

**Essex County Championships
& Special Age Group Relays Weekend 2008**
Under ASA Laws & ASA Technical Rules of Swimming
Sunday 30 November 2008 - Session 6

EVENT 59 Mens Open 400m Freestyle (HDW)

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350
1.	Reece BARCLAY	17	Bo Waltham F	4:08.78	28.62	1:00.06	1:31.31	2:03.48	2:34.71	3:06.36	3:38.21
2.	Christopher INCH	16	BorRedbridge	4:08.87	29.08	1:00.55	1:32.68	2:04.63	2:36.41	3:08.03	3:39.18
3.	Jon CONGDON	16	Killerwhales	4:11.56	28.54	59.58	1:31.36	2:03.98	2:35.84	3:08.14	3:40.41
4.	Elliott HILL	14	Bo Waltham F	4:15.80	29.09	1:00.97	1:33.07	2:05.46	2:38.12	3:10.98	3:43.78
5.	Alex KEATING	15	Bo Waltham F	4:18.59	28.81	1:00.95	1:33.35	2:06.11	2:39.11	3:12.37	3:46.08
6.	Harry PAYNE	14	Bo Southend	4:19.21	29.38	1:01.64	1:34.23	2:06.78	2:39.53	3:12.94	3:46.30
7.	James MITCHELL	15	Thurrock	4:20.32	29.63	1:02.37	1:35.56	2:08.78	2:42.21	3:15.45	3:48.21
8.	Tom BIRCHAM	17	Killerwhales	4:25.05	29.28	1:01.50	1:34.57	2:08.47	2:42.78	3:17.21	3:51.68
9.	Jamie HARRINGTON	17	Romford Town	4:25.07	29.25	1:01.78	1:35.49	2:09.28	2:42.91	3:17.12	3:51.71
10.	Adam CARTER	16	Bo Southend	4:25.44	30.46	1:03.14	1:36.36	2:10.10	2:43.99	3:18.26	3:52.47
11.	Alex BLANCO	15	Bo Southend	4:26.14	30.97	1:03.95	1:37.25	2:11.47	2:45.62	3:20.24	3:54.36
12.	Alex DELICATA	14	Thurrock	4:27.66	29.76	1:02.67	1:36.74	2:10.53	2:45.04	3:19.81	3:53.93
***** Event qualifying/standard time 04:30.00 *****											
13.	Timothy EVANS	16	Southend	4:33.96	30.72	1:04.00	1:37.73	2:12.95	2:48.31	3:24.16	3:59.14
	Billy TUBBS	18	Romford Town	DNC							
	Jonathan SAYER	18	Bo Southend	DNF							

EVENT 60 Womens Open 400m Individual Medley (HDW)

Place	Name	AaD	Club	Time	50	100	150	200	250	300	350
1.	Jessica FORD	18	Thurrock	5:00.75	33.12	1:11.54	1:49.68	2:27.35	3:10.30	3:53.06	4:27.59
2.	Georgina HUNT	16	Thurrock	5:01.03	32.38	1:09.64	1:49.01	2:27.52	3:11.19	3:54.94	4:29.44
3.	Danielle SAYER	14	Thurrock	5:06.74	33.05	1:10.29	1:48.38	2:25.47	3:11.15	3:57.13	4:33.13
4.	Kelsey RICHARDS	15	BorRedbridge	5:10.03	33.69	1:10.55	1:49.60	2:27.60	3:12.29	3:58.11	4:34.99
5.	Elena SHERIDAN	13	Romford Town	5:11.19	32.52	1:09.36	1:51.07	2:31.72	3:15.12	3:59.40	4:36.21
6.	Shannon HARROLD	17	Thurrock	5:13.73	33.66	1:12.26	1:52.66	2:31.66	3:16.49	4:02.66	4:38.86
7.	Charlotte DELICATA	17	Thurrock	5:16.17	34.30	1:13.48	1:53.21	2:31.79	3:18.03	4:04.31	4:41.21
8.	Jessica COLES	16	Romford Town	5:16.55	33.91	1:11.20	1:53.24	2:34.02	3:17.88	4:03.19	4:40.53
9.	Kalei ANDREWS	17	Killerwhales	5:17.46	33.88	1:12.50	1:52.87	2:32.84	3:19.60	4:06.02	4:42.06
10.	Elizabeth HARE	13	Bo Waltham F	5:20.71	35.59	1:16.16	1:56.90	2:37.91	3:21.63	4:07.38	4:45.30
11.	Abigail SAYER	14	Thurrock	5:21.91	33.12	1:10.63	1:50.54	2:29.49	3:19.17	4:09.66	4:45.81
12.	Rachael FRANKLIN	15	Brentwood	5:24.00	35.27	1:17.51	1:58.21	2:38.08	3:24.38	4:11.45	4:49.40
13.	Chloe DAVIS	14	Runnymede	5:24.03	33.46	1:13.05	1:53.72	2:33.49	3:21.32	4:11.12	4:48.16
14.	Julia BRAYBROOKE	21	Killerwhales	5:29.98	33.84	1:13.70	1:56.97	2:39.64	3:26.75	4:15.17	4:53.81
15.	Amy BEARDWELL LACEY	13	Thurrock	5:30.64	33.99	1:13.40	1:56.37	2:38.26	3:25.01	4:12.90	4:52.21
16.	Louise HARRINGTON	14	Romford Town	5:32.06	34.58	1:15.08	1:58.25	2:39.88	3:28.75	4:20.38	4:56.39
17.	Eleanor PIRRIE	11	Runnymede	5:32.50	36.14	1:17.24	1:59.87	2:41.57	3:28.88	4:17.48	4:55.88
***** Event qualifying/standard time 05:33.20 *****											

EVENT 61 Boys 09/10 Years 200m Medley Relay

Place	Name	Club	Time	50	100	150
1.	Colchester	Colchester	2:33.76	38.78	1:21.21	1:59.59
2.	Killerwhales	Killerwhales	2:39.36	41.56	1:24.65	2:04.15
3.	Havering Aquatic	Havering Aq	2:40.00	39.06	1:28.53	2:04.59
4.	Bo. Redbridge 'A'	BorRedbridge	2:42.27	39.56	1:26.04	2:06.73
5.	Brentwood	Brentwood	2:50.19	43.20	1:30.77	2:12.16
6.	Rochford & District	Rochford	2:56.71	47.50	1:38.43	2:18.44
7.	Runnymede 'A'	Runnymede	2:57.86	48.41	1:37.41	2:17.42
8.	Braintree	Braintree	2:58.01	44.85	1:33.76	2:19.10
9.	Chelmsford 'A'	Chelmsford	3:03.14	45.56	1:38.56	2:23.12
10.	Bo. Redbridge 'B'	BorRedbridge	3:08.25	47.60	1:40.15	2:28.38
	Romford Town 'B'	Romford Town	DNC			
	Romford Town 'A'	Romford Town	DNC			
	Basildon & Dist. 'A'	Basildon	DQ	T-1L		

EVENT 62 Womens Open 100m Backstroke

Place	Name	AaD	Club	Time	50
1.	Verity GOODEY	16	Southend	1:07.84	33.20
2.	Danielle SAYER	14	Thurrock	1:08.73	34.18
3.	Katinka MERCHAN	16	Killerwhales	1:09.23	33.35
4.	Georgia HUNTON-CLARKE	17	BorRedbridge	1:09.33	33.28
5.	Stephanie MALCOLM	13	Bo Waltham F	1:09.36	33.91
6.	Amy MURFITT	15	Basildon	1:09.84	34.26
7.	Rachel LEONG	17	Bo Waltham F	1:10.87	34.33
8.	Amelia KNOWLES	12	Southend	1:11.13	34.77
9.	Charlotte DELICATA	17	Thurrock	1:11.33	35.27
10.	Alice HICKMOTT	12	Braintree	1:11.83	35.10
11.	Eleanor BEDWELL	15	BorRedbridge	1:12.25	35.17
12.	Chloe DAVIS	14	Runnymede	1:12.58	35.85
13.	Harriet PITT	16	Chelmsford	1:12.96	35.95
14.	Jessica CLARKE	18	Southend	1:13.10	35.09
15.	Sanaa AKBAR	13	Bo Waltham F	1:13.27	34.77
15.	Charlotte PETERS	14	Chelmsford	1:13.27	35.57
17.	Amy HATFIELD	16	Thurrock	1:13.50	35.75
18.	Kalei ANDREWS	17	Killerwhales	1:13.54	35.67
19.	Alana JONES	13	Chelmsford	1:13.55	36.39
20.	Sarah LARNER	15	Colchester	1:13.96	35.90
***** Event qualifying/standard time 01:14.00 *****					
	Harriette DAVIS	13	Romford Town	DNC	

EVENT 63 Mens Open 100m Individual Medley

This event was swum as a straight final

EVENT 64 Girls 09/10 Years 200m Freestyle Relay

Place	Name	Club	Time	50	100	150
1.	Chelmsford 'A'	Chelmsford	2:13.73	32.91	1:07.68	1:41.41
2.	Colchester	Colchester	2:17.93	34.36	1:10.37	1:46.62
3.	Canvey Island 'A'	Canvey Isl	2:19.12	33.45	1:07.86	1:46.84
4.	Runnymede 'A'	Runnymede	2:22.29	36.35	1:12.08	1:47.91
5.	Romford Town 'A'	Romford Town	2:25.08	33.83	1:11.78	1:49.91
6.	Bo. Redbridge 'A'	BorRedbridge	2:26.62	36.74	1:13.08	1:50.81
7.	Epping Forest Dist.	Epping For't	2:27.25	36.44	1:14.11	1:52.62
8.	Havering Aquatic	Havering Aq	2:30.47			
9.	Brentwood	Brentwood	2:31.51	36.42	1:15.99	1:55.76
10.	Runnymede 'B'	Runnymede	2:33.28	37.32	1:14.07	1:54.14
11.	Chelmsford 'B'	Chelmsford	2:36.08	35.95	1:18.83	1:59.44
12.	Southend on Sea 'A'	Southend	2:40.05	40.58	1:20.92	2:00.53
13.	Thurrock	Thurrock	2:40.71	38.23	1:18.71	2:01.99
14.	Bo. Redbridge 'B'	BorRedbridge	2:41.75	39.41	1:19.15	2:03.65
15.	Basildon & Dist. 'A'	Basildon	2:43.30	40.78	1:21.22	2:05.20
16.	Canvey Island 'B'	Canvey Isl	2:45.23	39.38	1:23.65	2:04.41
17.	Killerwhales	Killerwhales	2:49.00	39.42	1:20.18	2:04.90
18.	Romford Town 'B'	Romford Town	2:50.57	40.08	1:22.16	2:06.63
19.	Basildon & Dist 'B'	Basildon	3:09.28	54.26	1:39.98	2:27.90
	Braintree	Braintree	DNC			

EVENT 65 Mens Open 200m Breaststroke

This event was swum as a straight final

EVENT 66 Womens Open 50m Breaststroke

This event was swum as a straight final

EVENT 67 Mens Open 200m Butterfly

Place	Name	AaD	Club	Time	50	100	150
1.	Sean TOMLIN	16	Bo Southend	2:16.77	30.28	1:04.93	1:40.99
2.	Jon CONGDON	16	Killerwhales	2:17.68	30.51	1:06.12	1:42.30
3.	Dean WOODCOCK	16	Chelmsford	2:18.11	30.27	1:05.37	1:41.70
4.	Charlie HAYES	14	Thurrock	2:18.70	31.48	1:07.08	1:43.09
4.	Ben HOLLIS	15	BorRedbridge	2:18.70	30.80	1:06.36	1:42.81
6.	Ivan GEORGIEV	15	BorRedbridge	2:19.74	31.36	1:07.08	1:43.86
7.	Christopher INCH	16	BorRedbridge	2:20.56	30.87	1:06.79	1:43.31
8.	Jason DANIELS	16	Thurrock	2:20.79	31.20	1:07.72	1:44.61
9.	Conor HARROLD	15	Thurrock	2:21.05	31.31	1:07.21	1:44.12
10.	Ryan DANIELS	14	Thurrock	2:22.03	32.08	1:08.64	1:46.11
11.	Elliott HILL	14	Bo Waltham F	2:24.62	32.17	1:08.89	1:46.63
12.	Thomas FORD	16	Thurrock	2:25.35	30.51	1:07.86	1:45.91
				***** Event qualifying/standard time 02:25.90 *****			
13.	Timothy EVANS	16	Southend	2:27.59	32.03	1:09.00	1:47.87

EVENT 68 Womens Open 100m Freestyle

Place	Name	AaD	Club	Time	50
1.	Phoebe HAYES	17	BorRedbridge	1:01.18	29.31
2.	Rachel LEONG	17	Bo Waltham F	1:01.94	29.85
3.	Catherine DEMONT	17	Bo Waltham F	1:02.29	30.41
4.	Emily COLE	14	BorRedbridge	1:02.56	30.24
5.	Kerriann CHIPPERFIELD	15	Thurrock	1:02.58	30.21
6.	Amy BYFORD	14	Chelmsford	1:02.77	30.45
7.	Kira FAWKE	24	Romford Town	1:02.80	30.40
8.	Rachel SHUTE	17	Rochford	1:03.42	30.38
9.	Georgia HUNTON-CLARKE	17	BorRedbridge	1:03.47	30.52
10.	Anna KEBLE	14	BorRedbridge	1:03.63	30.41
11.	Verity GOODEY	16	Southend	1:03.65	30.72
12.	Amy MURFITT	15	Basildon	1:03.72	30.78
13.	Sanaa AKBAR	13	Bo Waltham F	1:03.91	30.92
14.	Chloe DAVIS	14	Runnymede	1:04.28	31.17
14.	Eleanor BEDWELL	15	BorRedbridge	1:04.28	30.86
16.	Charlotte DAVIS	16	Runnymede	1:04.62	31.12
17.	Nicola REES	18	Romford Town	1:04.64	30.53
18.	Charley GALLAGHER	15	Southend	1:04.79	31.14
				***** Event qualifying/standard time 01:04.90 *****	
19.	Harriet PITT	16	Chelmsford	1:05.02	31.67
20.	Amelia KNOWLES	12	Southend	1:05.11	31.40
21.	Helen ANDREWS	18	Killerwhales	1:05.40	31.18
22.	Sarah LARNER	15	Colchester	1:06.75	32.04
23.	Katinka MERCHAN	16	Killerwhales	1:07.19	31.84

EVENT 69 Mens Open 50m Freestyle

Place	Name	AaD	Club	Time	
1.	Sargon YOUSSEFI	18	Colchester	24.44	
2.	Daniel STEPTON	17	Romford Town	24.64	
3.	Alex JAMESON	16	Bo Waltham F	24.86	
4.	Reece BARCLAY	17	Bo Waltham F	25.09	
5.	Dean SMITH	17	Killerwhales	25.40	
6.	Ivan GEORGIEV	15	BorRedbridge	25.77	
7.	Jonathan SAYER	18	Bo Southend	25.89	
8.	Ben PRESTON	20	Rochford	25.90	
9.	Alex FRANCEY	16	Harlow Pen	26.04	
10.	Dean WOODCOCK	16	Chelmsford	26.07	
11.	Craig WARWICK	18	Harlow Pen	26.13	
12.	Tom BIRCHAM	17	Killerwhales	26.38	
12.	Daniel BLEACH	17	Killerwhales	26.38	
14.	Christopher STAMP	16	BorRedbridge	26.42	
15.	George MORRIS	17	Bo Southend	26.43	
16.	L CLIFFORD-STEPHENSON	15	Killerwhales	26.53	
17.	Jack ASHTON	17	Chelmsford	26.67	
18.	Timothy EVANS	16	Southend	27.00	
***** Event qualifying/standard time 00:27.00 *****					
19.	Ben HOLLIS	15	BorRedbridge	27.18	
	Jonathan LINES	14	Chelmsford	DNC	
	Christopher WATKINSON	22	Braintree	DNC	
	Adam SPEAR	17	Clacton On S	DNC	
	Nicholas OSMAN	16	Bo Waltham F	DNC	
	Sean TOMLIN	16	Bo Southend	DQ	ST-

Finals

EVENT 70 FINAL OF EVENT 61 Boys 09/10 Years 200m Medley Relay

Place	Name	Club	Time	50	100	150
1.	Colchester	Colchester	2:33.20	38.99	1:21.12	1:58.71
2.	Killerwhales	Killerwhales	2:36.37	40.73	1:22.94	2:01.95
3.	Bo. Redbridge 'A'	BorRedbridge	2:36.40	38.83	1:22.67	2:01.93
4.	Havering Aquatic	Havering Aq	2:42.05	38.30	1:28.63	2:04.29
5.	Brentwood	Brentwood	2:53.57	43.60	1:31.23	2:14.83
6.	Rochford & District	Rochford	2:56.35	40.79	1:35.27	2:15.35
7.	Runnymede 'A'	Runnymede	2:58.27	47.91	1:38.82	2:17.97
8.	Braintree	Braintree	2:59.41	45.79	1:35.36	2:20.55

EVENT 71 FINAL OF EVENT 64 Girls 09/10 Years 200m Freestyle Relay

Place	Name	Club	Time	50	100	150
1.	Chelmsford 'A'	Chelmsford	2:15.84	33.20	1:08.66	1:43.18
2.	Colchester	Colchester	2:18.48	34.34	1:10.21	1:46.97
3.	Canvey Island 'A'	Canvey Isl	2:20.70	34.92	1:14.92	1:47.89
4.	Runnymede 'A'	Runnymede	2:22.53	36.78	1:12.50	1:48.35
5.	Romford Town 'A'	Romford Town	2:24.66	34.17	1:12.32	1:49.82
6.	Epping Forest Dist.	Epping For't	2:26.27	36.51	1:14.36	1:51.89
7.	Bo. Redbridge 'A'	BorRedbridge	2:26.67	36.73	1:12.86	1:50.82
8.	Havering Aquatic	Havering Aq	2:29.04	35.95	1:12.91	1:50.67

EVENT 72 FINAL OF EVENT 63 Mens Open 100m Individual Medley

Place	Name	AaD	Club	Time	50
1.	Daniel STEPTON	17	Romford Town	1:00.58	27.48
2.	Dean SMITH	17	Killerwhales	1:03.17	29.01
3.	Jonathan SAYER	18	Bo Southend	1:03.25	29.87
4.	L CLIFFORD-STEPHENSON	15	Killerwhales	1:04.99	30.46
5.	Craig WARWICK	18	Harlow Pen	1:05.84	30.24
6.	Christopher STAMP	16	BorRedbridge	1:06.14	30.96
7.	Daniel BLEACH	17	Killerwhales	1:08.40	30.61
8.	Timothy EVANS	16	Southend	1:10.75	32.96

EVENT 73 FINAL OF EVENT 62 Womens Open 100m Backstroke

Place	Name	AaD	Club	Time	50
1.	Verity GOODEY	16	Southend	1:05.63	32.45
2.	Rachel LEONG	17	Bo Waltham F	1:06.36	32.59
3.	Katinka MERCHAN	16	Killerwhales	1:06.93	32.15
4.	Georgia HUNTON-CLARKE	17	BorRedbridge	1:08.01	33.28
5.	Danielle SAYER	14	Thurrock	1:08.26	33.72
6.	Amy MURFITT	15	Basildon	1:08.44	33.78
7.	Stephanie MALCOLM	13	Bo Waltham F	1:09.85	34.05
8.	Amelia KNOWLES	12	Southend	1:12.34	34.84

EVENT 74 FINAL OF EVENT 65 Mens Open 200m Breaststroke

Place	Name	AaD	Club	Time	50	100	150
1.	George MORRIS	17	Bo Southend	2:31.81	34.21	1:12.46	1:51.85
2.	Jake HARRISON	16	Romford Town	2:34.01	34.81	1:13.84	1:53.72
3.	Dean WOODCOCK	16	Chelmsford	2:36.23	35.35	1:15.00	1:55.75
4.	Jamie RIENZO	18	Romford Town	2:38.22	35.52	1:15.21	1:56.51
5.	Sean HOULIHAN	13	Romford Town	2:39.26	35.96	1:16.40	1:57.29
6.	James PATERSON	16	Clacton On S	2:40.89	35.39	1:15.73	1:58.22
7.	L CLIFFORD-STEPHENSON	15	Killerwhales	2:44.78	35.53	1:16.83	2:00.74

EVENT 75 FINAL OF EVENT 66 Womens Open 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Verity GOODEY	16	Southend	36.06
2.	Helen ANDREWS	18	Killerwhales	36.46
3.	Whitney HARD	16	Thurrock	37.21
4.	Bronwyn CARTER	16	Colchester	38.03
5.	Nicole GIBBS	14	Brentwood	38.26

EVENT 76 FINAL OF EVENT 67 Mens Open 200m Butterfly

Place	Name	AaD	Club	Time	50	100	150
1.	Christopher INCH	16	BorRedbridge	2:11.40	30.40	1:04.45	1:37.96
2.	Sean TOMLIN	16	Bo Southend	2:13.37	30.00	1:03.85	1:38.72
3.	Ben HOLLIS	15	BorRedbridge	2:14.45	30.35	1:05.36	1:40.44
4.	Ivan GEORGIEV	15	BorRedbridge	2:16.85	30.73	1:05.34	1:40.80
5.	Jason DANIELS	16	Thurrock	2:17.34	31.04	1:06.54	1:42.67
6.	Charlie HAYES	14	Thurrock	2:17.86	31.51	1:06.57	1:42.38
7.	Jon CONGDON	16	Killerwhales	2:19.23	30.44	1:05.26	1:41.58
8.	Dean WOODCOCK	16	Chelmsford	2:20.67	30.53	1:06.45	1:43.66

EVENT 77 FINAL OF EVENT 68 Womens Open 100m Freestyle

Place	Name	AaD	Club	Time	50
1.	Phoebe HAYES	17	BorRedbridge	59.62	28.79
2.	Rachel LEONG	17	Bo Waltham F	1:00.01	29.54
3.	Catherine DEMONT	17	Bo Waltham F	1:01.90	30.01
4.	Emily COLE	14	BorRedbridge	1:02.04	30.16
5.	Kerriann CHIPPERFIELD	15	Thurrock	1:02.09	30.14
6.	Kira FAWKE	24	Romford Town	1:02.59	30.46
7.	Amy BYFORD	14	Chelmsford	1:02.90	30.15
8.	Rachel SHUTE	17	Rochford	1:03.53	30.75

EVENT 78 FINAL OF EVENT 69 Mens Open 50m Freestyle

Place	Name	AaD	Club	Time
Round 1				
1.	Daniel STEPTON	17	Romford Town	24.85
2.	Reece BARCLAY	17	Bo Waltham F	24.87
3.	Alex JAMESON	16	Bo Waltham F	25.06
4.	Sargon YOUSSEFI	18	Colchester	25.14
5.	Ben PRESTON	20	Rochford	25.45
6.	Jonathan SAYER	18	Bo Southend	25.89
7.	Dean SMITH	17	Killerwhales	25.93
8.	Ivan GEORGIEV	15	BorRedbridge	26.64

Round 2				
1.	Daniel STEPTON		Romford Town	26.86
2.	Jonathan SAYER		Bo Southend	26.87
3.	Alex JAMESON		Bo Waltham F	27.40
4.	Dean SMITH		Killerwhales	27.41
5.	Sargon YOUSSEFI		Colchester	27.86
6.	Reece BARCLAY		Bo Waltham F	28.12
7.	Ben PRESTON		Rochford	28.94

Round 3				
1.	Reece BARCLAY		Bo Waltham F	26.92
2.	Daniel STEPTON		Romford Town	27.09
3.	Sargon YOUSSEFI		Colchester	27.40
4.	Jonathan SAYER		Bo Southend	27.43
5.	Alex JAMESON		Bo Waltham F	27.65
6.	Dean SMITH		Killerwhales	27.93

Round 4				
1.	Daniel STEPTON		Romford Town	26.25
2.	Reece BARCLAY		Bo Waltham F	26.34
3.	Jonathan SAYER		Bo Southend	26.98
4.	Sargon YOUSSEFI		Colchester	27.07
5.	Alex JAMESON		Bo Waltham F	27.08

Round 5				
1.	Reece BARCLAY		Bo Waltham F	26.03
2.	Daniel STEPTON		Romford Town	26.08
3.	Sargon YOUSSEFI		Colchester	26.52
4.	Jonathan SAYER		Bo Southend	27.23

Round 6				
1.	Daniel STEPTON		Romford Town	25.55
2.	Reece BARCLAY		Bo Waltham F	25.61
3.	Sargon YOUSSEFI		Colchester	26.48

Round 7				
1.	Daniel STEPTON		Romford Town	24.96
2.	Reece BARCLAY		Bo Waltham F	25.10