

ECASA AGE GROUPS 2010
Under ASA Laws & ASA Technical Rules of Swimming
7th March 2010 Session - 11
at Braintree Swimming centre

EVENT 322 Boys 15 Yrs/Over 1500m Freestyle

15 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time					FINA Pt
1.	Daniel SORRELL	15	Chelmsford	16:23.16					680
	50m	100m	150m	200m	250m	300m	350m	400m	
	29.22	1:01.04	1:33.66	2:06.52	2:39.31	3:12.56	3:45.75	4:18.65	
	450m	500m	550m	600m	650m	700m	750m	800m	
	4:51.69	5:24.47	5:57.31	6:30.08	7:02.82	7:35.45	8:08.03	8:40.79	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:13.64	9:46.56	10:19.50	10:52.60	11:25.60	11:58.64	12:31.71	13:04.79	
	1250m	1300m	1350m	1400m	1450m	1500m			
	13:37.88	14:11.01	14:44.37	15:17.77	15:51.15	16:23.16			
2.	Harry PAYNE	15	Thurrock	16:23.37					680
	50m	100m	150m	200m	250m	300m	350m	400m	
	29.00	1:00.87	1:33.68	2:06.46	2:39.26	3:12.10	3:44.97	4:17.90	
	450m	500m	550m	600m	650m	700m	750m	800m	
	4:50.92	5:24.17	5:57.31	6:30.42	7:03.66	7:36.84	8:10.17	8:43.36	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:16.38	9:49.52	10:22.45	10:55.67	11:28.69	12:02.02	12:35.23	13:08.37	
	1250m	1300m	1350m	1400m	1450m	1500m			
	13:41.25	14:14.39	14:47.37	15:19.92	15:52.70	16:23.37			
3.	Charlie DENTITH	15	BorRedbridge	16:45.36					636
	50m	100m	150m	200m	250m	300m	350m	400m	
	28.95	1:00.74	1:33.19	2:05.89	2:38.51	3:11.32	3:44.23	4:17.13	
	450m	500m	550m	600m	650m	700m	750m	800m	
	4:50.17	5:22.83	5:56.05	6:29.45	7:02.83	7:36.59	8:10.40	8:44.48	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:18.47	9:52.42	10:26.64	11:00.97	11:35.19	12:09.77	12:44.03	13:18.42	
	1250m	1300m	1350m	1400m	1450m	1500m			
	13:52.58	14:27.06	15:01.70	15:36.73	16:11.02	16:45.36			
4.	Jonathan WORBY	15	BorRedbridge	18:14.10					493
	50m	100m	150m	200m	250m	300m	350m	400m	
	31.18	1:05.63	1:41.36	2:17.37	2:53.80	3:29.98	4:06.09	4:42.35	
	450m	500m	550m	600m	650m	700m	750m	800m	
	5:19.09	5:55.77	6:32.36	7:09.10	7:46.37	8:23.53	9:00.77	9:38.08	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	10:15.52	10:52.42	11:29.85	12:07.31	12:44.20	13:21.32	13:58.60	14:35.56	
	1250m	1300m	1350m	1400m	1450m	1500m			
	15:12.94	15:49.62	16:26.07	17:02.46	17:39.01	18:14.10			

16 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time					FINA Pt
1.	Elliott HILL	16	Bo Waltham F	16:26.59					673
	50m	100m	150m	200m	250m	300m	350m	400m	
	28.88	1:00.42	1:33.36	2:05.85	2:38.85	3:11.88	3:45.21	4:18.51	
	450m	500m	550m	600m	650m	700m	750m	800m	
	4:51.96	5:24.98	5:58.05	6:30.60	7:04.02	7:37.07	8:10.51	8:43.98	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:17.55	9:51.22	10:24.78	10:58.61	11:32.31	12:05.62	12:38.57	13:11.82	
	1250m	1300m	1350m	1400m	1450m	1500m			
	13:44.71	14:17.72	14:51.09	15:24.19	15:57.41	16:26.59			
2.	Nicholas GILROY	16	Brentwood	16:38.01					650
	50m	100m	150m	200m	250m	300m	350m	400m	
	30.18	1:02.79	1:35.85	2:09.21	2:42.54	3:15.81	3:49.18	4:22.33	
	450m	500m	550m	600m	650m	700m	750m	800m	
	4:55.45	5:28.73	6:02.28	6:35.71	7:08.96	7:42.65	8:16.37	8:50.12	
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m	
	9:23.78	9:57.66	10:31.57	11:05.12	11:38.57	12:12.14	12.00	13.19	
	1250m	1300m	1350m	1400m	1450m	1500m			
	13:52.48	14:25.78	14:58.98	15:32.56	16:06.15	16:38.01			

3.	Charlie HAYES	16	Thurrock		17:08.93		593	
	50m	100m	150m	200m	250m	300m	350m	400m
	30.71	1:03.95	1:37.66	2:11.69	2:45.50	3:19.29	3:53.27	4:27.09
	450m	500m	550m	600m	650m	700m	750m	800m
	5:01.03	5:34.95	6:08.54	6:42.71	7:16.78	7:50.80	8:25.44	8:59.78
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:34.56	10:09.21	10:43.82	11:18.47	11:53.75	12:28.58	13:03.53	13:38.81
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:14.14	14:49.24	15:24.34	15:59.46	16:34.68	17:08.93		
4.	Michael GRACE	16	Phoenix Bas		17:15.02		583	
	50m	100m	150m	200m	250m	300m	350m	400m
	29.67	1:02.29	1:35.53	2:09.56	2:43.62	3:17.48	3:51.38	4:25.64
	450m	500m	550m	600m	650m	700m	750m	800m
	5:00.06	5:34.48	6:08.90	6:43.77	7:18.68	7:53.87	8:28.62	9:03.81
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:39.02	10:14.41	10:49.14	11:24.02	11:59.45	12:34.85	13:09.34	13:45.21
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:20.58	14:55.94	15:30.86	16:06.71	16:42.18	17:15.02		
5.	Oliver BURLING	16	Bo Waltham F		17:22.23		571	
	50m	100m	150m	200m	250m	300m	350m	400m
	30.21	1:03.09	1:36.74	2:11.10	2:45.32	3:20.22	3:54.82	4:29.52
	450m	500m	550m	600m	650m	700m	750m	800m
	5:04.57	5:39.57	6:14.06	6:49.48	7:24.23	7:58.99	8:33.85	9:09.26
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:44.51	10:19.73	10:53.13	11:28.68	12:04.28	12:39.99	13:15.73	13:51.08
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:26.65	15:02.24	15:37.96	16:13.69	16:48.23	17:22.23		

17 Yrs/Over Age Group –

Full Results

Place	Name	AaD	Club	Time				FINA Pt
1.	James DAVIS	17	Romford Town		16:19.10		689	
	50m	100m	150m	200m	250m	300m	350m	400m
	28.52	1:00.54	1:33.16	2:05.60	2:38.00	3:10.44	3:42.92	4:15.70
	450m	500m	550m	600m	650m	700m	750m	800m
	4:48.83	5:21.92	5:54.86	6:27.97	7:01.13	7:34.54	8:07.97	8:41.17
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:14.20	9:47.05	10:20.28	10:53.52	11:26.26	11:58.53	12:30.93	13:03.56
	1250m	1300m	1350m	1400m	1450m	1500m		
	13:36.09	14:08.63	14:41.49	15:14.31	15:46.93	16:19.10		
2.	Conor HARROLD	17	Thurrock		16:20.05		687	
	50m	100m	150m	200m	250m	300m	350m	400m
	28.86	1:01.16		2:07.40	2:40.40	3:13.53	3:46.53	4:19.19
	450m	500m	550m	600m	650m	700m	750m	800m
	4:52.15	5:24.67	5:56.56	6:29.47	7:02.30	7:34.95	8:07.75	8:40.55
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:13.62	9:46.73	10:19.63	10:52.40	11:24.97	11:58.03	12:31.20	13:04.04
	1250m	1300m	1350m	1400m	1450m	1500m		
	13:37.09	14:10.03	14:43.03	15:15.95	15:49.12	16:20.05		
3.	Daniel STEPTON	18	Romford Town		16:23.33		680	
	50m	100m	150m	200m	250m	300m	350m	400m
	28.94	1:01.05	1:33.75	2:06.40	2:39.04	3:11.54	3:43.97	4:16.38
	450m	500m	550m	600m	650m	700m	750m	800m
	4:49.20	5:22.16	5:55.36	6:28.28	7:01.28	7:34.73	8:07.97	8:41.14
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:14.37	9:47.33	10:20.61	10:54.00	11:27.25	12:00.17	12:33.31	13:06.73
	1250m	1300m	1350m	1400m	1450m	1500m		
	13:40.19	14:13.54	14:46.49	15:19.91	15:52.82	16:23.33		
4.	Christopher INCH	17	BorRedbridge		16:28.16		670	
	50m	100m	150m	200m	250m	300m	350m	400m
	28.44	1:00.29	1:32.71	2:05.23	2:37.97	3:10.74	3:43.14	4:16.11
	450m	500m	550m	600m	650m	700m	750m	800m
	4:49.14	5:22.29	5:55.21	6:28.39	7:01.52	7:34.96	8:08.23	8:41.59
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:14.74	9:48.02	10:21.23	10:54.57	11:27.76	12:01.10	12:34.56	13:08.35
	1250m	1300m	1350m	1400m	1450m	1500m		
	13:42.25	14:15.92	14:49.30	15:22.84	15:56.06	16:28.16		
5.	Sean TOMLIN	18	Bo Southend		16:42.99		641	
	50m	100m	150m	200m	250m	300m	350m	400m
	29.51	1:01.46	1:34.33	2:07.12	2:39.98	3:13.03	3:46.38	4:19.34
	450m	500m	550m	600m	650m	700m	750m	800m
	4:52.73	5:25.90	5:59.12	6:32.31	7:05.77	7:39.42	8:13.29	8:46.75

	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:20.35	9:53.70	10:27.48	11:01.37	11:35.42	12:09.62	12:43.49	13:17.61
	1250m	1300m	1350m	1400m	1450m	1500m		
	13:51.63	14:26.14	15:01.09	15:35.04	16:09.55	16:42.99		
6.	James MITCHELL	17	Thurrock		16:47.17		633	
	50m	100m	150m	200m	250m	300m	350m	400m
	29.83	1:02.19	1:35.23	2:08.44	2:41.47	3:14.48	3:47.31	4:20.14
	450m	500m	550m	600m	650m	700m	750m	800m
	4:52.81	5:25.92	5:58.62	6:31.66	7:04.81	7:38.34	8:12.56	8:46.77
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:21.02	9:55.39	10:29.27	11:03.58	11:37.48	12:11.60	12:45.48	13:19.10
	1250m	1300m	1350m	1400m	1450m	1500m		
	13:53.83	14:28.57	15:03.52	15:38.63	16:13.61	16:47.17		
7.	Matthew WINNELL	17	Runnymede		17:27.82		562	
	50m	100m	150m	200m	250m	300m	350m	400m
	31.04	1:05.06	1:39.25	2:13.41	2:47.78	3:21.96	3:56.28	4:30.50
	450m	500m	550m	600m	650m	700m	750m	800m
	5:04.86	5:39.98	6:15.09	6:49.77	7:24.90	8:00.28	8:35.75	9:10.90
	850m	900m	950m	1000m	1050m	1100m	1150m	1200m
	9:46.53	10:22.34	10:57.57	11:33.24	12:08.34	12:44.17	13:19.24	13:55.05
	1250m	1300m	1350m	1400m	1450m	1500m		
	14:30.36	15:06.21	15:42.10	16:18.23	16:53.26	17:27.82		

EVENT 129 Girls 14 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elena SHERIDAN	14	Romford Town	29.30	648** Event Best Time
2.	Amelia KNOWLES	14	Southend	29.79	617
3.	Stephanie MALCOLM	14	Bo Waltham F	31.08	543
4.	Elizabeth HARE	14	Bo Waltham F	31.66	514
5.	Amy BEARDWELL-LACEY	14	Romford Town	31.69	512
6.	Sanaa AKBAR	14	Bo Waltham F	31.93	501
7.	Jessica LAMBERT	14	BorRedbridge	32.31	484
8.	Bethaney HALL	14	Romford Town	32.39	480
9.	Katie WILLIS	14	Southend	32.53	474
10.	Melissa KNIGHTON	14	Runnymede	32.88	459
11.	Rebekah BOOTY	14	Braintree	33.01	453
12.	Chloe TOMSETT	14	Brentwood	33.12	449
13.	Lauren BAKER	14	Witham Dolph	33.38	439
14.	Helen MITCHELL	14	Braintree	33.79	423
15.	Sadie LUCAS	14	BorRedbridge	33.84	421
16.	Jeske TYSTERMAN	14	Epping For't	34.57	395
17.	Emma WAITE	14	Epping For't	34.80	387
	Summer GIBB	14	Brentwood	DNC	
	Chloe FOWLER	14	Basildon	DNC	
	Emma HALL	14	Canvey Isl	DQ ST-	

EVENT 136 Girls 16 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Chloe DAVIS	16	Runnymede	30.13	596
2.	Sarah LARNER	16	Colchester	30.70	564
3.	Kerriann CHIPPERFIELD	16	Thurrock	31.02	546
4.	Kelsey RICHARDS	16	BorRedbridge	32.07	494
5.	Hannah Louise PACKMAN	16	Canvey Isl	32.17	490
6.	Nina WISEMAN	16	Braintree	32.54	473
7.	Samantha MULLENDER	16	Phoenix Bas	32.93	457
8.	Jessica PARK	16	Halstead	32.98	455

EVENT 323 Boys 12/14 Yrs 100m Butterfly

12 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Nathan LEONG	12	Bo Waltham F	1:10.85	347	32.82
2.	Aidan ROBINSON	12	Basildon	1:11.31	341	32.94
3.	James DAY	12	Thurrock	1:12.42	325	34.18
4.	Charlie FOX	12	Killerwhales	1:13.01	318	34.14
5.	Connor KEARNS	12	Killerwhales	1:13.78	308	34.05
6.	Russell BECK	12	Rochford	1:14.05	304	34.28
7.	Harvey BROWN	12	Phoenix Bas	1:14.15	303	33.61
8.	Sam BISHOP	12	Romford Town	1:14.80	295	34.55
9.	Salaam MOTIN	12	Thurrock	1:21.86	225	38.05

13 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Barton TOWNLEY	13	Bo Southend	1:05.70	436	30.68
2.	Luke DURBAN	13	Braintree	1:06.62	418	31.17
3.	Matthew LEMNELL	13	Colchester	1:07.11	409	31.17
4.	Jarrold BRADFIELD	13	Clacton On S	1:07.83	396	32.00
5.	Thomas MCLAGAN	13	Braintree	1:08.29	388	31.62
6.	Charles STURLEY	13	Romford Town	1:09.11	374	31.76
7.	George KNIGHT	13	Runnymede	1:09.14	374	32.19
8.	Rory GEOGHEGAN	13	Bo Southend	1:09.25	372	32.35
9.	Arjun ROBERTSON	13	Bo Waltham F	1:10.32	355	32.52
10.	Jim VICKERS	13	Colchester	1:10.65	350	32.02
11.	Alex MERCHAN	13	Killerwhales	1:12.44	325	34.45
12.	Harrison SADLER	13	FirstStrokes	1:12.65	322	33.12
13.	Tommy WILLIS	13	Bo Waltham F	1:13.26	314	33.56
14.	Kianu KITCHING	13	Bo Waltham F	1:14.84	295	34.31
15.	Murphy TALBOT	13	Runnymede	1:15.12	292	34.57
	Wesley BRAME	13	Brentwood	DQ SA-		

14 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sean HOULIHAN	14	Romford Town	1:03.72	478	30.42
2.	Sonny FORD	14	Thurrock	1:04.11	469	30.56
3.	Harry COKER	14	Romford Town	1:04.64	458	30.78
4.	George FOLEY	14	Romford Town	1:04.72	456	30.61
5.	Joseph STAMP	14	BorRedbridge	1:04.83	454	30.53
6.	James ROOME	14	Killerwhales	1:05.31	444	30.29
7.	Lawrence BROWN	14	BorRedbridge	1:05.87	432	30.41
8.	Gareth HAWKINS	14	Thurrock	1:06.22	426	30.49
9.	Joshua INWOOD	14	Basildon	1:06.67	417	30.88
10.	Samuel HOBBS	14	Clacton On S	1:06.68	417	30.83
11.	Sonny TRIGG	14	Colchester	1:06.72	416	30.64
12.	Henry MAHER	14	Epping For't	1:07.53	401	30.65
13.	Freddy CASSFORD	14	Epping For't	1:07.64	399	30.84
14.	Charles O'CONNOR	14	FirstStrokes	1:08.79	380	32.04
15.	Jack CARTER	14	Southend	1:09.07	375	31.30
16.	Lee BAKER	14	Epping For't	1:09.54	367	30.94
17.	George CROW	14	Killerwhales	1:09.74	364	31.67
18.	Zachary MASHFORD	14	Rochford	1:10.07	359	32.01
19.	Conor TOOLIS	14	Romford Town	1:12.47	325	33.85

EVENT 126 Boys 09 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Oliver ELLIS	9	Runnymede	47.56	171
2.	Daniel WESTON	9	Killerwhales	48.10	166
3.	Harry TAYLOR	9	Romford Town	48.52	161
4.	Harvey JOLLY	9	Phoenix Bas	51.03	139
5.	David BROOKS	9	Romford Town	51.21	137
6.	Jack RICE	9	Romford Town	51.25	137
7.	Lewis CRAIG	9	Halstead	52.14	130
8.	Jamie MALCOLM	9	Bo Waltham F	52.47	128
9.	Matthew HAYWARD	9	Runnymede	52.89	125
10.	LEWIS BAYLEY	9	Southend	54.95	111
	Elliot SWALLOW	9	Halstead	DQ ST-	

EVENT 324 Boys 10/11 Yrs 400m Freestyle

10 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Arran FRANCIS	10	Colchester	5:05.76	353			
	50m	100m	150m	200m	250m	300m	350m	400m
	34.89	1:13.36	1:52.99	2:32.33	3:11.64	3:51.13	4:30.11	5:05.76
2.	Spencer PRIOR	10	Colchester	5:17.79	314			
	50m	100m	150m	200m	250m	300m	350m	400m
	35.88	1:15.78	1:56.43	2:37.33	3:17.68	3:57.94	4:38.46	5:17.79
3.	Reece NICHOLLS	10	Bo Waltham F	5:23.34	299			
	50m	100m	150m	200m	250m	300m	350m	400m
	36.33	1:16.78	1:58.23	2:39.27	3:20.21	4:01.41	4:42.49	5:23.34
4.	Mitchell WILSON	10	Romford Town	5:27.91	286			
	50m	100m	150m	200m	250m	300m	350m	400m
	36.23	1:18.41	2:00.26	2:43.56	3:24.09	4:06.26	4:49.04	5:27.91
5.	Daniel MCLAGAN	10	Braintree	5:29.92	281			
	50m	100m	150m	200m	250m	300m	350m	400m
	38.01	1:19.69	2:02.00	2:44.68	3:26.62	4:07.93	4:50.48	5:29.92
6.	Luke SHERIDAN	10	Thurrock	5:33.93	271			
	50m	100m	150m	200m	250m	300m	350m	400m
	35.17	1:15.70	1:58.68	2:42.00	3:25.26	4:08.88	4:52.28	5:33.93
7.	Aaron CLARKE	10	Thurrock	5:39.22	259			
	50m	100m	150m	200m	250m	300m	350m	400m
	37.94	1:20.31	2:04.13	2:47.85	3:30.41	4:13.52	4:57.45	5:39.22
8.	Samuel ELLIS	10	Romford Town	5:39.27	258			
	50m	100m	150m	200m	250m	300m	350m	400m
	36.63	1:18.70	2:01.65	2:46.20	3:29.99	4:14.06	4:57.85	5:39.27
9.	Aiden JACKSON	10	Romford Town	5:44.01	248			
	50m	100m	150m	200m	250m	300m	350m	400m
	37.10	1:19.56	2:02.90	2:46.60	3:31.99	4:17.33	5:02.51	5:44.01
10.	Kieran HOLDBROOK	10	BorRedbridge	5:48.71	238			
	50m	100m	150m	200m	250m	300m	350m	400m
	38.86	1:20.76	2:07.50	2:50.54	3:35.01	4:20.11	5:05.67	5:48.71
	Louie RIDGWAY	10	Thurrock	DNF				

11 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Cavan BECK	11	Rochford	4:49.87	414			
	50m	100m	150m	200m	250m	300m	350m	400m
	34.65	1:11.48	1:48.53	2:25.07	3:02.30	3:39.36	4:16.09	4:49.87
2.	George EPSLY	11	Thurrock	4:50.68	411			
	50m	100m	150m	200m	250m	300m	350m	400m
	34.10	1:10.06	1:46.95	2:23.77	3:00.66	3:37.48	4:15.01	4:50.68
3.	Fraser SCOTT	11	BorRedbridge	4:54.59	395			
	50m	100m	150m	200m	250m	300m	350m	400m
	34.48	1:11.81	1:49.58	2:26.75	3:03.66	3:40.90	4:18.06	4:54.59
4.	Calum CONNELLY	11	Romford Town	4:54.70	394			
	50m	100m	150m	200m	250m	300m	350m	400m
	34.24	1:11.42	1:49.11	2:26.56	3:03.54	3:40.89	4:18.62	4:54.70

5.	Kieran GORE	11	Romford Town		4:59.38		376		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.84	1:12.83	1:50.62	2:28.64	3:07.04	3:45.22	4:23.46	4:59.38	
6.	Charles METCALF	11	Bo Southend		5:02.64		364		
	50m	100m	150m	200m	250m	300m	350m	400m	
	35.26	1:12.96	1:51.44	2:29.70	3:08.28	3:47.38	4:25.72	5:02.64	
7.	Hugo JOHNSON	11	Bo Southend		5:06.14		352		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.72	1:13.28	1:52.63	2:32.58	3:11.88	3:51.55	4:30.41	5:06.14	
8.	Ryan NICHOLLS	11	Bo Waltham F		5:06.58		350		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.19	1:11.90	1:51.41	2:30.82	3:10.32	3:50.63	4:29.10	5:06.58	
9.	Cameron SIMPSON	11	Colchester		5:07.27		348		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.60	1:12.46	1:50.37	2:29.14	3:08.74	3:49.11	4:28.88	5:07.27	
10.	Lewis COOPER	11	Phoenix Bas		5:07.41		347		
	50m	100m	150m	200m	250m	300m	350m	400m	
	35.18	1:14.64	1:53.68	2:32.47	3:11.76	3:51.11	4:30.07	5:07.41	
11.	Harry FOX	11	Killerwhales		5:07.93		346		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.81	1:13.30	1:51.70	2:30.90	3:10.00	3:49.51	4:29.36	5:07.93	
12.	Joshua BURCOMBE	11	Romford Town		5:09.21		341		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.72	1:13.63	1:52.92	2:32.65	3:12.98	3:52.07	4:31.08	5:09.21	
13.	Jack AYLING	11	Romford Town		5:12.41		331		
	50m	100m	150m	200m	250m	300m	350m	400m	
	35.20	1:14.56	1:54.59	2:33.71	3:13.92	3:54.30	4:33.49	5:12.41	
14.	Toby MASCALL	11	BorRedbridge		5:12.45		331		
	50m	100m	150m	200m	250m	300m	350m	400m	
	36.03	1:16.19	1:55.84	2:35.82	3:15.88	3:55.18	4:34.86	5:12.45	
15.	Daniel ROBINSON	11	Killerwhales		5:18.15		313		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.90	1:12.02	1:52.24	2:33.06	3:14.46	3:56.66	4:37.80	5:18.15	
16.	Ole MILLS	11	Braintree		5:20.80		306		
	50m	100m	150m	200m	250m	300m	350m	400m	
	36.21	1:16.29	1:56.90	2:37.73	3:18.47	3:59.61	4:41.60	5:20.80	
17.	Kieran GOODWIN	11	Killerwhales		5:21.88		303		
	50m	100m	150m	200m	250m	300m	350m	400m	
	34.43	1:14.35	1:55.73	2:37.20	3:18.49	4:00.63	4:41.96	5:21.88	
18.	Zachary COLEMAN	11	Romford Town		5:25.80		292		
	50m	100m	150m	200m	250m	300m	350m	400m	
	36.73	1:17.94	1:59.64	2:40.97	3:23.30	4:04.89	4:46.46	5:25.80	

EVENT 326 Girls 14 Yrs/Over 200m Backstroke

14 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Stephanie MALCOLM	14	Bo Waltham F	2:20.53	669	32.55	1:08.01	1:44.61*EBT
2.	Elena SHERIDAN	14	Romford Town	2:24.03	621	33.92	1:10.65	1:47.40
3.	Melissa KNIGHTON	14	Runnymede	2:28.09	571	35.36	1:12.82	1:51.39
4.	Elizabeth HARE	14	Bo Waltham F	2:28.40	568	35.41	1:13.04	1:50.85
5.	Jessica LAMBERT	14	BorRedbridge	2:28.72	564	34.95	1:12.57	1:51.19
6.	Bethaney HALL	14	Romford Town	2:29.95	550	35.14	1:12.84	1:51.80
7.	Amelia KNOWLES	14	Southend	2:32.30	525	35.40	1:13.76	1:52.83
8.	Alana JONES	14	Chelmsford	2:32.35	525	35.21	1:13.07	1:52.58
9.	Sanaa AKBAR	14	Bo Waltham F	2:32.79	520	35.54	1:13.89	1:53.34
10.	Rebekah BOOTY	14	Braintree	2:34.39	504	36.50	1:15.04	1:54.95
11.	Chloe TOMSETT	14	Brentwood	2:34.68	501	36.16	1:16.09	1:56.35
12.	Amy BEARDWELL-LACEY	14	Romford Town	2:34.86	500	36.38	1:15.75	1:55.75
12.	Aimee FAHEY	14	Epping For't	2:34.86	500	35.89	1:15.07	1:55.09
14.	Emily BULLEID	14	Braintree	2:35.63	492	37.05	1:17.26	1:57.52
15.	Helen MITCHELL	14	Braintree	2:36.89	480	37.37	1:17.75	1:58.34
16.	Katie WILLIS	14	Southend	2:40.70	447	37.00	1:17.59	1:59.77
17.	Alice PARK	14	Halstead	2:41.10	444	37.17	1:17.69	1:59.42
18.	Ellie SMITH	14	Runnymede	2:43.03	428	36.63	1:17.67	2:00.48
	Emma HALL	14	Canvey Isl	DNC				

15 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Harriette DAVIS	15	Romford Town	2:27.04	584	33.94	1:10.08	1:47.75
2.	Evangelina FISHER	15	Chelmsford	2:28.78	563	35.72	1:13.68	1:51.62
3.	Emily COLE	15	BorRedbridge	2:30.58	543	34.89	1:12.63	1:51.56
3.	Sophie COPPER	15	BorRedbridge	2:30.58	543	34.63	1:12.49	1:51.75
5.	Rachel WELSH	15	Romford Town	2:31.91	529	34.73	1:13.32	1:53.01
6.	Erin MCGILL	15	Brentwood	2:33.56	512	36.53	1:14.76	1:54.24
7.	Gemma WASS	15	Colchester	2:36.90	480	36.23	1:15.18	1:55.81
8.	Grace SANDERSON	15	Colchester	2:37.25	477	36.59	1:16.52	1:57.67
9.	Louise-Jayne WATTS	15	Colchester	2:38.58	465	38.38	1:18.66	1:59.50
10.	Abigail WHIFFIN	15	Epping For't	2:41.75	438	38.19	1:18.61	2:00.16

16 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Chloe DAVIS	16	Runnymede	2:20.64	667	33.10	1:08.52	1:44.93
2.	Kelsey RICHARDS	16	BorRedbridge	2:24.02	621	33.70	1:09.65	1:47.12
3.	Sarah LARNER	16	Colchester	2:27.66	576	34.44	1:11.22	1:49.70
4.	Jessica PARK	16	Halstead	2:28.89	562	34.90	1:12.84	1:51.32
5.	Kerriann CHIPPERFIELD	16	Thurrock	2:30.14	548	34.10	1:12.30	1:51.87
6.	Eleanor BEDWELL	16	BorRedbridge	2:34.92	499	36.01	1:15.55	1:55.44
7.	Charlotte PETERS	16	Chelmsford	2:35.57	493	36.71	1:16.05	1:55.84
	Amy MURFITT	16	Basildon	DNC				

17 Yrs/Over Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Sophie DRAKE	17	Canvey Isl	2:19.40	685	32.84	1:08.07	1:44.67
2.	Katinka MERCHAN	17	Killerwhales	2:21.47	655	32.53	1:08.48	1:45.83
3.	Verity GOODEY	18	Bo Southend	2:21.98	648	33.02	1:08.55	1:44.91
4.	Jessica FORD	19	Thurrock	2:24.24	618	34.73	1:11.29	1:48.25
5.	Kalei ANDREWS	18	Killerwhales	2:27.01	584	33.69	1:11.41	1:50.24
6.	Charlotte DELICATA	18	Thurrock	2:28.31	569	35.09	1:12.62	1:50.64
7.	Rachael FRANKLIN	17	Brentwood	2:33.04	518	35.86	1:14.38	1:53.84

EVENT 325 Girls 11/13 Yrs 200m Breaststroke

11 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Philippa DAVENALL	11	Colchester	2:59.21	465	40.31	1:27.10	2:14.03
2.	Amrita ROBERTSON	11	Bo Waltham F	3:06.03	416	41.08	1:29.05	2:18.32
3.	Sophie KENNY	11	Epping For't	3:07.31	408	41.49	1:28.83	2:18.86
4.	Bethany MOORE	11	Romford Town	3:08.74	398	43.55	1:31.70	2:20.87
5.	Emily WOODS	11	Braintree	3:08.83	398	43.24	1:31.31	2:20.42
6.	Danica BRAZIER	11	Chelmsford	3:10.53	387	43.63	1:32.55	2:21.90
7.	Sophie WARD	11	Romford Town	3:12.90	373	44.69	1:33.42	2:23.28
8.	Ellie MITCHELL	11	Runnymede	3:15.10	361	44.50	1:34.37	2:25.29
8.	Ebony TALBOT	11	Runnymede	3:15.10	361	44.17	1:33.74	2:24.29
10.	Alice WANG	11	Epping For't	3:15.31	360	43.79	1:33.79	2:24.94
11.	Bethan MCELROY	11	Canvey Isl	3:15.38	359	43.29	1:33.31	2:24.81
12.	Dolly TRIGG	11	Colchester	3:15.62	358	43.61	1:33.84	2:25.17
13.	Hope JONES	11	Thurrock	3:16.84	351	43.16	1:33.66	2:25.69
14.	Ciara PURCELL	11	BorRedbridge	3:18.16	344	43.98	1:34.90	2:27.33
15.	Rianna SMITH	11	Brentwood	3:21.22	329	44.04	1:34.60	2:27.00
16.	Amber EVANS	11	Rochford	3:23.33	319	44.34	1:35.52	2:28.61
17.	Sarah ELLIS	11	Runnymede	3:29.41	292	47.63	1:41.11	2:36.51
	Amber EVANS	11	Rochford	DNC				

12 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Kayleigh UMFREVILLE	12	Thurrock	2:48.99	555	38.35	1:21.92	2:05.86
2.	Eleanor PIRRIE	12	Runnymede	2:54.49	504	39.94	1:23.97	2:09.19
3.	Grace GILROY	12	Brentwood	2:56.77	485	40.72	1:26.19	2:12.44
4.	Katarina BLANCO	12	Bo Southend	3:00.13	458	40.31	1:26.39	2:13.31
5.	Karis ELLERBY	12	Bo Southend	3:02.47	441	41.28	1:27.65	2:15.79
6.	Amy HARRIS	12	Romford Town	3:02.76	439	42.53	1:29.05	2:15.85
7.	Lisa WAITE	12	Epping For't	3:06.52	413	40.26	1:28.06	2:18.53
8.	Victoria CHRISTMAS	12	Romford Town	3:06.57	412	42.53	1:30.80	2:19.42
9.	Eloise LYONS	12	Thurrock	3:06.62	412	43.67	1:30.74	2:19.18
10.	Jodi WHITEHEAD	12	Romford Town	3:06.80	411	40.57	1:26.90	2:16.84
11.	Courtney SANDERS	12	Chelmsford	3:07.25	408	41.88	1:28.67	2:17.58
12.	Annie GARRARD	12	Runnymede	3:13.49	370	43.93	1:33.10	2:23.43

13 Yrs Age Group –

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Brock WHISTON	13	Romford Town	2:48.33	562	38.31	1:21.58	2:05.47
2.	Kayleigh SIMS	13	Bo Southend	2:48.92	556	38.52	1:22.32	2:06.93
3.	Kathryn PEARSE	13	Phoenix Bas	2:50.62	539	38.69	1:22.48	2:06.69
4.	Ellie TRIPP	13	Colchester	2:51.02	536	38.28	1:22.34	2:06.81
5.	Molly SPARKS	13	Killerwhales	3:01.38	449	41.71	1:27.72	2:14.17
6.	Katie WHIFFIN	13	Epping For't	3:01.98	444	37.76	1:23.42	2:12.02
7.	Katherine STEPHENS	13	Thurrock	3:03.74	432	40.63	1:27.77	2:15.75
8.	Madeleine SINCLAIR	13	Harwich DP	3:07.48	406	39.58	1:27.40	2:17.64
9.	Chelsie ROOT	13	Halstead	3:08.03	403	42.04	1:29.62	2:18.73
10.	Alexa COX	13	Halstead	3:11.11	384	42.12	1:30.64	2:21.32
	Rebecca ASHER	13	Phoenix Bas	DNC				

EVENT 146 FINAL OF EVENT 126

Boys 09 Yrs 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Oliver ELLIS	9	Runnymede	47.99	167
2.	Daniel WESTON	9	Killerwhales	48.01	166
3.	Harry TAYLOR	9	Romford Town	49.97	148
4.	Harvey JOLLY	9	Phoenix Bas	51.67	134
5.	David BROOKS	9	Romford Town	51.74	133
6.	Jack RICE	9	Romford Town	51.93	132

EVENT 327 FINAL OF EVENT 323

Boys 12 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Aidan ROBINSON	12	Basildon	1:09.85	363	32.36
2.	Nathan LEONG	12	Bo Waltham F	1:09.90	362	32.80
3.	James DAY	12	Thurrock	1:12.27	327	33.88
4.	Connor KEARNS	12	Killerwhales	1:13.90	306	34.27
5.	Russell BECK	12	Rochford	1:14.07	304	34.93
6.	Charlie FOX	12	Killerwhales	1:14.79	295	34.77

EVENT 328 FINAL OF EVENT 323

Boys 13 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Luke DURBAN	13	Braintree	1:05.28	444	31.11
2.	Barton TOWNLEY	13	Bo Southend	1:05.61	438	30.66
3.	Matthew LEMNELL	13	Colchester	1:06.84	414	31.19
4.	Charles STURLEY	13	Romford Town	1:08.91	378	32.53

5.	Jarrold BRADFIELD	13	Clacton On S	1:08.94	377	31.81
6.	Thomas MCLAGAN	13	Braintree	1:09.28	372	31.70

EVENT 329 FINAL OF EVENT 323 Boys 14 Yrs 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Sean HOULIHAN	14	Romford Town	1:02.71	501	29.40
2.	James ROOME	14	Killerwhales	1:03.89	474	30.13
3.	Harry COKER	14	Romford Town	1:03.94	473	30.25
4.	Sonny FORD	14	Thurrock	1:04.02	471	30.17
5.	Joseph STAMP	14	BorRedbridge	1:04.05	470	30.45
6.	George FOLEY	14	Romford Town	1:04.09	469	30.38

EVENT 149 FINAL OF EVENT 129 Girls 14 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elena SHERIDAN	14	Romford Town	29.57	631
2.	Amelia KNOWLES	14	Southend	29.76	619
3.	Stephanie MALCOLM	14	Bo Waltham F	31.00	547
4.	Amy BEARDWELL-LACEY	14	Romford Town	31.67	513
5.	Sanaa AKBAR	14	Bo Waltham F	31.73	511
6.	Elizabeth HARE	14	Bo Waltham F	31.86	504

EVENT 156 FINAL OF EVENT 136 Girls 16 Yrs 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Chloe DAVIS	16	Runnymede	30.30	586
2.	Sarah LARNER	16	Colchester	30.58	570
3.	Kerriann CHIPPERFIELD	16	Thurrock	30.88	554
4.	Kelsey RICHARDS	16	BorRedbridge	31.60	517
5.	Hannah Louise PACKMAN	16	Canvey Isl	32.15	491
6.	Nina WISEMAN	16	Braintree	32.23	487