

**ECASA Age Group Championships 2009**  
**Under ASA Laws & ASA Technical Rules of Swimming**  
**Saturday 7 March 2009 - Session 12**  
**at Braintree Swimming Centre, Freeport Braintree**

**EVENT 330 Girls 14 Years/Over 1500m Freestyle (HDW)**

**14 Years Age Group**

| Place | Name              | AaD | Club         | Time     | BAG Pt | 100                 | 200                 | 300                 | 400                 | 500                 | 600                 | 700                 |
|-------|-------------------|-----|--------------|----------|--------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|       |                   |     |              |          |        | 800                 | 900                 | 1000                | 1100                | 1200                | 1300                | 1400                |
| 1.    | Emily COLE        | 14  | BorRedbridge | 18:19.83 | 692*   | 1:08.30<br>9:38.32  | 2:18.80<br>10:52.75 | 3:30.11<br>12:07.48 | 4:42.77<br>13:22.40 | 5:56.09<br>14:37.70 | 7:10.06<br>15:52.48 | 8:24.18<br>17:07.31 |
| 2.    | Harriette DAVIS   | 14  | Romford Town | 18:33.87 | 669*   | 1:06.22<br>9:41.02  | 2:17.49<br>10:56.82 | 3:29.88<br>12:12.44 | 4:43.27<br>13:29.53 | 5:57.09<br>14:47.21 | 7:11.89<br>16:05.45 | 8:25.67<br>17:20.32 |
| 3.    | Evangelina FISHER | 14  | Chelmsford   | 19:01.50 | 625*   | 1:13.01<br>10:12.60 | 2:30.36<br>11:29.86 | 3:47.63<br>12:47.52 | 5:04.74<br>14:04.89 | 6:21.33<br>15:21.82 | 7:38.32<br>16:37.55 | 8:55.64<br>17:51.93 |

\*\*\*\*\* Event qualifying/standard time 19:10.90 \*\*\*\*\*

Swims with \* appended are GB points - NOT age corrected

**15 Years Age Group**

| Place   | Name                  | AaD | Club         | Time     | BAG Pt | 100                 | 200                 | 300                 | 400                 | 500                 | 600                 | 700                 |
|---|-----------------------|-----|--------------|----------|--------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|   |                       |     |              |          |        | 800                 | 900                 | 1000                | 1100                | 1200                | 1300                | 1400                |
| 1.  | Kelsey RICHARDS       | 15  | BorRedbridge | 17:51.40 | 741*   | 1:07.27<br>9:23.49  | 2:17.77<br>10:35.91 | 3:28.54<br>11:48.34 | 4:39.26<br>13:01.26 | 5:50.06<br>14:14.48 | 7:01.08<br>15:27.52 | 8:12.02<br>16:40.42 |
| 2.  | Danielle SAYER        | 15  | Thurrock     | 18:03.45 | 720*   | 1:07.30<br>9:32.47  | 2:18.42<br>10:45.32 | 3:29.89<br>11:58.45 | 4:42.10<br>13:11.65 | 5:54.51<br>14:24.94 | 7:07.10<br>15:38.44 | 8:19.76<br>16:51.16 |
| 3.  | Kerriann CHIPPERFIELD | 15  | Thurrock     | 18:14.81 | 700*   | 1:07.84<br>9:39.14  | 2:20.33<br>10:53.86 | 3:33.13<br>12:07.90 | 4:46.81<br>13:22.13 | 6:00.68<br>14:37.69 | 7:13.67<br>15:51.78 | 8:26.22<br>17:05.34 |
| 4.  | Abigail SAYER         | 15  | Thurrock     | 18:20.06 | 692*   | 1:08.41<br>9:42.98  | 2:21.11<br>10:57.30 | 3:34.20<br>12:11.59 | 4:47.62<br>13:26.24 | 6:01.44<br>14:40.68 | 7:15.37<br>15:54.94 | 8:29.20<br>17:09.33 |
| 5.  | Chloe DAVIS           | 15  | Runnymede    | 18:36.11 | 665*   | 1:07.76<br>9:49.35  | 2:21.28<br>11:04.58 | 3:35.03<br>12:19.77 | 4:49.19<br>13:35.38 | 6:04.15<br>14:51.04 | 7:19.50<br>16:06.16 | 8:34.30<br>17:22.33 |
| ***** Event qualifying/standard time 18:59.70 ***** |                       |     |              |          |        |                     |                     |                     |                     |                     |                     |                     |
| 6.  | Lucy HALL             | 15  | Braintree    | 19:34.50 | 577*   | 1:12.70<br>10:19.22 | 2:29.48<br>11:39.08 | 3:46.80<br>12:58.46 | 5:04.68<br>14:17.74 | 6:21.80<br>15:37.73 | 7:40.68<br>16:57.15 | 8:59.71<br>18:17.30 |

Swims with \* appended are GB points - NOT age corrected

**16 Years Age Group**

| Place   | Name          | AaD | Club         | Time     | BAG Pt | 100                 | 200                 | 300                 | 400                 | 500                 | 600                 | 700                 |
|---|---------------|-----|--------------|----------|--------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|   |               |     |              |          |        | 800                 | 900                 | 1000                | 1100                | 1200                | 1300                | 1400                |
| 1.  | Georgina HUNT | 16  | Thurrock     | 17:31.49 | 778*   | 1:05.30<br>9:16.06  | 2:14.33<br>10:27.58 | 3:23.65<br>11:39.40 | 4:33.37<br>12:51.15 | 5:43.68<br>14:02.01 | 6:54.24<br>15:12.93 | 8:05.18<br>16:23.71 |
| 2.  | Molly EPSLY   | 16  | Thurrock     | 18:08.68 | 711*   | 1:06.55<br>9:31.51  | 2:16.48<br>10:44.56 | 3:27.29<br>11:58.49 | 4:39.42<br>13:12.52 | 5:51.65<br>14:25.75 | 7:04.69<br>15:39.97 | 8:18.28<br>16:54.85 |
| ***** Event qualifying/standard time 18:53.30 ***** |               |     |              |          |        |                     |                     |                     |                     |                     |                     |                     |
| 3.  | Jessica COLES | 16  | Romford Town | 19:01.90 | 625*   | 1:10.38<br>10:03.47 | 2:24.46<br>11:20.68 | 3:38.80<br>12:39.19 | 4:54.98<br>13:56.53 | 6:11.78<br>15:14.27 | 7:29.02<br>16:30.82 | 8:46.32<br>17:47.17 |

Swims with \* appended are GB points - NOT age corrected

### 17 Years/Over Age Group

| Place | Name            | AaD | Club         | Time            | BAG Pt | 100<br>800         | 200<br>900          | 300<br>1000         | 400<br>1100         | 500<br>1200         | 600<br>1300         | 700<br>1400         |
|-------|-----------------|-----|--------------|-----------------|--------|--------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| 1.    | Phoebe HAYES    | 17  | BorRedbridge | 17:13.26 + 813* |        | 1:04.39<br>9:04.20 | 2:12.72<br>10:13.41 | 3:20.85<br>11:22.90 | 4:29.07<br>12:32.55 | 5:37.78<br>13:42.07 | 6:46.26<br>14:51.65 | 7:55.15<br>16:01.93 |
| 2.    | Jessica FORD    | 18  | Thurrock     | 17:31.65 778*   |        | 1:05.48<br>9:15.03 | 2:14.94<br>10:25.81 | 3:24.16<br>11:37.01 | 4:34.08<br>12:47.90 | 5:43.91<br>13:58.77 | 6:54.10<br>15:10.34 | 8:04.28<br>16:21.81 |
| 3.    | Shannon HARROLD | 17  | Thurrock     | 17:41.88 759*   |        | 1:05.95<br>9:20.05 | 2:14.84<br>10:31.40 | 3:24.71<br>11:42.99 | 4:35.03<br>12:55.16 | 5:46.17<br>14:07.30 | 6:57.23<br>15:19.53 | 8:08.65<br>16:32.10 |
| 4.    | Verity GOODEY   | 17  | Southend     | 17:44.78 753*   |        | 1:04.89<br>9:24.84 | 2:13.87<br>10:36.99 | 3:23.92<br>11:49.45 | 4:36.41<br>13:01.23 | 5:49.08<br>14:12.23 | 7:01.30<br>15:24.32 | 8:13.16<br>16:35.93 |
| 5.    | Kalei ANDREWS   | 17  | Killerwhales | 18:45.77 650*   |        | 1:07.59<br>9:50.69 | 2:21.13<br>11:07.24 | 3:35.10<br>12:22.72 | 4:49.04<br>13:38.96 | 6:03.84<br>14:54.78 | 7:19.91<br>16:12.28 | 8:36.00<br>17:30.07 |

\*\*\*\*\* Event qualifying/standard time 18:52.00 \*\*\*\*\*

+ Event Best Time

Swims with \* appended are GB points - NOT age corrected

### EVENT 331 Boys 12/14 Years 100m Freestyle

#### 12 Years Age Group

| Place   | Name              | AaD | Club         | Time          | BAG Pt | 50    |
|---|-------------------|-----|--------------|---------------|--------|-------|
| 1.  | Jarrold BRADFIELD | 12  | Clacton On S | 1:00.26 + 566 |        | 28.60 |
| 2.  | Luke DURBAN       | 12  | Braintree    | 1:00.70 553   |        | 29.54 |
| 3.  | Luke BOURNE       | 12  | Rochford     | 1:01.21 540   |        | 29.01 |
| 4.  | Barton TOWNLEY    | 12  | Bo Southend  | 1:03.29 486   |        | 30.66 |
| 5.  | James WINTER      | 12  | Chelmsford   | 1:04.06 468   |        | 31.24 |
| 6.  | George ELLIS      | 12  | Romford Town | 1:04.45 459   |        | 31.39 |
| 7.  | Orin MANN         | 12  | Braintree    | 1:04.94 448   |        | 31.05 |
| 8.  | Tommy WILLIS      | 12  | Bo Waltham F | 1:05.10 445   |        | 31.52 |
| 9.  | Harry GEGGUS      | 12  | Thurrock     | 1:05.25 441   |        | 30.84 |
| 10.   | Jim VICKERS       | 12  | Colchester   | 1:05.39 439   |        | 31.11 |
| 11.   | Rory GEOGHEGAN    | 12  | Runnymede    | 1:05.52 436   |        | 32.05 |
| 12.   | Thomas MCLAGAN    | 12  | Braintree    | 1:05.78 430   |        | 31.62 |
| 13.   | Matthew LEMNELL   | 12  | Colchester   | 1:06.03 424   |        | 32.31 |
| 14.   | Ross DAVY         | 12  | Chelmsford   | 1:06.31 419   |        | 33.03 |
| 15.   | Arjun ROBERTSON   | 12  | Bo Waltham F | 1:06.64 412   |        | 31.71 |
| 16.   | Murphy TALBOT     | 12  | Runnymede    | 1:06.65 412   |        | 32.32 |
| 17.   | Mark GREENBAUM    | 12  | Runnymede    | 1:06.76 410   |        | 31.99 |
| 18.   | Augustus VEASEY   | 12  | Chelmsford   | 1:06.88 408   |        | 32.39 |
| 19.   | William HARDING   | 12  | Romford Town | 1:06.92 406   |        | 32.29 |
| 20.   | Aiden ROBINSON    | 12  | Killerwhales | 1:07.34 399   |        | 32.33 |
| 21.   | James KIDD        | 12  | Romford Town | 1:07.49 395   |        | 32.84 |
| 22.   | Damian GREEN      | 12  | Colchester   | 1:07.97 386   |        | 32.79 |
| 22.   | Alexander HAINES  | 12  | Brentwood    | 1:07.97 386   |        | 32.70 |
| 24.   | Samuel KELLY      | 12  | BorRedbridge | 1:07.99 385   |        | 32.77 |
| 25.   | Charles STURLEY   | 12  | Havering Aq  | 1:08.70 372   |        | 33.45 |
| ***** Event qualifying/standard time 01:10.90 ***** |                   |     |              |               |        |       |
| 26.   | Kyle HALL         | 12  | BorRedbridge | 1:11.90 318   |        | 34.06 |
|   | Oliver APPLEBEE   | 12  | Romford Town | DQ ST-        |        |       |

+ Event Best Time

### 13 Years Age Group

| Place   | Name             | AaD | Club         | Time    | BAG Pt | 50    |
|---|------------------|-----|--------------|---------|--------|-------|
| 1.  | Sean HOULIHAN    | 13  | Romford Town | 59.86   | 561    | 29.30 |
| 2.  | Lee BAKER        | 13  | Epping For't | 1:00.39 | 547    | 28.96 |
| 3.  | Henry MAHER      | 13  | Epping For't | 1:00.44 | 545    | 28.55 |
| 4.  | Jack CARTER      | 13  | Southend     | 1:00.46 | 545    | 28.92 |
| 5.  | Gareth HAWKINS   | 13  | Thurrock     | 1:00.85 | 534    | 29.48 |
| 6.  | Joseph STAMP     | 13  | Romford Town | 1:01.08 | 529    | 29.78 |
| 7.  | Lawrence BROWN   | 13  | BorRedbridge | 1:01.17 | 526    | 29.39 |
| 8.  | Tom BEADLE       | 13  | BorRedbridge | 1:02.41 | 495    | 30.04 |
| 9.  | Hayden THOMAS    | 13  | Epping For't | 1:03.05 | 480    | 29.70 |
| 10.   | Zachary MASHFORD | 13  | Rochford     | 1:03.29 | 473    | 30.04 |
| 11.   | George FOLEY     | 13  | Havering Aq  | 1:03.34 | 472    | 30.25 |
| 12.   | George CROW      | 13  | Killerwhales | 1:03.38 | 472    | 30.10 |
| 13.   | Sonny TRIGG      | 13  | Colchester   | 1:04.25 | 451    | 30.46 |
| 14.   | James ROOME      | 13  | Killerwhales | 1:04.40 | 448    | 30.83 |
| 15.   | Harry COKER      | 13  | Romford Town | 1:04.52 | 446    | 31.28 |
| 16.   | Joseph HELLIER   | 13  | Witham Dolph | 1:04.72 | 441    | 31.23 |
| 17.   | Joshua ROGERS    | 13  | Romford Town | 1:04.97 | 436    | 31.23 |
| 18.   | Bradley CLARKE   | 13  | Thurrock     | 1:05.51 | 424    | 31.30 |
| 19.   | Matthew KNOWLES  | 13  | Chelmsford   | 1:05.88 | 416    | 31.85 |
| ***** Event qualifying/standard time 01:06.00 ***** |                  |     |              |         |        |       |
| 20.   | Conor TOOLIS     | 13  | Romford Town | 1:06.06 | 413    | 31.33 |

### 14 Years Age Group

| Place   | Name                 | AaD | Club         | Time    | BAG Pt | 50    |
|---|----------------------|-----|--------------|---------|--------|-------|
| 1.  | Harry PAYNE          | 14  | Bo Southend  | 56.33   | 655    | 27.37 |
| 2.  | Daniel SORRELL       | 14  | Chelmsford   | 56.85   | 639    | 27.21 |
| 3.  | Charlie DENTITH      | 14  | BorRedbridge | 58.05   | 602    | 27.97 |
| 4.  | Christopher MITCHELL | 14  | Epping For't | 58.23   | 596    | 27.72 |
| 5.  | Danny BAKER          | 14  | Rochford     | 58.86   | 578    | 28.65 |
| 6.  | Benjamin ROOTS       | 14  | Chelmsford   | 58.88   | 578    | 28.03 |
| 7.  | James WINNELL        | 14  | Runnymede    | 59.10   | 572    | 28.94 |
| 8.  | Alistair FRANCE      | 14  | Bo Waltham F | 59.38   | 563    | 28.47 |
| 9.  | Alfie BURR           | 14  | Romford Town | 59.83   | 551    | 29.18 |
| 10.   | Ryan DANIELS         | 14  | Thurrock     | 59.90   | 549    | 28.75 |
| 11.   | Ben TURP             | 14  | Basildon     | 1:00.36 | 536    | 28.98 |
| 12.   | Emile DU TOIT        | 14  | Halstead     | 1:00.88 | 523    | 29.22 |
| 13.   | Reece PARKER         | 14  | Southend     | 1:00.94 | 521    | 29.37 |
| 13.   | Daniel COOPER        | 14  | Halstead     | 1:00.94 | 521    | 29.21 |
| 15.   | Thomas JOHNSON       | 14  | Brentwood    | 1:01.06 | 518    | 28.82 |
| 16.   | Jack BYFIELD         | 14  | Phoenix Bas  | 1:01.37 | 511    | 28.78 |
| 17.   | Adam GILLARD         | 14  | BorRedbridge | 1:01.87 | 498    | 29.80 |
| 18.   | Nicholas ALBROW      | 14  | Basildon     | 1:01.88 | 498    | 29.87 |
| 19.   | Jonathan WORBY       | 14  | BorRedbridge | 1:02.12 | 491    | 30.24 |
| 20.   | Joe WENNEL           | 14  | Basildon     | 1:02.45 | 484    | 29.39 |
| 21.   | Edward CLARK         | 14  | Halstead     | 1:02.54 | 482    | 30.28 |
| 22.   | Charlie SELF         | 14  | Rochford     | 1:02.62 | 480    | 30.11 |
| ***** Event qualifying/standard time 01:03.00 ***** |                      |     |              |         |        |       |
| 23.   | Tom SKINGSLEY        | 14  | Killerwhales | 1:03.13 | 468    | 29.86 |
| 24.   | Alexander HAYMAN     | 14  | BorRedbridge | 1:03.38 | 462    | 30.60 |
| 25.   | Tobias ANDREWS       | 14  | Killerwhales | 1:04.11 | 445    | 30.38 |
|   | Jack HINES           | 14  | Basildon     | DNC     |        |       |

## EVENT 332 Boys 15 Years/Over 100m Breaststroke

### 15 Years Age Group

| Place   | Name                  | AaD | Club         | Time    | BAG Pt | 50    |
|---|-----------------------|-----|--------------|---------|--------|-------|
| 1.  | Charlie POND THOMPSON | 15  | Southend     | 1:13.86 | 527*   | 34.73 |
| 2.  | Charlie HAYES         | 15  | Thurrock     | 1:14.23 | 520*   | 35.22 |
| 3.  | Greg SUMMERS          | 15  | Bo Waltham F | 1:14.76 | 509*   | 34.44 |
| 4.  | Michael GRACE         | 15  | Phoenix Bas  | 1:15.02 | 504*   | 35.20 |
| 5.  | Nicholas GILROY       | 15  | Brentwood    | 1:15.09 | 502*   | 35.50 |
| 6.  | Alex KEATING          | 15  | Bo Waltham F | 1:15.65 | 491*   | 35.48 |
| 7.  | Ivan GEORGIEV         | 15  | BorRedbridge | 1:16.47 | 475*   | 35.74 |
| 8.  | Thomas WEBB           | 15  | Killerwhales | 1:17.62 | 454*   | 36.46 |
| ***** Event qualifying/standard time 01:18.20 ***** |                       |     |              |         |        |       |
| 9.  | Oliver BURLING        | 15  | Bo Waltham F | 1:18.64 | 436*   | 37.33 |

Swims with \* appended are GB points - NOT age corrected

### 16 Years Age Group

| Place   | Name              | AaD | Club         | Time    | BAG Pt | 50    |
|---|-------------------|-----|--------------|---------|--------|-------|
| 1.  | Christopher INCH  | 16  | BorRedbridge | 1:11.67 | 576*   | 33.76 |
| 2.  | Jake HARRISON     | 16  | Romford Town | 1:12.13 | 565*   | 33.51 |
| 3.  | Dean WOODCOCK     | 16  | Chelmsford   | 1:12.86 | 549*   | 34.48 |
| 4.  | Christian PARKER  | 16  | Southend     | 1:12.95 | 547*   | 33.62 |
| 5.  | James DAVIS       | 16  | Romford Town | 1:14.02 | 524*   | 34.98 |
| ***** Event qualifying/standard time 01:14.80 ***** |                   |     |              |         |        |       |
| 6.  | Jack HARGRAVES    | 16  | Chelmsford   | 1:15.16 | 501*   | 36.04 |
| 7.  | James PATERSON    | 16  | Clacton On S | 1:15.19 | 500*   | 35.41 |
| 8.  | Dean BRUMBY       | 16  | Rochford     | 1:16.35 | 478*   | 35.78 |
| 9.  | Christopher STAMP | 16  | BorRedbridge | 1:16.79 | 469*   | 35.39 |

Swims with \* appended are GB points - NOT age corrected

### 17 Years/Over Age Group

| Place   | Name            | AaD | Club         | Time    | BAG Pt | 50    |
|---|-----------------|-----|--------------|---------|--------|-------|
| 1.  | Sargon YOUSSEFI | 18  | Colchester   | 1:09.14 | 637*   | 31.76 |
| 2.  | Daniel STEPTON  | 17  | Romford Town | 1:09.80 | 620*   | 32.24 |
| 3.  | Dean SMITH      | 17  | BorRedbridge | 1:10.22 | 610*   | 32.89 |
| 4.  | George MORRIS   | 17  | Bo Southend  | 1:12.15 | 565*   | 33.45 |
| 5.  | Jonathan SAYER  | 18  | Bo Southend  | 1:12.54 | 556*   | 35.01 |
| ***** Event qualifying/standard time 01:14.00 ***** |                 |     |              |         |        |       |

Swims with \* appended are GB points - NOT age corrected

## EVENT 333 Girls 11/13 Years 200m Backstroke (HDW)

### 11 Years Age Group

| Place | Name                | AaD | Club         | Time      | BAG Pt | 50    | 100     | 150     |
|-------|---------------------|-----|--------------|-----------|--------|-------|---------|---------|
| 1.    | Eliza DUFFY         | 11  | Chelmsford   | 2:29.48 + | 671    | 35.09 | 1:12.69 | 1:51.51 |
| 2.    | Emma CASSIDY        | 11  | Thurrock     | 2:31.60   | 645    | 36.03 | 1:14.96 | 1:53.97 |
| 3.    | Eleanor PIRRIE      | 11  | Runnymede    | 2:35.79   | 597    | 37.20 | 1:16.62 | 1:57.10 |
| 4.    | Courtney SANDERS    | 11  | Chelmsford   | 2:36.02   | 594    | 36.12 | 1:15.92 | 1:56.35 |
| 5.    | Katarina BLANCO     | 11  | Chelmsford   | 2:37.73   | 576    | 37.26 | 1:17.69 | 1:58.71 |
| 6.    | Victoria CHRISTMAS  | 11  | Romford Town | 2:38.02   | 572    | 37.69 | 1:17.76 | 1:58.66 |
| 7.    | Kirstie FEHILY      | 11  | Canvey Isl   | 2:42.48   | 527    | 38.45 | 1:19.34 | 2:01.17 |
| 8.    | Rachael MOORE       | 11  | Thurrock     | 2:44.64   | 506    | 39.26 | 1:22.09 | 2:04.91 |
| 9.    | Karis ELLERBY       | 11  | Bo Southend  | 2:44.71   | 506    | 38.82 | 1:20.94 | 2:04.40 |
| 10.   | Grace WINGROVE      | 11  | BorRedbridge | 2:45.43   | 498    | 38.97 | 1:21.05 | 2:03.66 |
| 11.   | Abigail REYNOLDS    | 11  | Bo Southend  | 2:46.19   | 492    | 39.36 | 1:21.47 | 2:04.81 |
| 12.   | Amy HARRIS          | 11  | Havering Aq  | 2:46.90   | 485    | 38.58 | 1:20.13 | 2:03.51 |
| 13.   | Eleanor MCCAFFREY   | 11  | Chelmsford   | 2:47.98   | 475    | 40.78 | 1:23.15 | 2:06.85 |
| 14.   | Kayleigh UMFREVILLE | 11  | Thurrock     | 2:48.77   | 469    | 40.07 | 1:23.47 | 2:07.24 |
| 15.   | Alice INSULL        | 11  | Colchester   | 2:50.04   | 458    | 39.80 | 1:23.37 | 2:08.08 |
| 16.   | Mikaela KENNEDY     | 11  | Killerwhales | 2:53.08   | 433    | 40.74 | 1:24.70 | 2:09.24 |
| 17.   | Sophie HEMINGWAY    | 11  | Brentwood    | 2:53.96   | 425    | 41.14 | 1:25.76 | 2:10.64 |
| 18.   | Chloe annie BASS    | 11  | Thurrock     | 2:54.63   | 420    | 40.33 | 1:24.30 | 2:10.24 |
| 19.   | Danielle KENYON     | 11  | Epping Fort  | 2:55.64   | 412    | 41.17 | 1:25.91 | 2:11.38 |

\*\*\*\*\* Event qualifying/standard time 02:59.60 \*\*\*\*\*

+ Event Best Time

### 12 Years Age Group

| Place | Name               | AaD | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|-------|--------------------|-----|--------------|---------|--------|-------|---------|---------|
| 1.    | Kathryn PEARSE     | 12  | Phoenix Bas  | 2:28.42 | 687    | 33.94 | 1:11.46 | 1:50.68 |
| 2.    | Molly SPARKS       | 12  | Killerwhales | 2:34.48 | 613    | 35.64 | 1:14.54 | 1:54.65 |
| 3.    | Hannah TRAVELL     | 12  | Braintree    | 2:34.63 | 611    | 35.92 | 1:15.59 | 1:55.51 |
| 4.    | Charlotte KENYON   | 12  | Epping Fort  | 2:37.14 | 583    | 36.58 | 1:16.02 | 1:57.17 |
| 5.    | Katherine STEPHENS | 12  | Thurrock     | 2:37.41 | 580    | 37.11 | 1:16.80 | 1:57.34 |
| 6.    | Brock WHISTON      | 12  | Romford Town | 2:37.63 | 578    | 37.60 | 1:18.80 | 1:59.23 |
| 7.    | Rosie WEBBER       | 12  | Romford Town | 2:37.93 | 574    | 38.30 | 1:18.55 | 1:58.64 |
| 8.    | Danielle ROOKE     | 12  | Killerwhales | 2:38.16 | 572    | 37.51 | 1:17.57 | 1:58.38 |
| 9.    | Amy GORE           | 12  | Thurrock     | 2:38.75 | 566    | 37.67 | 1:18.20 | 1:59.28 |
| 10.   | Melissa COWELL     | 12  | Thurrock     | 2:39.32 | 560    | 37.25 | 1:17.35 | 1:58.87 |
| 11.   | Ellie TRIPP        | 12  | Colchester   | 2:40.52 | 547    | 38.43 | 1:19.70 | 2:01.64 |
| 12.   | Rebecca HAYES      | 12  | Thurrock     | 2:42.61 | 526    | 38.25 | 1:19.05 | 2:01.10 |
| 13.   | Georgia MILLS      | 12  | Thurrock     | 2:42.64 | 526    | 37.35 | 1:18.33 | 2:00.96 |
| 14.   | Madeleine SINCLAIR | 12  | Harwich DP   | 2:43.51 | 518    | 37.49 | 1:19.68 | 2:03.06 |
| 15.   | Katie WHIFFIN      | 12  | Epping Fort  | 2:43.75 | 516    | 37.90 | 1:19.73 | 2:02.88 |
| 16.   | Sophie WAYMONT     | 12  | Southend     | 2:43.86 | 514    | 38.71 | 1:20.17 | 2:02.59 |
| 17.   | Madison TOWNLEY    | 12  | Bo Southend  | 2:47.82 | 477    | 38.03 | 1:20.41 | 2:04.23 |
| 18.   | Kelsey ELLERBY     | 12  | Bo Southend  | 2:48.07 | 475    | 39.65 | 1:22.31 | 2:05.39 |
| 19.   | Lorna MACLEAN      | 12  | Bo Southend  | 2:48.28 | 474    | 39.20 | 1:22.15 | 2:06.22 |

\*\*\*\*\* Event qualifying/standard time 02:49.30 \*\*\*\*\*

### 13 Years Age Group

| Place   | Name                   | AaD | Club         | Time      | BAG Pt | 50    | 100     | 150     |
|---|------------------------|-----|--------------|-----------|--------|-------|---------|---------|
| 1.  | Stephanie MALCOLM      | 13  | Bo Waltham F | 2:20.64 + | 790    | 32.93 | 1:07.93 | 1:44.55 |
| 2.  | Amelia KNOWLES         | 13  | Southend     | 2:25.66   | 719    | 33.73 | 1:10.49 | 1:48.34 |
| 3.  | Elizabeth HARE         | 13  | Bo Waltham F | 2:27.47   | 695    | 35.52 | 1:13.19 | 1:51.05 |
| 4.  | Ellie TOWNLEY          | 13  | Bo Southend  | 2:30.40   | 658    | 35.34 | 1:13.76 | 1:53.04 |
| 5.  | Alana JONES            | 13  | Chelmsford   | 2:31.38   | 646    | 35.20 | 1:13.10 | 1:52.81 |
| 6.  | Jessica LAMBERT        | 13  | BorRedbridge | 2:31.48   | 645    | 34.73 | 1:13.53 | 1:53.04 |
| 7.  | Elena SHERIDAN         | 13  | Romford Town | 2:32.70   | 630    | 35.57 | 1:15.15 | 1:54.89 |
| 8.  | Sanaa AKBAR            | 13  | Bo Waltham F | 2:32.91   | 628    | 35.43 | 1:13.83 | 1:53.69 |
| 9.  | Bethaney HALL          | 13  | Romford Town | 2:33.72   | 618    | 36.34 | 1:14.72 | 1:54.00 |
| 10.   | Aimee FAHEY            | 13  | Epping For't | 2:35.52   | 599    | 35.78 | 1:15.24 | 1:55.77 |
| 11.   | Katie WILLIS           | 13  | Southend     | 2:35.55   | 598    | 35.94 | 1:15.22 | 1:55.71 |
| 12.   | Armanni ANTOINE-CHAGAR | 13  | Walt Trit    | 2:35.77   | 596    | 35.97 | 1:14.91 | 1:55.78 |
| 13.   | Melissa KNIGHTON       | 13  | Runnymede    | 2:36.28   | 590    | 36.51 | 1:16.55 | 1:57.77 |
| 14.   | Rebekah BOOTY          | 13  | Braintree    | 2:36.52   | 587    | 35.23 | 1:15.40 | 1:56.66 |
| 15.   | Helen MITCHELL         | 13  | Braintree    | 2:39.66   | 554    | 36.50 | 1:17.17 | 1:58.68 |
| 16.   | Bethany LODGE          | 13  | Chelmsford   | 2:40.72   | 543    | 37.80 | 1:18.32 | 2:00.06 |
| 17.   | Emma WAITE             | 13  | Epping For't | 2:41.31   | 537    | 38.69 | 1:19.84 | 2:01.32 |
| 18.   | Bonnie SAWYER          | 13  | Epping For't | 2:43.30   | 517    | 37.69 | 1:18.73 | 2:01.58 |
| 19.   | Paige YOUNG            | 13  | Colchester   | 2:43.33   | 517    | 39.27 | 1:20.74 | 2:02.18 |
| 20.   | Hayley GOLIGHTLY       | 13  | BorRedbridge | 2:43.82   | 512    | 38.84 | 1:20.17 | 2:02.64 |
| 21.   | Ellie SMITH            | 13  | Runnymede    | 2:44.72   | 504    | 37.45 | 1:20.11 | 2:03.93 |
| ***** Event qualifying/standard time 02:46.50 ***** |                        |     |              |           |        |       |         |         |
| 22.   | Katharine INSULL       | 13  | Colchester   | 2:46.67   | 486    | 39.32 | 1:21.81 | 2:05.01 |

+ Event Best Time

### EVENT 334 Boys 12/14 Years 200m Individual Medley (HDW)

#### 12 Years Age Group

| Place   | Name            | AaD | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|---|-----------------|-----|--------------|---------|--------|-------|---------|---------|
| 1.  | Luke BOURNE     | 12  | Rochford     | 2:30.10 | 552    | 36.48 | 1:14.36 | 1:57.51 |
| 2.  | Luke DURBAN     | 12  | Braintree    | 2:30.70 | 545    | 34.65 | 1:12.58 | 1:58.01 |
| 3.  | Arjun ROBERTSON | 12  | Bo Waltham F | 2:35.46 | 496    | 34.80 | 1:14.14 | 2:00.34 |
| 4.  | Barton TOWNLEY  | 12  | Bo Southend  | 2:36.19 | 488    | 33.76 | 1:13.61 | 2:01.86 |
| 5.  | Tommy WILLIS    | 12  | Bo Waltham F | 2:36.59 | 484    | 35.41 | 1:16.49 | 2:00.78 |
| 6.  | George ELLIS    | 12  | Romford Town | 2:37.51 | 475    | 35.14 | 1:15.57 | 2:03.54 |
| 7.  | Rory GEOGHEGAN  | 12  | Runnymede    | 2:37.94 | 472    | 35.51 | 1:17.41 | 2:02.14 |
| 8.  | Thomas MCLAGAN  | 12  | Braintree    | 2:39.12 | 460    | 35.72 | 1:16.18 | 2:02.99 |
| 9.  | James KIDD      | 12  | Romford Town | 2:40.94 | 443    | 34.79 | 1:16.04 | 2:04.85 |
| 10.   | Augustus VEASEY | 12  | Chelmsford   | 2:41.11 | 442    | 36.10 | 1:18.12 | 2:04.92 |
| 11.   | Murphy TALBOT   | 12  | Runnymede    | 2:43.61 | 420    | 37.00 | 1:19.38 | 2:07.63 |
| 12.   | Mark GREENBAUM  | 12  | Runnymede    | 2:44.11 | 415    | 36.42 | 1:19.39 | 2:06.89 |
| 13.   | William HARDING | 12  | Romford Town | 2:44.29 | 414    | 39.20 | 1:19.98 | 2:08.48 |
| 14.   | Jim VICKERS     | 12  | Colchester   | 2:44.51 | 413    | 37.79 | 1:18.25 | 2:08.42 |
| 15.   | Orin MANN       | 12  | Braintree    | 2:44.89 | 410    | 36.04 | 1:17.51 | 2:07.21 |
| 16.   | Aiden ROBINSON  | 12  | Killerwhales | 2:48.15 | 383    | 38.62 | 1:20.81 | 2:10.81 |
| 17.   | Charles STURLEY | 12  | Havering Aq  | 2:48.69 | 379    | 35.83 | 1:19.85 | 2:11.90 |
| 18.   | David HARE      | 12  | Bo Waltham F | 2:52.21 | 353    | 37.14 | 1:22.57 | 2:12.96 |
| 19.   | Ross DAVY       | 12  | Chelmsford   | 2:52.39 | 352    | 41.93 | 1:27.59 | 2:16.33 |
| 20.   | Damian GREEN    | 12  | Colchester   | 2:52.90 | 349    | 40.91 | 1:24.88 | 2:16.16 |
| 21.   | Samuel KELLY    | 12  | BorRedbridge | 2:53.63 | 343    | 39.86 | 1:21.39 | 2:16.95 |
| 22.   | Alex MERCHAN    | 12  | Killerwhales | 2:53.71 | 343    | 39.30 | 1:21.85 | 2:15.19 |
| ***** Event qualifying/standard time 02:54.60 ***** |                 |     |              |         |        |       |         |         |
| 23.   | Oliver APPLEBEE | 12  | Romford Town | 2:55.15 | 332    | 42.71 | 1:26.25 | 2:16.73 |

### 13 Years Age Group

| Place | Name             | AaD | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|-------|------------------|-----|--------------|---------|--------|-------|---------|---------|
| 1.    | Sean HOULIHAN    | 13  | Romford Town | 2:20.22 | 660    | 31.30 | 1:07.76 | 1:47.32 |
| 2.    | Joseph STAMP     | 13  | Romford Town | 2:28.54 | 558    | 31.82 | 1:09.25 | 1:54.40 |
| 3.    | Harry COKER      | 13  | Romford Town | 2:29.03 | 553    | 32.14 | 1:09.85 | 1:54.31 |
| 4.    | Lawrence BROWN   | 13  | BorRedbridge | 2:29.85 | 543    | 32.87 | 1:09.92 | 1:56.59 |
| 5.    | George FOLEY     | 13  | Havering Aq  | 2:32.08 | 520    | 32.67 | 1:12.11 | 1:58.39 |
| 6.    | Jack CARTER      | 13  | Southend     | 2:32.41 | 516    | 32.88 | 1:12.21 | 1:56.47 |
| 7.    | Alexander VIPOND | 13  | Colchester   | 2:33.20 | 508    | 33.59 | 1:12.64 | 1:59.03 |
| 8.    | Hayden THOMAS    | 13  | Epping For't | 2:36.98 | 471    | 34.59 | 1:15.65 | 2:00.25 |
| 9.    | Henry MAHER      | 13  | Epping For't | 2:37.10 | 470    | 34.86 | 1:13.26 | 2:01.28 |
| 10.   | Zachary MASHFORD | 13  | Rochford     | 2:38.23 | 459    | 33.71 | 1:12.22 | 2:02.10 |
| 11.   | Tom BEADLE       | 13  | BorRedbridge | 2:38.88 | 453    | 33.88 | 1:13.77 | 2:03.87 |
| 12.   | George CROW      | 13  | Killerwhales | 2:38.93 | 452    | 34.96 | 1:12.58 | 2:02.13 |
| 13.   | Joshua ROGERS    | 13  | Romford Town | 2:38.99 | 452    | 36.79 | 1:15.69 | 2:04.14 |
| 14.   | Lee BAKER        | 13  | Epping For't | 2:39.65 | 446    | 34.25 | 1:14.33 | 2:01.73 |
| 15.   | Henry NEWTON     | 13  | Runnymede    | 2:41.01 | 434    | 34.33 | 1:15.38 | 2:05.62 |
| 16.   | James ROOME      | 13  | Killerwhales | 2:41.53 | 429    | 34.53 | 1:15.58 | 2:04.41 |
| 17.   | Joshua INWOOD    | 13  | Basildon     | 2:42.65 | 419    | 34.04 | 1:15.06 | 2:05.31 |

\*\*\*\*\* Event qualifying/standard time 02:43.50 \*\*\*\*\*

### 14 Years Age Group

| Place | Name                 | AaD | Club         | Time    | BAG Pt | 50    | 100     | 150     |
|-------|----------------------|-----|--------------|---------|--------|-------|---------|---------|
| 1.    | Daniel SORRELL       | 14  | Chelmsford   | 2:18.71 | 652    | 30.73 | 1:05.70 | 1:46.51 |
| 2.    | Charlie DENTITH      | 14  | BorRedbridge | 2:19.88 | 636    | 31.27 | 1:07.65 | 1:47.88 |
| 3.    | Alfie BURR           | 14  | Romford Town | 2:24.31 | 582    | 31.53 | 1:08.71 | 1:51.09 |
| 4.    | James WINNELL        | 14  | Runnymede    | 2:27.51 | 546    | 30.95 | 1:07.99 | 1:52.94 |
| 5.    | Christopher MITCHELL | 14  | Epping For't | 2:27.90 | 542    | 31.82 | 1:09.48 | 1:55.84 |
| 6.    | Edward CLARK         | 14  | Halstead     | 2:29.32 | 526    | 31.80 | 1:10.99 | 1:53.85 |
| 7.    | Benjamin ROOTS       | 14  | Chelmsford   | 2:30.76 | 511    | 31.18 | 1:09.72 | 1:56.18 |
| 8.    | Danny BAKER          | 14  | Rochford     | 2:31.33 | 505    | 31.89 | 1:11.65 | 1:57.26 |
| 9.    | Tom VICKERS          | 14  | Colchester   | 2:31.53 | 503    | 32.44 | 1:10.34 | 1:57.13 |
| 10.   | Ben TURP             | 14  | Basildon     | 2:32.05 | 497    | 34.07 |         |         |
| 11.   | Adam GILLARD         | 14  | BorRedbridge | 2:32.59 | 492    | 32.94 | 1:10.90 | 1:57.89 |

\*\*\*\*\* Event qualifying/standard time 02:34.40 \*\*\*\*\*

|     |                |    |              |         |     |       |         |         |
|-----|----------------|----|--------------|---------|-----|-------|---------|---------|
| 12. | Jonathan WORBY | 14 | BorRedbridge | 2:35.18 | 467 | 34.29 | 1:14.44 | 2:00.63 |
| 13. | Daniel COOPER  | 14 | Halstead     | 2:36.05 | 460 | 33.29 | 1:11.47 | 1:59.68 |
| 14. | Reece PARKER   | 14 | Southend     | 2:36.81 | 452 | 33.39 | 1:16.07 | 2:00.76 |
|     | Thomas JOHNSON | 14 | Brentwood    | DNC     |     |       |         |         |

### EVENT 335 Girls 10 Years 400m Individual Medley (HDW)

| Place | Name                | AaD | Club         | Time    | BAG Pt | 50    | 100     | 150     | 200     | 250     | 300     | 350     |
|-------|---------------------|-----|--------------|---------|--------|-------|---------|---------|---------|---------|---------|---------|
| 1.    | Amrita ROBERTSON    | 10  | Bo Waltham F | 5:52.76 | 552    | 37.52 | 1:21.75 | 2:06.06 | 2:50.95 | 3:41.69 | 4:34.33 | 5:14.37 |
| 2.    | Ellie STAMP         | 10  | Chelmsford   | 6:05.15 | 497    | 40.88 | 1:28.85 | 2:14.99 | 3:00.08 | 3:53.21 | 4:45.82 | 5:26.27 |
| 3.    | Sophie WARD         | 10  | Romford Town | 6:07.74 | 485    | 39.56 | 1:24.40 | 2:12.93 | 3:00.03 | 3:52.61 | 4:46.20 | 5:27.89 |
| 4.    | Tillie GEGGUS       | 10  | Thurrock     | 6:17.27 | 447    | 40.00 | 1:28.28 | 2:13.53 | 2:59.14 | 3:56.79 | 4:54.62 | 5:36.39 |
| 5.    | Hope JONES          | 10  | Thurrock     | 6:19.41 | 439    | 44.87 | 1:35.54 | 2:22.95 | 3:10.33 | 4:03.53 | 4:57.35 | 5:39.40 |
| 6.    | Catlin ROBINSON     | 10  | BorRedbridge | 6:27.08 | 412    | 43.12 | 1:34.94 | 2:22.33 | 3:08.47 | 4:01.06 | 4:54.81 | 5:41.24 |
| 7.    | Dolly TRIGG         | 10  | Colchester   | 6:29.85 | 402    | 43.49 | 1:34.25 |         | 3:09.73 | 4:05.66 | 5:01.85 | 5:47.19 |
| 8.    | Ellie MITCHELL      | 10  | Runnymede    | 6:34.06 | 387    | 43.57 | 1:37.70 | 2:27.00 | 3:14.35 | 4:09.82 | 5:06.09 | 5:51.15 |
| 9.    | Stephanie TOMLINSON | 10  | Havering Aq  | 6:37.02 | 378    | 41.26 | 1:34.39 | 2:23.89 | 3:12.82 | 4:08.15 | 5:05.82 | 5:52.28 |

\*\*\*\*\* Event qualifying/standard time 06:54.80 \*\*\*\*\*

# Finals

## EVENT 336 FINAL OF EVENT 332 Boys 15 Years 100m Breaststroke

| Place | Name                  | AaD | Club         | Time    | BAG Pt | 50    |
|-------|-----------------------|-----|--------------|---------|--------|-------|
| 1.    | Charlie HAYES         | 15  | Thurrock     | 1:12.57 | 555*   | 34.90 |
| 2.    | Charlie POND THOMPSON | 15  | Southend     | 1:12.98 | 546*   | 34.54 |
| 3.    | Nicholas GILROY       | 15  | Brentwood    | 1:14.23 | 520*   | 35.30 |
| 4.    | Greg SUMMERS          | 15  | Bo Waltham F | 1:15.26 | 499*   | 35.25 |
| 5.    | Alex KEATING          | 15  | Bo Waltham F | 1:15.85 | 487*   | 35.71 |
| 6.    | Michael GRACE         | 15  | Phoenix Bas  | 1:16.07 | 483*   | 35.93 |

Swims with \* appended are GB points - NOT age corrected

## EVENT 337 FINAL OF EVENT 332 Boys 16 Years 100m Breaststroke

| Place | Name             | AaD | Club         | Time    | BAG Pt | 50    |
|-------|------------------|-----|--------------|---------|--------|-------|
| 1.    | Jake HARRISON    | 16  | Romford Town | 1:10.01 | 615*   | 32.85 |
| 2.    | Christopher INCH | 16  | BorRedbridge | 1:10.50 | 603*   | 33.55 |
| 3.    | Dean WOODCOCK    | 16  | Chelmsford   | 1:11.96 | 569*   | 34.47 |
| 4.    | James DAVIS      | 16  | Romford Town | 1:13.25 | 540*   | 34.30 |
| 5.    | Christian PARKER | 16  | Southend     | 1:13.29 | 540*   | 34.01 |

Swims with \* appended are GB points - NOT age corrected

## EVENT 338 FINAL OF EVENT 332 Boys 17 Years/Over 100m Breaststroke

| Place | Name            | AaD | Club         | Time    | BAG Pt | 50    |
|-------|-----------------|-----|--------------|---------|--------|-------|
| 1.    | Sargon YOUSSEFI | 18  | Colchester   | 1:09.32 | 632*   | 32.19 |
| 2.    | Jonathan SAYER  | 18  | Bo Southend  | 1:09.96 | 616*   | 33.17 |
| 3.    | Dean SMITH      | 17  | BorRedbridge | 1:10.15 | 612*   | 32.89 |
| 4.    | George MORRIS   | 17  | Bo Southend  | 1:10.54 | 602*   | 32.65 |
| 5.    | Daniel STEPTON  | 17  | Romford Town | 1:11.32 | 584*   | 32.99 |

Swims with \* appended are GB points - NOT age corrected

## EVENT 339 FINAL OF EVENT 331 Boys 12 Years 100m Freestyle

| Place | Name             | AaD | Club         | Time    | BAG Pt | 50    |
|-------|------------------|-----|--------------|---------|--------|-------|
| 1.    | Jarrod BRADFIELD | 12  | Clacton On S | 59.43 + | 589    | 28.69 |
| 2.    | Luke DURBAN      | 12  | Braintree    | 59.66   | 583    | 28.96 |
| 3.    | Luke BOURNE      | 12  | Rochford     | 1:01.06 | 543    | 29.30 |
| 4.    | George ELLIS     | 12  | Romford Town | 1:04.19 | 466    | 31.46 |
| 5.    | Barton TOWNLEY   | 12  | Bo Southend  | 1:04.20 | 465    | 31.13 |
| 6.    | James WINTER     | 12  | Chelmsford   | 1:04.31 | 463    | 31.19 |

+ Event Best Time

## EVENT 340 FINAL OF EVENT 331 Boys 13 Years 100m Freestyle

| Place | Name           | AaD | Club         | Time    | BAG Pt | 50    |
|-------|----------------|-----|--------------|---------|--------|-------|
| 1.    | Sean HOULIHAN  | 13  | Romford Town | 58.99   | 587    | 28.80 |
| 2.    | Lee BAKER      | 13  | Epping Fort  | 1:00.00 | 557    | 28.55 |
| 3.    | Henry MAHER    | 13  | Epping Fort  | 1:00.18 | 553    | 29.06 |
| 4.    | Gareth HAWKINS | 13  | Thurrock     | 1:00.28 | 549    | 28.97 |
| 5.    | Jack CARTER    | 13  | Southend     | 1:00.68 | 539    | 29.53 |
| 6.    | Joseph STAMP   | 13  | Romford Town | 1:01.46 | 519    | 29.96 |

### EVENT 341 FINAL OF EVENT 331 Boys 14 Years 100m Freestyle

| Place | Name                 | AaD | Club         | Time   | BAG Pt | 50    |
|-------|----------------------|-----|--------------|--------|--------|-------|
| 1.    | Harry PAYNE          | 14  | Bo Southend  | 55.27+ | 690    | 26.81 |
| 2.    | Daniel SORRELL       | 14  | Chelmsford   | 57.09  | 632    | 27.46 |
| 3.    | Charlie DENTITH      | 14  | BorRedbridge | 57.52  | 618    | 27.92 |
| 4.    | Christopher MITCHELL | 14  | Epping Fort  | 58.01  | 603    | 27.77 |
| 5.    | Benjamin ROOTS       | 14  | Chelmsford   | 59.20  | 568    | 28.36 |
| 6.    | Danny BAKER          | 14  | Rochford     | 59.43  | 562    | 28.78 |
| +     | Event Best Time      |     |              |        |        |       |