

ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
MASTERS OPEN SHORT COURSE CHAMPIONSHIPS 2005
 Blackshots Pool, Grays, Essex
 Saturday 21st May 2005 - Session 2

EVENT 21 Mens 400m Freestyle

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Craig MOATE	(85)	Becontree	4:31.80					
30/34 YEARS AGE GROUP									
1.	Mark FORRESTER	(71)	Romford Town	4:28.46	3.	Daniel WEDGE	(75)	Rochford	4:45.60
2.	Justin PALFREY	(71)	Bexley	4:33.75	4.	David FINBOW	(72)	Sevenoaks	5:56.33
35/39 YEARS AGE GROUP									
1.	David BLANDY	(66)	Thurrock	5:00.69					
40/44 YEARS AGE GROUP									
1.	Fraser MASHFORD	(62)	Rochford	5:02.82	3.	Stuart SARGEANT	(64)	Phoenix Bas	5:32.14
2.	Paul EVELEIGH	(65)	Runnymede	5:10.05	4.	Richard GILLMAN	(63)	BorRedbridge	5:33.20
45/49 YEARS AGE GROUP									
1.	Keith MUGGLETON	(57)	Runnymede	5:33.75	2.	Colin CORBY	(59)	Chelmsford	6:04.01
50/54 YEARS AGE GROUP									
1.	Peter RAE	(53)	Rochford	5:16.96	3.	Bob BICKNELL	(55)	Sevenoaks	6:33.90
2.	Stephen BREEDS	(55)	Black Lion	6:30.60					
55/59 YEARS AGE GROUP									
1.	Stuart McLELLAN	(49)	Sudbury	5:28.72					
70/74 YEARS AGE GROUP									
1.	John STARR	(34)	Romford Town	6:34.02	2.	Donald DOUTHWAITE	(35)	Runnymede	6:56.30

EVENT 22 Womens 50m Backstroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Michelle BARRY	(85)	BorRedbridge	39.32					
25/29 YEARS AGE GROUP									
1.	Susan HUNT	(78)	Romford Town	34.87	2.	Shelley WAKELING	(80)	Braintree	35.10
30/34 YEARS AGE GROUP									
1.	Michelle HILL	(71)	Runnymede	41.12					
40/44 YEARS AGE GROUP									
1.	Hannah UECKERMANN	(63)	Witham Dolph	43.31					
45/49 YEARS AGE GROUP									
1.	Alyson FORDHAM	(56)	Brentwood	37.04	3.	Shirley KUREK	(57)	Gravesend	1:11.90
2.	Carol DENTON	(57)	Gravesend	46.73					
50/54 YEARS AGE GROUP									
1.	Karen BROWN	(55)	Hammersmith	55.86					
55/59 YEARS AGE GROUP									
1.	Carol HULETT	(48)	Romford Town	49.98	3.	Diana HUNT	(48)	Colchester	1:02.83
2.	Janet ASHWORTH	(49)	Bo Southend	50.40		Elaine SCOTT	(49)	Trinity	DIS T 1L.
60/64 YEARS AGE GROUP									
1.	Sue SMITHERS	(44)	Runnymede	50.59	3.	Frances ALVAREZ	(41)	Romford Town	1:05.19
2.	Valerie STANDAGE	(42)	Colchester	56.06					

EVENT 23 Mens 100m Breaststroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Mark HOLMES	(83)	Colchester P	1:42.99					
25/29 YEARS AGE GROUP									
1.	James HEATHCOTE	(78)	Colchester	1:14.77					
35/39 YEARS AGE GROUP									
	David BLANDY	(66)	Thurrock	DIS ST					
40/44 YEARS AGE GROUP									
1.	Paul METSON	(64)	Rochford	1:18.45	3.	David WHITWELL	(64)	Chelmsford	1:26.59
2.	Steven GREENSTEIN	(61)	BorRedbridge	1:25.60	4.	Paul HAYES	(62)	Thurrock	1:26.90
45/49 YEARS AGE GROUP									
1.	Nick HUNT	(56)	Chelmsford	1:17.78	3.	John PITT	(60)	Witham Dolph	1:36.54
2.	John GIBBINGS	(58)	BorRedbridge	1:29.94	4.	Martin CRAM	(56)	Colchester	1:51.13
50/54 YEARS AGE GROUP									
1.	Bill PRICE	(51)	BorRedbridge	1:24.66	2.	Bob BICKNELL	(55)	Sevenoaks	1:39.17
55/59 YEARS AGE GROUP									
1.	John TOMLINSON	(47)	Colchester	1:28.87					
60/64 YEARS AGE GROUP									
1.	John LIMMER	(44)	Brentwood	1:37.87	2.	Paul McLINTIC	(45)	Harlow Pen	2:20.20
65/69 YEARS AGE GROUP									
1.	Stanley CLARKE	(38)	Romford Town	1:33.03					
70/74 YEARS AGE GROUP									
1.	Paul ALVAREZ	(34)	Romford Town	1:43.66					

EVENT 24 Womens 50m Butterfly

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Hayley BROWN	(83)	Braintree	34.53					
25/29 YEARS AGE GROUP									
1.	Shelley WAKELING	(80)	Braintree	31.78	2.	Susan HUNT	(78)	Romford Town	37.66
30/34 YEARS AGE GROUP									
1.	Kate HENDERSON	(75)	Gravesend	38.12					
35/39 YEARS AGE GROUP									
1.	Melanie EVELEIGH	(69)	Runnymede	35.83					
40/44 YEARS AGE GROUP									
1.	Cathy JONES	(64)	Rochford	34.57	3.	Hannah UECKERMANN	(63)	Witham Dolph	41.40
2.	Caroline WEBB	(65)	Runnymede	38.54	4.	Paula BARRY	(62)	BorRedbridge	45.65
45/49 YEARS AGE GROUP									
1.	Alyson FORDHAM	(56)	Brentwood	36.45					
55/59 YEARS AGE GROUP									
	Carol HULETT	(48)	Romford Town	DIS SA 0L.					

EVENT 25 Mens 100m Backstroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	James GRIGG	(81)	Rochford	1:05.92					
30/34 YEARS AGE GROUP									
1.	Mark FORRESTER	(71)	Romford Town	1:08.76					
35/39 YEARS AGE GROUP									
1.	David BLANDY	(66)	Thurrock	1:19.51					
40/44 YEARS AGE GROUP									
1.	Paul HAYES	(62)	Thurrock	1:24.66	3.	Steven GREENSTEIN	(61)	BorRedbridge	1:33.37
2.	David KNIGHT	(63)	Runnymede	1:27.63	4.	Stuart SARGEANT	(64)	Phoenix Bas	1:34.39
45/49 YEARS AGE GROUP									
1.	Nick HUNT	(56)	Chelmsford	1:30.81					
50/54 YEARS AGE GROUP									
1.	Stephen BREEDS	(55)	Black Lion	1:40.86					
55/59 YEARS AGE GROUP									
1.	John MATTHISSEN	(47)	Colchester	1:16.94	2.	Stuart McLELLAN	(49)	Sudbury	1:25.32
60/64 YEARS AGE GROUP									
1.	Philip HARPER	(45)	Rochford	1:20.84					
65/69 YEARS AGE GROUP									
1.	Anthony PEPPER	(38)	Romford Town	1:37.96					
70/74 YEARS AGE GROUP									
1.	Janos LEIGH	(34)	Romford Town	1:46.52					

EVENT 26 Womens 100m Individual Medley

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
25/29 YEARS AGE GROUP									
1.	Shelley WAKELING	(80)	Braintree	1:13.15	4.	Rebecca HARVEY	(78)	Rtw Monson	1:20.16
2.	Elizabeth PRICE	(78)	Rtw Monson	1:14.96	5.	Susan HUNT	(78)	Romford Town	1:22.98
3.	Sally WOOD	(80)	Romford Town	1:16.16	6.	Kathryn WEBB	(78)	Colchester P	2:21.47
30/34 YEARS AGE GROUP									
1.	Suzie RIDLER	(73)	Rochford	1:11.81	3.	Kate HENDERSON	(75)	Gravesend	1:31.44
2.	Suzanne HURST	(74)	Birmingham L	1:15.08	4.	Michaela HILL	(71)	Runnymede	1:34.15
35/39 YEARS AGE GROUP									
1.	Amanda GOODMAN	(70)	Basildon	1:17.75	3.	Clare FINBOW	(70)	Sevenoaks	1:28.13
2.	Melanie EVELEIGH	(69)	Runnymede	1:21.95	4.	Marie KELLY	(69)	Runnymede	1:40.87
40/44 YEARS AGE GROUP									
1.	Hannah UECKERMANN	(63)	Witham Dolph	1:24.72	3.	Paula BARRY	(62)	BorRedbridge	1:32.86
2.	Caroline WEBB	(65)	Runnymede	1:30.34	4.	Ann FORDHAM	(62)	Gravesend	1:32.94
45/49 YEARS AGE GROUP									
1.	Alyson FORDHAM	(56)	Brentwood	1:19.30	3.	Carol DENTON	(57)	Gravesend	1:46.54
2.	Sharon McLELLAN	(58)	Sudbury	1:35.42		Fiona MacNEILL	(59)	Colchester	DIS SA OL.
50/54 YEARS AGE GROUP									
1.	Barbara BOXALL	(55)	Romford Town	1:25.02					
55/59 YEARS AGE GROUP									
1.	Elaine SCOTT	(49)	Trinity	1:54.37	2.	Diana HUNT	(48)	Colchester	2:11.13
65/69 YEARS AGE GROUP									
1.	Jill COMPLIN	(40)	Brentwood	1:37.68					
70/74 YEARS AGE GROUP									
1.	Daphne PUGH	(34)	Runnymede	2:17.96					

EVENT 27 Mens 50m Freestyle

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	James GRIGG	(81)	Rochford	27.87	2.	Mark HOLMES	(83)	Colchester P	36.60
25/29 YEARS AGE GROUP									
1.	James HEATHCOTE	(78)	Colchester	28.00					
30/34 YEARS AGE GROUP									
1.	Daniel WEDGE	(75)	Rochford	27.12	3.	Paul COSTER	(73)	Thurrock	29.30
2.	Nick ISON	(71)	Runnymede	27.90					
35/39 YEARS AGE GROUP									
1.	Paul NORRIS	(69)	Leyton	27.86	3.	Peter BLEEZE	(66)	Runnymede	33.55
2.	David BLANDY	(66)	Thurrock	30.49	4.	Grant TYRER	(70)	Colchester P	48.51
40/44 YEARS AGE GROUP									
1.	Paul EVELEIGH	(65)	Runnymede	27.69	5.	Paul HAYES	(62)	Thurrock	31.71
2.	Rowland KING	(61)	Rochford	28.56	6.	Richard GILLMAN	(63)	BorRedbridge	31.76
3.	Paul CLARK	(65)	Runnymede	29.53	7.	David WHITWELL	(64)	Chelmsford	33.75
4.	Fraser MASHFORD	(62)	Rochford	29.97					
45/49 YEARS AGE GROUP									
1.	Colin CORBY	(59)	Chelmsford	30.20	3.	John PITT	(60)	Witham Dolph	33.52
2.	Nick HUNT	(56)	Chelmsford	32.30	4.	Barry CRIDLAND	(57)	Dagenham	40.09
50/54 YEARS AGE GROUP									
1.	Peter RAE	(53)	Rochford	29.75	3.	Alan HAWKINS	(54)	Leyton	35.45
2.	Christopher LEONARD	(55)	Leyton	34.12	4.	Bob BICKNELL	(55)	Sevenoaks	35.82
60/64 YEARS AGE GROUP									
1.	Philip HARPER	(45)	Rochford	29.35	2.	John LIMMER	(44)	Brentwood	39.37
65/69 YEARS AGE GROUP									
1.	Stanley CLARKE	(38)	Romford Town	30.62	4.	Frank WEST	(40)	Runnymede	36.10
2.	Derek GORE	(40)	Chelmsford	33.10	5.	Anthony PEPPER	(38)	Romford Town	38.56
3.	Ronald POWER	(40)	Romford Town	34.61					
70/74 YEARS AGE GROUP									
1.	John STARR	(34)	Romford Town	36.61	2.	Janos LEIGH	(34)	Romford Town	39.50

EVENT 28 Womens 50m Breaststroke

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
25/29 YEARS AGE GROUP									
1.	Elizabeth PRICE	(78)	Rtw Monson	37.22	3.	Rebecca HARVEY	(78)	Rtw Monson	41.43
2.	Sally WOOD	(80)	Romford Town	38.03	4.	Kathryn WEBB	(78)	Colchester P	1:11.18
30/34 YEARS AGE GROUP									
1.	Nicol ALBERTYN	(74)	Harlow Pen	42.73	2.	Kate HENDERSON	(75)	Gravesend	46.18
35/39 YEARS AGE GROUP									
1.	Amanda GOODMAN	(70)	Basildon	38.46	3.	Marie KELLY	(69)	Runnymede	48.81
2.	Clare FINBOW	(70)	Sevenoaks	42.74					
40/44 YEARS AGE GROUP									
1.	Hannah UECKERMANN	(63)	Witham Dolph	40.62		Dawn MUGGLETON	(62)	Runnymede	DIS SL 1L.
2.	Paula BARRY	(62)	BorRedbridge	47.31					
45/49 YEARS AGE GROUP									
1.	Alyson FORDHAM	(56)	Brentwood	41.93	2.	Shirley KUREK	(57)	Gravesend	1:03.96
50/54 YEARS AGE GROUP									
1.	Barbara BOXALL	(55)	Romford Town	43.82					
55/59 YEARS AGE GROUP									
1.	Diana HUNT	(48)	Colchester	1:03.63					
60/64 YEARS AGE GROUP									
1.	Frances ALVAREZ	(41)	Romford Town	58.03	2.	Susan STEWART	(41)	Chelmsford	1:01.10

EVENT 29 Mens 100m Butterfly

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Craig MOATE	(85)	Becontree	1:11.92					
35/39 YEARS AGE GROUP									
1.	Paul NORRIS	(69)	Leyton	1:10.31	3.	David BLANDY	(66)	Thurrock	1:21.58
2.	Darren FORD	(68)	Thurrock	1:12.13					
40/44 YEARS AGE GROUP									
1.	Rowland KING	(61)	Rochford	1:09.52	3.	Fraser MASHFORD	(62)	Rochford	1:14.90
2.	Robert STAMP	(61)	Romford Town	1:12.05					
50/54 YEARS AGE GROUP									
1.	Bill PRICE	(51)	BorRedbridge	1:18.39					
60/64 YEARS AGE GROUP									
1.	Philip HARPER	(45)	Rochford	1:18.28					
70/74 YEARS AGE GROUP									
1.	Paul ALVAREZ	(34)	Romford Town	1:44.49					

EVENT 30 Womens 100m Freestyle

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Hayley BROWN	(83)	Braintree	1:11.21	2.	Michelle BARRY	(85)	BorRedbridge	1:16.23
25/29 YEARS AGE GROUP									
1.	Shelley WAKELING	(80)	Braintree	1:04.32	2.	Emma GAME	(79)	Chelmsford	1:08.94
30/34 YEARS AGE GROUP									
1.	Suzie RIDLER	(73)	Rochford	1:01.06	2.	Nicol ALBERTYN	(74)	Harlow Pen	1:08.11
35/39 YEARS AGE GROUP									
1.	Claire PALFREY	(69)	Bexley	1:05.49					
40/44 YEARS AGE GROUP									
1.	Cathy JONES	(64)	Rochford	1:07.99	3.	Dawn MUGGLETON	(62)	Runnymede	1:17.66
2.	Hannah UECKERMANN	(63)	Witham Dolph	1:16.03					
45/49 YEARS AGE GROUP									
1.	Alyson FORDHAM	(56)	Brentwood	1:08.35	3.	Fiona MacNEILL	(59)	Colchester	1:43.70
2.	Sharon McLELLAN	(58)	Sudbury	1:22.14					
50/54 YEARS AGE GROUP									
1.	Barbara BOXALL	(55)	Romford Town	1:15.38					
55/59 YEARS AGE GROUP									
1.	Carol HULETT	(48)	Romford Town	1:25.88	3.	Maggie HARGREAVES	(47)	Colchester P	1:55.67
2.	Elaine SCOTT	(49)	Trinity	1:40.81	4.	Diana HUNT	(48)	Colchester	1:57.21
60/64 YEARS AGE GROUP									
1.	Mary OWEN	(44)	Runnymede	1:32.20	4.	Valerie STANDAGE	(42)	Colchester	1:44.92
2.	Sue SMITHERS	(44)	Runnymede	1:32.95	5.	Susan STEWART	(41)	Chelmsford	1:50.88
3.	Frances ALVAREZ	(41)	Romford Town	1:44.04					
65/69 YEARS AGE GROUP									
1.	Jill COMPLIN	(40)	Brentwood	1:23.60					
70/74 YEARS AGE GROUP									
1.	Daphne PUGH	(34)	Runnymede	2:13.22					

EVENT 31 Mens 200m Freestyle

Place	Name	YoB	Club	Time	Place	Name	YoB	Club	Time
19/24 YEARS AGE GROUP									
1.	Craig MOATE	(85)	Becontree	2:14.91	2.	James GRIGG	(81)	Rochford	2:31.51
30/34 YEARS AGE GROUP									
1.	Mark FORRESTER	(71)	Romford Town	2:06.00	3.	David FINBOW	(72)	Sevenoaks	2:51.99
2.	Justin PALFREY	(71)	Bexley	2:10.42					
35/39 YEARS AGE GROUP									
1.	David BLANDY	(66)	Thurrock	2:24.70		Grant TYRER	(70)	Colchester P	DNF
40/44 YEARS AGE GROUP									
1.	Fraser MASHFORD	(62)	Rochford	2:23.66	3.	Richard GILLMAN	(63)	BorRedbridge	2:37.34
2.	Paul HAYES	(62)	Thurrock	2:34.53	4.	Stuart SARGEANT	(64)	Phoenix Bas	2:38.29
45/49 YEARS AGE GROUP									
1.	Keith MUGGLETON	(57)	Runnymede	2:33.21	4.	Martin CRAM	(56)	Colchester	3:23.56
2.	Nick HUNT	(56)	Chelmsford	2:53.47	5.	Barry CRIDLAND	(57)	Dagenham	3:57.53
3.	Mark GLEGHORN	(60)	Witham Dolph	2:55.29					
55/59 YEARS AGE GROUP									
1.	Stuart McLELLAN	(49)	Sudbury	2:32.16					
60/64 YEARS AGE GROUP									
1.	John LIMMER	(44)	Brentwood	3:11.69					
65/69 YEARS AGE GROUP									
1.	Ronald POWER	(40)	Romford Town	2:52.34	2.	Derek GORE	(40)	Chelmsford	2:52.72
3.	Frank WEST	(40)	Runnymede	3:15.01					
70/74 YEARS AGE GROUP									
1.	John STARR	(34)	Romford Town	3:04.65					

EVENT 32 Mens 120+ Medley Relay

Place	Name	Time	Place	Name	Time
1.	ROCHFORD & DISTRICT	57.62	3.	THURROCK	1:03.43
2.	RUNNYMEDE	1:02.14			

EVENT 33 Womens 120+ Medley Relay

Place	Name	Time	Place	Name	Time
1.	RUNNYMEDE	1:13.16	2.	GRAVESEND & NORTHFLEET	1:24.16

EVENT 34 Mixed 160+ Medley Relay

Place	Name	Time	Place	Name	Time
1.	ROCHFORD & DISTRICT	1:04.59	4.	LONDON BOR. REDBRIDGE	1:13.45
2.	ROMFORD TOWN	1:07.50	5.	COLCHESTER	1:22.46
3.	RUNNYMEDE	1:11.38			

EVENT 35 Mens 200+ Freestyle Relay

Place	Name	Time	Place	Name	Time
1.	ROCHFORD & DISTRICT	54.24	3.	RUNNYMEDE	59.32
2.	ROMFORD TOWN	58.28	4.	COLCHESTER	1:00.87

EVENT 36 Womens 200+ Freestyle Relay

Place	Name	Time
1.	RUNNYMEDE	1:10.69

EVENT 37 Mixed 120+ Freestyle Relay

Place	Name	Time	Place	Name	Time
1.	ROCHFORD & DISTRICT	52.23	2.	RUNNYMEDE	1:02.50

EVENT 38 Mens 160+ Freestyle Relay

Place	Name	Time	Place	Name	Time
1.	ROCHFORD & DISTRICT	53.03	3.	RUNNYMEDE	57.80
2.	ROMFORD TOWN	54.39	4.	LONDON BOR. REDBRIDGE	57.85

EVENT 39 Womens 160+ Freestyle Relay

Place	Name	Time	Place	Name	Time
1.	ROMFORD TOWN	1:09.77	2.	GRAVESEND & NORTHFLEET	1:12.53

EVENT 40 Mixed 200+ Medley Relay

Place	Name	Time	Place	Name	Time
1.	ROMFORD TOWN	1:11.07	3.	COLCHESTER	1:23.24
2.	RUNNYMEDE	1:19.98			