

ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION
MASTERS & 18/24 OPEN SHORT COURSE CHAMPS 2008
 Blackshots Leisure Centre, Grays, Essex
 Saturday 19 April 2008 - Session 2

EVENT 21 Mens 400m Freestyle

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Ross WISBY	22	Thurrock	4:31.53	3.	Ben WHEELER	24	Rochford	4:44.47
2.	Daniel MASON	21	Bo Southend	4:36.42	4.	David THIRD	24	Leyton	4:53.52

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Paul HAWKRIDGE	27	Rochford	4:42.30					

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David WARREN	37	BurHill&HayH	4:16.68	3.	Keith BRIDGE	36	Southend	5:26.21
2.	Christopher MORGAN	36	Leyton	4:47.13	4.	Lee WHITE	38	Leyton	7:00.89

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Christopher MATHLIN	43	Rochford	5:15.43		Cliff ROZEE	42	Thurrock	DNC

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Steve HAM	46	Rochford	4:59.73	3.	Dean SHEPHERD	45	Witham Dolph	5:18.97
2.	Thomas ENRIGHT	49	Romford Town	5:18.65	4.	Jim BOUCHER	48	Guildford Ct	5:33.97

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David SHAMP	50	Dorking	5:16.07	3.	Deryk DENNINGTON	54	Southend	6:32.50
2.	Raymond MOORE	51	Thurrock	5:48.03					

55/59 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stuart McLELLAN	59	Sudbury	5:31.54					

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Ivan MYALL	61	Chelmsford	5:24.60					

70/74 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	John STARR	74	Romford Town	7:10.24					

EVENT 22 Womens 50m Backstroke

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Catherine LUMLEY	19	Witham Dolph	34.62	2.	Donna SPOONER	20	Runnymede	38.78

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jade PERRY	26	Rochford	33.41	4.	Katherine WEISS	29	Thurrock	39.07
2.	Elizabeth McKINNON	28	Bo Southend	36.23	5.	Heather FRY	28	Halstead	39.69
3.	Penelope STORIE	28	Thurrock	37.42					

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Dawn PALMER	32	Romford Town	34.28	2.	Kirsty STEWART	32	Bexhill	1:15.83

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Suzie RIDLER	35	Rochford	35.17	3.	Katrina FARRALL	38	Basildon	37.28
2.	Maria GIBSON	36	Runnymede	36.65	4.	Sarah DAVISON	35	BurHill&HayH	42.53

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Samantha SHERIDAN	41	Romford Town	37.93		Catherine SUTCLIFFE	43	Rochford	38.55 T/T
2.	Christine BEARWISH	43	Thurrock	42.16					

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Julie JAGO	47	Colchester	40.63	2.	Jenny SHEPHERD	45	Witham Dolph	42.57

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	52	Harlow Pen	37.48	4.	Christina O'SHAUGHNESSY	51	Guildford Ct	47.75
2.	Kathy BIDNALL	53	BurHill&HayH	37.74		Lesley COOK	50	Romford Town	DNC
3.	Amanda DOYLE	52	Dorking	43.30					

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Alison GWYNN	60	BurHill&HayH	43.10	3.	Diana HUNT	60	Colchester	59.80
2.	Rose DUDENEY	61	BurHill&HayH	46.86	4.	Christine WAKELING	60	Colchester	1:00.62

65/69 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jill COMPLIN	68	Romford Town	52.19	2.	Jennifer DEAN	65	BurHill&HayH	53.49

EVENT 23 Mens 100m Breaststroke

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Daniel VOSS	24	Bo Waltham F	1:22.21	2.	David TRELIVING	21	Harwich DP	1:30.18

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Paul HAWKRIDGE	27	Rochford	1:15.57					

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	James HEATHCOTE	30	Colchester	1:15.30	2.	Gary WRAIGHT	31	Romford Town	1:16.80

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David WARREN	37	BurHill&HayH	1:09.41	5.	Stephen KING	36	Romford Town	1:32.20
2.	Stephen IRWIN	37	Kingston Roy	1:13.78	6.	Lee WHITE	38	Leyton	1:42.49
3.	Christopher MORGAN	36	Leyton	1:18.11		Keith BRIDGE	36	Southend	DNC
4.	Daniel HUNT	36	Colchester	1:19.60					

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stuart GALVIN	41	Guildford Ct	1:17.58	4.	Cliff ROZEE	42	Thurrock	1:37.87
2.	Damian NAVARRETE	40	Colchester	1:20.81	5.	Jason MARVEN	40	Colchester	1:41.72
3.	Roger DUNCOMBE	42	Halstead	1:28.36					

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Keith ODDY	45	Romford Town	1:19.60	3.	John PITT	48	Witham Dolph	1:32.53
2.	Paul HAYES	46	Thurrock	1:29.37	4.	Paul HOLLAND	46	Romford Town	1:36.35

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Deryk DENNINGTON	54	Southend	1:49.51					

55/59 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jeff HILLIER	59	Bo Waltham F	1:37.08					

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Chris TRUEMAN	61	East Anglian	1:36.81					

70/74 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stanley CLARKE	70	Romford Town	1:34.39	2.	Paul ALVAREZ	74	Romford Town	1:49.38

EVENT 24 Womens 50m Butterfly

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Catherine LUMLEY	19	Witham Dolph	33.26	2.	Katie HIGGON	24	Harwich DP	34.90

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Shelley WAKELING	28	Braintree	32.89	4.	Hannah STUBBS	26	Colchester	34.95
2.	Elizabeth McKINNON	28	Bo Southend	33.67	5.	Philippa DYER	25	Halstead	39.32
3.	Hayley BROWN	25	Braintree	34.84					

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Lucy HODGES	32	Bo Southend	37.94					

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Suzie RIDLER	35	Rochford	32.33	3.	Amanda GOODMAN	38	Basildon	38.31
2.	Meera SIVA	39	Dorking	33.57					

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Debbie MATLESS	45	East Anglian	33.88					

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	52	Harlow Pen	35.92	4.	Lesley COOK	50	Romford Town	1:02.91
2.	Christina VICTOR	54	Guildford Ct	38.51		Christina O'SHAUGHNESSY	51	Guildford Ct	DNC
3.	Amanda DOYLE	52	Dorking	40.09					

65/69 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jennifer DEAN	65	BurHill&HayH	51.33					

EVENT 25 Mens 100m Backstroke

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Darren STEVENSON	23	Romford Town	1:04.21	4.	David TRELIVING	21	Harwich DP	1:24.91
2.	David THIRD	24	Leyton	1:08.94		Chris HEARN	20	Thurrock	DNC
3.	Richard HAWKINS	19	Leyton	1:17.68					

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	James GRIGG	27	Rochford	1:10.25	2.	Paul HAWKRIDGE	27	Rochford	1:13.52

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Christopher MORGAN	36	Leyton	1:21.22					

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David BLANDY	42	Thurrock	1:21.59	2.	Jason MARVEN	43	Colchester	1:46.86

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Steve HAM	46	Rochford	1:20.22	2.	Paul HAYES	46	Thurrock	1:25.92

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Raymond MOORE	51	Thurrock	1:37.82					

55/59 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stuart McLELLAN	59	Sudbury	1:27.85	2.	Jeff HILLIER	59	Bo Waltham F	1:35.36

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Ivan MYALL	61	Chelmsford	1:19.18					

70/74 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Anthony PEPPER	70	Romford Town	1:37.32	3.	John STARR	74	Romford Town	1:57.92
2.	Janos LEIGH	74	Romford Town	1:53.81					

EVENT 26 Womens 100m Individual Medley

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Catherine LUMLEY	19	Witham Dolph	1:15.27	3.	Carly JACKSON	24	Romford Town	1:28.30
2.	Katie HIGGON	24	Harwich DP	1:18.98	4.	Katherine EWIN	24	Rochford	1:35.28

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Sally WOOD	28	Romford Town	1:17.22	5.	Hannah STUBBS	26	Colchester	1:20.46
2.	Katie BAILEY	26	Colchester	1:19.78	6.	Tina HARRIS	25	Romford Town	1:21.46
3.	Penelope STORIE	28	Thurrock	1:20.03	7.	Elizabeth McKINNON	28	Bo Southend	1:23.34
4.	Jade PERRY	26	Rochford	1:20.42	8.	Philippa DYER	25	Halstead	1:27.84

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Lucy HODGES	32	Bo Southend	1:27.11		Kay HAMILTON	30	Romford Town	DNC

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Suzie RIDLER	35	Rochford	1:13.32	3.	Kirsty BURKE	35	Romford Town	1:22.39
2.	Sharon PERRY	36	Stowmarket	1:18.95	4.	Katrina FARRALL	38	Basildon	1:23.50

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Christine BEARWISH	43	Thurrock	1:30.79	3.	Emma FRANCE	40	Guildford Ct	2:00.24
2.	Jacqueline PIPE	44	Rochford	1:31.29		Catherine SUTCLIFF	43	Rochford	1:28.55 T/T

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	45	Romford Town	1:22.62					

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Kathy BIDNALL	53	BurHill&HayH	1:25.94	3.	Christina VICTOR	54	Guildford Ct	1:31.65
2.	Barbara BOXALL	53	Romford Town	1:28.21					

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Rose DUDENEY	61	BurHill&HayH	1:41.89	2.	Christine WAKELING	60	Colchester	2:12.75

65/69 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jill COMPLIN	68	Romford Town	1:42.42	2.	Jennifer DEAN	65	BurHill&HayH	1:45.99

EVENT 27 Mens 50m Freestyle

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Adrian FENNER	24	Bo Waltham F	24.14	5.	Richard HAWKINS	19	Leyton	29.66
2.	B CLIFFORD-STEPHENSON	19	Killerwhales	27.52	6.	David TRELIVING	21	Harwich DP	32.04
3.	Andrew CARTLIDGE	21	Halstead	28.16		Daniel VOSS	24	Bo Waltham F	DQ ST-
4.	Chris HEARN	20	Thurrock	28.70					

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stephen McKAY	28	Bo Southend	27.23	2.	James GRIGG	27	Rochford	28.66

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Kristian WHITMARSH	30	Phoenix Bas	25.61	3.	William BROGAN	34	Bo Southend	27.64
2.	Gary WRAIGHT	31	Romford Town	27.31	4.	James HEATHCOTE	30	Colchester	27.73

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Mark OSTERRITTER	36	Halstead	26.88	5.	Paul COSTER	35	Thurrock	30.39
2.	Simon NICHOLSON	37	Colchester	27.70	6.	Stephen KING	36	Romford Town	31.20
3.	Tim SWALLOW	39	Halstead	28.53	7.	Lee WHITE	38	Leyton	38.73
4.	Daniel HUNT	36	Colchester	28.58					

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Andy COOK	40	Dorking	27.50	5.	Stuart GALVIN	41	Guildford Ct	29.16
2.	Steven MURPHY	40	Thurrock	28.05	6.	Barry WELCH	43	Romford Town	29.72
3.	Simon COLEMAN	40	Halstead	28.15	7.	Terry TAYLOR	41	Thurrock	33.18
4.	Paul METSON	44	Rochford	28.50	8.	Cliff ROZEE	42	Thurrock	33.31

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Thomas ENRIGHT	49	Romford Town	29.36	4.	Mark HEPTONSTALL	47	Colchester	31.76
2.	Jim BOUCHER	48	Guildford Ct	30.59	5.	John PITT	48	Witham Dolph	33.50
3.	Paul HAYES	46	Thurrock	31.32	6.	Paul HOLLAND	46	Romford Town	34.12

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David SHAMP	50	Dorking	28.91	4.	Barry CRIDLAND	51	Dagenham	44.09
2.	Raymond MOORE	51	Thurrock	32.27		Deryk DENNINGTON	54	Southend	DQ T-1L
3.	Malcolm MATTACK	51	Colchester	32.93					

55/59 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Chris DUNNINGTON	56	Luton	34.05	3.	Michael KEEN	55	Guildford Ct	39.21
2.	Jeff HILLIER	59	Bo Waltham F	37.40					

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Ivan MYALL	61	Chelmsford	30.37					

70/74 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stanley CLARKE	70	Romford Town	32.23	3.	Janos LEIGH	74	Romford Town	42.47
2.	John STARR	74	Romford Town	41.64					

EVENT 28 Womens 50m Breaststroke

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Katie HIGGON	24	Harwich DP	37.24	2.	Carly JACKSON	24	Romford Town	44.88

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Sally WOOD	28	Romford Town	39.25	3.	Tina HARRIS	25	Romford Town	40.24
2.	Penelope STORIE	28	Thurrock	39.45					

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Susan ADAMS	33	Rochford	41.92	3.	Kirsty STEWART	32	Bexhill	1:09.83
2.	Lucy HODGES	32	Bo Southend	42.34					

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Meera SIVA	39	Dorking	38.57	4.	Kirsty BURKE	35	Romford Town	42.60
2.	Julie SANDERS	36	Romford Town	39.83	5.	Lorna SPARKS	38	Leyton	51.78
3.	Maria GIBSON	36	Runnymede	41.44					

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	44	Rochford	47.29	3.	Emma FRANCE	40	Guildford Ct	1:04.48
2.	Christine BEARWISH	43	Thurrock	48.64					

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jenny SHEPHERD	45	Witham Dolph	45.90	2.	Nicola CLARK	46	Romford Town	46.98

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Barbara BOXALL	53	Romford Town	43.56	3.	Christina O'SHAUGHNESSY	51	Guildford Ct	46.65
2.	Christina VICTOR	54	Guildford Ct	46.15	4.	Sharon McLELLAN	50	Sudbury	52.50

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Rose DUDENEY	61	BurHill&HayH	50.21	3.	Christine WAKELING	60	Colchester	1:00.00
2.	Marilyn YOUNGMAN	60	Romford Town	55.73	4.	Diana HUNT	60	Colchester	1:06.19

65/69 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jill COMPLIN	68	Romford Town	50.56					

EVENT 29 Mens 100m Butterfly

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Ross WISBY	22	Thurrock	1:03.48	3.	Daniel MASON	21	Bo Southend	1:08.21
2.	Darren STEVENSON	23	Romford Town	1:04.30	4.	Lewis BROWN	20	Halstead	1:11.90

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Matthew RICKETT	26	Rochford	1:03.69		Stephen McKAY	28	Bo Southend	DNC
2.	Paul HAWKRIDGE	27	Rochford	1:09.32					

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Christopher MORGAN	36	Leyton	1:11.16					

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stuart GALVIN	41	Guildford Ct	1:14.78		Jason MARVEN	40	Colchester	DNF
2.	Damian NAVARRETE	40	Colchester	1:15.22					

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Steve HAM	46	Rochford	1:12.24	2.	Paul HAYES	46	Thurrock	1:24.83

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David SHAMP	50	Dorking	1:11.02					

70/74 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Paul ALVAREZ	74	Romford Town	1:51.04					

EVENT 30 Womens 100m Freestyle

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Catherine LUMLEY	19	Witham Dolph	1:04.83		Katie HIGGON	24	Harwich DP	DNC
2.	Donna SPOONER	20	Runnymede	1:13.35					

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Shelley WAKELING	28	Braintree	1:04.81	3.	Heather FRY	28	Halstead	1:11.47
2.	Katherine WEISS	29	Thurrock	1:08.41	4.	Elizabeth McKINNON	28	Bo Southend	1:16.04

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Suzie RIDLER	35	Rochford	1:01.97	4.	Amanda GOODMAN	38	Basildon	1:12.28
2.	Sharon PERRY	36	Stowmarket	1:08.05	5.	Sarah DAVISON	35	BurHill&HayH	1:24.67
3.	Maria GIBSON	36	Runnymede	1:11.29	6.	Lorna SPARKS	38	Leyton	1:39.30

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jacqueline PIPE	44	Rochford	1:14.97	3.	Emma FRANCE	40	Guildford Ct	1:35.19
2.	Christine BEARWISH	43	Thurrock	1:15.90					

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Madeline RAYMOND	45	Romford Town	1:11.56		Janet OBENEY-WILLIAMS	46	Leyton	DQ T-3L

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Alyson FORDHAM	52	Harlow Pen	1:06.59	3.	Sharon McLELLAN	50	Sudbury	1:26.02
2.	Amanda DOYLE	52	Dorking	1:18.71		Barbara BOXALL	53	Romford Town	DNC

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Alison GWYNN	60	BurHill&HayH	1:17.81	2.	Diana HUNT	60	Colchester	2:05.50

65/69 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Jill COMPLIN	68	Romford Town	1:24.51	2.	Valerie STANDAGE	66	Colchester	1:47.37

EVENT 31 Mens 200m Freestyle

18/24 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Daniel MASON	21	Bo Southend	2:10.08	3.	David THIRD	24	Leyton	2:15.62
2.	Ben WHEELER	24	Rochford	2:15.19					

25/29 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Paul HAWKRIDGE	27	Rochford	2:14.44	2.	James GRIGG	27	Rochford	2:30.76

30/34 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Gary WRAIGHT	31	Romford Town	2:19.69	2.	James HEATHCOTE	30	Colchester	2:41.46

35/39 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	David WARREN	37	BurHill&HayH	1:59.75	3.	Lee WHITE	38	Leyton	3:21.39
2.	Christopher MORGAN	36	Leyton	2:24.11					

40/44 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Simon COLEMAN	40	Halstead	2:20.85	2.	Christopher MATHLIN	43	Rochford	2:27.33

45/49 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Dean SHEPHERD	45	Witham Dolph	2:19.69	3.	Thomas ENRIGHT	49	Romford Town	2:26.79
2.	Steve HAM	46	Rochford	2:22.13	4.	Keith ODDY	45	Romford Town	2:27.86

50/54 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Raymond MOORE	51	Thurrock	2:44.93	2.	Deryk DENNINGTON	54	Southend	3:03.82

55/59 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Stuart McLELLAN	59	Sudbury	2:35.71					

60/64 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	Ivan MYALL	61	Chelmsford	2:31.08					

70/74 Yrs Age Group

Place	Name	AaD	Club	Time	Place	Name	AaD	Club	Time
1.	John STARR	74	Romford Town	3:25.33	2.	Janos LEIGH	74	Romford Town	3:37.53

EVENT 32 Mens 120+ Years Medley Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROCHFORD	Rochford	58.35	3.	HALSTEAD	Halstead	1:01.53
2.	THURROCK	Thurrock	59.85	4.	LEYTON	Leyton	1:02.38

EVENT 33 Womens 120+ Years Medley Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROMFORD TOWN	Romford Town	1:04.56	3.	THURROCK	Thurrock	1:14.77
2.	ROCHFORD	Rochford	1:05.31				

EVENT 34 Mixed 160+ Years Medley Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROCHFORD	Rochford	1:03.48	3.	COLCHESTER	Colchester	1:14.32
2.	DORKING	Dorking	1:04.23				

EVENT 35 Mens 200+ Years Freestyle Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROMFORD TOWN	Romford Town	56.20	2.	COLCHESTER	Colchester	1:05.36

EVENT 36 Womens 200+ Years Freestyle Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	BURGESS/HILL & H/HEATH	BurHill&HayH	1:10.98	2.	COLCHESTER	Colchester	1:24.74

EVENT 37 Mixed 120+ Years Freestyle Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROCHFORD	Rochford	53.15	5.	THURROCK 'A'	Thurrock	56.60
2.	COLCHESTER	Colchester	55.37	6.	THURROCK 'B'	Thurrock	58.68
3.	BOROUGH OF SOUTHEND	Bo Southend	56.18	7.	LEYTON	Leyton	1:08.29
4.	HALSTEAD 'A'	Halstead	56.21				

EVENT 38 Mens 160+ Years Freestyle Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	COLCHESTER	Colchester	52.55	3.	THURROCK 'A'	Thurrock	57.65
2.	THURROCK 'B'	Thurrock	57.04	4.	ROCHFORD	Rochford	58.27

EVENT 39 Womens 160+ Years Freestyle Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROMFORD TOWN	Romford Town	1:03.16	3.	COLCHESTER	Colchester	1:07.46
2.	ROCHFORD	Rochford	1:04.37				

EVENT 40 Mixed 200+ Years Medley Relay

Place	Name	Club	Time	Place	Name	Club	Time
1.	ROMFORD TOWN	Romford Town	1:06.30	2.	COLCHESTER	Colchester	1:20.09