REECE PARKER	15	Southend	26.20	505
3.	Danny BAKER	15	Rochford	26.34	497
4.	Christopher MITCHELL	15	Epping For't	26.48	489
5.	Edward CLARK	15	Halstead	26.49	488
6.	James WINNELL	15	Runnymede	26.88	467

EVENT 158 FINAL OF EVENT 138
Boys 17 Yrs/Over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Allen LINDENBERG	21	Bo Waltham F	24.11	648** Event Best Time
2.	Daniel STEPTON	18	Romford Town	24.40	625
3.	Nicholas OSMAN	17	Bo Waltham F	25.16	570
4.	Jonathan SAYER	19	Bo Southend	25.45	551
5.	Christopher INCH	17	BorRedbridge	25.60	541
6.	Sean TOMLIN	18	Bo Southend	25.81	528