

**ECASA AGE GROUPS 2010**  
**Under ASA Laws & ASA Technical Rules of Swimming**  
**7th March 2010 Session - 12**  
**at Braintree Swimming centre**

**EVENT 124 Mens 16 Yrs/Under 200m Free.Team**

Full Results

Place	Name	Club	Time	50	100	150
1.	Thurrock Swimming Club	Thurrock	1:43.29	26.14	52.30	1:17.91
2.	killerwhales	Killerwhales	1:43.41	25.64	52.01	1:18.71
3.	Epping Forest A	Epping For't	1:43.86	26.38	52.45	1:18.46
4.	Redbridge	BorRedbridge	1:44.25	25.75	52.64	1:18.61
5.	Borough of Waltham For	Bo Waltham F	1:45.03	26.19	52.64	1:19.57
6.	Brentwood SC	Brentwood	1:46.12	27.34	54.02	1:20.70
7.	Colchester A	Colchester	1:46.58	26.86	53.54	1:20.21
8.	Rochford A	Rochford	1:47.26	26.43	53.95	1:21.46
9.	Romford Town A	Romford Town	1:48.40	26.73	53.72	1:20.83
10.	Basildon & District SC	Basildon	1:49.93	27.80	55.49	1:23.98
11.	Phoenix Bas A	Phoenix Bas	1:50.24	26.17	53.27	1:21.65
12.	Redbridge B	BorRedbridge	1:52.13	27.72	55.27	1:23.68
13.	Colchester B	Colchester	1:55.35	27.58	59.14	1:28.12
14.	Phoenix Bas B	Phoenix Bas	2:13.52	29.70	1:00.61	1:30.14
	Clacton	Clacton On S	DNC			

**EVENT 142 Girls 12 Yrs 50m Butterfly**

Full Results

Place	Name	AaD	Club	Time	FINA Pt
<b>1.</b>	<b>Eliza DUFFY</b>	<b>12</b>	<b>Chelmsford</b>	<b>31.08</b>	<b>543** Event Best Time</b>
2.	Eleanor PIRRIE	12	Runnymede	31.75	510
3.	Katarina BLANCO	12	Bo Southend	31.98	499
4.	Victoria CHRISTMAS	12	Romford Town	32.77	463
5.	Courtney SANDERS	12	Chelmsford	33.23	444
6.	Kayleigh UMFREVILLE	12	Thurrock	33.44	436
7.	Eleanor MCCAFFREY	12	Chelmsford	33.54	432
8.	Mikaela KENNEDY	12	Killerwhales	33.68	427
9.	Emma CASSIDY	12	Thurrock	33.86	420
10.	Abigail REYNOLDS	12	Bo Southend	33.87	420
11.	Karis ELLERBY	12	Bo Southend	34.42	400
12.	Lisa WAITE	12	Epping For't	34.47	398
13.	Isabella SALTHOUSE	12	Braintree	34.91	383
14.	Alice INSULL	12	Colchester	35.15	376
15.	Holly DIMMICK	12	Rochford	35.81	355
16.	Grace WINGROVE	12	BorRedbridge	36.44	337
17.	Grace GILROY	12	Brentwood	36.84	326
	Megan JONES	12	Basildon	DNC	
	Alex MIDDLETON	12	Dagenham	DNC	

**EVENT 331 Boys 12/14 Yrs 100m Freestyle**

**12 Yrs Age Group –**

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Harvey BROWN	12	Phoenix Bas	1:01.72	415	29.89
2.	James DAY	12	Thurrock	1:02.34	403	30.08
3.	Sam BISHOP	12	Romford Town	1:04.24	368	31.10
4.	Nathan LEONG	12	Bo Waltham F	1:04.80	359	31.19
5.	Aidan ROBINSON	12	Basildon	1:05.21	352	31.05
6.	Frank MCGUIRK	12	BorRedbridge	1:06.12	338	31.65
7.	Russell BECK	12	Rochford	1:06.45	333	32.23
8.	Luke SHERIDAN	12	Romford Town	1:07.13	323	32.19
9.	Kenneth MAN	12	BorRedbridge	1:07.60	316	32.31
9.	David FRYATT	12	Braintree	1:07.60	316	32.73
11.	BILLY MAYNARD	12	Southend	1:08.93	298	33.27
12.	Connor KEARNS	12	Killerwhales	1:09.28	293	32.27
13.	Charlie FOX	12	Killerwhales	1:09.65	289	33.52
14.	Samuel WOOLF	12	Bo Southend	1:11.66	265	34.02
	Thomas ILLIDGE	12	Colchester	DQ ST-		

## 13 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jarrod BRADFELD	13	Clacton On S	57.61	510	28.09
2.	Luke BOURNE	13	Rochford	57.65	509	28.21
3.	Jim VICKERS	13	Colchester	58.19	495	28.18
4.	Luke DURBAN	13	Braintree	58.80	480	28.61
5.	Thomas MCLAGAN	13	Braintree	59.51	463	29.12
6.	Barton TOWNLEY	13	Bo Southend	1:00.17	448	29.21
7.	Orin MANN	13	Chelmsford	1:00.22	447	28.73
8.	Matthew LEMNELL	13	Colchester	1:00.31	445	29.33
9.	Harry GEGGUS	13	Thurrock	1:01.21	426	29.13
10.	George KNIGHT	13	Runnymede	1:01.47	420	29.48
11.	Rory GEOGHEGAN	13	Bo Southend	1:01.73	415	29.75
12.	Matthew THOMPSON	13	Maldon Shark	1:01.94	411	29.39
13.	Wesley BRAME	13	Brentwood	1:02.23	405	29.67
14.	Samuel KELLY	13	BorRedbridge	1:02.98	391	30.35
15.	Aiden ROBINSON	13	Killerwhales	1:03.05	389	29.74
16.	Arjun ROBERTSON	13	Bo Waltham F	1:03.10	388	30.30
17.	Ross DAVY	13	Chelmsford	1:03.40	383	30.56
18.	Alexander HAINES	13	Brentwood	1:03.56	380	30.52
19.	Kianu KITCHING	13	Bo Waltham F	1:03.80	376	31.20
20.	Murphy TALBOT	13	Runnymede	1:04.21	369	30.42
21.	Tommy WILLIS	13	Bo Waltham F	1:04.31	367	30.46
22.	Charles STURLEY	13	Romford Town	1:04.40	365	31.03

## 14 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sean HOULIHAN	14	Romford Town	57.64	510	28.54
2.	Gareth HAWKINS	14	Thurrock	57.73	507	28.10
3.	Lee BAKER	14	Epping For't	57.90	503	27.89
4.	Henry MAHER	14	Epping For't	57.91	503	27.90
5.	Freddy CASSFORD	14	Epping For't	58.50	487	28.19
6.	James ROOME	14	Killerwhales	58.72	482	28.00
7.	Sonny TRIGG	14	Colchester	58.95	476	28.65
8.	Hayden THOMAS	14	Epping For't	59.05	474	27.82
8.	Joseph STAMP	14	BorRedbridge	59.05	474	28.68
10.	George CROW	14	Killerwhales	59.16	471	28.41
11.	George FOLEY	14	Romford Town	59.26	469	28.81
12.	Jack CARTER	14	Southend	59.34	467	28.46
13.	Sonny FORD	14	Thurrock	59.82	456	29.30
14.	Lawrence BROWN	14	BorRedbridge	1:00.10	450	28.65
15.	Zachary MASHFORD	14	Rochford	1:00.82	434	29.06
16.	Charles O'CONNOR	14	FirstStrokes	1:01.22	425	29.44
17.	Joshua INWOOD	14	Basildon	1:02.11	407	29.72
18.	Bradley CLARKE	14	Thurrock	1:02.29	404	29.33
19.	Joshua ROGERS	14	Romford Town	1:02.43	401	29.88

## EVENT 135 Boys 09 Yrs 50m Freestyle

### Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elliot SWALLOW	9	Halstead	35.37	205
2.	Daniel WESTON	9	Killerwhales	35.65	200
3.	Harvey JOLLY	9	Phoenix Bas	35.83	197
4.	Jamie MALCOLM	9	Bo Waltham F	36.28	190
5.	Harry TAYLOR	9	Romford Town	37.84	168
6.	Vincent MELO PEET	9	Basildon	38.13	164
7.	Oliver ELLIS	9	Runnymede	38.41	160
8.	Jack RICE	9	Romford Town	38.54	159
9.	Matthew HAYWARD	9	Runnymede	38.79	156
10.	David BROOKS	9	Romford Town	39.55	147
11.	LEWIS BAYLEY	9	Southend	40.68	135

## EVENT 332 Boys 15 Yrs/Over 100m Breaststroke

## 15 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Edward CLARK	15	Halstead	1:13.93	472	-
2.	Charlie DENTITH	15	BorRedbridge	1:14.16	468	-
3.	Daniel SORRELL	15	Chelmsford	1:15.63	441	35.29

4.	Harry PAYNE	15	Thurrock	1:16.58	425	36.02
5.	Thomas JOHNSON	15	Brentwood	1:16.64	424	35.94
6.	Luke HEPTONSTALL	15	Colchester	1:17.24	414	36.11
7.	Thomas CLARK	15	Romford Town	1:17.36	412	36.69
8.	Alistair FRANCE	15	Bo Waltham F	1:17.51	410	36.16
9.	Niall GANDY	15	Bo Waltham F	1:17.53	409	35.44
10.	Danny BAKER	15	Rochford	1:19.85	375	37.61

## 16 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lewis CLIFFORD STEPHEN	16	Killerwhales	1:10.03	555	32.14
2.	Charlie POND THOMPSON	16	Southend	1:11.34	525	-
3.	Ryan SMITH	16	BorRedbridge	1:13.12	488	34.17
4.	Ivan GEORGIEV	16	BorRedbridge	1:13.50	480	34.79
5.	Nicholas GILROY	16	Brentwood	1:14.00	471	-
6.	Charlie HAYES	16	Thurrock	1:14.24	466	-
7.	Tom WEBB	16	Killerwhales	1:15.70	440	35.04
8.	Michael GRACE	16	Phoenix Bas	1:15.72	439	36.18

## 17 Yrs/Over Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sargon YOUSSEFI-TITCHE	19	Colchester	1:09.76	562	32.68
2.	Dean SMITH	18	BorRedbridge	1:09.86	559	32.75
3.	Jake HARRISON	17	Romford Town	1:11.56	520	33.32
4.	Allen LINDENBERG	21	Bo Waltham F	1:12.12	508	33.49
5.	Christian PARKER	17	Southend	1:12.20	507	33.29
6.	Christopher INCH	17	BorRedbridge	1:12.23	506	33.98
7.	Daniel STEPTON	18	Romford Town	1:13.22	486	33.81
8.	Dean WOODCOCK	17	Chelmsford	1:13.34	483	-
9.	James PATERSON	17	Clacton On S	1:14.18	467	-
10.	Dean BRUMBY	17	Rochford	1:15.54	442	-

## EVENT 330 Girls 14 Yrs/Over 1500m Freestyle

### 14 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	<b>Poppy HILL</b>	<b>14</b>	<b>Bo Waltham F</b>	<b>17:20.64</b>	<b>752** Event Best Time</b>			
	50m	100m	150m	200m	250m	300m	350m	400m
	29.73	1:02.99	1:37.25	2:11.81	2:46.21	3:20.55	3:55.41	4:29.92
	450m	500m	550m	600m	650m	700m	750m	800m
	5:04.57	5:39.33	6:14.26	6:48.45	7:23.93	7:58.79	8:33.80	9:08.51
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:43.62	10:18.85	10:53.64	11:29.14	12:04.60	12:40.03	13:15.27	13:50.81
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:26.43	15:01.70	15:37.04	16:12.52	16:48.03	17:20.64		
2.	Elena SHERIDAN	14	Romford Town	17:29.21			733	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.35	1:05.59	1:39.88	2:14.35	2:49.12	3:24.38	3:59.48	4:34.81
	450m	500m	550m	600m	650m	700m	750m	800m
	5:10.02	5:45.06	6:20.21	6:55.69	7:30.55	8:05.66	8:40.83	9:16.59
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:51.70	10:26.86	11:01.89	11:36.85	12:11.94	12:47.47	13:23.07	13:58.66
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:33.80	15:09.27	15:44.94	16:20.60	16:55.65	17:29.21		
3.	Elizabeth HARE	14	Bo Waltham F	17:56.83			678	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.05	1:05.09	1:40.22	2:15.79	2:51.14	3:26.60	4:02.38	4:38.00
	450m	500m	550m	600m	650m	700m	750m	800m
	5:14.13	5:49.98	6:26.09	7:02.08	7:38.31	8:14.74	8:50.54	9:27.03
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:03.18	10:39.78	11:16.08	11:52.18	12:28.92	13:05.49	13:42.40	14:18.63
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:55.40	15:32.24	16:08.99	16:45.70	17:21.67	17:56.83		
4.	Bethaney HALL	14	Romford Town	18:13.94			647	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.50	1:08.34	1:45.22	2:21.74	2:58.25	3:34.97	4:11.80	4:48.93
	450m	500m	550m	600m	650m	700m	750m	800m
	5:25.74	6:02.44	6:38.95	7:15.83	7:52.14	8:28.74	9:05.32	9:42.07
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:18.70	10:55.41	11:32.16	12:08.83	12:45.55	13:22.13	13:58.98	14:35.56
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:12.04	15:48.57	16:25.54	17:02.13	17:38.52	18:13.94		
5.	Helen MITCHELL	14	Braintree	18:49.65			588	

	50m	100m	150m	200m	250m	300m	350m	400m
	34.09	1:11.34	1:48.30	2:25.05	3:02.65	3:40.00	4:17.58	4:55.44
	450m	500m	550m	600m	650m	700m	750m	800m
	5:32.70	6:10.38	6:48.88	7:27.16	8:05.26	8:43.53	9:22.02	9:59.35
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:37.97	11:16.13	11:54.30	12:32.49	13:10.66	13:48.86	14:25.69	15:03.22
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:41.50	16:19.28	16:56.79	17:35.28	18:13.33	18:49.65		
6.	Amelia KNOWLES	14	Southend		18:52.29		583	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.94	1:09.62	1:47.84	2:25.43	3:03.20	3:40.92	4:18.56	4:56.26
	450m	500m	550m	600m	650m	700m	750m	800m
	5:34.08	6:11.67	6:49.53	7:27.31	8:05.70	8:43.68	9:21.82	9:59.78
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:37.97	11:16.29	11:54.38	12:32.52	13:10.70	13:48.86	14:26.81	15:04.94
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:42.90	16:21.14	16:59.42	17:37.83	18:15.89	18:52.29		

## 15 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time			FINA Pt	
1.	Evangelina FISHER	15	Chelmsford	17:55.46			681	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.92	1:06.77	1:42.32	2:18.07	2:53.68	3:29.67	4:05.70	4:41.90
	450m	500m	550m	600m	650m	700m	750m	800m
	5:18.02	5:54.11	6:30.41	7:06.37	7:42.53	8:18.74	8:55.10	9:30.95
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:07.12	10:43.22	11:19.61	11:55.68	12:31.91	13:08.14	13:44.27	14:20.52
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:57.19	15:33.45	16:09.11	16:44.88	17:20.86	17:55.46		
2.	Harriette DAVIS	15	Romford Town	18:29.56			620	
	50m	100m	150m	200m	250m	300m	350m	400m
	33.07	1:08.39	1:44.40	2:20.80	2:56.83	3:33.81	4:10.35	4:47.41
	450m	500m	550m	600m	650m	700m	750m	800m
	5:24.80	6:02.69	6:40.53	7:18.49	7:56.14	8:33.15	9:09.84	9:47.51
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:25.27	11:02.83	11:40.02	12:17.59	12:54.51	13:31.58	14:09.51	14:47.27
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:25.28	16:02.52	16:39.03	17:16.43	17:53.28	18:29.56		
3.	Emily COLE	15	BorRedbridge	18:31.92			616	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.61	1:06.07	1:41.10	2:16.61	2:53.03	3:29.48	4:05.88	4:42.07
	450m	500m	550m	600m	650m	700m	750m	800m
	5:18.65	5:55.53	6:32.88	7:10.24	7:47.94	8:25.83	9:03.66	9:41.63
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:19.92	10:58.18	11:36.20	12:13.16	12:51.18	13:29.25	14:07.88	14:45.93
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:23.69	16:01.87	16:39.83	17:18.23	17:55.50	18:31.92		

## 16 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time			FINA Pt	
1.	<b>Kerriann CHIPPERFIELD</b>	<b>16</b>	<b>Thurrock</b>	<b>17:24.11</b>			<b>744** Event Best Time</b>	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.07	1:06.39	1:41.13	2:16.37	2:51.50	3:26.48	4:01.57	4:36.58
	450m	500m	550m	600m	650m	700m	750m	800m
	5:11.74	5:46.89	6:21.57	6:56.73	7:31.83	8:06.72	8:42.12	9:17.12
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:52.33	10:27.22	11:02.03	11:37.05	12:11.93	12:47.06	13:22.01	14:00.55
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:32.34	15:07.40	15:42.50	16:17.35	16:52.21	17:24.11		
2.	Chloe DAVIS	16	Runnymede	17:57.27			678	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.76	1:06.54	1:41.67	2:17.26	2:53.02	3:29.29	4:05.19	4:41.25
	450m	500m	550m	600m	650m	700m	750m	800m
	5:17.65	5:54.05	6:30.07	7:06.18	7:42.50	8:18.92	8:55.13	9:31.49
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:07.89	10:44.29	11:20.83	11:56.92	12:32.67	13:08.61	13:44.51	14:20.77
	1250m	1300m	1350m	1400m	1450m	1500m		

3.	14:57.17	15:33.42	16:09.94	16:45.74	17:21.79	17:57.27		
	Nina WISEMAN	16	Braintree		18:00.10		672	
	50m	100m	150m	200m	250m	300m	350m	4:05.60
	31.63	1:06.53	1:42.11	2:17.71	2:53.53	3:29.56		400m 4:41. 85
	450m	500m	550m	600m	650m	700m	750m	8:55.46
	5:18.00	5:54.16	6:30.42	7:06.61	7:42.85	8:19.07		800m 9:31. 42
	850m	900m	950m	1000m	1050m	1100m	1150m	13:45.66
	10:07.89	10:44.04	11:20.12	11:56.72	12:32.88	13:09.25		1200 m 14:22 .14
4.	1250m	1300m	1350m	1400m	1450m	1500m		
	14:58.97	15:35.54	16:12.33	16:49.21	17:25.69	18:00.10		
	Kelsey RICHARDS	16	BorRedbridge		18:20.81		635	
	50m	100m	150m	200m	250m	300m	350m	4:05.07
	32.35	1:06.88	1:42.09	2:17.75	2:53.29	3:28.94		400m 4:41. 17
	450m	500m	550m	600m	650m	700m	750m	9:00.64
	5:17.86	5:54.78	6:31.77	7:08.98	7:46.37	8:23.54		800m 9:37. 06
	850m	900m	950m	1000m	1050m	1100m	1150m	13:58.68
	10:14.19	10:51.32	11:28.75	12:06.27	12:43.77	13:21.06		1200 m 14:36 .40
	1250m	1300m	1350m	1400m	1450m	1500m		
	15:14.23	15:52.06	16:29.90	17:07.55	17:44.68	18:20.81		

## 17 Yrs/Over Age Group –

### Full Results

Place	Name	AaD	Club	Time			FINA Pt	
1.	Verity GOODEY	18	Bo Southend		17:26.79		738	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.94	1:05.86	1:40.46	2:15.22	2:50.13	3:24.11	3:58.73	4:33.62
	450m	500m	550m	600m	650m	700m	750m	800m
	5:08.67	5:43.45	6:18.77	6:54.11	7:29.65	8:04.92	8:40.81	9:16.50
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:52.49	10:27.93	11:03.65	11:39.02	12:14.51	12:49.60	13:24.48	13:59.39
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:34.26	15:08.98	15:44.31	16:19.21	16:53.91	17:26.79		
2.	Molly EPSLY	17	Thurrock		17:27.77		736	
	50m	100m	150m	200m	250m	300m	350m	400m
	32.47	1:06.88	1:41.59	2:16.30	2:50.89	3:25.63	4:00.31	4:34.99
	450m	500m	550m	600m	650m	700m	750m	800m
	5:09.93	5:44.88	6:18.69	6:53.61	7:28.59	8:03.46	8:38.73	9:14.23
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:49.59	10:25.10	11:00.70	11:36.51	12:12.18	12:47.65	13:22.78	13:57.93
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:33.15	15:08.73	15:43.78	16:19.37	16:54.27	17:27.77		
3.	Jessica FORD	19	Thurrock		17:43.45		704	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.62	1:06.08	1:41.16	2:16.06	2:50.81	3:25.52	4:00.17	4:35.24
	450m	500m	550m	600m	650m	700m	750m	800m
	5:10.49	5:46.47	6:23.01	6:59.18	7:34.65	8:10.40	8:45.44	9:20.65
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:56.16	10:31.91	11:07.31	11:43.28	12:19.17	12:55.45	13:31.65	14:07.89
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:44.59	15:21.18	15:57.00	16:33.30	17:08.76	17:43.45		
4.	Nicole RAYMOND	17	Romford Town		18:02.06		669	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.69	1:06.57	1:41.95	2:17.56	2:53.11	3:29.14	4:05.22	4:41.26
	450m	500m	550m	600m	650m	700m	750m	800m
	5:17.42	5:53.51	6:29.69	7:06.20	7:42.47	8:18.81	8:55.02	9:31.35
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	10:07.66	10:44.03	11:20.56	11:57.27	12:33.49	13:10.01	13:46.04	14:22.27
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:59.15	15:36.10	16:13.10	16:49.84	17:26.23	18:02.06		

## EVENT 333 Girls 11/13 Yrs 200m Backstroke

### 11 Yrs Age Group –

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Amrita ROBERTSON	11	Bo Waltham F	2:37.64	474	36.38	1:17.33	1:58.31
2.	Dolly TRIGG	11	Colchester	2:38.62	465	37.20	1:17.39	1:58.58
3.	Bethany MOORE	11	Romford Town	2:39.53	457	37.77	1:18.57	1:59.74

4.	Danica BRAZIER	11	Chelmsford	2:40.30	450	38.72	1:19.95	2:01.21
5.	Evangeline MOIR-SMITH	11	Chelmsford	2:40.63	448	37.71	1:18.78	2:00.74
6.	Eva POWER	11	Canvey Isl	2:41.48	441	37.30	1:18.28	2:01.18
7.	Emily WOODS	11	Braintree	2:41.62	439	38.39	1:18.75	2:00.66
8.	Dina DAY	11	Runnymede	2:42.37	433	37.82	1:18.71	2:00.88
9.	Tillie GEGGUS	11	Thurrock	2:43.13	427	38.37	1:19.40	2:01.94
10.	Ruby WILSON	11	Brentwood	2:47.17	397	39.13	1:21.26	2:04.54
11.	Bethan MCELROY	11	Canvey Isl	2:49.26	383	40.17	1:22.53	2:06.08
12.	Sarah ELLIS	11	Runnymede	2:49.65	380	40.24	1:23.49	2:07.57
13.	Rianna SMITH	11	Brentwood	2:50.44	375	40.93	1:23.90	2:07.57
14.	Ellie MITCHELL	11	Runnymede	2:53.07	358	41.58	1:25.37	2:10.27
15.	Sophie WARD	11	Romford Town	2:53.85	353	42.23	1:26.07	2:10.51
16.	Hannah GILLESPIE	11	Epping For't	2:54.51	349	40.28	1:25.20	2:10.64
17.	Ebony TALBOT	11	Runnymede	2:57.41	332	42.15	1:27.54	2:13.88

## 12 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Eliza DUFFY	12	Chelmsford	2:25.00	609	33.79	1:10.60	1:48.01
2.	Katarina BLANCO	12	Bo Southend	2:29.92	551	35.10	1:12.81	1:52.39
3.	Courtney SANDERS	12	Chelmsford	2:30.25	547	36.08	1:13.59	1:52.41
4.	Emma CASSIDY	12	Thurrock	2:30.33	546	35.16	1:12.62	1:51.40
5.	Kayleigh UMFREVILLE	12	Thurrock	2:32.66	522	36.24	1:14.64	1:54.11
6.	Kirstie FEHILY	12	Canvey Isl	2:33.50	513	36.12	1:14.50	1:54.11
7.	Eleanor PIRRIE	12	Runnymede	2:34.97	499	36.61	1:15.78	1:55.57
8.	Victoria CHRISTMAS	12	Romford Town	2:35.34	495	35.79	1:15.19	1:55.83
9.	Amy HARRIS	12	Romford Town	2:39.42	458	38.19	1:18.78	1:59.55
10.	Grace WINGROVE	12	BorRedbridge	2:40.98	445	38.33	1:19.47	2:00.92
11.	Abigail REYNOLDS	12	Bo Southend	2:43.46	425	38.84	1:20.38	2:02.07
12.	Mikaela KENNEDY	12	Killerwhales	2:44.77	415	38.60	1:20.25	2:03.01
13.	Rachael MOORE	12	Phoenix Bas	2:45.25	411	38.24	1:20.83	2:03.96
14.	Eleanor MCCAFFREY	12	Chelmsford	2:45.84	407	38.85	1:20.23	2:03.27

## 13 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Kathryn PEARSE	13	Phoenix Bas	2:22.71	638	33.81	1:10.05	1:47.40
2.	Molly SPARKS	13	Killerwhales	2:24.91	610	34.26	1:10.50	1:48.01
3.	Rebecca HAYES	13	Thurrock	2:30.65	543	35.97	1:13.84	1:52.51
4.	Brock WHISTON	13	Romford Town	2:31.27	536	35.61	1:13.43	1:52.40
5.	Hannah TRAVELL	13	Braintree	2:33.56	512	36.11	1:15.59	1:55.37
6.	Katherine STEPHENS	13	Thurrock	2:35.99	489	36.92	1:16.27	1:56.35
7.	Sian ELMY	13	Runnymede	2:36.20	487	36.26	1:15.45	1:56.39
8.	Danielle ROOKE	13	Killerwhales	2:36.99	480	36.61	1:16.09	1:56.73
9.	Georgia MILLS	13	Thurrock	2:37.11	478	36.14	1:15.67	1:56.61
10.	Sophie HOWARD	13	Braintree	2:37.77	472	36.78	1:17.11	1:57.94
11.	Rosie WEBBER	13	Romford Town	2:38.77	464	37.59	1:17.48	1:58.55
12.	Kelsey ELLERBY	13	Bo Southend	2:39.23	460	37.40	1:18.45	1:59.36
13.	Maisie WEST	13	Phoenix Bas	2:39.24	460	36.93	1:17.80	2:00.10
14.	Sophie WAYMONT	13	Southend	2:39.65	456	37.44	1:18.26	2:00.10
15.	Caroline MELLOR	13	Phoenix Bas	2:41.26	442	38.08	1:19.09	2:00.69
16.	Katie WHIFFIN	13	Epping For't	2:41.64	439	36.58	1:17.44	2:00.21
17.	Madeleine SINCLAIR	13	Harwich DP	2:42.48	433	36.50	1:17.74	2:01.02
18.	Lily MANN	13	Phoenix Bas	2:43.52	424	38.87	1:19.69	2:01.95

## EVENT 334 Boys 12/14 Yrs 200m IM

## 12 Yrs Age Group –

### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Nathan LEONG	12	Bo Waltham F	2:30.61	424	32.89	1:11.35	1:55.53
2.	Sam BISHOP	12	Romford Town	2:38.11	366	35.36	1:16.24	2:03.71
3.	Connor KEARNS	12	Killerwhales	2:38.20	366	34.90	1:15.56	2:02.08
4.	James DAY	12	Thurrock	2:42.17	340	34.81	1:16.64	2:07.47
5.	Aidan ROBINSON	12	Basildon	2:42.30	339	33.30	1:15.07	2:04.90
6.	Harvey BROWN	12	Phoenix Bas	2:44.45	326	35.91	1:16.69	2:10.21
7.	Salaam MOTIN	12	Thurrock	2:44.84	323	37.14	1:17.97	2:07.84
8.	Charlie FOX	12	Killerwhales	2:46.96	311	35.54	1:16.96	2:08.91
9.	Matthew PARSONS	12	Colchester	2:47.28	309	35.65	1:17.45	2:10.28
10.	David FRYATT	12	Braintree	2:48.29	304	39.09	1:21.69	2:12.04
11.	Luke SHERIDAN	12	Romford Town	2:49.26	299	37.02	1:20.86	2:13.24

12.	Thomas BADLEY	12	Havering Dol	2:49.37	298	38.55	1:20.68	2:12.05
	Russell BECK	12	Rochford	DQ ST-				
	BILLY MAYNARD	12	Southend	DQ T-				

### 13 Yrs Age Group –

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Luke BOURNE	13	Rochford	2:21.49	511	33.62	1:08.64	1:49.09
2.	Barton TOWNLEY	13	Bo Southend	2:22.78	498	30.99	1:07.67	1:51.07
3.	Thomas MCLAGAN	13	Braintree	2:22.93	496	32.08	1:08.44	1:50.84
4.	Luke DURBAN	13	Braintree	2:23.40	491	31.90	1:08.85	1:52.63
5.	Rory GEOGHEGAN	13	Bo Southend	2:26.76	458	32.53	1:11.91	1:53.90
6.	Matthew LEMNELL	13	Colchester	2:27.96	447	31.12	1:10.26	1:53.95
7.	Harry GEGGUS	13	Thurrock	2:28.51	442	32.63	1:10.73	1:53.76
8.	Tommy WILLIS	13	Bo Waltham F	2:29.59	433	33.78	1:11.66	1:56.38
9.	Jim VICKERS	13	Colchester	2:29.77	431	32.96	1:10.06	1:56.50
10.	Arjun ROBERTSON	13	Bo Waltham F	2:32.57	408	33.73	1:12.80	1:57.77
11.	Augustus VEASEY	13	Chelmsford	2:32.61	407	34.97	1:14.09	1:57.90
12.	Kianu KITCHING	13	Bo Waltham F	2:34.47	393	34.92	1:14.09	2:00.45
13.	Harrison SADLER	13	FirstStrokes	2:35.87	382	34.08	1:14.49	1:58.63
14.	Jarrold BRADFELD	13	Clacton On S	2:36.54	378	33.45	1:13.76	2:01.41
15.	Murphy TALBOT	13	Runnymede	2:36.97	374	34.24	1:15.04	2:02.04
16.	George KNIGHT	13	Runnymede	2:37.80	369	32.32	1:13.32	2:04.75
17.	Aiden ROBINSON	13	Killerwhales	2:38.05	367	35.24	1:16.46	2:03.41
18.	Wesley BRAME	13	Brentwood	2:38.18	366	33.22	1:14.96	2:03.02
19.	Isaac ALDRIDGE	13	Harwich DP	2:38.39	364	35.54	1:13.92	2:02.62
20.	Charles STURLEY	13	Romford Town	2:39.40	358	33.32	1:15.15	2:04.58
21.	Samuel KELLY	13	BorRedbridge	2:40.40	351	35.29	1:13.89	2:03.87
22.	Damian GREEN	13	Colchester	2:40.92	348	37.82	1:18.84	2:06.41

### 14 Yrs Age Group –

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Sean HOULIHAN	14	Romford Town	2:16.22	573	30.47	1:04.53	1:43.65
2.	Joseph STAMP	14	BorRedbridge	2:22.17	504	30.79	1:06.62	1:49.97
3.	Harry COKER	14	Romford Town	2:23.14	494	31.01	1:07.37	1:50.44
4.	George FOLEY	14	Romford Town	2:23.34	492	31.23	1:08.49	1:51.23
5.	Gareth HAWKINS	14	Thurrock	2:25.49	470	30.35	1:05.23	1:53.87
6.	Lawrence BROWN	14	BorRedbridge	2:25.77	468	30.94	1:07.11	1:53.24
7.	Hayden THOMAS	14	Epping For't	2:26.14	464	31.89	1:10.04	1:52.81
8.	George CROW	14	Killerwhales	2:26.17	464	31.61	1:06.73	1:52.22
9.	James ROOME	14	Killerwhales	2:26.79	458	31.18	1:08.85	1:53.39
10.	Jack CARTER	14	Southend	2:26.84	457	31.44	1:09.09	1:51.94
11.	Sonny FORD	14	Thurrock	2:27.26	454	30.23	1:10.96	1:54.84
12.	Joshua INWOOD	14	Basildon	2:28.67	441	31.66	1:09.27	1:55.27
13.	Sonny TRIGG	14	Colchester	2:28.98	438	31.62	1:10.77	1:55.53
14.	Charles O'CONNOR	14	FirstStrokes	2:29.20	436	31.94	1:10.53	1:55.01
15.	Freddy BRASSFORD	14	Epping For't	2:30.27	427	31.63	1:09.79	1:56.19
16.	Bradley CLARKE	14	Thurrock	2:31.20	419	33.07	1:11.01	1:55.79
17.	Zachary MASHFORD	14	Rochford	2:34.07	396	32.41	1:08.57	1:58.06
18.	Joshua ROGERS	14	Romford Town	2:37.06	374	35.60	1:15.05	2:02.71
	Lee BAKER	14	Epping For't	DNC				
	Henry MAHER	14	Epping For't	DNC				

## EVENT 335 Girls 10 Yrs 400m IM

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Holly HILDREW	10	Romford Town	5:53.78	431			
	50m	100m	150m	200m	250m	300m	350m	400m
	37.78	1:23.63	2:09.13	2:53.13	3:43.56	4:35.38	5:15.84	5:53.78
2.	Pasha GEORGE	10	Bo Waltham F	6:08.63	381			
	50m	100m	150m	200m	250m	300m	350m	400m
	38.23	1:21.35	2:09.11	2:55.79	3:53.01	4:49.11	5:28.95	6:08.63
3.	Laura STEPHENS	10	Harwich DP	6:11.44	372			
	50m	100m	150m	200m	250m	300m	350m	400m
	39.57	1:26.16	2:13.29	2:58.64	3:53.32	4:48.73	5:30.94	6:11.44
4.	Chloe WOOD	10	Thurrock	6:17.22	355			
	50m	100m	150m	200m	250m	300m	350m	400m
	43.06	1:33.38	2:18.55	3:03.09	3:57.03	4:52.60	5:35.24	6:17.22
5.	Anna MANNING	10	Romford Town	6:19.73	348			
	50m	100m	150m	200m	250m	300m	350m	400m
	40.28	1:27.87	2:14.91	3:01.77	3:56.47	4:52.74	5:37.63	6:19.73
6.	Holly TAYLOR	10	Bo Waltham F	6:19.83	348			
	50m	100m	150m	200m	250m	300m	350m	400m
	40.60	1:31.49	2:19.17	3:06.84	4:01.69	4:57.35	5:38.70	6:19.83

7.	Hannah BINNING	10	Romford Town		6:22.06		342	
	50m	100m	150m	200m	250m	300m	350m	400m
	40.98	1:31.83	2:22.66	3:10.78	4:01.17	4:55.27	5:40.43	6:22.06
8.	Lucy HARWOOD	10	BorRedbridge		6:23.85		337	
	50m	100m	150m	200m	250m	300m	350m	400m
	40.09	1:27.85	2:14.48	3:02.02	4:02.06	5:01.46	5:41.85	6:23.85
9.	Victoria BISHOP	10	Romford Town		6:26.56		330	
	50m	100m	150m	200m	250m	300m	350m	400m
	42.37	1:34.72	2:21.14	3:09.45	4:05.29	5:00.37	5:44.14	6:26.56
10.	Eloise	10	BorRedbridge		6:29.00		324	
	MONTANANA							
	50m	46.58	100m	150m	200m	250m	300m	350m
			1:40.38	2:26.64	3:12.92	4:09.44	5:06.36	5:48.61
								6:29.00
11.	Abby COLTON	10	Witham Dolph		6:33.76		312	
	50m	100m	150m	200m	250m	300m	350m	400m
	42.47	1:35.36	2:23.74	3:11.44	4:08.77	5:07.21	5:50.93	6:33.76
12.	Ellie HARRIS	10	Romford Town		6:34.02		312	
	50m	100m	150m	200m	250m	300m	350m	400m
	44.01	1:37.08	2:26.47	3:14.69	4:11.11	5:07.93	5:52.57	6:34.02
13.	Renaë DAWES	10	Thurrock		6:40.33		297	
	50m	100m	150m	200m	250m	300m	350m	400m
	41.63	1:38.65	2:30.79	3:19.53	4:16.28	5:14.69	5:58.41	6:40.33
14.	Gabrielle QUIGLEY	10	Canvey Isl		6:45.69		286	
	50m	100m	150m	200m	250m	300m	350m	400m
	48.18	1:48.63	3:28.34	4:20.44	5:13.05	6:00.50		6:45.69

### EVENT 144 FINAL OF EVENT 124 Mens 16 Yrs/Under 200m Free.Team

#### Full Results

Place	Name	Club	Time	50	100	150
1.	killerwhales	Killerwhales	1:42.42	25.62	52.04	1:18.34
2.	Thurrock Swimming Club	Thurrock	1:42.76	25.75	52.08	1:17.53
3.	Epping Forest A	Epping For't	1:44.17	26.39	52.28	1:18.27
4.	Redbridge	BorRedbridge	1:44.33	27.35	53.40	1:19.61
5.	Borough of Waltham For	Bo Waltham F	1:44.41	25.90	52.35	1:18.79
6.	Brentwood SC	Brentwood	1:45.78	26.91	53.65	1:20.44

### EVENT 155 FINAL OF EVENT 135 Boys 09 Yrs 50m Freestyle

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elliot SWALLOW	9	Halstead	34.29	225
2.	Daniel WESTON	9	Killerwhales	35.30	206
3.	Harvey JOLLY	9	Phoenix Bas	35.58	202
4.	Jamie MALCOLM	9	Bo Waltham F	35.97	195
5.	Harry TAYLOR	9	Romford Town	38.02	165
6.	Vincent MELO PEET	9	Basildon	38.03	165

### EVENT 162 FINAL OF EVENT 142 Girls 12 Yrs 50m Butterfly

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	<b>Eliza DUFFY</b>	12	<b>Chelmsford</b>	<b>30.91</b>	<b>552** Event Best Time</b>
2.	Eleanor PIRRIE	12	Runnymede	31.29	532
3.	Katarina BLANCO	12	Bo Southend	31.89	503
4.	Kayleigh UMFREVILLE	12	Thurrock	33.17	447
5.	Victoria CHRISTMAS	12	Romford Town	33.23	444
6.	Courtney SANDERS	12	Chelmsford	33.79	423

### EVENT 336 FINAL OF EVENT 331 Boys 12 Yrs 100m Freestyle

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Harvey BROWN	12	Phoenix Bas	1:01.04	429	29.72
2.	James DAY	12	Thurrock	1:01.53	419	29.83
3.	Sam BISHOP	12	Romford Town	1:03.05	389	30.60
4.	Nathan LEONG	12	Bo Waltham F	1:03.58	380	30.71

5.	Aidan ROBINSON	12	Basildon	1:05.65	345	31.52
6.	Frank MCGUIRK	12	BorRedbridge	1:05.69	344	31.52

### EVENT 337 FINAL OF EVENT 331 Boys 13 Yrs 100m Freestyle

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jarrold BRADFIELD	13	Clacton On S	57.26	520	28.35
2.	Luke BOURNE	13	Rochford	57.36	517	28.03
3.	Luke DURBAN	13	Braintree	57.70	508	28.40
4.	Jim VICKERS	13	Colchester	58.31	492	28.29
5.	Thomas MCLAGAN	13	Braintree	59.51	463	28.96
6.	Barton TOWNLEY	13	Bo Southend	1:00.17	448	29.32

### EVENT 338 FINAL OF EVENT 331 Boys 14 Yrs 100m Freestyle

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Henry MAHER	14	Epping For't	57.07	525	27.75
2.	James ROOME	14	Killerwhales	57.23	521	27.70
3.	Lee BAKER	14	Epping For't	57.24	520	27.67
4.	Sean HOULIHAN	14	Romford Town	57.55	512	28.19
5.	Gareth HAWKINS	14	Thurrock	57.86	504	28.49
6.	Freddy CASSFORD	14	Epping For't	58.24	494	28.01

### EVENT 339 FINAL OF EVENT 332 Boys 15 Yrs 100m Breaststroke

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Charlie DENTITH	15	BorRedbridge	1:10.78	538	33.77
2.	Edward CLARK	15	Halstead	1:13.65	477	34.31
3.	Harry PAYNE	15	Thurrock	1:15.43	444	36.07
4.	Daniel SORRELL	15	Chelmsford	1:15.99	435	35.48
5.	Luke HEPTONSTALL	15	Colchester	1:16.20	431	35.35
6.	Thomas JOHNSON	15	Brentwood	1:16.75	422	35.83

### EVENT 340 FINAL OF EVENT 332 Boys 16 Yrs 100m Breaststroke

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lewis CLIFFORD STEPHEN	16	Killerwhales	1:10.22	551	32.40
2.	Charlie POND THOMPSON	16	Southend	1:10.63	541	33.22
3.	Ivan GEORGIEV	16	BorRedbridge	1:11.59	520	33.86
4.	Charlie HAYES	16	Thurrock	1:12.72	496	34.49
5.	Ryan SMITH	16	BorRedbridge	1:12.98	491	34.00
6.	Nicholas GILROY	16	Brentwood	1:14.08	469	35.15

### EVENT 341 FINAL OF EVENT 332 Boys 17 Yrs/Over 100m Breaststroke

#### Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sargon YOUSSEFI-TITCHE	19	Colchester	1:07.47	621	31.89
2.	Allen LINDENBERG	21	Bo Waltham F	1:08.72	588	31.77
3.	Dean SMITH	18	BorRedbridge	1:08.83	585	32.01
4.	Christopher INCH	17	BorRedbridge	1:10.38	547	33.02
5.	Jake HARRISON	17	Romford Town	1:10.61	542	32.63
6.	Christian PARKER	17	Southend	1:11.65	518	32.69