

'Masters Shield'

800m/1500m Freestyle events

Club	Ladies 800m Free	Mens 800m Free	Ladies 1500m Free	Mens 1500m Free	TOTAL
Thurrock	46		36	3	85
Bo Southend		30		48	78
London Bor Redbridge	20	16	20		56
Bo Waltham Forest		12	6	12	30
Chelmsford		8		6	14
Runnymede	1		4		5
Southend	2				2
Killerwhales		2			2
Romford Town		1			1
	69	69	66	69	