

**Essex County Championships  
& Special Age Group Relays Weekend 2008**  
Under ASA Laws & ASA Technical Rules of Swimming  
Sunday 30 November 2008 - Session 4

**EVENT 40 Mens/Womens Open 1500m Freestyle (HDW)**

**MENS**

Place	Name	AaD	Club	Time	100	200	300	400	500	600	700	
					800	900	1000	1100	1200	1300	1400	
1.	Jonathan SAYER	18	Bo Southend	16:40.44	1:01.96 8:51.05	2:08.54 9:59.28	3:15.57 11:07.39	4:22.70 12:15.78	5:27.39 13:23.05	6:35.44 14:31.32	7:43.75 15:38.58	
2.	Sean TOMLIN	16	Bo Southend	16:40.52	1:02.12 8:51.21	2:08.61 9:58.56	3:15.88 11:07.09	4:22.78 12:15.59	5:29.44 13:23.15	6:36.56 14:31.21	7:43.96 15:38.51	
3.	Elliott HILL	14	Bo Waltham F	16:45.15	1:02.33 8:51.30	2:08.29 9:59.23	3:15.00 11:06.92	4:22.27 12:15.64	5:28.70 13:23.74	6:36.08 14:31.96	7:43.48 15:39.63	
4.	George MORRIS	17	Bo Southend	16:47.97	1:02.52 8:53.62	2:09.10 10:01.37	3:16.97 11:09.57	4:24.10 12:17.87	5:31.41 13:25.84	6:38.66 14:33.80	7:46.23 15:41.62	
5.	Daniel SORRELL	14	Chelmsford	16:54.21	1:03.41 9:05.88	2:11.92 10:13.60	3:21.58 11:20.63	4:30.87 12:27.90	5:39.95 13:35.02	6:49.33 14:41.68	7:58.78 15:48.38	
6.	Harry PAYNE	14	Bo Southend	16:54.60	1:02.83 9:00.42	2:09.71 10:09.41	3:17.58 11:17.79	4:25.46 12:25.60	5:33.91 13:33.71	6:42.41 14:41.30	7:51.21 15:48.98	
7.	James MITCHELL	15	Thurrock	16:59.49	1:03.63 8:58.79	2:10.81 10:07.03	3:18.16 11:16.62	4:25.82 12:24.40	5:33.46 13:34.18	6:41.66 14:43.54	7:50.18 15:51.72	
8.	Conor HARROLD	15	Thurrock	17:06.85	1:03.20 9:03.02	2:10.85 10:12.24	3:18.94 11:21.61	4:27.06 12:31.13	5:35.64 13:40.53	6:44.05 14:49.91	7:53.49 15:59.86	
***** Event qualifying/standard time 17:30.00 *****												
	Craig MOATE	23	BorRedbridge	DNF								

**WOMENS**

Place	Name	AaD	Club	Time	100	200	300	400	500	600	700
					800	900	1000	1100	1200	1300	1400
1.	Phoebe HAYES	17	BorRedbridge	17:20.16	1:03.28 9:07.09	2:11.69 10:17.32	3:20.41 11:27.65	4:29.74 12:37.77	5:39.15 13:48.94	6:48.39 15:00.24	7:57.63 16:11.45
2.	Georgina HUNT	16	Thurrock	17:22.46	1:06.61 9:12.60	2:15.95 10:22.20	3:25.10 11:32.77	4:33.96 12:43.65	5:43.25 13:54.42	6:52.32 15:04.15	8:02.48 16:14.71
3.	Shannon HARROLD	17	Thurrock	17:48.15	1:07.82 9:24.84	2:18.13 10:36.96	3:28.80 11:49.31	4:39.74 13:00.68	5:50.88 14:12.74	7:02.00 15:24.98	8:12.93 16:37.43
4.	Molly EPSLY	15	Thurrock	18:21.03	1:08.28 9:38.02	2:19.00 10:52.38	3:30.55 12:07.31	4:43.98 13:22.47	5:57.64 14:37.98	7:11.52 15:52.75	8:24.79 17:08.24
5.	Poppy HILL	13	Bo Waltham F	18:31.96	1:08.59 9:46.18	2:21.51 11:00.85	3:35.09 12:15.63	4:48.80 13:31.57	6:03.44 14:46.85	7:17.95 16:02.44	8:32.37 17:17.48
6.	Chloe DAVIS	14	Runnymede	18:36.07	1:08.32 9:49.53	2:21.63 11:05.01	3:35.79 12:20.33	4:50.37 13:35.99	6:04.44 14:51.93	7:19.20 16:06.99	8:34.30 17:23.03
***** Event qualifying/standard time 18:50.00 *****											